

SWEETIES

ICE CREAM & MINI DOUGHNUTS

THE FOLLOWING NUTRITIONAL INFORMATION IS BASED UPON A 4 OUNCE SERVING.

BOURBON PECAN PIE

Ingredients:

Cream, milk, skim milk, sugar, pecans, whey, vegetable oil (peanut, cottonseed, soybean and/or sunflower seed), refined peanut oil, cocoa processed with alkali, stabilizer (locust bean gum, guar gum), wheat flour, canola oil, alcohol, propylene glycol, salt, sodium bicarbonate, refined coconut oil, soybean oil, sea salt, soy lecithin, caramel color. Contains Coconut, Milk, Peanut, Pecan, Soy, Wheat (Gluten). *Ingredients subject to change*

Calories:

250

Fat Calories:

150

Fat:

16g

Saturated Fat:

8g

Cholesterol:

25mg

Sodium:

130mg

Carbs:

21g

Protein:

3g

Fiber:

Less than 1g

Sugar:

20g

Vitamin A:

6%

Vitamin C:

0%

Calcium:

8%

Iron:

2%

Trans Fat:

0g

BUTTER PECAN

Ingredients:

Cream, milk, skim milk, sugar, pecans, brown sugar, corn syrup, vegetable oil (peanut, cottonseed, soybean and/or sunflower seed), whey solids, stabilizer (locust bean gum, guar gum), salt, natural flavors, citric acid, sodium benzoate, potassium sorbate, annatto extract, propylene glycol. Contains Milk, Peanut, Pecan, Soy. *Ingredients subject to change*

Calories:

230

Fat Calories:

140

Fat:

15g

Saturated Fat:

8g

Cholesterol:

30mg

Sodium:

90mg

Carbs:

20g

Protein:

3g

Fiber:

Less than 1g

Sugar:

20g

Vitamin A:

6%

Vitamin C:

0%

Calcium:

8%

Iron:

0%

Trans Fat:

0g

BROWNIE CASCADE

Ingredients:

Cream, milk, skim milk, whey, corn sweeteners (high fructose corn syrup, corn syrup), natural cocoa, cocoa processed with alkali, chocolate liquor, wheat flour, coconut oil, palm kernel oil, sweetened condensed milk (skim milk, sugar, corn syrup), stabilizer (locust bean gum, guar gum), interesterified soybean oil, liquid pasteurized eggs, butter, rice syrup, modified corn starch, corn starch, soy lecithin, sodium alginate, natural and artificial flavors, baking soda, baking powder, salt, vanillin. Contains Coconut, Egg, Milk, Soy, Wheat (Gluten). *Ingredients subject to change*

Calories:

220

Fat Calories:

110

Fat:

12g

Saturated Fat:

7g

Cholesterol:

25mg

Sodium:

55mg

Carbs:

25g

Protein:

3g

Fiber:

1g

Sugar:

21g

Vitamin A:

6%

Vitamin C:

0%

Calcium:

6%

Iron:

6%

Trans Fat:

1g

CARAMEL APPLE PIE (SEASONAL)

Ingredients:

Cream, milk, skim milk, sugar, apple slices, corn and high fructose corn syrup, whey, unenriched wheat flour, cinnamon, butter, soybean oil, pasteurized eggs, stabilizer (locust bean gum, guar gum), salt, modified corn starch, sodium alginate, potassium sorbate, citric acid, xanthan gum, mono and diglycerides, sodium benzoate, natural flavor, sodium bicarbonate, sodium citrate. Contains Egg, Milk, Soy, Wheat (Gluten). *Ingredients subject to change*

Calories:

220

Fat Calories:

110

Fat:

11g

Saturated Fat:

7g

Cholesterol:

30mg

Sodium:

75mg

Carbs:

26g

Protein:

2g

Fiber:

0

Sugar:

22g

Vitamin A:

6%

Vitamin C:

