



Healing & Wellness Institute

April 23-24, 2022 :: Pre-Institute Workshops
April 25-29, 2022 :: NATI Healing & Wellness Institute

Stimulate Engage Inspire



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Information

Exhibitor Showcase and Artisan Market Hours vary throughout the week, please review the agenda for show hours. We have also invited additional artisans to be a vendor during the pow-wow giving you more options to choose from.

Lost & Found located at the convention registration desk. Please note that NATI and the Isleta Resort & Casino are not responsible for any lost, stolen, or damaged items.

Meeting Rooms are located on main level of the Isleta Resort & Casino's Conference Center. A floor plan are on pages 4 of this program.

Registration Hours

| | |
|---------------------|---------------------|
| Monday, April 25 | 7:00 am to 4:00 pm |
| Tuesday, April 26 | 7:30 am to 4:00 pm |
| Wednesday, April 27 | 7:30 am to 4:00 pm |
| Thursday, April 28 | 7:30 am to 2:00 pm |
| Friday, April 29 | 7:30 am to 12:00 pm |

Restaurants and Dining Options are aplenty at the Isleta Resort & Casino. Stop by the front desk in the hotel lobby to pick up a property map and ask for recommendations.

Safety and Emergencies are of the utmost importance to NATI. Should an emergency arise, please locate a team member immediately or call the front desk if you are in your room. Below, is the address for the nearest health care facilities:

Lovelace Medical Center
601 Dr. Martin Luther King Jr. Ave NE
Albuquerque, NM 87102
505.727.8000

Presbyterian Hospital
1100 Central Ave. SE
Albuquerque, NM
505-841-1234

Social Media is a major part of lives. So when you post to Facebook, Twitter or Instagram use #NATI2022 to promote the Institute.



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President's Message

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President



On behalf of the Native American Training Institute Board of Directors, it gives me great pleasure to welcome you to Albuquerque, New Mexico and the NATI Healing & Wellness Institute! Our educational theme that will be carried throughout the coming years is "Stimulate. Engage. Inspire." NATI is deeply rooted in its mission of cultivating traditional teachings and cultural values to promote wellness and healing.

NATI believes mental health involves a holistic approach, promotes traditional values, and places wellness as the cornerstone of our profession. We must promote innovative and creative thinking, leverage expertise and human capital in imaginative ways, and incorporate new structures and platforms to create an environment that best serves our communities and the people we serve.

We have designed the Healing & Wellness Institute to provide you with an exceptional experience. Our team of presenters are respected and leading thinkers who will share their expertise on current ways to expand and support programs that values Native American tradition and culture.

