Clove Tree Community Acupuncture

41 Middletown Ave, North Haven, CT, 06473

4.9 ★ ★ ★ ★ | 312 Reviews | 195 ♥

Acupuncturists, Alternative Medicine, Wellness



These reviews are from verified customers of this business.

BEST

Dr. Shang is very knowledgable, respectful and professional. I am always happy to see her. Her teatments always works amazingly, wonderfully and greatly.

Max K Jun 17, 2020

Customer since Jun 2020

Back issues

This is my second time seeing the Doctor, and let me inform you she is the bomb! She knows exactly where to locate the problem and resolve it.

S.G. Feb 25, 2020

Customer since Feb 2020

Cupping

I get the cupping done on my back and hand and have had a lot of success eliminating a majority of discomfort. I find it to be incredibly relaxing and Zhihong has such a calming presence as it is and really takes her time with her patients to get to the real issue! As if that isn't reason enough to go..... she makes it very affordable! Seriously I look forward to every visit because I know how good I will feel afterwards!

Cari P. Feb 24, 2020

Customer since Nov 2015

Great

I have been going for a few months now and have felt a tremendous difference in my hand. I' The reason I like houng to Clove Tree is all the modalities she uses and the knowledge. I am not big on the acupuncture needles but she has so many other ways of healing! I leave there as relaxed as if I had just had a massage. As if that's not amazing enough, they make it affordable with their sliding scale. Thank you!

Caroline Paduano Jan 23, 2020

Customer since Nov 2015

Excellent

I receive care that is at all times respectful, compassionate, and at a high level of expertise. I find acupuncture effective for relief of disabling pain, for which I am very grateful.

P.N. Jan 8, 2020

Customer since Jan 2020

I would recommend to anyone.

Excellent service and very knowledgeable. I have been going there for past couple of yeas to get my back treatment.

My go to person

Shang is a great caring healer, she is very knowledgeable and I go to her on a regular bases for stress and anxiety better than being on meds! I can't say enough about her. It's very affordable which makes it accessible to all and able to go often. Many thanks for this opportunity ...

M.O. Nov 30, 2019 Customer since Oct 2017

Hong is beyond amazing!

I have been going to Hong for over 5 years now. She is beyond amazing! She treated my vertigo when 9 months of Yale Specialists could not! She treated my arthritis, energy level, ability to sleep better, and many other issues. One of her assistants had told me that in China, a chronic problem was treated with acupuncture daily for weeks to get better. I did go to her 2 times/wk for 4 months for a chronic problem I had and she healed it. I can't say enough good about Hong and the amazing focus an

Sue S Nov 12, 2019 Customer since Feb 2013

Painful

I appreciate her knowledge and also her determination to decrease my hip pain, but I found her physical touch painful. I stated that my back is sensitive to touch and she continued to poke at it and my hips so hard I ended up crying on the table. Unfortunately, my pain did not go away and now I have an additional bruise where she was poking me near my spine. I think it's best that I not go back.

Beth C Nov 10, 2019 Customer since Dec 2018

Fantastic

I get such relief at Clove tree, Zhihong is amazing and noticed things that are wrong before I even tell her! I love the cupping. I initially thought it was just going to be the acupuncture needles but she does soooo much more. The community setting is way more comfortable than you would think. I never see what is going on with anybody else. Its a quiet and relaxing atmosphere.

Cari Paduano Nov 9, 2019

Customer since Sep 2019

AMAZING

My first experience with acupuncture was AMAZING. Have been dealing with sciatica 8 months ago and must have tweaked it this past week. Decided to visit Hong who was highly recommended by some friends and was not disappointed. Felt immediate relief and now am more mobile. Still have some pain but not nearly to the degree it was a week ago. Will be seeing Hong again this this week. Thank you!!

E.D. Nov 5, 2019 Customer since Oct 2019

Patient

Excellent doctor, she genuinely cares and willing to help. This is my first acupuncture experience, and I don't like needles! She is kind and she listen to your needs and work her magic. My pain level dropped from a nine to a five in four visit.

V.H. Nov 1, 2019 Customer since Sep 2019

Very best experience

The doctor is very professional, very busy, remembers everything and is attentive. This is the perfect place to

visit if you are a first timer, it is very comfortable and you will find solutions to your problems. The cure is progressive but steadily getting better.

Art M Oct 18, 2019 Customer since Oct 2019

cure for nerve numbness in feet

Zhi Hong has a great gift of healing through the traditional Chinese medicine acupuncture treatment. Though I am a bit shy of having strangers see the pins in my feat in this community setting, I trust her efforts in the healing of the neuropathy in my feet. The areas of numbness has decreased in my feet and I have gotten better balance now.

Thomas M Oct 7, 2019

Customer since Dec 2018

Right shoulder pain

She work very hard with me to work on my pain I feel much better now the pain level when from 10 to 4 but I have a lot of pain for a long time thank you

Devang Patel Oct 3, 2019

Customer since Apr 2018

Great job From the pain level 10 when to 5 but it help a lot she does great job it makes me feel better thank you

Neelan Patel Oct 3, 2019

Customer since Sep 2019

The best

Hong is amazing, very knowledgeable and thoughtful - she healed me from recurrent yeast infections that I was suffering from for over two years though the use of acupuncture and cupping. I have benefitted greatly from these services and highly recommend them to everyone - After my body healed I was able to conceive -Hong is an amazing human being and I'm so grateful!! Acupuncture is very beneficial for overall health.

m.a. Sep 30, 2019

Customer since Jul 2018

Excellent treatment

Dr. Z asks lots of questions so she can provide proper treatment. She's very caring and I find the acupuncture to be helpful, especially when keeping up with it as regularly as possible.

K.M. Sep 16, 2019

Customer since Mar 2017

The Immune System and Acupuncture

Hong is the consummate healer. Her desire to treat all problems with care, understanding, and knowledge is evident during each treatment and I should know after weekly appointments for 7 years. Each time I have a treatment, there may not be a specific problem but I believe that she brings a balance to my bodily functions and I am able to ward off possible aliments because she has strengthened my immune system.

carolyn wayne Sep 6, 2019

Customer since Mar 2012

Much relief.

I was in a great deal of pain in both feet ,one treatment and feeling so much better .Although there is some discomfort involved this is at least my third time going here with different issues which were resolved with treatment.

Sally H Aug 23, 2019 Customer since Jul 2014

Back and neck

Very interested in seeking future appointments. I found it very relaxing and helpful. I look forward to future appointments

Kevin Daly Aug 12, 2019

Customer since Aug 2019

Grateful

I haven't seen Dr Shang for over a month to treat my anxiety. So when I finally had the opportunity to go again I can feel the relief and calmness flow through me. Better than drugs. Thank you

M.O. Aug 12, 2019

Customer since Oct 2017

Lump on my thigh

I got some relieve on my first visit. Hong was thorough and explained what she was doing and the reasons why. I am anxious for a return visit.

Cheryl Buckley Jul 6, 2019

Customer since Jun 2019

I need a Face Lift!

After 7 years of weekly visit with Hong, I thought we had pretty much treated most of my body parts:). Then, I asked about an Acupuncture Face Lift. Hong has worked on my face twice and the deep lines on either side of my mouth are less deep and the area seems plumper. I now have a list of other facial areas I want treated. it's a miracle and there is no cutting like Face Lift surgery would require.

carolyn wayne Jun 13, 2019

Customer since Mar 2012

Gastric

Hong is tops in her profession. She is gentle, kind, and very professional. I have been seeing Hong for 3 years and I am very pleased with her work ethic and her expertise. My issues are Gerd and minor stomach issues. This is not a magic pill, it takes time to heal naturally. I feel better and I plan on continuing my weekly visits.

Donna Scafariello Jun 10, 2019

Customer since Sep 2016

Patient

After a recent session with Hong I was pain free for nearly the entire week. I don't remember being pain free for such an extended period of time. Thank you, Hong

Ray C Jun 7, 2019

Customer since May 2019

Amazing

My mom actually convinced me to come and she was sure right. It was truly amazing how Dr was able to pinpoint and penetrate my challenges. Highly recommend. Even after the first visit there was improvement. The second was even better. I don't know why I waited so long to get the help I needed especially when it truly works!

Amanda G May 28, 2019

Customer since May 2019

amazing!!

I went to Clove Tree for lower back pain that I've had for months. After two treatments my back is feeling better

than it has for a long time. I am also getting treatment for sleep and energy.. Zhihong is very compassionate gentle and really listens to you.

renee o May 24, 2019

Customer since May 2019

Patient

Shihong is fantastic. I don't have the constant, unbearable pain I had for years. She is so knowledgeable and very understanding. I cannot praise the results enough.

Ray Castiglione May 15, 2019

Customer since May 2019

Incredible

I could not walk up and down stairs before coming in from knee pain after a bad injury I had just the night before. After I left I could walk normally again and I could go up and down stairs with so much less pain. I suffer a lot of sports injuries and Zhihong always makes me feel better when I am at my worst! Thank you so much!

Jose C May 15, 2019

Customer since Nov 2017

Best Place!!

Hong is fantastic!. Sweet, compassionate and always helps with my pain. I have been seeing her for over three years and highly recommend her services!

Kim Amatrudo May 11, 2019

Customer since Dec 2012

Excellent experience

I have been seeing acupuncturists for many years. Zhihong is one of the best I've had. My chronic pains have diminished to the point that my range of motion is nearly back to normal. To quote a previous reviewer, "one fine Acupuncturist!"

Steven Lindner May 2, 2019

Customer since Apr 2019

One fine Acupuncturist!

Hong is the best. Today, I feel less anxious. I have been seeing her for almost three years and have been very happy with her work. She is a sweet person and very compassionate. She comes highly recommended by me. Thank you Hong!

Donna Scafariello Apr 29, 2019

Customer since Sep 2016

Always feel better after acupuncture

I have low back issues due to a herniated disc. I try to go somewhat regularly for maintenance because it keeps the pain at bay. I hadn't been in at least four months due to my schedule, and the last week the pain increased. I felt so much better after getting to acupuncture and will be better about going regularly because the service is excellent.

K.M. Apr 22, 2019

Customer since Mar 2017

gentle treatment

ZhiHong is a very knowledgable and caring person who has been treating me for neuropathy of my feet for a few months. I have had this condition for about eight or nine years. I am now seeing signs that the area of numbness is being reduced. I am grateful for her ever present gentle touch and caring being through this treatment.

Treatment

I have been going to Hong for about 5 years. She has been very helpful with my health issues. Just recently I hurt my back. She treated my back, and I am pain free. She is very gentle, and has always helped me.

Terry Dogali Mar 27, 2019

Customer since Jun 2013

Very Thorough

I decided to try accupuncture after my doctor gave me a recommendation to see an accupuncturist after 2 years of being out from work. I have only visited a few times up to this point. But I feel like my pain that I have been feeling is starting to lessen, I plan on continuing the treatments and hoping to once again be able to walk with no pain. It is very promising. :)

Kurt B Mar 24, 2019

Customer since Mar 2019

Relaxed atmosphere, effective treatment

This was my first visit to Clove Tree Community Acupuncture and I certainly intend to return. After filling out my initial paperwork there was a brief consultation to assess where my pain was. Once a table opened up I was brought into a lovely private space for cupping, then acupuncture. The next day my back and neck felt a lot better, and I look forward to my next visit.

Raven M Mar 21, 2019

Customer since Mar 2019

Great alternative therapy

I really wanted to try acupuncture for a long time and was referred to Clove Tree by several people. I am happy to say that I have experienced great reduction of pain. I plan on continuing treatment as well as referring family.

