

# Sagittarius

## The Free-Spirited Explorer

"I embrace the journey of life with optimism, wisdom, and a spirit of adventure."

Symbol: ♐

Dates: November 22 - December 21

Element: Fire

Modality: Mutable

Ruling Planet: Jupiter

Colors: Purple, Royal Blue, Gold

Crystals: Amethyst, Lapis Lazuli, Turquoise, Sodalite

Herbs: Sage, Clove, Dandelion, Cinnamon

Animals: Horse, Eagle, Owl

Planetary Day: Thursday



Sagittarius Spell:

Expansion and Abundance Ritual

Supplies:

- Purple or gold candle
- Amethyst or lapis lazuli
- Cinnamon and clove (dried or oil)

Instructions:

1. Hold the amethyst or lapis lazuli in your hands, focusing on your intention for personal growth, wisdom, and adventure.
2. Light the purple or gold candle, anointing it with cinnamon or clove oil (or sprinkle dried spices around the candle).
3. Chant: "With Jupiter's light, I seek and grow, abundance and wisdom I shall know."
4. Let the candle burn while you visualize your path opening up to new adventures, knowledge, and opportunities.

Magical Correspondences for Sagittarius

- Elemental Association: Fire – Sagittarius governs exploration, wisdom, and higher learning. Ideal for spells involving travel, freedom, personal growth, and expansion.
- Colors: Purple enhances wisdom and spiritual growth, royal blue aids in seeking truth, and gold amplifies abundance and adventure.
- Crystals: Amethyst fosters spiritual insight, lapis lazuli encourages truth and intellectual growth, turquoise brings protection during travel, and sodalite enhances communication and learning.
- Herbs: Sage purifies and clears energy, clove stimulates clarity and courage, dandelion inspires adventure and resilience, and cinnamon ignites passion and optimism.
- Animal Totem: The horse symbolizes freedom and travel, the eagle represents vision and higher perspective, and the owl embodies wisdom and truth-seeking.
- Best Day for Sagittarius Magic: Thursday, ruled by Jupiter, is perfect for rituals focused on expansion, luck, wisdom, and adventure.

Personality Traits

Strengths: Adventurous, Optimistic, Honest, Philosophical

Challenges: Impulsive, Overly Blunt, Restless

Shadow Work for Sagittarius

Shadow Trait: Restlessness and impulsivity, often leading to difficulty in commitment or follow-through.

Healing Practice: Ground yourself by focusing on mindfulness and patience, balancing your need for adventure with self-discipline.

Journaling Prompt: "Where do I rush or seek constant change, and how can I cultivate patience and focus while still honoring my adventurous spirit?"