

Leo

The Regal Sun Ruler

"I shine with confidence and strength, embracing my power and leadership."

Symbol: ♌

Dates: July 23 - August 22

Element: Fire

Modality: Fixed

Ruling Planet: The Sun

Colors: Gold, Yellow, Orange

Crystals: Sunstone, Citrine, Tiger's Eye, Amber

Herbs: Sunflower, Cinnamon, Bay Leaf,
Chamomile

Animals: Lion, Eagle, Phoenix

Planetary Day: Sunday

Personality Traits

Strengths: Confident, Generous, Charismatic, Creative

Challenges: Arrogant, Stubborn, Attention-Seeking



Shadow Work for Leo

- Shadow Trait: Arrogance and the need for validation, often craving the spotlight at the expense of others.
- Healing Practice: Cultivate humility and recognize the value of teamwork and shared success.
- Journaling Prompt: "In what areas of my life do I seek attention or approval, and how can I build confidence from within?"

Leo Spell:

Confidence and Success Ritual

Supplies:

- Gold or yellow candle
- Sunstone or citrine
- Sunflower petals or cinnamon (dried or oil)

Instructions:

1. Place the sunstone or citrine in your hands, focusing on your intention to boost confidence and attract success.
2. Light the gold or yellow candle, anointing it with sunflower oil or sprinkling cinnamon around it.
3. Chant: "Like the Sun, I shine bright and bold, success is mine, confidence unfolds."
4. Let the candle burn while envisioning yourself radiating warmth and attracting success in all areas of life.

Magical Correspondences for Leo

- Elemental Association: Fire – Leo governs creativity, vitality, and leadership. Perfect for spells involving self-confidence, success, personal power, and motivation.
- Colors: Gold and yellow enhance personal radiance, while orange boosts creativity and courage.
- Crystals: Sunstone embodies Leo's vitality and leadership, citrine boosts personal power, tiger's eye brings focus and courage, and amber enhances strength and energy.
- Herbs: Sunflower attracts success and joy, cinnamon energizes and brings warmth, bay leaf enhances wishes and manifestation, and chamomile soothes and promotes harmony.
- Animal Totem: The Lion symbolizes courage, strength, and leadership. The phoenix represents rebirth, and the eagle embodies soaring ambition.
- Best Day for Leo Magic: Sunday, ruled by the Sun, is ideal for rituals focused on success, creativity, vitality, and confidence.