Doralee Bohner Mar 18, 2019

Customer since Feb 2019

wonderful experience; relaxing

Zhihong is very knowledgeable! Once she starts working on you--you instantly know you're in good hands. I'm receiving help for digestion issues/chronic constipation and chronic pain. I don't usually have a bowel movement in the afternoon but I did after the treatment. I recently had a pelvic injury and booked an appt with her right away. I sought the Lord in prayer and was directed to her. Thank you!

d.c. Mar 12, 2019

Customer since Mar 2019

Therapeutic

My daughter is treated for chronic migraines and I am treated for several issues. We always leave feeling much better than when we arrived. The environment is peaceful, and the service is friendly. I feel that whatever is ailing me is addressed in a caring way. I would recommend Clove Tree Accupuncture to anyone. I feel safe with the clean environment and sanitary practices.

Paulette Marcus Mar 5, 2019

Customer since May 2018

Just go!

I have been coming here for 2 years and I am always amazed at Shangs healing powers. She treats my anxiety no meds needed and anything else that may arise. I had a cyst under my eye and she did a few treatments...gone! Place is always clean and peaceful. This place is affordable which makes it accessible for all

and able to go often if needed.

M.O. Mar 2, 2019 Customer since Oct 2017

Feeling Good...

I see Hung about 2X per month and always leave feeling refreshed and relaxed. I would recommend this practice to anyone looking to remedy a problem and body maintenance.

R.L. Feb 26, 2019 Customer since Apr 2018

Great service

I attended Clove Tree years ago with back pain. After a few visits, my back pain went away. I am back now with a new issue, and hoping to achieve the same results!

Alison A Feb 24, 2019

Customer since Dec 2012

Pleasant experience at Clover Tree accupunture

First time using acupuncture - it was recommended by friends and my brother. Very pleasant calm relaxing atmosphere. Practitioner was very friendly and pleasant and explained everything. Good experience I will return.

S.L. Feb 23, 2019 Customer since Feb 2019

Good care

I feel better after my treatments and I also get rest while I am being treated. It is affordable and the place is pleasant and relaxing. Dr. Shang is kind and very quick with her needling. Make sure you block enough time for your appointment, it cannot be rushed!

R.M. Jan 30, 2019 Customer since Mar 2017

I am broke and sick, this is helping me

Thank god for community acupuncture. I currently don't have insurance and this is helping me stay strong enough to work.

Laura Pallandre Jan 26, 2019

Customer since Jan 2019

Acupuncture As It Should Be

I have been a patient of Dr. Shang for a relatively short time, however I have benefited greatly from acupuncture over the years. Dr. Shang is not only a skilled practitioner of this ancient healthcare, she is compassionate and empathic person. As stated in her biography on the website, Clove Tree endeavors to provide care for as many patients as possible at affordable rates. As a retiree on a fixed income, this is ideal for me. I drive every week from West Hartford to Clive Tree.

George R Jan 19, 2019

Customer since Dec 2018

Love

I come here when ever needed. Shang is great very pleasant and well educated. Place is nice, cozy,and clean. And because it is affordable it makes acupuncture accessible to all and allows you the opportunity to come more frequently. I am grateful for this opportunity and Shang.

Mo Jan 4, 2019 Customer since Oct 2017

Supervisor

Awesome, it is a Unbelievable experience and helps with the problem I'm having and a professional experience. She makes you comfortable and has helped with every problem I have had.

Sal Lombardi Dec 30, 2018

Customer since Dec 2015

Excellent

Awesome! My friend highly recommended this place and now I can see why. This was my first experience and it was excellent! I highly recommend to you!

Lisa G Dec 24, 2018

Customer since Dec 2018

All you need to know

My Acupuncturist! My Acupuncturist! My Acupuncturist! My Acupuncturist! My Acupuncturist! Enough said

Jack K Dec 14, 2018

Customer since Sep 2018

Amazing

I LOVE Clove Tree! I came in because of arthritis and poor circulation in my toes. The day after my first treatment my toes were not cold and painful for most of the day. After each session the relief lasts longer and longer. I am grateful to have an affordable healthcare provider!

L.E. Dec 8, 2018

Customer since Nov 2016

Very Peaceful!

I am having serious pain in my right wrist. My sister swears by acupuncture and told me to find a community acupuncture near my home to try out. I went last week, and it was so serene and peaceful. My wrist is still very sore, but I am hoping with each treatment that it will get better and better. It really is peaceful and relaxing.....praying it works!

Deana Ralston Dec 3, 2018

Customer since Nov 2018

A wonderful healer

Ive been going to Clovetree for almost 2 years and she is my main go to person. I ask her about everything from anxiety to foot pain etc. and she treats it. she is very knowledgeable and wants to help you it's a great alternative to medicine and pills. The place is very clean ,peaceful and affordable-your never rushed out. She is a very kind and dedicated healer.

Mo Nov 16, 2018

Customer since Oct 2017

AMAZING!!!

I LOVE CLOVE TREE. ITS VERY HUMBLE, VERY CLEAN, VERY PROFESSIONAL, AND HAS AMAZING SERVICE. I LOVE TO GO THERE THEY WORK WITH WHAT YOU'VE GOT. THEY DO IT FOR THE SIMPLE FACT OF HELPING AND HEALING NOT FOR THE MONEY, THEY ACTUALLY CARE ABOUT EVERY CUSTOMER THAT WALKS IN. GOD BLESS THEM. I REALLY RECOMMEND THIS PLACE. ITS LIKE A FEELING OF BEING HOME OR WITH FAMILY. THEY CARE!!!

Maria Garcia Nov 10, 2018

Customer since Nov 2018

A.T. (10) E. (1)

A Terrific Experience

I recently had my first acupuncture appointment and am looking forward to going back very soon. All my questions regarding treatment were answered thoroughly. The treatment was provided with a caring passion focused on me, the patient. It was awesome & I felt terrific afterward!

julie I Oct 19, 2018 Customer since Oct 2018

Exceptional!

Hong is competent, attentive, caring and passionate. My health has improved from her Traditional Chinese Medicine services.

Jack K Oct 17, 2018

Customer since Sep 2018

Simply Wonderful

How many great things can I say about Hong and her facility in North Haven? She makes it affordable to get the treatment that I really need for my body. I've always wanted to go multiple times a week to treat pain/menstrual dysfunction and now I can. Hong is kind and patient. Everyone who walks in sounds like they are already doing better. She does not rush you in or out and listens to each of your concerns. I have become completely addicted to cupping for my shoulder! Thank you so much, Hong!

A.C. Oct 9, 2018 Customer since Sep 2018

2nd visit

Not certain if I am suppose to write a review each time I attend. But, each time is the same results. I go in with whatever issue it is at the time, and I leave a brand new man. By that I mean a more positive energy, confident!

Sergio N Gomez Jr Oct 3, 2018

Customer since Sep 2018

Hong's hard work paying off

My sleep is improving through acupuncture, and with cupping therapy in my hips/lower back I'm much more flexible and can finally touch my toes after not being able to since I was a kid! My shoulders better too. I feel much better. Hong spends quality time with each of her clients and genuinely cares for our well being. She is hard working, intelligent and sweet. Thank you Hong!

Maegen Garthwaite Oct 1, 2018

Customer since Apr 2018

Amazing!

Amazing acupuncture and cupping done here. Wouldn't go anywhere else. It has helped with the tension in my neck and back so much!

Chelsea Thompson Sep 22, 2018

Customer since Nov 2015

My first visit

I went in there with an opened mind. My wife recommended me, so I went. Let me tell you in just 1 session (2-3 more, as per Doc) I feel amazing. I went because of my stiff neck and my lower back pain while jogging. I feel like a million dollars! after that session, Cannot wait to go back for my last 2 sessions as recommended.

Sergio N Gomez Jr Sep 19, 2018

Customer since Sep 2018

First ever review 4/4

P.S. Hong contacted me Friday afternoon after her office hours to advise me what I might want to avoid doing to get the most benefits from her treatments, now that's personalized service no other medical professionals I know of would do!

J.K. Sep 15, 2018

Customer since Sep 2018

Digestive Issues

I resorted to Clove Tree when Western medicine failed to work. My condition is Celiac and several other disorders. Shihong is patient and an expert practitioner of acupuncture. In my many years, Shihong's acupuncture treatment has been the most effective against the ravages of celiac induced diarrhea, probably saving my life several years back. Equally effective for back and leg pain. Best medical money I've ever spent. She's a life saver!

Fred J. Sep 9, 2018

Customer since Aug 2018

Physical, Emotional and Spiritual Well Being

Summer is a busy time of year and has interrupted my weekly acupuncture appointments with Hong. I have discovered that her treatments, which have varied over the past seven years, have created a balance in my life physically, emotionally and spiritually. Continued weekly care for me is a must, for I have felt the difference when I have been unable to go to my weekly appointments. Hong has given me loving and knowledgeable care for which I am grateful.

Carolyn Wayne Sep 7, 2018

Customer since Jun 2018

A great healer

I've been coming to Hong for over a year and it's the best place for a different way of healing. I am never disappointed I go to keep my anxiety under control instead of taking pills. The atmosphere is peaceful and clean. And it's affordable. If you haven't tried acupuncture and want to this is the place.

M.O. Sep 3, 2018

Customer since Oct 2017

Professional

Hong continues to create superb outcomes. When I leave her office I feel calm and relaxed. Her bedside manner is impeccable. I highly recommend Hong for acupuncture and cupping technique. I look forward to entering her door each week. You will too! Make an appointment as soon as possible. She works wonders for digestive issues, pain management, and balanced emotions. Please share this information with everyone you know who has issues with back pain, digestive disorders, and anxiety disorders.

Donna Scafariello Sep 3, 2018

Customer since Sep 2016

Excellent care

I've received acupuncture here a few years ago and it was very helpful with curing Bell's Palsy. I recently experienced back pain and I must say my condition has improved significantly. Clove Tree is the best.

Robert N Sep 1, 2018

Customer since Aug 2018

Gastrointestinal

Shihong is a master of acupunture. I have been a patient since 2015. She has helped to combat my acid reflux issues, along with other gastric issues. Her demeanor is stellar, Hong is a sweet, caring professional. I highly recommend her.

Donna Scafariello Aug 22, 2018

Customer since Sep 2016

Clove Tree Community Accupuncture

We think this service is a wonderful asset to the community. The fee is reasonable and treatment is outstanding. Hong manages your care seamlessly. Her services are precisely orchestrated and efficient. Our family of 4 have been in to see Hong and we are always pleased with the healing she facilitates.

Beth DeGennaro Aug 16, 2018

Customer since Sep 2016

Excellent

Hong is a tremendous therapist. I go for acupuncture, cupping & herbal remedies. My case is complicated, but Hong has spent lots of valuable time with me trying to understand my issues (even a 20 minute phone conversation on top of the time in her office). I just started to go to Clove Tree but I already feel much better. Hong also gives great customer service, and the clinic is clean. Thank you Hong for everything you do to bring me comfort, strength & hope!

Maegen Garthwaite Jul 16, 2018

Customer since Apr 2018

Very pleased

If your problem is long standing like mine it may take a few visits to see results. Don't give up! Saw some improvement after 3 visits but did not see major improvements until the 8th visit.

R.M. Jul 12, 2018

Customer since Jun 2018

It works....

I came to acupuncture with an open mind looking for help with my knee and stress. After reading the other reviews about Clove Tree I decided to try it. Hong is an expert in acupuncture and after a couple of months of weekly visits I can say that my knee is healed and my stress levels are way down. Hong is expert in acupuncture and very compassionate. I would suggest going to Clove Tree if you are looking for an alternative approach to healing.

Rocky Jun 25, 2018

Customer since Apr 2018

Sleeping Aids

I have been plagued with sleeping issues for a while. My go to solution was always a sleeping aid which would leave me feeling groggy and sluggish in the morning. Hong designed an herbal formula sleeping aid for me and now I sleep so much better, wake up alert and ready to go. Plus, it is so much safer!!!

carolyn wayne Jun 25, 2018

Customer since Mar 2012

Finally!

We have been trying to address pain in the wrist for 4 years. After trying physical therapy and antiinflammatories like curcumin and fish oil, we have real noticeable relief. Hurray! I wish we tried this years ago.