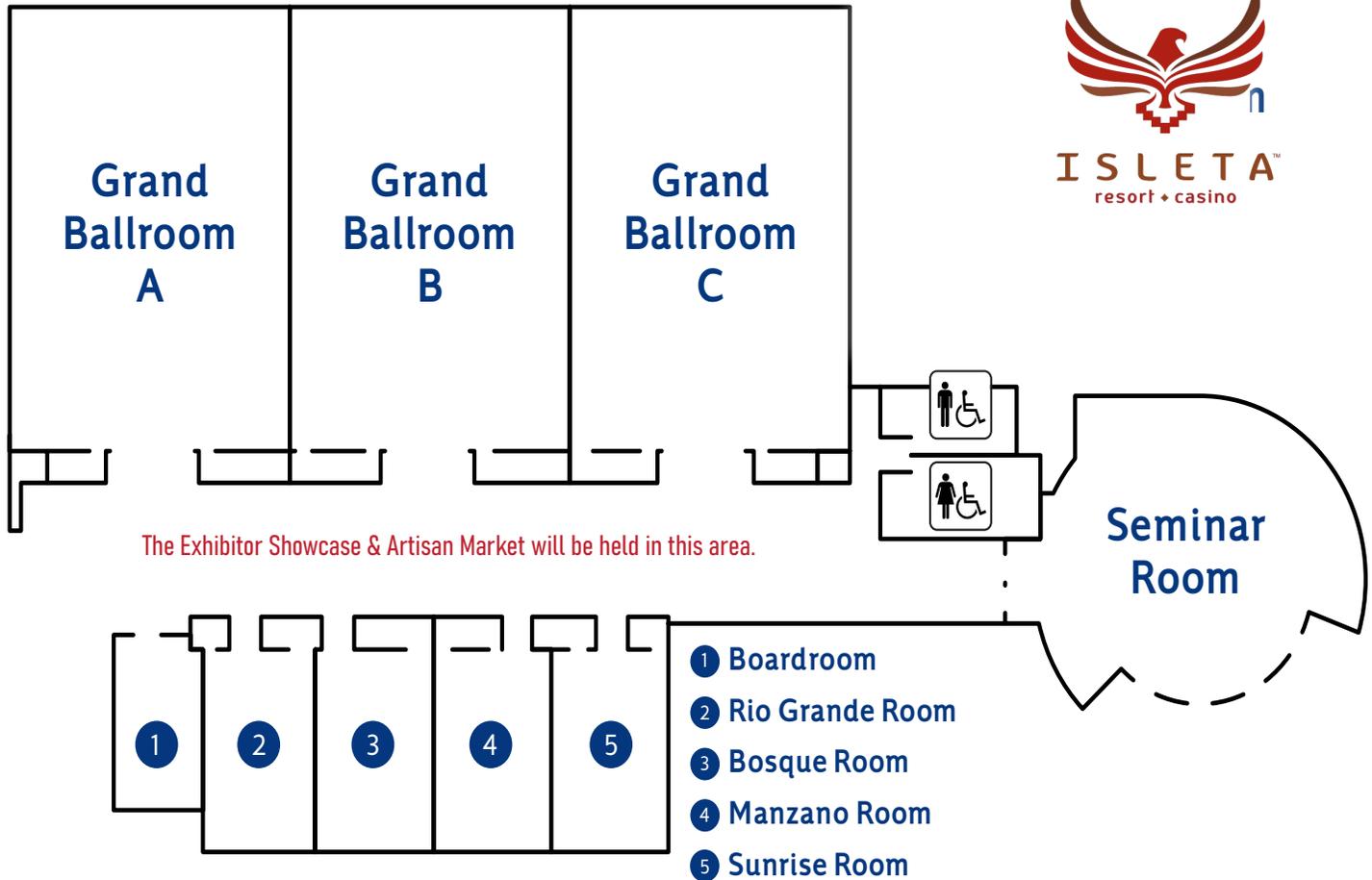
We encourage you to enjoy the breakout sessions on a first-come, first-seat basis. We are certain that the experience will provide you with rich content, opportunities to dialogue and network with other attendees, and allow you to take away a wealth of knowledge. Please remember that if you wish to accrue CEUs during the NATI, you must sign in and out for all sessions and complete session evaluations. A complete evaluation booklet has been placed in your registration packet.

Also included in this packet is a Self Care Journal. NATI encourages you to set some time aside this week to give yourself some self-care. If you participate and complete your journal, you will be given two tickets to win one of many prizes during Friday's plenary session.

COVID-19 is still an unwelcome guest in our community. Although masks are not required by the Isleta Resort & Casino, NATI values the health and wellness of all attendees, so have implemented the following protocol to protect everyone, especially our elders and those who are most vulnerable. Participants who have been vaccinated are encouraged to wear a mask. Non-vaccinated individuals will be required to wear masks at all times. Hand sanitizers will be placed in different areas of the conference center.

Again, thank you for choosing to attend NATI Healing & Wellness Institute, we appreciate your support and contributions to the behavioral/mental health and social work professions.

Convention Foyer



Welcome to the Exhibitor Showcase & Artisan Market

Our sponsors are highlighted in GREEN and Artisans are highlighted in YELLOW.

