

Be Red Cross Ready

Prepare so you can protect.



American Red Cross
Northern California
Coastal Region

Request a **FREE** smoke alarm

Just follow the QR code to request one today and a Red Cross Volunteer will reach out to schedule an appointment.



For more information, visit;
www.RedCross.org

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Hands only CPR

To learn how to perform
Hands Only CPR
Follow the QR code below for the steps
and a how-to video;



For more information, visit;
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