Nsmom Jun 20, 2018

Customer since Jun 2018

Beneficial

Hong does great work. After treatment I have healing. It's a peaceful atmosphere and you can rest as long as you'd like which is wonderful. I wish I could come more frequently. I highly recommend Hong and CloveTree.

Shari Hoffman Jun 13, 2018

Customer since Sep 2014

Very relaxing and healing

This is the best acupuncture clinic around! I used to go often in Los Angeles and Hong is an expert here in CT.

Dragonfly8 Jun 6, 2018

Customer since May 2013

It works!!

Hi I've been going here for awhile close to a year to treat my anxiety and stress which acupuncture keeps it under control did not want to use meds. And it has been working great. I started to have alopcia my hairdresser noticed a spot. So instead of going to the dermatologist and shooting cortisone into my head Shang treated me using acupuncture ...gone! my hairdresser couldn't even find the spot the acupuncture worked faster than the cortisone. I love coming here its quiet, clean and peaceful

MO May 21, 2018

Customer since Oct 2017

Chronic Pain

For two years I've tried everything in western medicine for chronic pain and nothing worked. But now through Hong's skill I have finally found relief. I look forward to keeping acupuncture and cupping a part of my health care. I highly recommend community acupuncture based on healing first and then whatever you are able to pay. Such an amazing model of what all health care should be.

Lisa Gonzalez May 20, 2018

Customer since Apr 2018

Thoughful iaginosis

At a recent visit, I was suffering from what I described as acid re-flux. Hong has treated this in the past with herbs that were very successful. After attentively listening and asking questions, Hong felt I was suffering from allergies and my throat irritation was a result of a reaction to outside pollen and blooming bushes and trees. She treated me and my throat irritation has significantly diminished. Not only was her diagnosis and treatment correct but she saved me the cost of unneeded herbs

carolyn wayne May 19, 2018

Customer since Mar 2012

An affordable and accessible step toward wellness

I've been going to Clove Tree Acupuncture for several years, and regular treatment has helped me improve my overall health as well as treat specific symptoms. Clove Tree is welcoming to all and doesn't bog down the treatment process with unnecessary amounts of appointment confirmations, redundant paperwork, and insurance copays and codes. Dr. Hong has truly improved my life.

Michael O Apr 14, 2018

Customer since Dec 2013

A Great Natural Alternative!

Sessions are relaxing and have helped my medical issue. The Dr is awesome and know her scooe of practice.

Laureen D Apr 13, 2018

Customer since Dec 2013

Sleeping good

The cold temperatures make me sleepless, after the treatment I wake up feeling fresh and good Thanks Dr Shang

C.H. Mar 5, 2018

Customer since Feb 2018

Highly Recommend

- -

I've been getting acupuncture on my back for almost a year and haven't had a severe flair up of pain like I've had in the past. I have a herniated disc and while it will never be cured, the acupuncture keeps it well managed.

K.M. Mar 2, 2018 Customer since Mar 2017

Great results!

Great results by a knowledgeable doctor. I started with a number of issues, and Zhihong Shang alleviated all of them. I've passed her cards out to others that mentioned seemingly intractable issues. Simple version: Go to the Dr. She's very, very good.

Robert Juliano Feb 26, 2018

Customer since Jan 2018

fantastic results.

I came to Zhihong Shang to help reduce the amount of pain meds I was using before hip surgery. This was my first time experiencing acupuncture and cupping techniques. Her approach was comprehensive and highly compassionate and professional. I noticed results after my very first visit, but quickly reduced pain that ranged from 6-8 to mild discomfort ranging 1-3.

Bob C Feb 11, 2018

Customer since Jan 2018

I love her!

I keep coming back and Dr. Shang always treats my ailments (even my crazy ones) - and sometimes I don't even know where to start - because there are a lot. I just had my second session and already I feel so much better. I would highly recommend her.

J.S. Feb 5, 2018

Customer since Jan 2018

Balance

In March, I will have been a patient of Hong's for 6 years with weekly appointments. At this point, Hong has treated a myriad of problems with great success. However, the everlasting total effect has been the balance that acupuncture has brought to me physically, emotionally and even spiritually.

carolyn wayne Jan 30, 2018

Customer since Mar 2012

Beyond my expectations

I was met with compassion and concern and the amazing touch of a true professional. Even my very first session yielded results far beyond my expectations!

R.C. Jan 27, 2018

Customer since Jan 2018

Sleep well

The cold weather makes me very uncomfortable and wake up many times a night After the treatment, I slept through without waking up and felt fresh in the morning

H.H. Jan 22, 2018

Customer since Jan 2018

Comforting and Healing

Hong continues to work her magic on my body. While relaxing during treatment, I feel calm and peaceful. My concetns are related to anxiety and digestive issues. Each time I have a treatment, I feel the cupping and acupuncture is relieving my body from stagnation and chronic internal inflammation. I'm so grateful to have

found Shihong. I highly recommend her to everyone faced with a medical issue.

Donna Scafariello Jan 15, 2018

Customer since Sep 2016

Great opportunity!

Even though this is a community practice Dr Shang treats you like a private pantient giving you her outmost time and dedication to heal you. Her place is always neat, clean and peaceful. She helped me with my anxiety and back pain. If you haven't tried acupuncture yet this is the place to go.

M.O. Jan 15, 2018

Customer since Oct 2017

A DIFFERENT REVIEW

I was at good friend's party and one guest was complaining of all the lifting he would have to do for an art show coming up. My friend and I looked at each other and then immediately began touting all the wonderful things Hong can do to help this gentleman's back. General conversation stopped and all ears turned to my friend and I as we spoke of the different ways Hong has helped us, a conversation of interested people trusting their friends opinions.

Pat H Jan 12, 2018

Customer since Oct 2013

The BEST

She has treated many symptoms for me. Arthritis in my hands, headaches, and memory issues. Dr. Hong has made them all better. I refer her to everyone.

L.G. Jan 10, 2018

Customer since Sep 2017

NSAID or ACUPUNCTURE

I have suffered with Osteoarthritis in my knees and an auto accident further complicated my knee pain. I was perscribed a NSAID but after reading about the many side effects, using the medication became worrisome. I am a long time patient of Hong's, so I began treatment for this problem. I knew this approach might take longer to relieve the pain. However, I opted for an incredibly safe and effective alternative. Feeling much better!

carolyn wayne Dec 14, 2017

Customer since Mar 2012

Wonderful experience

Clover tree is an amazing place with I feel so lucky to have found it! She is so smart and dedicated to helping you feel your best!

kelli weinhaus Dec 13, 2017

Customer since Dec 2017

★★★★Mr.

Concerned and gives ample time to visits Very affordable. I travel one hour to seek excellent care.

William St John Dec 11, 2017

Customer since Nov 2017

Excellent treatment at affordable cost

Excellent treatment at affordable cost. Acupuncturist is very talented and helped with my problems related to neck and stress. Appointments are available in the evenings as well which are very convenient

E.M. Dec 5, 2017

Customer since Oct 2016

Wonderful!

Hong is a talented acupuncturist and gave me a very helpful treatment yesterday. I was suffering terribly when I arrived and felt so much better and relaxed from her treatment. Payment arrangement is great. Just be sure to bring either cash or a check:)

Shari Hoffman Dec 2, 2017

Customer since Sep 2014

Very professional

Professional well run, clean, establishment. I am so glad I found this place!! Highly recommend you check it out for any aches of pains or even severe dysfunctions. I'm already feeling better!

Kate H Nov 29, 2017

Customer since Nov 2017

A gift

this is a wonderful place and a great opportunity to try accupuncture, it works! Helped me with my anxiety my doctor wanted me on meds but tried accupuncture and feel much better no need for meds. The place is clean and quiet and she treats everyone with respect. She wants to heal and help you. She makes acupuncture accessible to everyone, which is a gift I am very grateful for her service.

m.o. Nov 26, 2017

Customer since Oct 2017

Very pleased with the results of my treatments!

I went to Clove Tree two years again for chronic sciatica and disk related pain. After two treatments a week for about a month, my pain went away and has stayed away. Dr. Shang is lovey, efficient and knows what she is doing. I returned recently for headache and neck pain relief. After one treatment, I feel considerably better. Clove tree is excellent for its ease, affordable lite and results.

J.C. Nov 20, 2017

Customer since Mar 2016

Best Healer in CT!

I have been coming for two years for treatment on different parts of my body. Every time I leave I always feel better. I tore my ACL last year and managed to not have the surgery because I chose to try acupuncture first. This is the best and most affordable clinic I have found in the state.

Jennifer P Nov 13, 2017

Customer since Jun 2015

Kidney funtion improved

I have visited kidney doctor for many years and the function of kidney stays the same. until recently, the acupuncture's treatment shows my kidney improved better Thanks Dr Shang.

C.H. Nov 7, 2017

Customer since Jun 2014

Digestive Issues

Hong is a sweet and talented practitioner. I'm very happy with my treatments. I also have been given Chinese Herbal Medicine, which helps me to keep calm.

Donna Scafariello Nov 6, 2017

Customer since Sep 2016

Wonderful Service

I am so grateful to Dr. Hong. She has helped me with many ailments and always knows just what to try. I love

then and I'm fine to work!

L.E. Sep 18, 2017 Customer since Nov 2016

Lower Back Pain

Zhi Hong has reduced the intense pain I have been suffering to where I can smile instead of wince each time I stand up. After 2 sessions, I am very pleased with the results of acupuncture.

B.R. Sep 14, 2017

Customer since Sep 2017

Neurological

I have been going to yong for 4 years. I have a neurological disease, she has been treating. She also has improved my sleep. I recommend her to everyone. Feel much better.

Terry Dogali Sep 13, 2017

Customer since Jun 2013

Osteoarthritis and Spider Veins

Hong has treated me for Osteoarthritis of the knees recently. The treatment has gradually relieved me of most of the pain and has eliminated the aches and stiffness thus improving my sleep and exercise regime. However, I have many Spider Veins surrounding the knees and on the thighs. Hong is treating the veins and my legs look and feel much better. There is no need to wrap the area or wear the elastic stockings which is part of vein treatment. The healing powers of Acupuncture are amazing.

carolyn wayne Aug 22, 2017

Customer since Mar 2012

YEARS

I now have been receiving help from Hong for many years. Once i found her i have consistently been seeing her for a myriad of reasons. What i like the best is the relief she gives my back neck hip and sciatica. At the same time she will treat me so i leave with energy and a more peaceful state. Hong has great skills, knowledge, perceptiveness, integrity and generosity of spirit.

P.H. Aug 16, 2017

Customer since Oct 2013

Excellent!

My daughter goes here and it is great! I would recommend anyone to go here. The acupuncturist is so nice and helpful!

Vanessa Zayas Jul 30, 2017

Customer since Jun 2017

Sciatica

I have had back problems and have tried physical therapy and it hasn't helped. My acupuncture treatments have given me great relief. The professional care and understanding of my problems is wonderful.

Helen M Jul 29, 2017

Customer since Jul 2017

So wonderful!

Every time I leave the clinic I feel so at peace. I am happy to have found such wonderful care:) I would recommend Clove tree acupuncture to anyone looking to improve their health and well being.

Catherine Jones Jul 26, 2017

A++

Hong is truly amazing. I recommend her to everyone faced with a medical issue. She has been treating me for gastrointestinal issues and I continue to feel better each day!

Donna Scafariello Jul 15, 2017

Customer since Sep 2016

Effective and Easy

I have been going to Dr. Hong about 7 months and I have been feeling better after each visit. My pain is relieved and my overall well being is improved. She really knows how everything connects and uses that info to help us feel better. It is worth every penny, I probably couldn't work if she was not my Dr.

L.E. Jun 9, 2017

Customer since Nov 2016

HIGHLY PROFESSIONAL DOCTOR

I have been seeing Dr Hong for my back and knee problems. Found her to be highly knowledgeable, professional, affable and committed to ameliorate the patient condition. Through her treatment my pains have subsided to a great degree. I would highly recommend her.

n.i. Jun 3, 2017

Customer since Aug 2016

Amazing!

