



Pathways: BE (a good friend)

Students in this foundational course will:

- Set out on a journey to **BE**come the kind of friend they wish they had!
- Explore the tools of **curiosity** and **kindness** on the pathway towards finding, making, and keeping the friendships they really want - for now, and for life!
- Step **courageously** into the art of **relational conversation**, practicing new skills and building confidence along the way.

UNIT 1 (lessons 1-2)	UNIT 2 (lessons 3-12)	UNIT 3 (lessons 13-14)	UNIT 4 (lessons 15-16)	UNIT 5 (lessons 17-25)	UNIT 6 (lessons 26-28)	UNIT 7 (lessons 29-32)
GET FOCUSED	GET CURIOUS	CHOOSE KINDNESS	CHOOSE COURAGE	GET TALKING	WHAT IF...?	GET GOING
<p>VISION <i>What do I want?</i></p> <p>AGENCY <i>What can I control?</i></p>	<p>CURIOUS ABOUT MYSELF <i>What am I feeling?</i></p> <p>CURIOUS ABOUT OTHERS <i>What are they feeling?</i></p> <p>GENERAL AWARENESS <i>What's going on here?</i></p> <p>SITUATIONAL AWARENESS <i>Did I miss something?</i></p> <p>INDIVIDUAL AWARENESS <i>Friend or Foe?</i></p> <p>FINDING CLUES <i>Wearing & Carrying</i></p>	<p>KINDNESS <i>...is the filter.</i></p>	<p>COURAGE <i>...is the bridge.</i></p>	<p>CONVERSATIONS <i>What are they?</i></p> <p>QUESTIONS <i>How do I start?</i></p> <p>GIVING CLUES <i>How do I keep it going?</i></p> <p>GROUP CONVERSATIONS <i>What if there are more than two of us?</i></p> <p>DIGITAL CONVERSATIONS <i>Does this work online?</i></p> <p>SOCIAL MEDIA <i>Influenced or Influencer?</i></p>	<p>DOES IT NEED TO BE SAID <i>...at all? ...by me? ...right now?</i></p> <p>FROM "HINT" TO "HEY STOP" <i>How do I say THAT?</i></p>	<p>FROM THE TOP <i>Review the pathway</i></p> <p>NOW YOU TRY <i>Training for the trail</i></p> <p>YOU'VE GOT THIS <i>Encouragement for the journey</i></p>

COMPLETE CLASSROOM CURRICULUM

FOR MIDDLE SCHOOL SOCIAL & CONVERSATIONAL SKILLS



- Engaging video teaching modules
- Group discussion prompts
- Personal reflection prompts
- Hands-on activities
- Scenario-based classroom games
- Flexibility (2x per week for 16 weeks, or 1x per week for 32 weeks)
- IT'S ALL DONE FOR YOU...**Just print and play!**
- 32 Teaching Videos
- 32 Daily Lesson Plans
- Printable Lesson Worksheets & Answer Keys
- Printable Games & Activity Cards
- Complete Scope & Sequence Chart
- Optional MidTerm & Final Assessments
- Printable Classroom Posters

Aligned with **CASEL Standards** for Social & Emotional Learning

CASEL STANDARDS

Self Awareness	Self Management	Social Awareness	Relationship Skills	Responsible Decision Making
*Identifying Emotions	*Impulse Control	*Perspective Taking	*Communication	*Identifying Problems
*Accurate Self-Perception	*Stress Management	*Empathy	*Social Engagement	*Analyzing Solutions
*Recognizing Strengths	*Self Discipline	*Appreciating Diversity	*Relationship Building	*Solving Problems
*Self Confidence	*Self Motivation	*Respect For Others	*Teamwork	*Evaluating
*Self Efficacy	*Goal Setting			*Reflecting
	*Organizational Skills			*Ethical Responsibility