The Harmonious Balancer

Libra

"I am balanced and harmonious, bringing peace and love into all my relationships."

Symbol: Dates: September 23 - October 22 Element: Air Modality: Cardinal Ruling Planet: Venus Colors: Pink, Blue, Light Green Crystals: Rose Quartz, Lapis Lazuli, Jade, Sodalite Herbs: Rose, Thyme, Chamomile, Mint Animals: Dove, Butterfly, Swan Planetary Day: Friday

Libra Spell: Balance and Harmony Ritual Supplies:

- Pink or blue candle
- Rose quartz or jade
- Rose petals and thyme (dried or oil)

Instructions:

- 1. Hold the rose quartz or jade in your hands, setting your intention for balance and harmony in your life.
- 2. Light the pink or blue candle, anointing it with rose or thyme oil (or sprinkle dried petals around it).
- 3. Chant: "By Venus' grace and Libra's scale, balance and peace shall prevail."
- 4. Let the candle burn as you focus on the areas of your life that need balance and harmony, envisioning peaceful resolution and clarity.

Shadow Work for Libra

Shadow Trait: Indecision and avoiding conflict to keep the peace, leading to inner turmoil.

Healing Practice: Embrace decision-making by trusting your intuition and standing firm in your boundaries.

Journaling Prompt: "Where do I hesitate to make decisions, and how can I bring balance by asserting my needs?"?"

Magical Correspondences for Libra

Elemental Association: Air – Libra governs harmony, balance, and relationships. Ideal for spells involving love, balance, justice, and partnership.

Colors: Pink and light green enhance love and harmony, while blue boosts peace and calm. Crystals: Rose quartz brings love and emotional healing, lapis lazuli promotes wisdom and truth, jade fosters balance and abundance, and sodalite encourages communication and harmony. Herbs: Rose attracts love and beauty, thyme promotes justice and fairness, chamomile calms and soothes, and mint clears mental fog and restores balance.

Animal Totem: The dove symbolizes peace, harmony, and love, while the butterfly represents transformation, and the swan embodies grace and beauty.

Best Day for Libra Magic: Friday, ruled by Venus, is perfect for love, beauty, balance, and partnership