Hong is truly an amazing Acupuncturist. She has a wonderful, caring, and compassionate nature. I highly recommend her!

Donna Scafariello Jun 2, 2017

Customer since Sep 2016

Exceptional experience

I have a great experience every time I go. I believe it is very effective and I have noticed great improvements!

lesha S May 18, 2017

Customer since Nov 2014

Can't stop dancing

I took up ballroom dancing during the last year and had noticed increasing pain and discomfort in the instep of my left foot. I consulted a foot doctor who said if worse came to worse a shot of cortisone should solve the problem. I decided to try acupuncture and Clove Tree has me back on the dance floor and getting ready for a competition. I would not be there without this treatment.

Phyllis Cohen May 7, 2017

Customer since Mar 2017

Didn't know what to expect

...but I was pleasantly surprised. After suffering constant sciatica pain, I had my first good night's sleep in nearly two months...pain free! I intend to follow up with additional treatments, but the schedule doesn't match up with mine.

Kathy F May 1, 2017

Customer since Apr 2017

I went for several weeks for back pain and Zhi helped so much

I've had virtually no pain in last couple weeks. Started with two sessions per week for a few weeks and then down to once per week. The cupping combined with acupuncture has made a big difference. Highly

recommend!!

K.M. Apr 29, 2017 Customer since Mar 2017

Relief from trauma!

A series of traumatic losses disrupted the gentle, dependable flow of energy that made my life meaningful and manageable. Finding ways to restore that flow has been difficult--it is as if the trauma got stuck in my body. I wanted to try acupuncture as a therapy to reset whatever it is that has been "off." My first session yesterday morning at Clove Tree confirmed what a good choice this is! Dr. Hong is a very gentle and kind practitioner. I am so happy to have found help. Thank you!

Liz Apr 22, 2017 Customer since Apr 2017

first acupuncture experience

My husband and I really enjoyed our first acupuncture experience at Clove Tree. Dr. Hong clearly knows her stuff! We are looking forward to our second appointment and will update as the treatments progress.

Toni & Joe Apr 11, 2017

Customer since Mar 2017

Acupuncture

The reason I came wa to get relief for osteoarthritis in my knee. After 4 treatments, my knee discomfort was eliminated. The atmosphere was pleasant, calming. The acupuncturist was soft spoken, gentle and asked, each week, about my pain during the past week. She explained what she was going to do and readily answered my questions. My treatment plan proved positive for me.

Betty C Apr 5, 2017 Customer since Feb 2017

Acupuncture

Acupuncture has helped with reducing pain, as well as irritability. Additionally, acupuncture has enabled me to feel more relaxed and more present on a day to day basis.

Anne H Apr 4, 2017 Customer since Mar 2017

So far great results

I've only been to two treatments so far for my lower back pain, but already there has been considerable improvement. I've had acupuncture before, but she's also combining it with a cupping method to helps draw blood flow into the area. It really seems to be making a difference and I have more sessions scheduled in the coming couple weeks.

K.M. Mar 29, 2017 Customer since Mar 2017

Great Experience

I had never tried acupuncture but the experience was positive and the results terrific. I would recommend this treatment as a valid alternative.

Phyllis Cohen Mar 27, 2017

Customer since Mar 2017

Good treatment

I've had two treatments and while each was a little intense (the bruising from the cupping!), they were also effective and helped relax my arm. Thank you!

Anniversary

March 12, 2017 was my 5 year anniversary at Clove Tree. I have had a host of problems that Hong has successfully treated. I have weekly appointments and many times no problems at all but I find that the 90 minute treatments help keep my mind, body and soul in balance. I thank Hong for her expertise, her friendship and her loving, kind and gentle treatments.

carolyn wayne Mar 24, 2017

Customer since Mar 2012

Excellent

Hong is very knowledgeable, thorough and patient and I have had such positive results. The sliding scale is inclusive of everyone and I highly recommend CTCA!

colleen podraza Mar 20, 2017

Customer since Oct 2015

worse

G.F. Mar 8, 2017

Customer since Feb 2017

Very Effective

I have been seeing Hong for a few months, and she can really pin point my problem areas. All the treatments have been helpful.

L.E. Feb 25, 2017

Customer since Nov 2016

Great extremely talented

Hong is great at what she does attentive and I always leave my visits feeling 100% better than when I came in!

Elaine Berrios Feb 15, 2017

Customer since Apr 2015

Superb!

Hong is amazing! She's kind, sweet and extremely knowledgeable. I recommend her to everyone! She's truly phenomenal. I have gained much more solstice and feel physically great! I have much more energy too!

Donna Scafariello Feb 6, 2017

Customer since Sep 2016

Thank you Clove Tree Team!

Wonderful & Highly recommended. 5 starts big time:) Thanks very much you for the attention and for making me fell that I'm in the right hands.

Shani A Feb 3, 2017

Customer since Jan 2017

Energy balance

My overall experience was incredible and very relaxing. I believe acupuncture has helped with balancing my energy level as well as with my digestive issues.

Root of the Problem

After an eye infection, my left eye was drooping. My Ophthalmologist suggested cosmetic surgery. Not wanting surgery, I went to Hong and she explained, as an older person, I was experiencing a type of prolapse related to my energy level that leads to bodily functions that may be stalled or not working improperly. Since we already have everything to be well, Hong designed an acupuncture strategy including an herbal formula to address the root of the problem. A process that will take time.

carolyn wayne Jan 2, 2017

Customer since Mar 2012

RESULTS!!!

I've been going here for about 2 years and the things that I go for always feel better after Dr. Hong does her acupuncture. You just have to go often not once in a blue.

Jaudon S Jan 1, 2017

Customer since Jun 2014

Dr. Shang Clove Tree Community Acupuncture

Zihang Shang is a wonderful person and a great doctor of oriental medicne. She's compassionate and very sweet. I highly recommend her. .

Donna Scafariello Dec 28, 2016

Customer since Sep 2016

awesome!

Shilhong is a beautiful person. Thanks to her, my feet can now tell if the floor is cold. I find this community approach a wonderful thing. .

joyce haig Dec 26, 2016

Customer since Nov 2016

Wonderful Experience

Dr Hong is a miracle worker.....I had back pain for a constant year...went to different practitioners and I do have a good chiropractor...In two sessions pain free...so I call that a miracle....actually its Dr Hong's skill set....what amazes me is that I'm so relaxed I fall asleep with both cups and needles sticking in my body.....I've noticed all the patients seem to zone out and we know sleep is very healing so that's an added bonus....thank you Dr. Hong

arlene m Dec 19, 2016

Customer since Oct 2013

Authentic and excellent accupuncutre, cupping, and gua shaw

I have been going to acupuncturists all my life and Shihong did a excellent, affordable, and thorough job. This is what I have been looking for!

Colin Peacock Dec 3, 2016

Customer since Dec 2016

hong is exceptional

even if i don't have any present issues- just a general appointment will help my whole system and revive me on many levels. she can fix sciatica!!!!

Pat H Dec 2, 2016

Customer since Oct 2013

Super deal!

I had my first appointment yesterday and I feel better already. She did three treatments on me and I felt so good after I booked two more appointments right away. Bare bones facility with top notch care, and the price is right.

L.E. Nov 30, 2016 Customer since Nov 2016

Excellent

I had been receiving treatments for several months 2x per week and then 1x per week) and most recently missed a month of acupuncture treatment. I almost immediately noticed a steady decline and return of the symptoms which caused me to initially seek out acupuncture. I have returned and even from just one session I have noticed a marked difference. I will keep returning and maintaining consistency, following the advice of the practitioner.

Denise Andreas Nov 19, 2016

Customer since Sep 2016

Mind, Body and Soul

Acupuncture is a process that requires time and letting go of quick fixes like medications. In many ways, it is based on the fact that we already possess what we need to be well. For me acupuncture is a balance of mind, body and soul. My mind thinks about health in new ways. My body when depleted and out of wack has benefited and my soul is closer to nature.

carolyn wayne Nov 7, 2016

Customer since Mar 2012

The best acupuncture in great New Haven area

Knowledge, technique and patience are Hong's way for Acupuncture treatment, the best in great New Haven area.

hsiu h Oct 28, 2016

Customer since Jul 2014

Great Practice, Very Professional

I have had acupuncture before, but I've never seen the attention to detail as I did with Dr. Shang. She doesn't just want to stick needles in you - she takes the time to get a thorough understanding of the health issue. The treatment area is also clean and comfortable. A great experience all around.

Cynthia F Oct 26, 2016

Customer since Oct 2016

An alternative to pharmaceutical medicine.

Great practice, affordable and highly reccomended. The Dr is great and very knowledgable. She take her time and it allows you to relax while being treated.

Laureen D Oct 15, 2016

Customer since Dec 2013

Thank you!

Hong treats whatever issues you have. This method takes time but is so worth it. We Westerners like quick but what Hong does lasts. My struggle with Vertigo has only been treated by her. Where no Yale Dr could! Thank you, Hong!

Sue Smedley Oct 12, 2016

Customer since Feb 2013

Benefits of Clove a Tree!

Clove Tree Community Acupuncture is the best of the best. You won't be disappointed. I have come out of my appointments much calmer and if soulnd mind when I exited. My digestive issues are slowly subsiding. I encourage everyone to make an appointment. Acupuncture is a phenomenal alternative choice to enhance your quest for good health. Oriental Medicine is less invasive and extremely relaxing. Also, you will love the Acupuncture physician. She's kind, sweet, and very compassionate. Call now!!!

Donna Scafariello Oct 4, 2016

Customer since Sep 2016

Acupuncture and Balance

As a patient of five years, Hong treated me for a variety of conditions. Recently, I had an eye infection from an allergy and I was exhausted from a trip. In Acupuncture treatment it is believed that health is a result of harmonious balance and this element was lacking in my body. There are 350 Acupuncture points and I thought Hong had used most of them. I was wrong. Hong's treatment encouraged the a flow of energy and alieviated the eye discomfort by activating my body's natural painkillers.

carolyn wayne Oct 2, 2016

Customer since Mar 2012

RESULTS

I have been doing acupuncture the last 2 years off and on but now that I'm coming more frequently I can see and feel the results that I'm looking for in my health...thx so much to Clove Tree.

J.S. Sep 21, 2016

Customer since Jun 2014

My source for healthcare

I have been coming to Clovetree Acupuncture for various conditions for almost 5 years. Hong has treated every condition to the point where it was no longer an issue (severe foot pain that a podiatrist wanted to do surgery on, swollen lymph nodes from cat scratches, recurrent vertigo, digestive issues, etc). I am currently going for more more long term issues and am beginning to see changes. I am not a believer in allopathic medicine for most conditions, and am thrilled I found Clovetree.

jane w Sep 13, 2016

Customer since Mar 2012

excellent

This was an amazing experience. I was given ample time to provide my history and listened to recommended therapies. This was my first time at acupuncture and I was very pleased with all and am hopeful that this treatment will result in good things!

Denise Andreas Sep 10, 2016

Customer since Sep 2016

Third time back.

Thus is my third time back to clove acupuncture for treatment. The last two times the treatment resolved my issues. It is a very relaxing caring atmosphere. I would highly recommend this acupuncture facility.

Sallly Harris Sep 9, 2016

Customer since Sep 2016

Help for vertigo

My vertigo isn't gone yet but I did get some relief and Hong told me I'd need at few more treatments which I have scheduled.

kathleen g Sep 6, 2016

Customer since Apr 2013

A great alternative to pharmaceutical medicine

She is very knowledgeable of her practice in Chinese Medicine. Looking forward to my ongoing treatment in acupuncture.

Laureen D Sep 5, 2016

Customer since Dec 2013

Great relief!

I have experienced shoulder and neck pain for much of my adult life, so when my massage therapist recommended Zhihong for cupping and acupuncture, I decided to give it a try. I have had excellent results each time I have seen Zhihong, and I have sent several friends to her as well.

J.C. Sep 5, 2016

Customer since May 2016

Excellent!!! First visit -thrilled. Felt stress melt away and my back feels so much better! I can't wait to go again!