- | | | |
|-----------------------------------|-------------------------------|-------------------------------|
| 1 Dineh Designs Apparel | 8 Strong Heart Study | 15 Garcia Native Creations |
| 2 Hazelden Betty Ford Foundation | 9 San Marcos Treatment Center | 16 Pueblo Creations |
| 3 Ysleta Del Sur Pueblo | 10 NM DOH 1 | 17 Western Sky Community Care |
| 4 Springboard Treatment Centers | 11 NM DOH 2 | 18 Cottonwood Counseling |
| 5 USDTL | 12 CCAPP | 19 Presbyterian Health Plan |
| 6 Peak Behavioral Health Services | 13 Blue Sage Healing Centers | 20 Infinite Recovery |
| 7 Harmony Road Recovery | 14 The Orchard on the Brazos | 21 Unite Us |

Please take some time to visit the exhibitors and patronize the artisans.

Saturday, April 23

| Start | End | Location | Event |
|---------|---------|-------------|--|
| 8:30 am | 5:00 pm | Grand Foyer | Registration Open |
| 8:30 am | 4:30 pm | Rio Grande | <p>Clinical Supervision (6 CEUs)</p> <p>A challenging, serious, and in-depth discussion is provided on Clinical Supervision and Competent practice. Participants are provided with specific information regarding dynamics and processes involved in delivery and reception of supervision within a behavioral Health environment. Several clinical elements are presented to better understand the need for and value of clinical supervision. Major focus is the sharing of information on the importance and value of supervision in the competent and effective delivery of services at all levels of practice. Leadership attributes, critical thinking skills and professional commitment requirements are presented and discussed hoping to assist participants generate a framework for engaging in their personal and professional evolution. Finally, participants will be provided with numerous opportunities to question and refine their existing level of knowledge and comprehension of supervision along with the use of clinical skills in effort of enhancing their professional service delivery skills</p> <p>Speaker: Dr. Jose Eli Fresquez, Ph.D., LISW</p> <p>Track: Professional -- Topic Area: Clinical Supervision</p> |

Sunday, April 24

| Start | End | Location | Event |
|---------|---------|-------------|---|
| 8:30 am | 5:00 pm | Grand Foyer | Registration Open |
| 8:30 am | 4:30 pm | Rio Grande | <p>Ethics: Essential for Competent Behavioral Health and Professional Practice (6 CEUs)</p> <p>An interactive presentation designed to share information regarding the value of Ethics in the delivery of effective, competent and timely Behavioral Health Services. Specifically, attention is directed to the role Ethics plays in the timely, consistent, and professional delivery of services to special/unique groups, populations or communities. Major discussion is focused by the presentation include Use of Critical Thinking skills/abilities in selection of service models and interventions in behavioral health; Interpersonal skills required for effective management and leadership; and Knowledge required for selection of treatment innovations along with the understanding, selection and application of specialized interventions to a specific service need and/ or client system.</p> <p>Speaker: Kristina Padilla, MA, LAADC, ICAADC, CGS</p> <p>Track: Professional -- Topic Area: Ethics (including legal and liability)</p> |