4%

Calcium:

8%

Iron:

0%

Trans Fat:

0

CHERRY CHOCOLATE BOMB

Ingredients:

Cream, milk, skim milk, sugar, cherries, natural cocoa, cocoa processed with alkali, chocolate liquor, corn syrup, modified food starch, soybean oil, cocoa, whey, stabilizer (locust bean gum, guar gum), soy lecithin, citric acid, salt, natural flavors, red #40, blue #1, blue #2, Contains Milk, Soy. *Ingredients subject to change*

Calories:

210

Fat Calories:

100

Fat:

11g

Saturated Fat:

6g

Cholesterol:

25mg

Sodium:

50mg

Carbs:

25g

Protein:

2g

Fiber:

1g

Sugar:

21g

Vitamin A:

6%

Vitamin C:

0%

Calcium:

6%

Iron:

6%

Trans Fat:

0g

COCONUT ALMOND BLISS

Ingredients:

Cream, milk, skim milk, sugar, almonds, corn syrup, whey, chocolate liquor, coconut oil, coconut, cottonseed oil, stabilizer (locust bean gum, guar gum), modified food starch, natural and artificial flavors, soy lecithin, salt, corn starch, propylene glycol, sodium benzoate, potassium sorbate. Contains Almond, Coconut, Milk, Soy. *Ingredients subject to change*

Calories:

230

Fat Calories:

140

Fat:

15g

Saturated Fat:

9g

Cholesterol:

30mg

Sodium:

75mg

Carbs:

22g

Protein:

3g

Fiber:

Less than 1g

Sugar:

21g

Vitamin A:

6%

Vitamin C:

0%

Calcium:

8%

Iron:

2%

Trans Fat:

0g

COTTON CANDY TWIST

Ingredients:

Cream, milk, skim milk, sugar, corn syrup, high fructose corn syrup, whey, stabilizer (locust bean gum, guar gum), artificial flavor, propylene glycol, egg white solids, modified potato starch, potassium sorbate, sodium carboxymethylcellulose, xanthan gum, red #40, blue #1, sodium benzoate. Contains Egg, Milk. *Ingredients subject to change*

Calories:

210

Fat Calories:

110

Fat:

11g

Saturated Fat:

7g

Cholesterol:

30mg

Sodium:

60mg

Carbs:

24g

Protein:

2g

Fiber:

0g

Sugar:

21g

Vitamin A:

8%

Vitamin C:

0%

Calcium:

8%

Iron:

0%

Trans Fat:

0g

EXHAUSTED PARENT™

Ingredients:

Cream, milk, skim milk, sugar, corn starch, coconut oil, cocoa processed with alkali, coffee, whey, butter oil, stabilizer (locust bean gum, guar gum), soy lecithin, natural flavor, alcohol, propylene glycol, caramel color. Contains Coconut, Milk, Soy. *Ingredients subject to change*

Calories:

220

Fat Calories:

120

Fat:

13g

Saturated Fat:

9g

Cholesterol:

30mg

Sodium:

65mg

Carbs:

22g

Protein:

3g

Fiber:

0g

Sugar:

21g

Vitamin A:

6%

Vitamin C:

0%

Calcium:

8%

Iron:

2%

Trans Fat:

0g

FAT ELVIS

Ingredients:

Cream, milk, skim milk, sugar, peanuts, whey, banana puree, chocolate liquor, coconut oil, peanut oil, stabilizer (locust bean gum, guar gum), salt, hydrogenated rapeseed oil, corn starch, alcohol, citric acid, soy lecithin, natural flavor. Contains Coconut, Milk, Peanuts, Soy.