M.M. Aug 20, 2016

Customer since Aug 2016

Always On Spot

My knee had been bothering me for quite a while, it hurt to walk and the bottom part of my leg felt disassociated from my body. Zhihong worked her "magic" and I left her office with no pain and walking normally again. Many thanks, Zhihong.

KIMBERLY D Aug 18, 2016

Customer since May 2015

My first visit

I am looking forward to my next visit .A very friendly, professional operation. Harold P.S. My first impression has me already considering recommending my friends with ailments.

harold j Aug 8, 2016

Customer since Aug 2016

great for stress and anxiety

Hong is amazing! I have anxiety and her treatments make me feel so much better, calmer, and more like myself. At this point I only need to come in for a "tune up" every few months -- her treatments are so effective that they last. I feel so fortunate to know her! I will always come back.

Natalie D Aug 1, 2016

Customer since Jan 2014

Pregnancy life saver

Hong Makes pregnancy go so much smoother. From back aches to digestion and everything in between. Saw her to help get pregnant and have been the whole pregnancy. Feel great for being only a few weeks away:)!

elizabeth r Jul 16, 2016

Customer since Aug 2014

Weekly Visits

For the past 20 months Hong has been weekly treating me for an on going sciatica problem. Within the last 5 weeks, I noted a dramatic relief in pain. Not only have I been able to do more physically but I feel emotionally so much better as well. Due to a planned vacation I missed my weekly appointment and some of the sciatica discomfort reappeared. It is evident to me that Hong's continual treatment of this problem is necessary to be pain free. I highly recommend weekly treatments.

Exellent!!!

Hong is just wonderful. Nothing else helps with my headaches. Have been suffering with sinus, migraine and tension headaches over 15 yrs. She is a miracle worker and I highly recommend.

Debi L Jul 4, 2016 Customer since Dec 2015

Hong can treat anything!

Hong can treat anything!! Just ask! Been going 4 years and gave up on Yale doctors! And she has inexpensive herbal remedies!

Sue Smedley Jun 27, 2016

Customer since Feb 2013

Acupuncture for arthritis

I have been to Hong for arthritis issues in my joints. She shows real interest in what ails me. She has definitely helped with range of motion issues and pain management. I highly recommend Dr. Hong

larry c Jun 2, 2016 Customer since Apr 2016

Acupuncture for my reenager

I brought my 14 year old daughter for a session and she was excited by the experience and outcome! We'll be back for another appointment.

K.O. May 30, 2016 Customer since Sep 2013

Acupuncture is Best Treatment

Hong is a knowledgeable and sensitive practitioner. After trying multiple alternate therapies I have discovered that acupuncture addresses the discomfort and pain for a chronic sciatica problem the best. Hong 's techniques have reduced pain intensity and have increased muscle blood flow. After a treatment, I rest for a few hours which enhances the benefits of the treatment and also increases by sense of general well being.

carolyn wayne May 26, 2016

Customer since Mar 2012

Highly recommend Clove Tree

During the last couple of years I have become very disappointed with western medicine and felt like a ping-pong going back and forth from different doctors with no real answers. After a few treatments I feel much stronger and focused. Dr. Hong has made it easy and affordable for me to seek treatment. I thought I was just getting accupuncture but she also first does cupping and then accupuncture so I am very pleased. The setting is comfortable and clean. So I would highly recommend Dr. Hong.

Joyce Stedner May 20, 2016

Customer since Apr 2016

Hong's treatment better than Yale Neurology!

Hong's treatment of Vertigo has been more effective in 2 treatments than 9 months going to Yale Neurology with all the medicines that did nothing. Going 2 times per week for 10 weeks stabilized me! Thank you for sharing your gifts to us at such a small cost, too!

Sue Smedley May 2, 2016

Customer since Feb 2013

Clove Tree..

Im a big tough guy, but needles I don't really like haha... I always try to seek out natural cures first. As I have lost faith in our health system, full of dangerous prescription drugs, and unnecessary surgeries . I cant say enough about Hong, she's just great. I came in for a torn meniscus , sleep problems, and lots of stress. She's gently works with me and my needle phobia, and also I do cupping. Ive had about 8 visits, and the results are far better than I hoped for. Please consider Hong.

Mike Magetteri Apr 29, 2016

Customer since Mar 2016

Great

The service and quality of treatment in wonderful and the community acupuncture model keeps the price reasonable. Highly recommend !

M.E. Apr 27, 2016

Customer since Apr 2016

Clove Tree Accupuncture Has Helped me So Much!

I highly reccommend Clove Tree! Dr. Hong is caring and understanding to all your needs. She knows so much about the way our bodies work and how to help them heal from whatever the condition may be. I have suffered chronic pain from lyme disease and with treatments from her it has helped me so much! I can move my neck better, my immune system is getting stronger and over all health is getting better! I will continue to treat at clove tree and am so thankful I found this place!

C.M. Apr 13, 2016

Customer since Apr 2014

Clove Tree Acupuncture

I am new to acupuncture but have experienced improvement to a decades old back injury and a sense of peace after only two visits to Clove Tree. I am very happy with my injury progress and I truly enjoy the experience of being at Clove Tree; it is a warm, welcoming environment which creates a deep sense of calm. I carry that calmness with me when I leave Clove Tree, so for me, the acupuncture experience is healing my body and washing away tension.

Martin C Apr 10, 2016

Customer since Mar 2016

Thank you Hong

I have seen coming to Clove Tree since December. I have had debilitating headaches/migraines since 1999 and treated with prescription meds that don't always help. I heard about acupuncture but my insurance wouldn't cover it. Thanks to Clove Tree's pay scale I am able to afford treatment. I look forward to my weekly appointments with Hong. She is absolutely wonderful and has helped me tremendously. My husband is being treated for neck pain. We highly recommend!!!

Debi Lombardi Apr 8, 2016

Customer since Dec 2015

No medication

For the past 4 years acupuncture has become a part of my weekly schedule. For me, Hong provides an integrative medicine treatment plan with no medication that improves general health and chronic pain. Not only has she successfully treated my back problem but she has unquestionably improved my overall health. I am less prone to colds, sinus infections or other viral infections which allows me continue seamlessly with my weekly commitments. Thank you, Hong.

carolyn wayne Mar 21, 2016

Customer since Mar 2012

Excellent

Hong is very kind and gentle and clearly skilled. The whole environment at her office is very relaxed and

unassuming. There is no pressure at all to get any kind of treatment or to schedule appointments, everything is left up to you. All in all a great experience. I highly recommend her.

T.S. Mar 16, 2016 Customer since Mar 2016

Hong is wonderful.

I have been seeing Hong steadily now for two years. A myriad of complaints she can address with expertise. But what i most count on her for is to relieve my chronic pain through out my body. Sciatica, back and neck pain are gone after each session. She is compassionate, gentle,thoughtful, generous,caring, attentive, a healer. A special individual I am fortunate to have found.

Pat H Mar 14, 2016 Customer since Oct 2013

A true GEM!!!

Dr. Shang is an amazing, knowledgeable, gentle, very caring woman. Who has brought eastern medicine to America, at such an affordable price. Why, because she truly cares about the people who seek out her service. At a time when prices are soaring, and our economy is struggling. This humble, kind spirited woman offers high quality care. At first I was hesitant about the community setting she offers, but she has created a very peaceful, stress free environment, that's very clean, THANK YOU.

michael magetteri Mar 12, 2016

Customer since Mar 2016

Pail Relief

Dr. Shang worked on my left leg siatica and my leg feels better with 1 treatment She was very caring while I was there.

shirley moore Mar 4, 2016

Customer since Feb 2016

Pain relief and strengthening

After 5 lumbar fusions I had recurring pain that would not allow me to get a full night's sleep. Ms. Shang, over the course of 10 weeks, has reduced this to almost non-existent and also helped me regain lost strength in my right leg. I can now walk up and down stairs leg over leg, rather than one step at a time. My only other choice was to go to a pain management doctor who would only mask the situation with drugs with no chance of strengthening my leg. She is very affordable and caring

Robert Zaleski Feb 13, 2016

Customer since Oct 2015

Great experience.

I have been going to Hong for 3 years. She has helped me with my neurological problem. She has helped me, on my back. She very caring and sweet. It is so relaxing, and look forward to my visit every week.

Terry Dogali Feb 11, 2016

Customer since Jun 2013

Great experience

I had never experienced acupuncture before until a few days ago. I have not felt this good in years! I am extremely happy with my treatment and will continue to go every week. She has saved my life on so many levels! Thank you, thank you, thank you!

Samantha B Feb 10, 2016

Customer since Feb 2016

Love Clove Tree Community Acupuncture

I have been seeing Dr Shang on and off for the last 2 yrs. She has helped me with stress, smoking cessation, sinus pain/congestion and hot flashes. I have been receiving acupuncture every 2-3 mos for the hot flashes and they are completely gone! This has been a life saver. She is the best, I highly recommend this business!!

Tara K Feb 5, 2016 Customer since Jan 2013

Skilled practitioner and healer; brilliant streamlined business model

Dr. Shang is caring and attentive, skilled, and with a balance that I really appreciated of being both tender and efficient. Highly recommended!

Jessica Campbell Jan 30, 2016

Customer since Jan 2016

degenerative disk disease

Dr. Shang is amazing! She is keeping the pain for my degenerative disk disease under control This is the only procedure I have found so far that has helped to do this. The treatment is very affordable and in a pleasant surrounding.

linda m Jan 11, 2016

Customer since Sep 2014

Strong treatments with a gentle heart

Due to the hectic holidays, I was unable to set appointments with Hong for two weeks. Usually, I see her weekly for an on going sciatica problem. Hong was concerned that I was in unusual pain and her treatment was aggressive and strong. After the treatment I had no pain and walking out of the office the stress I have from the pain had disappeared too. Weekly visits are very necessary for me and would highly recommend that for future patients. Hong offers strong treatments with a gentle heart.

carolyn wayne Jan 9, 2016

Customer since Mar 2012

Effective Treatment of Shoulder Pain

I have seen Dr. Shang twice so far for nagging shoulder pain and radiating numbness. This was my first foray into acupuncture and I was very pleased. Dr. Shang is attentive and professional and I have already begun to see improvements in pain relief and decreases in numbness. The treatments are affordable and the atmosphere is peaceful.

L.W. Jan 3, 2016

Customer since Dec 2015

relief from back pain

After having 5 back surgeries, I was still left with spasms that would wake me from a sound sleep. The neurosurgeon told me he could do nothing more for me, and referred me to a pain management specialist. I didn't like the idea of being on drugs the rest of my life. I decided to investigate acupuncture. Well, what a surprise! After 6 treatments from Ms. Shang, My pain has almost disappeared. I cannot say how much benefit I have gotten from these treatments. Now I can get a full nights sleep.

robert Z Dec 11, 2015

Customer since Oct 2015

A Hidden Gem for Health

Hong is a gifted and experienced practioner who is dedicated to helping people with Traditional Chinese Medicine. She is also very kind and sincere. Her treatments have helped me tremendously within only 5-6 sessions. Clove Tree Acupuncture has a very clean and relaxing atmosphere, and is a hidden treasure on Middletown Avenue!

A.B. Dec 8, 2015 Customer since Nov 2015

Caring and Nurturing Treatments

Hong has treated me for over 3 years. I have a chronic sciatica problem and I tried other therapies in the hope that I would find relief. However, acupuncture has proven to be the best treatment. Hongs knowledge, caring and nurturing treatments and genuine concern for her patients sets her apart from other doctors. It is easy to establish a wonderful patient/doctor relationship with her. Recently, during a treatment, Hong said that she gives strong therapy but she has a good heart. How true!

carolyn wayne Nov 26, 2015

Customer since Mar 2012

Stop running nose

I had running nose dr Shang Put needles on 風池and 大椎 it stopped my running nose increlable. I recommend every body to try Accupunture.