Monday, April 25

| Start | End | Location | Event |
|----------|----------|------------------|--|
| 7:00 am | 7:30 am | Grand Foyer | Exhibitor / Artisan Set-Up |
| 7:00 am | 8:30 am | Grand Foyer | Continental Breakfast sponsored by Springboard Treatment Center |
| 7:00 am | 7:00 pm | Seminar | Comfort & Healing Room Open |
| 7:30 am | 5:00 pm | Grand Foyer | Registration / Exhibitor Showcase / Artisan Market |
| 8:00 am | 12:00 pm | Grand Ballroom C | Inter-Cultural Opening Plenary Session: Honoring Our Traditions (3.5 CEUs) During this interactive opening plenary session, attendees will learn the process of engagement and support for well-being of our relatives through cultural values. We will open with the Native American opening and recognizing Maxine Vallo, devoted wife of the late Dave Vallo, founder of the American Indian Training Institute and Adan Carriaga, long time supporter and presenter at the Native American Training Institute. Master of Ceremony: Patrick Trujillo, President, Native American Training Institute |
| 12:00 pm | 1:30 pm | | Lunch (on own) |
| 1:30 pm | 2:30 pm | Grand Ballroom B | Is "Addiction" Really a Disease? (1 CEU) An in depth look at the debate over whether addiction can really be considered a "disease" Many of us are led to believe that addiction is considered a disease but through more in-depth learning and education we can learn that addiction may be a choice not a disease. Speaker: Dorothy Coriz, LADAC, Santo Domingo Health Corporation/Behavioral Health Dept. Track: Addiction/Process Addictions -- Topic Area: Alcohol |
| 2:45 pm | 3:45pm | Grand Ballroom B | Unleashing the Power of the family on SUD: Community Reinforcement and Family Training (CRAFT) (1 CEU) This presentation introduces CRAFT (Community Reinforcement and Family training), the only government recognized approach for training and for practically supporting the family of those dealing with SUD in a loved one. We also present AlliesinRecovery.net, the online low-barrier application of CRAFT. Finally, we introduce participants to our work of applying CRAFT to the Latinx community, in this case Puerto Ricans of Springfield, Massachusetts. Speakers: Dominique Simon, PhD, Allies in Recovery and Laurie MacDougall, Coming Up for Air Podcast Track: Addiction/Process Addictions -- Topic Area: Family Therapy and Support |
| 3:45 pm | 4:15 pm | Grand Foyer | Refreshment Break sponsored by Springboard Treatment Center |
| 4:15 pm | 5:15 pm | Grand Ballroom B | "Why do I feel so broken & lost?" Navigating Grief and Loss with Your Clients (1 CEU) During this session, participants will discuss the five stages of grief and loss; learn techniques and tools to navigate our own grief, as professionals; and talk about the DSM-V and how bereavement disorder applies to our clients. Speaker: Kristina Padilla, MA, LAADC, ICAADC, CGS, California Consortium of Addiction Programs and Professionals Track: Clinical Skills -- Topic Area: Grief/Loss |
| 7:00 pm | 8:00 pm | Grand Ballroom C | Doorway to the Pueblo Culture (1 CEU) Join NATI as we immerse you in song and dance of the Fire Oak Dance Group from Cochiti Pueblo. The performance will depict the Pueblo culture with dances honoring the harvest season and animals that bring food to our tables. |
| 8:00 pm | 9:00 pm | Seminar | Talking Circle |