Ingredients subject to change

Calories:

230

Fat Calories:

140

Fat:

15g

Saturated Fat:

8g

Cholesterol:

25mg

Sodium:

85mg

Carbs:

21g

Protein:

3g

Fiber:

Less than 1g

Sugar:

19g

Vitamin A:

6%

Vitamin C:

2%

Calcium:

8%

Iron:

2%

Trans Fat:

0g

MINT AVALANCHE

Ingredients:

Cream, milk, skim milk, sugar, corn and high fructose corn syrups, whey, enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), palm kernel and palm oil, cocoa processed with alkali, stabilizer (locust bean gum, guar gum), chocolate liquor, modified food starch, lactose, milk protein concentrate, soy lecithin, natural and artificial flavor, peppermint oil, polysorbate 60, sorbitan monostearate, modified corn starch, monocalcium phosphate, salt, yellow #5, blue #1, propylene glycol, potassium sorbate, sodium alginate, baking soda, sodium acid phosphate. Contains Coconut, Milk, Soy, Wheat (Gluten).

Calories:

220

Fat Calories:

120

Fat:

12g

Saturated Fat:

8g

Cholesterol:

30mg

Sodium:

70mg

Carbs:

23g

Protein:

3g

Fiber:

0g

Sugar:

21g

Vitamin A:

6%

Vitamin C:

0%

Calcium:

8%

Iron:

2%

Trans Fat:

0g

MINT CHIP

Ingredients:

Cream, milk, skim milk, sugar, whey, chocolate liquor, coconut oil, stabilizer (locust bean gum, guar gum), soy lecithin, propylene glycol, peppermint oil, salt, corn starch, natural flavor, modified corn starch, yellow #5, blue #1. Contains Coconut, Milk, Soy.

Calories:

220

Fat Calories:

130

Fat:

14g

Saturated Fat:

9g

Cholesterol:

30mg

Sodium:

60mg

Carbs:

21g

Protein:

3g

Fiber:

0g

Sugar:

21g

Vitamin A:

6%

Vitamin C:

0%

Calcium:

8%

Iron:

0%

Trans Fat:

0g

OLD FASHIONED VANILLA

Ingredients:

Cream, milk, skim milk, sugar, whey, stabilizer (locust bean gum, guar gum), vanilla extract.
Contains Milk.

Calories:

210

Fat Calories:

120

Fat:

12g

Saturated Fat:

8g

Cholesterol:

30mg

Sodium:

60mg

Carbs:

20g

Protein:

3g

Fiber:

0g

Sugar:

20g

Vitamin A:

8%

Vitamin C:

0%

Calcium:

8%

Iron:

0%

Trans Fat:

0g

PEANUT BUTTER CUP

Ingredients:

Cream, milk, skim milk, sugar, peanuts, peanut oil, coconut oil, partially defatted peanut flour, whey, cocoa processed with alkali, natural cocoa, chocolate liquor, stabilizer (locust bean gum, guar gum), soy lecithin, salt, hydrogenated rapeseed oil, natural flavors. Contains: Coconut, Milk, Peanut, Soy.

Calories:

240

Fat Calories:

140

Fat:

15g

Saturated Fat:

8g

Cholesterol:

25mg

Sodium:

90mg

Carbs:

22g

Protein:

4g

Fiber:

1g

Sugar:

19g

Vitamin A:

6%

Vitamin C:

0%

Calcium:

8%

Iron:

4%

Trans Fat:

0%

PUMPKIN (SEASONAL)

Ingredients:

Cream, milk, skim milk, sugar, pumpkin puree, corn syrup, skim milk, spices, molasses, whey, stabilizer (locust bean gum, guar gum), natural and artificial flavor, glycerine, yellow #5, yellow #6, red #40, potassium sorbate, propylene glycol, caramel color. Contains Milk.