C.H. Nov 2, 2015

Customer since Jun 2014

BEST

Mr. Shang is simply the best Chinese medicine doctor in USA. My long lasting pain has reduced rapidly after two visits and I can tell it will totally go away soon. She is a very kind, understanding and knowledgable professional doctor.

max k Oct 24, 2015

Customer since Oct 2015

Pain

I went into this office in so much pain I couldn't concentrate .. After 1 treatment I saw a difference and ever so grateful to feel some relief and to get a good nights sleep.. The pain is in my shoulder and neck.. My neck felt normal the next day.. I was so so happy .. My shoulder is definitely better and I am continuing going for visits until that is healed completely

d.m. Oct 19, 2015

Customer since Oct 2015

Good Stuff!

Hong, the acupuncturist at Clove Tree is wonderful. She is caring and professional and makes sure that she addresses your needs My stomach was terribly bloated when I arrived and after treatment it vastly improved throughout the day:)

S.H. Oct 3, 2015

Customer since Sep 2014

pain After the treatment I had no pain and I had a good night sleep.today is wednesday and the pains gone.

M.R. Sep 16, 2015

Customer since Sep 2015

Sleep.well

After the treatment on Sunday I have very good sleep and only get up twice all night instead four to five times a night

C.h. Sep 15, 2015

Customer since Jun 2014

Knowledgable & kind

Hong is a sweetheart and knows her stuff. Not a big fan of needles but she puts you at ease.PMS gone don't even know my cycle is coming now.

Excellent Care that Brings Results

Dr. Shang is present, attentive, thoughtful, respectful, and kind. Her community model is inspiring and very helpful, because it allows me to afford as many treatments as I truly need, and reflects her real commitment to helping all people. I am very happy with the amount of personal attention I receive. I have had acupuncture before, but Dr. Shang's treatments reach a deeper level, physically and emotionally. I've also had cupping for the first time and have found that very helpful, too.

A.G. Aug 18, 2015 Customer since Jul 2015

She fixes everything!

I have been going to Hong on and off for 3 years for various conditions/pains/etc. EVERY SINGLE TIME she fixes it, whatever it is. I know that whenever I have something going on health-wise, the first thing I need to do is book an appt. with Hong. She is professional, very sweet, and very knowledgeable. I highly recommend her.

Jane W Aug 14, 2015 Customer since Mar 2012

Great experience

My first visit was great, the doctor listened to my complaints and I felt better for the first time in years. I've already booked all my appointments for September.

Marilyn Skerritt Aug 12, 2015

Customer since Aug 2015

Another five star review

She is the best at understanding the problem and dealing with it, that I have been to. Be it Acupuncture, cupping, or meds. Thank you Dr Shang.

Craig T Aug 8, 2015

Customer since Jun 2014

Best Care and Treatment Ever

My husband told me about CTCA in May 2015. We have been going there together ever since Dr. Shang is the best. I even got her to laugh out load when I asked her to set the cotton ball's on fire like she did for me the last time. She said... do you mean Moxa? I said yes the thing you burn on my knee!! She was so tickled but knew what I meant. This treatment is the best form of acupuncture for me. Trust me you won't be disappointed.

Cyrece Mitchell Jul 27, 2015

Customer since Jun 2015

Sleep well

after 20 hours fly and jet lag,I felt exhausted and unbalance chi. The acupuncture made me slept well and withstand the heat we had recently.. Thanks Dr Shang

C.h. Jul 21, 2015 Customer since Jun 2014

Knee and neck pain

I went in with knee and neck pain and left in 90 minutes with energy and without pain. Thank you again.

Angela C Jul 17, 2015 Customer since Nov 2014

good job

Good reception, right procedures, effecient result.(though 4got to crosscheck to ensure new needles were used and not re-used).in all job weldone.

Ben ijeomah Jul 9, 2015

Customer since Jun 2015

Amazing treatments

My fiancé and I came to Dr. Shang for help with stress, and after one session, we felt such a difference. The amazing thing is: the effects of her treatments last a long time! We used to go once a week and now we only go every few months. She has absolutely changed our lives and made us happier and healthier. I feel so fortunate that we found Clove Tree Community Acupuncture. Thank you, Dr. Shang!

Natalie D May 4, 2015

Customer since Jan 2014

relief my gas

I am recovering my sickness and once in a while I have problem with my digest system. She used cupping and needle points at stomach meridian. The gas started coming out and felt good. I slept well that night

C.h. Apr 28, 2015

Customer since Jun 2014

Competent and affordable acupuncture

I have been to both community and private acupuncture settings, both were positive experiences. I have to say that Zhihong is a very caring provider. Not only is she a great person, she is an extremely gifted acupuncturist. I always feel much more positive after a visit to Clove Tree.

Marisa S Apr 16, 2015

Customer since Mar 2015

First time for Acupuncture

I tore the ligaments in my knee six years ago. Went through two rounds of physical therapy and followed doctor's prescription for a workout routine at the local gym to strengthen my knee. Still could not totally straighten my knee, or put all my weight on that leg, was still in pain. After the first acupuncture session the pain was greatly reduced; the circulation was much better. After second session I can now straighten the knee and put all my weight on it. I'm sold!

Kimberly D Mar 27, 2015

Customer since Mar 2015

Knee Pain

I went in with a pain level of about 7-8 and left with a pain level of about 3-4. I will be returning every few weeks for what I know will be a totally healing experience..

Susan B Mar 20, 2015

Customer since Jun 2014

My first visit

I am usually a loud person but I felt quite comfortable with the quiet, aromatic, restful visit yesterday. I know that you can't expect miracles on the first visit but I went home, had a great night's sleep, and did not wake up with my usual leg pain. What a gift. This morning I am enjoying a basically pain free day except for a few knee twinges. I can't wait to go back when I get home from vacation.

j.w. Mar 11, 2015

Hong is amazinal

Customer since Mar 2015

riong is amazing.

I came over 2 yrs. ago out of desperation due to 9 months of Vertigo. Hong made the dizzy stop in 2 visits. I have been coming regularily for 2 years, now also taking herbs for acid reflux and other issues. Hong is amazing!

Sue Smedley Feb 28, 2015

Customer since Feb 2013

Love her

Acupuncture has always been my medical treatment of choice. My first appointment was great, felt improvement after first session and definitely will be back. Very caring practitioner, she even called to check on me after my session. Highly recommend

Traci G Feb 25, 2015

Customer since Feb 2015

First session

My first session was great, involving acupuncture, cupping and moxibustion. Zhizong was very knowledgable and I felt the points she chose quite strongly. Excited to keep on going!

Jordan Sloshower Feb 7, 2015

Customer since Jan 2015

Body and Mind

As a long time patient of Hong, I have written many reviews. I am still very committed to seeing Hong weekly because not only does she physically address problems I am having but she explains why she has chosen the medical treatment she has taken. In essence, I'm getting an education and insight into Chinese medicine and acupuncture. In addition, I believe that I heal faster and better because Hong treats my body and mind.

Carolyn W Jan 14, 2015

Customer since Mar 2012

First time client

my first time at clothes tree and I wasn't sure what to expect but I had a positive experience. Zhihong was very professional and knowledgeable about her profession. If I had any questions she did not mind answering them. My second appointment was better and with satisfying results so I will continue treatments as necessary. I would recommend clove tree for your acupuncture experiences.

P.B. Jan 13, 2015

Customer since Jan 2015

Already booked next appt....great first impression

Even though I was expressing interest in herbal supplementation as well, I was grateful for Zhihong's honesty in not pushing or promoting the herbs just yet, but rather to follow her advice for one week and then we would reassess later. Very rare nowadays to find anyone who is not eager for another potential sale of products that might not even end up being needed. Just the fact that she allows payment based on what you can afford shows how much integrity she has as a practitioner.

Miss Grateful Jan 7, 2015

Customer since Jan 2015

Eager to attend another session immediately

It was a pleasure learning from and being treated by Zhihong Shang. The process was enlightening and left me feeling very positive. Due to her attention and consideration, I look forward to going back as soon as possible for follow-up sessions to resolve my pain and circulation issues. She was very diagnostic towards my symptoms and seemed always have good insight

R.P. Jan 5, 2015

Customer since Dec 2014

A necessary life change!

Hong has treated me for vertigo, acid reflux and other symptoms for 2 plus years now. She has added an herb remedy that together with her treatments have given me a necessary life change! No Yale doctor has helped me like Hong has!

Sue Smedley Dec 24, 2014

Customer since Feb 2013

GOT PAIN?

GET (an affordable treatment with) HONG! I am on limited income but I see Hong every week. she keeps my head above water, meaning - my back never gets too bad that it would then take weeks to heal. And what ever else comes up any given week she will work on - lack of energy, stress, emotions, stomach issues, etc. she is skilled, caring, dedicated, and works very hard to help all who come to her.

Pat H Dec 15, 2014

Customer since Oct 2013

Neck and Thyroid

I found Zhihong when looking for relief from neck pain for which I've had 2 spinal surgeries. I also developed Hashimotos Thyroiditis which was causing a variety of body wide symptoms. Zhihong was incredibly helpful getting me through that time and managing my symptoms while I worked with my doctor to get the thyroid condition under control. She is very skilled and really cares. She takes time and listens. She is my "go to" when my neck or thyroid acts up. I think she's great!

Sandra C Dec 5, 2014

Customer since Jun 2013

Back/neck

Hong is a very skilled acupuncturist. She's helped me with low back and a pinched nerve neck issues that were very bothersome. After treatment, I always feel much better. I definitely recommend Clove Tree

S.A. Dec 3, 2014

Customer since May 2013

Sleep

I always wake up at 2 to 3 am, after this treatment I sleep through to 4:30 am with energy. I can start my morning walk without feeling tired

Chun H Nov 24, 2014

Customer since Jun 2014

Anti depression

I tried it for pain relief but mostly for depression, as I was going through real hard time in my life and doctors prescribed me anti depression pills! I didn't take; Taking acupuncture sessions, and only two of them, took me out of that mood! I still can't believe how marvelous it can be, not going through pills side effects and just got out of anxious depressive mood Thank you

Dena Motevalian Nov 17, 2014

Customer since Aug 2014

blood circulation

My first time and I have to say it was a relaxing experience. I felt very comfortable throughout the process and the rate is affordable.

lesha s Nov 8, 2014

Customer since Nov 2014

sciaticpain

Only had 2 visits. Feel comfortable there; nice atmosphere. Feeling a little better at times. Sciatic pain travel around my leg.

rosanne letterese Oct 24, 2014

Customer since Oct 2014

GFR DROP

I have been visiting kidney doctor for two years,my GFR was always about 2.0. The last check up was 2.9 after my sickness. After few times Accupunture treatment it was dropped to 1.9. Thanks to Dr ZiHong

C.H. Oct 20, 2014

Customer since Jun 2014

Relived Sore Back

Zhihong worked her acupuncture magic on my back! This was my first experience with acupuncture and it definitely will not be my last! Price is great as mentioned by others.

Fritz Rodriguez Oct 17, 2014

Customer since Oct 2014

1st Apointment

Zhihong was great! I felt a lot less tension, relaxed. I will be going back several more times. The appointment was great on a sunday, which alot of places are not open, but Clove Tree is. Also the pricing is great as a sliding scale. Community Acupunture

Tara Oct 13, 2014

Customer since Oct 2014

My Conn trip

I see Zhihong in the summer, when I am in Conn. but I live in Vermont most of the year. This week I needed to go to Conn. for business. So I made an appointment, on the net. While I was there I lined up a way to get my herb medicine through the mail, for this winter. Zhihong is a hard worker, she's great. I'm glad I found her through a friend. Your friend Craig

Craig Thomas Oct 11, 2014

Customer since Jun 2014

Excellent personalized service.

Thank you for your affordable expertise. It feels great to know there is someone who practices Chinese medicine in my neck of the woods. Thank you again!

amy Mcnamara Oct 7, 2014

Customer since Sep 2014

excellent results

My son is being treated for anxiety. He has had 3 sessions and it is absolutely working. Attentive and caring service.