Tuesday, April 26

| Start | End | Location | Event |
|----------|----------|------------------|---|
| 7:00 am | 7:00 pm | Seminar | Comfort & Healing Room Open |
| 7:30 am | 8:30 am | Grand Foyer | Continental Breakfast sponsored by The Orchard on the Brazos |
| 7:30 am | 5:00 pm | Grand Foyer | Registration / Exhibitor Showcase / Artisan Market |
| 8:30 am | 10:00 am | | Concurrent Education Sessions (1.5 CEUs) |
| | | Rio Grande | <p>Gathering of Native Americans (GONA)</p> <p>The Gathering of Native Americans (GONA) is a process through which a wide range of community members with involvement of the community as a whole come together and build the capacity necessary to sustain a community wide effort to address and prevent community identified issues. The journey is about connectedness between individuals, families, and the community. It covers generations and incorporates the four directions, stages of group and life development, and the four elements of balance. It also covers the journey of people who have chosen to join together to discuss their long history of trauma and the issues of mental and substance use disorders and suicide which are created from traumatic experiences. Limited to first 30 participants.</p> <p>Speaker: Dennis Lorenzo and Patrick Trujillo</p> <p>Track: Cultural Competency/Awareness -- Topic Area: Cultural Ways to Wellness</p> |
| | | Bosque | <p>Culturally Appropriate Health and Wellness Coaching</p> <p>Using a Trauma-Informed, Anti-Oppressive and Health Equity lens, we will explore how to better understand specific health issues that are currently causing harm in our community, and end with real ways to move forward with prevention and harm-reducing techniques. SMART goals are shared, along with individualistic means to ensure that we are continuing to improve in health outcomes. Topics can include any Chronic Illness, Disease or Condition, as well as other topics such as Toxic Masculinity.</p> <p>Speaker: Renaldo Wilson, New Mexico Department of Health</p> <p>Track: Self-Care/Wellness -- Topic Area: Trauma Informed Care</p> |
| | | Grand Ballroom C | <p>Experiential Therapy</p> <p>Experiential therapy is a relatively broad term and can include a number of different activities. It is a type of therapy where participants use expressive tools or activities to re-enact and recreate situations from the past and present relationships. Activities will combine real-world experiences with emotional regulation and processing, communicating with others and creative expression. It involves creative arts and movement activities. It also helps participants who have trouble expressing themselves or talking about difficult times in their lives. Experiential therapy benefits Addiction, Dual Diagnosis, Trauma, Family Conflict and Communication Issues, Eating Disorders and Adolescent Behavioral Problems. Experiential therapy lets the participant be themselves, define goals, recognize and respect your pace for getting involved in the group, recognize and express reactions and feelings, give and receive feedback. Above all, to take healthy risks. Limited to first 30 participants.</p> <p>Speaker: Angel Montoya, LCDC, Ysleta Del Sur Pueblo</p> <p>Track: Clinical Skills/Management/Administration -- Topic Area: Counseling Methods</p> |
| 10:00 am | 10:30 am | Grand Foyer | Coffee Service sponsored by The Orchard on the Brazos |

Tuesday, April 26

| Start | End | Location | Event |
|----------|----------|------------------|--|
| 10:30 am | 12:00 pm | | Concurrent Education Sessions (1.5 CEUs) |
| | | Bosque | <p>Opioid Use, Prevention & Therapeutic Interventions</p> <p>A culturally relevant introductory overview on Opioid History, Pharmacology, Use, Overdose, Prevention & Therapeutic Interventions.</p> <p>Speaker: Lorenzo Jim, LADAC, Center for InterCultural Care, LLC</p> <p>Track: Pharmacology -- Topic Area: Opioids</p> |
| | | Manzano | <p>Brainspotting for Native Populations</p> <p>Somatic approaches allow the brain and nervous system to process issues and move towards regulation without necessarily needing talk to occur. Neuroscience and brain-based techniques are integrated into trauma therapy. Techniques such as Brainspotting, Somatic Experiencing, EMDR, Mindfulness, & Biofeedback are effective ways to help the body to naturally resolve stress, as well as improve emotional and physical health. Shifts happen organically and are better sustained than with traditional talk therapy approaches. A focus around intergenerational trauma, historical trauma and Indigenous culture can be integrated into the work when appropriate. This process can promote stress reduction, reduce trauma response, decrease dissociation and increases one's ability to cope with and express difficult emotions while also supporting traditional values.</p> <p>Speaker: Regina Faridnia, LCSW, Indigena Counseling & Wellness Center</p> <p>Track: Cultural Competency/Awareness -- Topic Area: Counseling Methods</p> |
| | | Grand Ballroom C | <p>The New Normal: Indiginizing and Transforming Virtual Forums Through a Pandemic</p> <p>The purpose of this session is to ignite native resiliency, to engage, inspire and empower others to embrace a Healthier, Happier, Healing lifeway. "When we help others heal, we heal ourselves, too". Limited to first 30 participants.</p> <p>Speaker: Celina Mahinalani Garza, Native Lifeway/The Strong Heart Study</p> <p>Track: Self-Care/Wellness -- Topic Area: Community Engagement/Navigation</p> |
| 12:00 pm | 1:30 pm | | Lunch (on own) |
| 1:30 pm | 3:00 pm | | Concurrent Education Sessions (1.5 CEUs) |
| | | Manzano | <p>Lac du Flambeau Family Circles AODA Prevention Program</p> <p>The Lac du Flambeau Family Circles AODA Prevention Program is a 19-week program curriculum designed to give Native families a cultural understanding of traditional customs, practices, belief systems, values and lifestyles. The program provides instruction in self-esteem building, healthy lifestyle practices, coping skills and positive peer support.</p> <p>Speaker: Brandon Thoms, Blue Sage Healing Center</p> <p>Track: Cultural Competency/Awareness -- Topic Area: Certification/Licensure</p> |
| | | Grand Ballroom C | <p>Intuitive Movement & Journaling</p> <p>You are invited to participate in this session with some gentle (yoga) movement, positive affirmations and declarations, ways to incorporate more self-love/care, you will be guided through intuitive journaling. This practice is to assist in aligning the body, mind, and spirit. Drawing in more of what we need/want into our life and releasing those things that no longer serve us. Limited to first 30 participants.</p> <p>Presenter: Johanna Corpeno, Native Strength Revolution</p> <p>Track: Self-Care/Wellness -- Topic Area: Trauma Informed Care</p> |