Calories:

200

Fat Calories:

110

Fat:

11g

Saturated Fat:

7g

Cholesterol:

30mg

Sodium:

60mg

Carbs:

21g

Protein:

3g

Fiber:

0g

Sugar:

21g

Vitamin A:

15%

Vitamin C:

0%

Calcium:

8%

Iron:

0%

Trans Fat:

0g

SALTED CARAMEL

Ingredients:

Cream, milk, skim milk, sugar, whey, corn sweeteners (corn and high fructose corn syrups), sweetened condensed skim milk (skim milk, sugar, corn syrup), stabilizer (locust bean gum, guar gum), propylene glycol, butter, water, caramel color, sea salt, salt, mono and diglycerides, xanthan gum, sodium bicarbonate, natural flavor. Contains Milk.

Calories:

210

Fat Calories:

110

Fat:

12g

Saturated Fat:

8g

Cholesterol:

30mg

Sodium:

135mg

Carbs:

22g

Protein:

3g

Fiber:

0g

Sugar:

20g

Vitamin A:

6%

Vitamin C:

0%

Calcium:

8%

Iron:

0%

Trans Fat:

0g

SNAP-O-LANTERN™ (SEASONAL)

Ingredients:

Cream, milk, skim milk, sugar, pumpkin puree, corn syrup, sweetened condensed skim milk, spices, molasses, whey, enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), soybean and palm oil, ginger, stabilizer (locust bean gum, guar gum), salt, natural and artificial flavor, baking soda, soy lecithin, yellow #6, red #40, potassium sorbate, alcohol, propylene glycol, glycerine, caramel color. Contains Milk, Soy, Wheat (Gluten).

Calories:

210

Fat Calories:

110

Fat:

12g

Saturated Fat:

7g

Cholesterol:

25mg

Sodium:

65mg

Carbs:

24g

Protein:

3g

Fiber:

0g

Sugar:

21g

Vitamin A:

15%

Vitamin C:

0%

Calcium:

8%

Iron:

2%

Trans Fat:

0g

STRAWBERRY

Ingredients:

Cream, milk, skim milk, sugar, strawberries, whey, modified food starch, stabilizer (locust bean gum, guar gum), natural flavors, citric acid, malic acid, red beet juice concentrate. Contains Milk.

Calories:

190

Fat Calories:

100

Fat:

11g

Saturated Fat:

7g

Cholesterol:

30mg

Sodium:

60mg

Carbs:

21g

Protein:

2g

Fiber:

0g

Sugar:

20g

Vitamin A:

6%

Vitamin C:

6%

Calcium:

8%

Iron:

0%

Trans Fat:

0g

STRAWBERRY CHEESECAKE

Ingredients:

Cream, milk, skim milk, sugar, corn syrup, strawberries, whey, modified corn starch, nonfat milk solids, cheese culture, enriched wheat flour, graham flour, salt, stabilizer(locust bean gum, guar gum, xanthan gum, cellulose gum), palm oil, soybean oil, molasses, honey, liquid whole eggs, sour cream, cultured pasteurized light cream and nonfat milk, microbial enzyme, baking soda, corn starch, soy lecithin, lactic acid, natural flavors, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, citric acid, cultures, buttermilk powder, vanilla extract, sodium benzoate, red #40 Contains Egg, Milk, Soy, Wheat (Gluten).

Calories:

220

Fat Calories:

120

Fat:

12g

Saturated Fat:

8g

Cholesterol:

35mg

Sodium:

85mg

Carbs:

23g

Protein:

3g

Fiber:

0g

Sugar:

21g

Vitamin A:

6%

Vitamin C:

2%

Calcium:

8%

Iron:

0%

Trans Fat:

0.5g

SUPERMAN

Ingredients:

Cream, milk, skim milk, sugar, whey, stabilizer (locust bean gum, guar gum, xanthan gum), vanilla bean, natural flavors, citric acid, phosphoric acid, salt, blue #1, red #40, yellow #5.

Contains Milk.