Lori Spector (mom) Oct 6, 2014

Customer since Sep 2014

Clover Tree Community Acupuncture

I have had positive experiences here and found the acupuncturist to be kind, gentle and very effective!

K.R. Oct 6, 2014

Customer since Jun 2014

Ouch

I'm not sure if the acupuncturist was rushing but wow, it hurt A LOT! It has been a few days and I still have shooting pain in a few of the spots the acupuncture needles were in. However, the cupping felt great! It only lasted about 10 minutes and the needles were left in for an hour.

C.H. Oct 5, 2014

Customer since Sep 2014

Excellent

I've only been going for a few weeks and I already feel a difference. Zhi-Hong is so intelligent, compassionate and just really kind. I feel extremely relaxed and look forward to my weekly appointments.

Tanya L Oct 3, 2014

Customer since Sep 2014

Great experience

This space is calm, clean, relaxing and well organized. The intake process is quick and thorough. The services have made me feel relief even after one treatment. I think the more information you provide the more she will be able to help you feel better. I highly reccommend Clove Tree for the wonderful treatments and very affordable prices.

A.M. Sep 30, 2014

Customer since Sep 2014

Relief at last!

Zhihong takes the time to understand what it is that plagues you, no matter how strange. I have an itch condition that has befuddled dr's for 15 years. It became particularly bad this summer, leaving my arms covered in scars (from fervent scratching) & disrupting my sleep. The 1st time Zhihong bled/cupped me, I fell asleep. The acupuncture and herbs were an awakening of how messed up my qi was. My symptoms have now subsided but I will not miss my wkly appt - she is wonderful!

Jennifer I Sep 18, 2014

Customer since Aug 2014

A True Healer

The East has understood something about the body the West has never gotten. The average American may be skeptical, but I want to encourage you to broaden your horizons and give acupuncture a try. It's real--I'm proof it's real. Zhi-Hong is amazing, and she's a gifted healer. I had a herniated disk, for which my doctor prescribed only muscle relaxers. Pills, in other words. In desperation I came to Clove Tree and was jogging the next day. HIGHLY RECOMMENDED!!!!

Robert H Aug 30, 2014

Customer since Aug 2014

A lifesaver!

Zhi-Hong is a skilled and compassionate acupuncturist and has great knowledge of Chinese medicine. She helped me get through Bell's Palsy in 2 weeks, when the normal time for recovery is about 2-3 months. I have seen many acupuncturists and doctors of Chinese medicine, and no one has helped me as much as Zhi-Hong. I no longer fear severe bouts of neck and arm pain from my herniated disks, because I know that the treatments will help me quickly get over them. HIGHLY RECOMMENDED!!!

Lynn Schwarzenberg Aug 25, 2014

Customer since Jun 2013

First Visit Was Great!

I had my first visit last week. It was great. I have had acupuncture in the past, but this was better. Nice environment, peaceful, quiet. The visit lasted almost an hour, much more than I was used to. The pricing structure makes a big difference, but I would not follow up my first visit with a second if the care wasn't also

tremendous! I give an AAA+++ and have already recommended to another friend.

sharyn yacono Aug 18, 2014

Customer since Aug 2014

Clove Tree Acupunture

This place has been a wonderful experience. I was not sure how to feel about it because I had never done it before. It has helped with neck pain that I have been dealing with for over a year and a half from a car accident. Physical Therapy did not help but acupuncture has made the pain more tolerable. The atmosphere is soothing and the acupuncturist is very nice as well as attending to your needs.

I.G. Aug 17, 2014

Customer since May 2014

Pain free amazing!!!

I had been suffering from nerve pain from pinched nerves in my neck and carpal tunnel. I was not getting any relief from medications, and wanted to avoid surgery. Physical therapy helped, but only kept the pain at a manageable level. Desperate and not really thinking it would help I tried it (and I hate needles). After the first accupunture treatment I had NO pain, and the needles are very thin and are opened from a sterile package. Just give it a try, only thing you can lose is pain. Kersten K

kersten k Aug 17, 2014

Customer since Jul 2014

It is like magic

I must admit I was not a believer at first but I was in so much pain with Migraines and a shoulder injury that I was willing to try and I am so glad I did. A headache that lasted 3+ week intermittently went completely away after 2 treatments and my shoulder has a better range of motion without pain as I continue treatments. If someone as skeptical as I am sold, you should be to. I would recommend this to anyone who is tired of taking lots of pills with little or not relief. Thank you Clove Tree

Heidi W Aug 14, 2014

Customer since Aug 2014

Nobody could help me

I went to Clovetree acupuncture and my back was so bad I couldn't walk in time I was able to return to work and the acupuncturist was very kind and understanding of my pain and I will continue to go to her for help.

Robert Tranchida Aug 13, 2014

Customer since Jun 2013

Hong is amazing!

Hong is gifted to help whatever symptom you have. She is skilled, sensitive and knows how the body is made to heal itself, as she says. No western doctor has helped me like Hong has for vertigo!

Sue Smedley Aug 9, 2014

Customer since Feb 2013

Awesome

Very relaxing atmosphere, very attentive to my concerns & needs. Found myself so relaxed I woke myself up snoring, and I wasn't the only one!! I still have pains but, can definately notice a big improvement after just 4 visits! Can't wait for my next appt. Thank you□□

April Y Jul 27, 2014

Customer since Jun 2014

Total Relaxation

I was extremely impressed with the immediate serenity of the office space, concern and treatment. One day

after my treatment, I've noticed an unexpected change in my focus and energy.

Melvin Thomas Jul 20, 2014

Customer since Jul 2014

One of a kind!

Truly an answered prayer for me! I was treated with such care, and she took great time and effort to tend to my problems. All at a such an affordable rate, I will be indebted to this practice for my return to a "normal" life.

Margie Black Jun 30, 2014

Customer since Jun 2014

a treasure...

such a wonderful place of healing! i am always treated with great respect and kindness, listened to, and appreciated. i am very thankful for finding such a gem! i encourage others to try it.

Catherine Jones Jun 15, 2014

Customer since May 2014

Peaceful Healing Environment

I can't say enough good things about Hong and her practice. She is gentle, experienced and she has helped me tremendously. I have arthritis in my spine and acupuncture has been a God send to me. I was in severe pain until I started treatment with Hong. Now, with regular visits, I rarely take even a advil. It takes time, but it is worth the results. I highly recommend Hong and her practice.

Susan Temple Jun 3, 2014

Customer since Mar 2013

Acupuncture

I have been receiving acupuncture treatment from Hong for over a year. She takes the time to talk with you & work out a plan. She's patient, understanding & she's an expert in her field. She really cares about you & your treatment & does her best to help you. She has helped me a lot & I continue to see her.

Johanna S Jun 2, 2014

Customer since Nov 2012

Community acupuncture

I have had chronic neck and shoulder pain due to a series of work related incidents I have two herniated discs in my neck and beginnings of bone spurs due to chronic inflammation. I have significant pain which has never really been resolved I have went to multiple massage therapists and chiropractors. I had two treatments of acupuncture and cupping done. This has helped me significantly. I was a little nervous at first to go into a community setting. But after 2 rxs it was much better

a.m. May 20, 2014

Customer since Apr 2014

True Healer

Dr Hong is an amazing, compassionate Acupuncturist with the healing touch. I have gone to a number of acupuncture doctors who charge hundred's of dollars for the same service she provides at this incredible price. God bless her for bringing this to everyone, not just the rich. Check it out, you won't be sorry- you'll just feel better!

m.c. May 16, 2014

Customer since May 2012

Maximize Your Treatment

After two and a half years of treatments with Hong I have discovered a to do list that aids in maximizing the effectiveness of the treatment. Try to schedule a few hours of rest or reduced activity after your treatment.

Before your treatment eat a snack and visit the restroom. I am so happy with the consistent healing process that Hong provides and I have noticed that unrelated problems clear up as well.

Carolyn W May 15, 2014

Customer since Mar 2012

One word says it all--relief

Yesterday was my first day as I was dubious about going for treatment. I was very pleased with the results of only one visit. I plan to continue as my discomfort was reduced. Very happy my friend suggested I give it a try.

E.S. Apr 23, 2014

Customer since Apr 2014

mechanic

1st time yesterday made a big change in my back & wrist pain need a few more trips but the diff is noticed much relief thanks

Peter H Apr 2, 2014

Customer since Mar 2014

Hong is amazing

I had Vertigo for 9 months last year and was treated with meds that did not work and Neurologists at Yale that did not help. In 2 treatments with Hong the dizzy stopped! I continued 2Xs/ wk for 4 months and gained my life back! I came back recently for "tune-ups". Thank you Hong for your excellent skills of acupuncture healing!!

Susan Smedley Apr 1, 2014

Customer since Mar 2014

It's great here

Dr Z. Shang knows her medicine-and it is worth the trip from anywhere to have her perform acupuncture or other modalities that will work for you.

A.T. Mar 30, 2014

Customer since Mar 2013

First appointment was fantastic

Took some getting used to the shared space, but definitely worth it. I will go back. Dr. Zhihong Shang is very attentive and knows her stuff. Also a great value!

John S Mar 23, 2014

Customer since Mar 2014

Amazing Results and Experience!

Dr. Hone is extremely kind, knowledgeable and professional. She takes the time to understand your situation to provide a solution with acupuncture.

Karen Olenski Mar 14, 2014

Customer since Sep 2013

A Great Acupuncture Facility

I recommend Clove Acupuncture for anyone who suffers from pain, anxiety, etc. Hong always smiles, shows compassion, makes sure you feel comfortable and relaxed during treatment. She is extremely knowledgeable about different diseases and and the many different approaches to treatment. My symptoms have drastically improved.

audrey tyson Mar 1, 2014

Customer since Feb 2014

Couldn't ask for better

Hong is a compassionate, thorough and gentle practitioner. The relief I feel from my chronic back pain is life changing. I have been entirely won over by her practice. The environment is peaceful, clean and relaxing. I am so grateful for this type of practice, one that is affordable and brings me so much relief.

S.T. Jan 27, 2014 Customer since Mar 2013

Receiving Help With Many and Varied Health Issues

High blood pressure, digestive issues,tennis elbow,sciatica,stuck/congested chi, and issues that no western doctor could explain or was even interested in exploring. Zhihong has helped me with all these issues and i have made progress in a very short time. I second the other reviews: "in a quiet and respectful environment" and "I am so grateful for this affordable and highly effective treatment." Zhihong"s personality is warm and welcoming and her knowledge and skills are exceptional.

Pat Haley Jan 23, 2014

Customer since Oct 2013

My cold is so much better!

I have been receiving acupuncture from Zhihong for months now, I have had a very bad cold(congestion and cough) for weeks and Zhihong did a great job making me feel so much better. She also recommended an herb for my cough which is awesome. As always, very pleased and thankful!

T.K. Dec 6, 2013 Customer since Jan 2013

Very helpful treatment! Highly recommend for all health issues.

Zhihong has helped me with recurring shoulder blade, neck, and trapezius pain. She has enabled me to continue my work without being distracted by pain. She has also helped very much with chronic bladder and kidney issues that other doctors had no answers for. I am very grateful for this affordable and highly effective treatment.

A.S. Nov 9, 2013 Customer since Aug 2013

The best.

Hong is the best. Immediate pain relief for muscle/joint pain brought on by lupus flares. The cupping and acupuncture together work wonders.

M.B. Nov 6, 2013 Customer since Feb 2013

Professionalism and excellence

In a quiet and respectful enviornment health treatment is provided by professionals. I love this Community, the treatment worked very well on myself, my husband, and friends. I see improvment on pain relief from people coming in pain and leaving without it. She works with knowledge and kindness, I would recommend this Accupuncture Community to everybody.

S.E. Nov 6, 2013 Customer since Jun 2013

Relief at last!

I have horrible back/neck/shoulder pain and Ms. Shang helped to relieve it during my very first appointment!