Tuesday, April 26

| Start | End | Location | Event |
|---------|---------|----------|---|
| | | Bosque | <p>Art Therapy, limited to 30 people</p> <p>An afternoon in Art Therapy will be an engaging exploration of the healing possibilities inherent in the therapeutic use of the arts. This session will continue into the next time slot.</p> <p>Speaker: Patricia Lopez, LMHC, Jemez Health Clinic</p> <p>Track: Professional -- Topic Area: Art Therapy/Behavioral Health Support</p> |
| 3:00 pm | 3:30 pm | | Refreshment Break sponsored by The Orchard on the Brazos |
| 3:30 pm | 5:00 pm | | Concurrent Education Sessions (1.5 CEUs) |
| | | Manzano | <p>Native American Traditional Cultural Identity</p> <p>A cultural look of history of the Indigenous Peoples on Turtle Island.</p> <p>Speaker: Leroy Billiman, Blue Sage Healing Center</p> <p>Track: Recovery -- Topic Area: Native American Healing Practices</p> |
| | | Sunrise | <p>Solutions and Struggles in Native Communities (COVID-19 Pandemic)</p> <p>This workshop will cover the struggles Native American communities have experienced with COVID-19 and ways to heal. It will also offer solutions for dealing with this Pandemic. We will cover Anticipatory Grief, how the pandemic and Intergenerational Trauma are linked, as well as, healing with culture. Dr. Rowland will be introducing a healing model, Somatic Archology developed by Dr. Ruby Gibson.</p> <p>Speaker: Dr. Shirley Rowland, MATC</p> <p>Track: Self-Care/Wellness -- Topic Area: Pandemic</p> |
| | | Bosque | <p>Art Therapy (continued)</p> <p>Continued from previous session</p> |
| 7:00 pm | 8:00 pm | Seminar | Talking Circle |