Calories:

210

Fat Calories:

110

Fat:

12g

Saturated Fat:

8g

Cholesterol:

30mg

Sodium:

75mg

Carbs:

20g

Protein:

3g

Fiber:

0g

Sugar:

19g

Vitamin A:

8%

Vitamin C:

0%

Calcium:

8%

Iron:

0%

Trans Fat:

0g

THIS \$&! JUST GOT SERIOUS™

Ingredients:

Cream, milk, skim milk, sugar, whey, cashews, corn sweeteners (corn and high fructose corn syrups), sweetened condensed skim milk (skim milk, sugar, corn syrup), vegetable oil (peanut, cottonseed, soybean and/or sunflower seed), refined peanut oil, cocoa processed with alkali, stabilizer (locust bean gum, guar gum), wheat flour, canola oil, refined coconut oil, butter, water, caramel color, sea salt, salt, mono and diglycerides, xanthan gum, soy lecithin, soybean oil, sodium bicarbonate, natural flavor. Contains Cashew, Coconut, Milk, Peanut, Soy, Wheat (Gluten).

Calories:

240

Fat Calories:

140

Fat:

15g

Saturated Fat:

8g

Cholesterol:

30mg

Sodium:

170mg

Carbs:

24g

Protein:

3g

Fiber:

Less than 1g

Sugar:

21g

Vitamin A:

6%

Vitamin C:

0%

Calcium:

8%

Iron:

2%

Trans Fat:

0g

ULTIMATE OREO

Ingredients:

Cream, milk, skim milk, sugar, unbleached enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), whey, canola oil and/or palm oil, stabilizer (locust bean gum, guar gum), cocoa processed with alkali, high fructose corn syrup, corn starch, baking soda and/or calcium phosphate, salt, soy lecithin, vanillin, vanilla beans, natural and artificial flavors, chocolate. Contains Milk, Soy, Wheat (Gluten).

Calories:

220

Fat Calories:

120

Fat:

13g

Saturated Fat:

8g

Cholesterol:

30mg

Sodium:

80mg

Carbs:

22g

Protein:

3g

Fiber:

0g

Sugar:

21g

Vitamin A:

6%

Vitamin C:

0%

Calcium:

8%

Iron:

2%

Trans Fat:

0g

YIPPEE SKIPPEE™

Ingredients:

Cream, milk, skim milk, sugar, peanuts, peanut oil, corn syrup, wheat flour, malted barley flour, whey, butter, skim milk, coconut oil, hydrogenated rapeseed oil, interesterified soybean oil, canola and/or soybean oil, liquid pasteurized eggs, cocoa processed with alkali, cocoa powder, rice syrup, stabilizer (locust bean gum, guar gum, pectin, xanthan gum), corn starch, soy lecithin, modified food starch, salt, natural flavor, vanilla, baking soda, baking powder, yeast, niacin, reduced iron, thiamine mononitrate, riboflavin. Contains Coconut, Egg, Milk, Peanuts, Soy, Wheat (Gluten).

Calories:

240

Fat Calories:

140

Fat:

15g

Saturated Fat:

8g

Cholesterol:

30mg

Sodium:

170mg

Carbs:

24g

Protein:

4g

Fiber:

0g

Sugar:

21g

Vitamin A:

6%

Vitamin C:

0%

Calcium:

8%

Iron:

2%

Trans Fat:

1g

ZANZIBAR CHOCOLATE

Ingredients:

Cream, milk, skim milk, sugar, cocoa processed with alkali, chocolate liquor, whey, stabilizer (locust bean gum, guar gum). Contains Milk.

Calories:

210

Fat Calories:

100

Fat:

13g

Saturated Fat:

8g

Cholesterol:

25mg

Sodium:

100mg

Carbs:

23g

Protein:

3g

Fiber:

2g

Sugar:

21g

Vitamin A:

8%

Vitamin C:

0%

Calcium:

10%

Iron:

8%

Trans Fat:

0g

LEMON ITALIAN ICE

Ingredients:

Water, sugar, corn syrup, lemon juice concentrate, guar gum, xanthan gum.

