



# OADBY AND WIGSTON SWIMMING CLUB

## SUMMER TRAINING TIMETABLE AUGUST 2026

Squad	County & Youth Performance	Competitive Development	SD Bronze	SD Silver	SD Gold	Fitness/Masters	Aquanauts
<b>Monday</b>							
<b>Tuesday</b>	8pm - 10pm	8pm - 9pm	8pm - 9pm	8pm - 9pm	8pm - 9pm	9pm - 10pm	
<b>Wednesday</b>							
<b>Thursday</b>							
<b>Friday</b>	7pm - 9pm	8pm - 9pm	7pm - 8pm	7pm - 8pm	8pm - 9pm	8pm - 9pm	AQ 1: 7pm - 7:30pm AQ 2: 7:30pm - 8pm
<b>Saturday</b>							
<b>Sunday</b>	5:15pm - 6:15pm	4:15pm - 5:45pm	4:15pm - 5:15pm	4:15pm - 5:15pm	5:15pm - 6:15pm		AQ 1: 4:15pm - 4:45pm AQ 2: 4:45pm - 5:15pm