

# Virgo

## The Earthly Healer

"I embrace clarity and healing, grounded in the wisdom of the Earth."

Symbol: ♍

Dates: August 23 - September 22

Element: Earth

Modality: Mutable

Ruling Planet: Mercury

Colors: Green, Brown, White

Crystals: Peridot, Amazonite, Sapphire, Moss Agate

Herbs: Lavender, Rosemary, Chamomile, Sage

Animals: Owl, Cat, Fox

Planetary Day: Wednesday

### Personality Traits

Strengths: Practical, Analytical, Detail-Oriented, Humble

Challenges: Critical, Perfectionistic, Overthinking



### Shadow Work for Virgo

- Shadow Trait: Perfectionism and over-criticism, leading to self-doubt and anxiety.
- Healing Practice: Focus on self-compassion, accepting imperfections as part of growth.
- Journaling Prompt: "Where do I seek perfection, and how can I find balance between high standards and self-acceptance?"

### Magical Correspondences for Virgo

- Elemental Association: Earth – Virgo is tied to healing, organization, and practicality. Ideal for spells involving health, self-care, clarity, and purification.
- Colors: Green connects Virgo to nature and growth, brown enhances grounding and stability, while white supports purity and healing.
- Crystals: Peridot boosts healing and emotional balance, amazonite enhances clarity, sapphire supports wisdom, and moss agate encourages personal growth and stability.
- Herbs: Lavender soothes and calms the mind, rosemary sharpens focus, chamomile provides relaxation, and sage cleanses and purifies energy.
- Animal Totem: The owl represents wisdom and insight, the cat embodies independence and curiosity, and the fox symbolizes cleverness and adaptability.
- Best Day for Virgo Magic: Wednesday, ruled by Mercury, is perfect for spells focused on clarity, health, communication, and productivity.

### Virgo Spell: Clarity and Healing Ritual

#### Supplies:

- White or green candle
- Peridot or amazonite
- Lavender and rosemary (dried or oil)

#### Instructions:

1. Hold the peridot or amazonite in your hands, focusing on your intention for clarity and healing.
2. Light the white or green candle, anointing it with lavender and rosemary oil.
3. Chant: "With Virgo's wisdom, I heal and renew, my mind is clear, my body in tune."
4. Let the candle burn as you visualize healing energy surrounding you, bringing clarity and peace.