

SESSION TIMES

WIGSTON Pool

Friday	Phase 1	7.00pm – 8.00pm
	Phase 2	8.00pm – 9.00pm
	Phase 3	9.00pm – 10.00pm
Sunday	Phase 1	4.00pm – 5.00pm
	Phase 2	5.00pm – 6.00pm
	Phase 3	6.00pm – 7.00pm
Tuesday	Phase 2 & 3	8.30pm – 9.45pm
Wednesday	Masters & Phase 3 by invitation	8.00pm – 9.00pm

AYLESTONE Leisure Centre

Monday Phase 1,2, 3 & Masters - Main pool 8:00pm—9:00pm

SPENCE STREET Leisure centre

Tuesday Phase 1,2 & 3 - Main Pool 7:00pm - 8:30pm

PARKLANDS Pool, Oadby

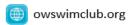
Thursday 7.00 pm - 8.30 pm Sunday 12.00 pm - 1.00 pm

- 1. The membership period runs from 1st November 2019 to 31st October 2020
- 2. Membership renewal fees are required by Friday 20th December 2019
- 3. If the pool closes unexpectedly we will aim to inform you as soon as possible by email. The club email address is owswimclub@gmail.com

Children must be collected no later than 10 minutes after each session. Club staff cannot take responsibility for any children left after this time.







MEMBERSHIP FEES 2019/20

	Cat 1.	Cat 2. *
1 st Swimmer	£60.00	£75.00
2 nd Swimmer	£60.00	£75.00
3 rd & subsequent Swimmers in a family	£20.00	£50.00

^{*}Category 2 membership is required for Age groups, county and open competitions.

Student Swimmer (Over 18 on 1/9/2018 and in further/higher education)	£20.00
Associate Member Includes Masters session swimmers	£20.00

Swimmers who renew before 30th November 2019 will benefit from an early bird discount of £5 on the 1st and 2nd swimmers in either Cat 1 or Cat 2. Failure to renew membership fees by 20th December 2019 will result in swimmer's not being able to swim, until outstanding fees are paid.

Above fees include membership to Swim England (Cat1, Cat 2 or Cat 3) and cover all Swim England and regional fees.

SESSION FEES 2019/20

STANDING ORDER IS THE PREFERRED METHOD OF PAYMENT

STANDING ORDER (per person per month)

£25.00

The standing order covers all training events and in-house galas (e.g. Time trials)

It excludes Annual Gala and Championships and associated training sessions ran by Coach Paul Walpole

If you do not use the standing order, then the following fees apply:

All sessions	£4.00
Coach Paul Walpole	£3.50

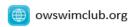
Assessment, first & second sessions are free, session fees as above for weeks 3 and 4, after 4 weeks memberships fees are due.

Part year new members may be offered a quarterly pro rata membership from the 1st November 2019 renewal date.

	Cat 1.	Cat 2.
1 st November 2019	£60.00	£75.00
1 st Feb 2020	£45.00	£60.00
1 st May 2020	£35.00	£50.00
1 st July 2020	£27.00	£42.00

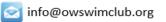




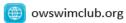


Swim England Category Definitions

Category 1	Category one membership is for individuals who are part of a club and are learning to swim or are swimming at any level within the club network. It is not for people who compete in open competition in any discipline, unless the event has an exemption under Swim England Law or is designated as low level competition. EG; Club training sessions, Club championships, Autumn, Winter and Diddy Leagues & friendly galas
Category 2	Category Two Membership is for individuals who are part of a club and looking to compete in any discipline in open competitions not exempted under Swim England law, or designated as a low level competition. EG; As category 1 plus open meets (Mini Meet Series etc), LASA Age Group Championships, Regional Age Group Championships and National Championships
Category 3	Category Three Membership is for anyone involved in a club who isn't covered by Category One or Category Two Membership. EG; Club coaches (non-swimming), volunteers, administrators and qualified officials







Example Membership Questions

I want to attend club training sessions and league galas



Category 1 Swim Membership Required

I already have a category 1 membership and now want to to swim in open competitions