Wednesday, April 27

| Start | End | Location | Event |
|---------|----------|-------------|---|
| 7:00 am | 8:00 pm | Seminar | Comfort & Healing Room Open |
| 7:30 am | 8:30 am | Grand Foyer | Coffee Service |
| 7:30 am | 5:00 pm | Grand Foyer | Registration / Exhibitor Showcase / Artisan Market |
| 8:00 am | 12:00 pm | Off-Site | Equine Therapy (off-site, 3 CEUs) |
| | | Hotel Lobby | <p>Using the Equine Integrated Therapy program this off-site, participants will learn communication, leadership, teamwork and problem-solving skills while working with horses. This is a Solution Focused model where participants discover the best solutions for themselves when given the opportunity. Research shows people experience many physiological benefits from interacting with horses including lower blood pressure and heart rates, increased levels of beta endorphins (neurotransmitters) that serve as pain suppressors, decreased stress levels, reduced feelings of anger, hostility, tension, and anxiety. Social functioning is improved and there are increased feelings of empowerment, trust, patience, and self-efficacy. Due to transportation and facility limitations, this off-site session is only available to individuals who have pre-registered to participate. Masks are required while on the bus.</p> <p>Speaker: Win Simon, WT Equestrian LLC/Southwest Horse Power, Inc. Track: Co-Occurring Disorders -- Topic Area: Trauma Informed Care</p> |
| 8:30 am | 10:00 am | | Concurrent Education Sessions (1.5 CEUs) |
| | | Rio Grande | <p>Cultural Wellness & Healing</p> <p>Group would be presented with multiple forms of self-healing and empowerment which are relevant to our tribal traditions and culture. While engaging in group discussions participants will gain self-awareness and confidence learning that they are not alone in this journey of recovery. Group will also learn to identify areas of themselves they need to heal, as well as thinking of possible solutions in open discussions in group. Facilitator will present the healing medicine offered from the Taino tribe using healing feathers. Group will be presented and educated on traditional healing herbs and the properties they offer. There will be an open smudge/cleanse offered by facilitator to those open to it to close group.</p> <p>Speaker: Ivan Pena, Blue Sage Healing Center Track: Recovery -- Topic Area: Native American Healing Practices</p> |
| | | Bosque | <p>Understanding Healing and Recovery when working within the 2 spirit/LGBTQIA+ Populations</p> <p>This session delves into clinical & Peer information for working with 2 spirit & Trans Community by addressing the needs of 2 spirit/transgender individuals who seek treatment for mental health and/or substance use disorders. The presentation covers the "Trans Umbrella" to assist peers/clinicians in understanding the distinctions between 2 spirit, gender fluid, trans, F2M, M2F, third gender, gender queer, intersex, and non-binary and what perspective, history, and challenges these groups of people bring into treatment and recovery from addiction. Considerations, including best practices for trans youth and adults, body dysphoria as per the DSM-5, hormone readiness implications, body image management, and emotions and feelings those in the LGBTQIA2+ "Rainbow Community" may experience will be presented from both a clinical, as well as personal perspective through Kristina Padilla's lived experience as a 2-spirit/trans same gender loving person.</p> <p>Speaker: Kristina Padilla, MA, IMF, LAADC, ICAADC, CGS, CCAPP Track: Cultural Competency/Awareness -- Topic Area: Gender/LGBTQIA2S+</p> |