Calories:

120

Fat Calories:

0

Fat:

0g

Saturated Fat:

0g

Cholesterol:

0mg

Sodium:

0mg

Carbs:

27g

Protein:

0g

Fiber:

0g

Sugar:

24g

Vitamin A:

0%

Vitamin C:

8%

Calcium:

0%

Iron:

0%

Trans Fat:

0g

PASSION FRUIT ITALIAN ICE

Ingredients:

Water, sugar, corn syrup, passion fruit concentrate, guar gum, xanthan gum, citric acid.

Calories:

130

Fat Calories:

0

Fat:

0g

Saturated Fat:

0g

Cholesterol:

0mg

Sodium:

0mg

Carbs:

30g

Protein:

0g

Fiber:

0g

Sugar:

28g

Vitamin A:

0%

Vitamin C:

8%

Calcium:

0%

Iron:

0%

Trans Fat:

0g

NSA CASHEWS & CARAMEL

Ingredients:

Cream, skim milk, sorbitol, maltitol, cashews, polydextrose, maltodextrin, evaporated milk, vegetable oil (peanut, cottonseed, partially hydrogenated soybean, and/or sunflower seed), stabilizer (cellulose gel, cellulose gum, mono and diglycerides, polysorbate 80, and carrageenan), vanilla beans, salt, modified food starch, natural flavor, butter, caramel color, citric acid, sucralose, aspartame. Contains Cashews, Milk, Peanut, Phenylalanine, Soy.

Calories:

160

Fat Calories:

80

Fat:

9g

Saturated Fat:

5g

Cholesterol:

20mg

Sodium:

105mg

Carbs:

14g

Protein:

4g

Fiber:

5g

Sugar:

5g

Vitamin A:

4%

Vitamin C:

0%

Calcium:

10%

Iron:

2%

Trans Fat:

0g

CHOCOLATE SOY

INGREDIENTS:

WATER, SUGAR, SAFFLOWER OIL, SOYBEAN OIL, TAPIOCA MALTODEXTRIN, SUGAR, ALKALIZED COCOA POWDER, CORN SYRUP, SOY PROTEIN CONCENTRATE, NATURAL COCOA, DEXTROSE, MODIFIED TAPIOCA STARCH, GUAR GUM, CAROB BEAN GUM, TAPIOCA DEXTROSE, CARRAGEENAN, SALT. CONTAINS SOY.

CALORIES:

190

FAT CALORIES:

90

FAT:

10G

SATURATED FAT:

1G

CHOLESTEROL:

0MG

SODIUM:

25MG

CARBS:

24G

PROTEIN:

2G

FIBER:

0G

SUGAR:

18G

VITAMIN A:

0%

VITAMIN C:

0%

CALCIUM:

2%

IRON:

15%

TRANS FAT:

0G

VANILLA CHOCOLATE CHIP SOY

INGREDIENTS:

WATER, SUGAR, SAFFLOWER OIL, SOYBEAN OIL, TAPIOCA MALTODEXTRIN, SUGAR, COCONUT OIL, COCOA (NATURAL AND PROCESSED WITH ALKALI), CHOCOLATE LIQUOR, SOY PROTEIN CONCENTRATE, DEXTROSE, MODIFIED TAPIOCA STARCH, GUAR GUM, CAROB BEAN GUM, SOY LECITHIN, VANILLA BEANS, NATURAL FLAVOR, TAPIOCA DEXTROSE, CARRAGEENAN. CONTAINS SOYBEAN, COCONUT.

CALORIES:

210

FAT CALORIES:

110

FAT:

13G

SATURATED FAT:

2G

CHOLESTEROL:

0MG

SODIUM:

20MG

CARBS:

23G

PROTEIN:

2G

FIBER:

0G

SUGAR:

16G

VITAMIN A:

0%

VITAMIN C:

0%

CALCIUM:

0%

IRON:

10%

TRANS FAT:

0G