You have to upgrade your category 1 membership to category 2

I already have a category 1 membership and qaulified for the LASA County Age **Group Championships**



You have to upgrade your category 1 membership to category 2

I want to attend club training sessions, league galas and open competitons



Category 2 Swim Membership Required







Members Code Of Conduct 2019/20

General behaviour

- I will treat all members of, and persons associated with Oadby & Wigston Swimming Club (OWSC) and Swim England with due dignity and respect.
- 2. I will treat everyone equally and never discriminate against another person associated with OWSC & Swim England on any grounds including that of age, sexual orientation, gender, faith, ethnic origin or nationality.
- 3. I understand that the use of inappropriate or abusive language, bullying, harassment, or physical violence will not be tolerated and could result in action being taken through the disciplinary or child welfare policies.
- 4. I will always display a high standard of behaviour at all times.
- 5. I will always report any poor behaviour by others to an appropriate officer or member of staff.
- 6. I will recognise and celebrate the good performance and success of fellow club and team members.
- 7. I will respect the privacy of others, especially in the use of changing facilities.

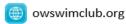
Training

- 1. I will treat my coach and fellow members with respect.
- 2. I will make my coach aware if I have difficulties in attending training sessions as per the rules laid down for my squad.
- 3. I will arrive in good time on poolside before the training session starts to complete poolside warm up as directed by my coach.
- 4. I understand that if I arrive late, I must report to my coach before entering the pool.
- 5. I will ensure that I have my equipment with me, e.g. hats & goggles.
- 6. If I need to leave the pool for any reason during training, I will inform my coach before doing so.
- 7. I will listen to what my coach is telling me at all times and obey any instructions given.
- 8. I will always swim to the wall as I would do in a race, and I will practice turns as instructed.
- 9. I will not stop and stand in the lane, or obstruct others from completing their training.









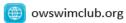
- 10. I will not pull on the ropes as this may injure other members.
- 11. I will not skip lengths or sets to do so means I would only be cheating myself.
- 12. I will think about what I am doing during training, and if I have any problems, I will discuss them with my coach at an appropriate time.
- 13. If I have any problems with the behaviour of fellow members, I will report them at the time to an appropriate adult.

Competitions

- 1. At competitions, whether they are open meets, national events or club galas, I will always behave in a manner that shows respect to my coach, the officers, my team mates and the members of all competing organisations.
- 2. I understand that I will be required to attend events and galas that the Coach's have entered/selected me for, unless agreed otherwise by prior arrangement with the relevant official and coach.
- 3. I understand that I must wear appropriate swimwear, tracksuits, T-shirts/shorts and hats as per the rules laid down by the organisation.
- 4. I will report to my coach and/or team manager on arrival on poolside.
- 5. I will warm up before the event as directed by the coach in charge on that day and ensure I fully prepare myself for the race.
- 6. I will be part of the team. This means I will stay with the team on poolside.
- 7. If I have to leave poolside for any reason, I will inform, and in some cases, get the consent of the team manager/coach before doing so.
- 8. After my race, I will report to my coach for feedback.
- 9. I will support my team mates. Everyone likes to be supported and they will be supporting me in return.
- 10. I will swim down after the race if possible, as advised by my coach.
- 11. My behaviour in the swim down facility must be appropriate and respectful to other users at all times.
- 12. I will never leave an event until either the gala is complete, or I have the explicit agreement of the coach or team manager.







MEMBER REGISTRATION 2019/20					
SWIMMER CON	ITACT DETAILS				
FULL NAME					
ADDDECC		DATE OF BIRTH			
ADDRESS		HOME PHONE			
TOWN		MOBILE PHONE			
POST CODE		MALE/FEMALE			
E-MAIL					
EMERGENCY CONTACT NAME 1		EMERGENCY CONTACT No			
EMERGENCY CONTACT NAME 2		EMERGENCY CONTACT No			
ALL club members are required to complete this medical information form as accurately as possible. Details will be held securely with access restricted to authorised club officers only.					
MEDICAL INFORMATION (To be completed by PARENT/GUARDIAN if under 18)					
DOCTORS NAME PHONE					
SURGERY ADDRESS					
Are you allergic to anything? Please state. (For example, plasters or medication)					

Do you have a disability, any long term illnesses or injuries?

