

Airmid

Celtic Goddess of Healing and Herbs

Airmid, one of the Tuatha Dé Danann, is a revered healer and herbalist. Daughter of Dian Cecht, the divine physician, and sister to the skilled healer Miach, Airmid is most well-known for her ability to heal through the use of plants. After her brother was tragically killed by their father, Airmid's tears caused 365 healing herbs to grow from his grave—each representing a cure for every human ailment. Though her father scattered the herbs, Airmid retained her sacred knowledge of plant healing, which continues to inspire witches and healers today.

Airmid's Healing Spell

Materials:

Green candle

Healing herbs (rosemary, chamomile, yarrow)

Bowl of water

Crystal (clear quartz or amethyst)

Light the Candle and hold the herbs.

Invoke Airmid: "Airmid, healer of earth and sky,
Bring your healing as I cry."

Infuse the Herbs by placing them in the water
while visualizing healing energy.

State Your Intention aloud, focusing on what
needs healing.

Thank Airmid and snuff the candle.

Sacred Herbs of Airmid

Mugwort: Divination, protection, dreamwork

Yarrow: Healing, strength, protection

Elderberry: Immunity, protection from spirits

Rosemary: Memory, cleansing, ancestor work

Sage: Purification, protection

Correspondences

Colors: Green, Brown, Gold, Lavender, Soft Pink

Elements: Earth, Water

Herbs: Mugwort, Yarrow, Elderberry, Rosemary,
Sage, Chamomile, Calendula, Vervain

Crystals: Amethyst, Jade, Moss Agate, Green

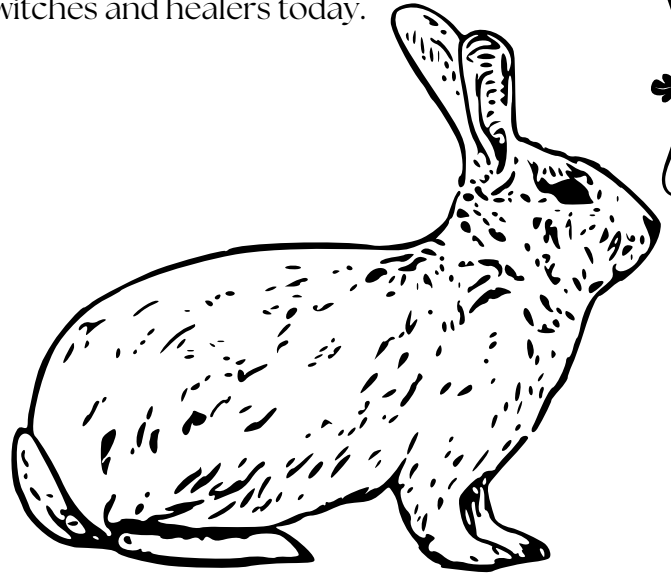
Aventurine, Rose Quartz, Clear Quartz

Animals: Hare, Deer, Snake, Owl, Raven

Offerings: Fresh Herbs, Flowers, Honey, Herbal
Teas, Seeds

Day: Friday

Season: Late Summer to Samhain



Invocation of Airmid

"Airmid, goddess of the healing earth,
Guide my hands and heart in the sacred art.
With your wisdom of herbs, green and pure,
May your healing touch forever endure."

Work with Airmid

Herbal Healing: Incorporate herbs like
mugwort, rosemary, and yarrow into
healing rituals. Use them to create
healing pouches, herbal teas, or
ointments.

Seasonal Magic: Honor Airmid during
Samhain, when the earth's healing energy
is strongest. Gather herbs, offer them at
your altar, or perform healing spells in
her name.

Offerings: Leave fresh herbs, flowers, and
honey as offerings at her altar to honor
her knowledge of plant medicine.