Bonnie Posick Oct 24, 2013

Customer since Oct 2013

A competent, gentie neath Provider

I saw Zhihong Shang only once as a patient suffering from sciatica, or Piriformis syndrome. Following procedures involving cupping and acupuncture, I was relieved of pain. I am grateful to the gentle and caring Zhihong Shang and will be seeing her again for further traitment.

Alfred Gerteiny Oct 12, 2013

Customer since Oct 2013

Simply the best!

I have been treated by Dr. Hong on and off for the past few years and she is a true healer. I have had back pain, neck pain, arm and wrist pain. Problems sleeping. She has alleviated everything. Seek treatment with her before you resort to prescription treatment, a much healthier choice! I highly recommend Dr. Hong to all my friends and family.

maria c Oct 9, 2013

Customer since May 2012

Achilles tendonitis

After 6 months of pain with the Achilles tendon and physical therapy, a friend recommended acupuncture and also Zhihong Shang @ Clove Tree. After 2 treatments I could walk flexing my foot. Never doing acupuncture before, I would not hesitate to use this treatment again on other issues. She knows what she is doing and listens. thank you

Jen zambrano Sep 21, 2013

Customer since Sep 2013

Great experience

The Doctor is absolutely great. She know what she is doing and always tries to acommodate your needs. Very knowledgable.

L.A. Aug 5, 2013

Customer since Jul 2013

Clovetree

Clovetree is wonderful. Zhizong (sic?) is very kind, listens to and asks the questions to make sure she is treating you for what you need. I cannot say enough good things about her, she has helped me tremendously and I would strongly recommend Clovetree.

C Dadio Jul 24, 2013

Customer since Dec 2012

Great

I am very enjoy the acupuncture now. It make me feel very good and relax for my anxiety. Zhihong is very gentle and talented. I will definitely come back.

e.L. Jul 15, 2013

Customer since Jul 2013

Wonderful

I had a wonderful experience here, definitely looking forward to coming back. Zhihong explained to me all the points on the body and how they were linked to my treatment. She is very knowledgeable

S.T. Jun 17, 2013

Customer since Jun 2013

Look forward to weekly appointments

I have an auto immune disease that leaves me feeling like I have pneumonia/flu from the time I wake up until bedtime. Western medicines have so many side effects that I started looking for alternative ways to feel better.

Zhong has been able to decrease my pain level and boost my energy. I can honestly say that I look forward to my "doctors" appointment every week.

Lucy Rich May 18, 2013

Customer since May 2013

Review on services

Im extremely satisfied with the attentiveness and time Zhong gives me during my acupuncture treatment. She continuously checks on me, communicates with me- asks and delves for as much information as she can get on my medical concern. Each time I walk lout Im feeling certain I'm receiving top notch care. I highly recommend her.

Dawn Blizzard May 14, 2013

Customer since Aug 2012

April 26,2013

I just celebrated one year of receiving acupuncture treatments from Hong. I am currently on an herbal formula for digestion and cholesterol that Hong has supplied for me and I feel terrific. I find my weekly visits to be very relaxing, not rushed and balancing. Hong is a talented, kind and gentle healer.

Carolyn Wayne Apr 25, 2013

Customer since Mar 2012

Centered and balainced

after one vivit I already feel balanced with my stress and digestion, I will continue well visits to remain in balance. Feeling great!

A.T. Apr 5, 2013

Customer since Mar 2013

shingles treatment

Felt relief the first treatment and will br back for more. DR Shang is very gentle with patients and very knowledagble,

W.T. Apr 5, 2013

Customer since Apr 2013

Stop Smoking Acupuncture

Very professional and clean. Two sessions and I'm consuming less cigarettes. This is a slow but steady process. Highly reccommend.

John Manfredi Mar 30, 2013

Customer since Mar 2013

1st Appointment

Kind, professional service. Acupunturist paid attention to my needs and comfort. Calm, serene atmosphere. Will be returning for further sessions.

Jaye C. Mar 30, 2013

Customer since Mar 2013

1st appointment

I was very pleased with my appointment. It was clear to me what was going to happen. I felt better when I left than when I came.

Nick G Mar 27, 2013

Customer since Mar 2013

will return

Clean, pleasant experience. Will be returning for continued pain relief. Also helped with general tightness and stress in shoulders and back. That was an added bonus!

M.B. Mar 11, 2013 Customer since Feb 2013

Amazing

I have had chronic neck pain and migraines for >7 years. I am finally feeling better thanks to acupuncture.

Jody Wagner Mar 2, 2013

Customer since Feb 2013

That was great

I was treated for a backache and headaches and acid reflex with acupuncture and it was my first time to try the needle treatment. to be honest i was afraid at the beginning not a big fan of needles but it was relaxing and helpful I definitely recommend it

Ahmad AlDahlawi Feb 20, 2013

Customer since Feb 2013

Great!

I was nervous about trying acupuncture but after many unsuccessful years of traditional treatment for my treat anxiety and depression, I gave it a shot. After my first appointment I felt energized and I am definitely going to continue. The atmosphere is very welcoming and I think the community nature of Clove Tree just adds to the healing environment.

S Feb 18, 2013

Customer since Feb 2013

awesomeness!

Zhihong Shang is not only caring, but also has the skills and knowledge in what she does! I started going here for my substance dependency and anxiety issues, and just after my first visit, I was very relaxed and craving subsided. Further, tension and pain around my neck and shoulder completely disappeared. I am grateful for the philosophy of community acupuncture and Zhihong Shang's work on me both physically and mentally. I highly recommend anyone to try and see the wonders she performs!

m Feb 15, 2013

Customer since Jan 2013

clove tree acupuncture

never experienced acupuncture as a means of healing and glad I was able to experience the care and concern demonstrated by Zhihong Shang. Her techniques and attitude towards affordable health for everyone made me feel there was no need to try anywhere else as I have done with many health practitioners

John ferrigno Feb 14, 2013

Customer since Feb 2013

Community Acupuncture at Clove Tree

I have had acupuncture from other providers in the past who charge \$50-\$150 per session and they don't compare to the expert technique and compassionate, holistic care given by Zhihong Shang. She is doing great work by making the benefits of acupuncture available to anyone, not just those who can afford "spa" prices!

JJ Jan 26, 2013

Customer since Jan 2013

Acupuncture @ Clove Tree

seemed to pinpoint exactly what my body/ mind needed. Highly recommend.

T.K. Jan 23, 2013 Customer since Jan 2013

so beneficial! It should be on your bucket list!

Acupuncture helped me with lack of energy and sleepless nights. It did wonders to me. I'm off all my prescribed medications and feel wonderful! I adore Zhihong! She was the first person to ask me so many details about my heath. After 3 sessions I slept like a baby and my energy level went up. She treats people with so many different conditions. Everyone should try acupuncture at least once in their life to believe in what's been known for centuries. I HIGHLY recommend Zhihong!

izabela Jan 19, 2013 Customer since Oct 2012

It is great!

This has been a very good experience. It is the first time that I have had acupuncture and I highly recommened it. Painless and relaxing. The only treament that helped me with pain. Zhihong does a great job and is very caring. From the time you walk through the door until you leave everthing is so easy, no long waits or going from room to room but nothing being done. A new experience for me being in a medical office.

Daniel M Jan 12, 2013 Customer since Dec 2012

Amazing experience!

I highly recommend Clove Tree Community Acupuncture! Zhihong is extremely knowledgeable and takes the time to learn about you and your individual needs! The atmosphere is peaceful and relaxing! I walked away feeling like I had found the right caregiver for myself and my daughter.

Lesley Sareen Jan 7, 2013

Customer since Dec 2012

Great Find!

This place is a really great find! The atmosphere there is inviting and serene. It's very clean and well organizing place. Zhihong is an extremely knowledgeable and skilled practitioner. She makes everybody feel special in her office. The prices are more than reasonable. The treatments themselves are fantastic, painless and extremely relaxing. I highly recommend Clove Tree Community Acupuncture for overall wellness and affordable price.

Y W Dec 15, 2012 Customer since Dec 2012

Just what I needed!

Being a practitioner in TCM myself, I have found Zhihong's skills very effective in treating a variety of symptoms I have been needing addressed. The sliding scale also allows me a financial flexiblity so that I can receive the treatments I need, regularly. It just makes sense. Very grateful to have such a talented resource in our area that understands the meaning of health. Everyone needs to see her, even if it is just once, to see if it is for you or not.

d.p. Nov 12, 2012 Customer since Jun 2012

back pain

I have been receiving acupuncture from Hong for the past 6 months for back pain and digestion issues. She is a compastionist and knowledgeable healer. After 1 1/2 years with continual back pain and countless visits to doctors, she has completely stopped the back discomfort and has improved my digestion greatly. I continue to go for weekly visits for other issues. I feel refreshed, relaxed, more focused and at peace. I highly recommend this type of treatment. You won't be disappointed.

outoffit haylo out 20, 2012

quitting smoking

After only two sessions I felt the benefits of acupuncture. I am trying to quit smoking and I went from 15 cigarettes a day to 2. I also feel considerably more energetic and I am craving less cigarettes. The doctor is very professional and I feel I am in good hands when I go. I would definitely recommend it!

Alessia D Oct 13, 2012

Customer since Oct 2012

My pain is fading away

Thanks to my wife I finally found a solution for my pain. She introduced me to a wonderful Doctor - Acupuncturist. After 2 sessions pain is starting to go away. Looking forward to my next visits because each time the pain level goes down.

Andrzej K Sep 15, 2012

Customer since Sep 2012

Miracle of acupuncture

Have seen Zhihong before, think see is amazing! Came back this time with my husband who is experiencing back pains. Natural ways of healing beat chemicals, believe me!

Zofia K Sep 15, 2012

Customer since Sep 2012

Acupuncture and Cupping

Less tension in my lower back, I can now move easier and freer than before. A cheap experience, and worth it.

Andrew Benjamin Sep 10, 2012

Customer since Aug 2012

amazing therapy

i have been suffering with severe joint problems. the doctor gave me a treatment and i am very happily relieved of 95 percent of the pain i was feeling- in just one treatment. fantastic! i highly recommend this clinic, they are knowledgeable and very nice as well.

maria c Aug 29, 2012

Customer since May 2012

Review

Dr was very attentive, knowledgable and caring. My pain has decreased a little. I will have to return a few times for optimum results. Im very pleased .

Dawn Blizzard Aug 25, 2012

Customer since Aug 2012

August 14, 2012

II had been diagnosed 3 years ago with painful osteoarthritis in the thumb joints . I am 57 years old and practice T'ai Chi Ch'uan, Tui Shou, Lau Ch'uan Shu, Wu Chun, sword form and Emei Qigong. The chronic pain was making it difficult for me to properly utilize my hands in these forms. After just one acupuncture session with you, when I left the office I had a good range of motion in both thumbs and am pain free for the first time in 3 years. I am very pleased with the results .

KAREN COTE Aug 15, 2012

Customer since Jul 2012

Great experience!

The acupuncture treatment improved my abdomen bloating and pain a lot. I also feel refreshed after the treatment. Hong was so nice and professional. Will definitely recommend to all of my friends.

S.L. May 9, 2012 Customer since May 2012

Good Start

Although i am only at the beginning stages of my accupunture treatment, I feel that Hong is very sincere about her desire to help me and my condition. She has takien the time to ask many questions of me so that she can provide the neccessary treatment. I look forward to returning

Gary M Apr 25, 2012

Customer since Apr 2012

Awesome!

It was my first time trying acupuncture and it was a very pleasant experience! I highly recommend anyone wishing to try acupuncture to come to Clove Tree! Hong was very professional and really cared about how I was feeling during my treatment as well as after! What a great find!

Laura R Mar 5, 2012

Customer since Mar 2012

Excellent experience!

Hong was incredibly sensitive to my needs, and placed the needles with care and expertise. She was very interested in how everything felt, and followed up the next day with both a phone call and an email to see how I was doing. I've been telling everyone how wonderful she is!

Sarah B Jan 26, 2012

Customer since Jan 2012