Any other relevant information?

NAME OF NEXT OF KIN	RELATIONSHIP	
PHONE		

Are you taking any regular or occasional medication? (Please state and include inhalers)

Declaration:

I consider my child/myself to be physically fit and capable of full participation and agree to notify the club of any changes to the medical information provided. In the event of injuries or illness that requires examination or treatment, I authorise the person in charge to:

- A. Arrange transportation by car or ambulance to the closest hospital.
- Call the doctors named above (if available). If not authorisation is given for treatments deemed necessary.
- C. Give permission on my behalf for any medical or surgical treatment recommended by competent medical authorities, where it would be contrary to my son/daughter's interest in the doctor's medical opinion, for any delay to be incurred by seeking my personal consent.
- D. Attempt to reach one or more of the emergency contacts.

SIGNED (parent if under 18)	DATE	

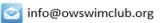




MEMBERSHIP 2019/2020

Please sign both Applicants and Parent/Guardian declaration below.

APPLICANT'S	DECLARATION				
I hereby apply for membership of Oadby & Wigston Swimming Club ("OWSC") and agree to abide by the rules and code of conduct as set out in this membership form					
achieve, and photogr	nation given on this form, together with raphs can be held (whether on paper, c es only for as long as I continue to be a	computer	file or other		
	HAT OWSC IS A COMPETITIVE CLUI R, UNDERSTAND THAT I WILL BE RI				
SIGNED		DATE			
	u would like to receive promotional info u would like your timings to appear in th				
	will need to visit the Swim England wel and edit your details further).	bsite with	n your /Swim	England/ASA	
	RDIAN DECLARATION under the age of 18)				
acknowledge the ava such rules (available form, together with a held (whether on pap as my child continue	ove information is correct and agree to allability of the rules of OWSC and confon the club website owswimclub.org). In a swimming times and awards that my oer, computer file or other format) by the stobe a member of the club and I agrees in their activities of the club.	irm my u I agree t y child ac e club fo	inderstanding that the inforr chieves and p or OWSC's pu	g and acceptance that nation given on this photographs, can be urposes only for as long	
I understand that, in compliance with the General Data Protection Regulations 2018 , all efforts will be made to ensure that this information is accurate, kept up to date and secure and that it is used only in connection with the purpose and activities of the club. I also understand and give my permission for Oadby & Wigston Swimming Club to contact me via email in order to keep up to date with club news and information. I also understand information will not be kept once a person is no longer a member of the club. The information will be disclosed only to those members of the club for whom it is appropriate and relevant officers of Swim England. □ Please tick to say that you have read the GDPR statement & that OWSC can contact you via email					
SIGNED	DATE				
FULL NAME	CONTACT				





STANDING ORDER

INSTRUCTIONS:

- 1. If you use internet or telephone banking, you can set up a standing order directly using the sort code/account number below. Please remember to include your child's full name as the payment reference
- 2. Otherwise please complete the form below. Copies of the completed form should be sent to:
 - a. 1 copy to your bank so that they can set up the standing order
 - b. 1 copy to the OWSC Treasurer

BANK	NAME/ADDF	RESS:	YOUR	NAME/ADDRES	SS:
					
	ccount Numb me(s) of:				
Dear	Sir/Madam				
	on the first da		rou to pay the sum a th , starting on 1 st o		
То	HSBC Bank Wigston Ma 9 Leicester I Wigston Ma LE18 1NR	gna Branch Road			
	Sort code: Account: A/C Name:	40869066	eton Swimming Cl	ub	
Quote	e Member's su	rname		on each payr	ment made
are to			to my/our above-n		nt with you and
Signe	d		_		
Print			-		