Wednesday, April 27

| Start | End | Location | Event |
|----------|----------|-------------|--|
| | | Manzano | <p>Peer Recovery in Native Communities</p> <p>Peer support and recovery is the leading behavioral health professions in Indian Country. During this session, participants will learn about Peer Recovery, how to establish a successful PRSS program in your community, information about funding and grant opportunities, certification process, and the success of peer recovery and its future. Included in this session will provide participants on opioid overdose prevention.</p> <p>Speaker: Felipe Silerio, PRS, Ysleta Del Sur Pueblo</p> <p>Track: Peer Recovery -- Topic Area: Recovery Support</p> |
| 10:00 am | 10:30 am | Grand Foyer | Coffee Service |
| 10:30 am | 12:00 pm | | Concurrent Education Sessions (1.5 CEUs) |
| | | Rio Grande | <p>Nicotine Addiction and Cessation Services</p> <p>During this session, participants will learn about nicotine addiction. The following are topics that will be covered: 1. The Problem: Tobacco Use Dependence, 2. Tobacco Treatment Best Practices; 3. Systems Change & Program; 4; Brief Tobacco Interventions; 5. NM Cessation Services; 6. Nicotine Replacement Therapy; 7. Fax Referral Program; 8. Resources NMTUPAC.com; and 9. Online Trainings, "Self-Select CEUs</p> <p>Speaker: Maxine Daggett, MSW, New Mexico Health Systems Change</p> <p>Track: Addiction/Process Addictions -- Topic Area: Marijuana/Tobacco/Nicotine</p> |
| | | Bosque | <p>The Need for Parent and Provider Balance Post Pandemic and other Life Changing Losses</p> <p>The Covid and other life changing relationship losses have impacted the lives of people worldwide. Parents and human service providers (i.e. teachers and mental health workers) have not been exempted from life changing losses which have created imbalance in their own personal relationship world. In this session, participants will learn how to explore and assess positive and negative relationship parts; plan to bring about balance and maintain balance; and learn the importance of spirituality</p> <p>Presenter: Eddie Cardenas, LISW, Lovito Enterprises, LLC</p> <p>Track: Self-Care/Wellness -- Topic Area: Grief and Loss</p> |
| | | Manzano | <p>Human Trafficking</p> <p>CARES ensures a continuum of care of services that address, educate, and advocates for the community and victims of all ages of Human Trafficking, including youth. Human Trafficking affects everyone, including children. Learning and understanding the indicators of Human Trafficking could save a person's life. EAST is dedicated to supporting Native American/ Alaskan Native Victims of sex trafficking and all underserved populations.</p> <p>Speakers: Kristina Lewis, Cindy Charley, Shelane Rosales and Genevieve Chavez, First Nations Community Healthsource</p> <p>Track: Cultural Competency/Awareness -- Topic Area: Screening/Assessment/Case Management/ Treatment Planning</p> |

Wednesday, April 27

| Start | End | Location | Event |
|----------|---------|------------------|---|
| 12:00 pm | 1:30 pm | | Lunch (on own) |
| 12:15 pm | 6:00 pm | Off-Site | Cultural Excursion: Pathway to Healing (off-site, 3 CEUs) |
| | | Hotel Lobby | <p>The Pathway to Healing tour is a walkthrough of the Nah Poeh Meng exhibit where each room includes descriptions of elements in Tewa culture that center around healing as well useful information about how healing is treated in the Tewa world. Following the tour, participants will be given an opportunity to create a piece of jewelry with stones that represent different aspects of wellness. The final portion of the Pathway to Healing introduces resources of how the Poeh Center and the Pueblo of Pojoaque Behavior Health Department work hand-in-hand to provide services to their community. Due to transportation and facility limitations, this off-site session is only available to individuals who have pre-registered to participate. Masks are required while on the bus.</p> <p>Track: Cultural Competency/Awareness ·· Topic Area: Native American Healing Practices</p> |
| 1:30 pm | 3:00 pm | Grand Ballroom C | Cultural Ways of Wellbeing (1.5 CEUs) |
| | | | <p>Cultural Ways of Wellbeing and strengthening emotional, physical, mental, and spiritual growth. This presentation will provide insight on connecting with nature, physical activity, taking notice of surroundings, continuing to learn new things, and learning about giving. Provide an engaging process in creating trust, confidence, motivation, self-care, self-reflection, and personal insight. Will also provide a sense of Belonging, regain Mastery, acquire interdependence, and giving as Generosity</p> <p>Speaker: Patrick Trujillo</p> <p>Track: Cultural Competency/Awareness ·· Topic Area: Counseling Methods (Cultural and Western)</p> |
| 3:00 pm | 3:30 pm | | Beverage Break |
| 3:30 pm | 5:00 pm | Grand Ballroom C | Experiencing Adolescence Group Dynamics (1.5 CEUs) |
| | | | <p>Session will provide how to use experiential learning in group work, using ice breakers, core values, using objective of psychoeducational components or therapy model, and reflections.</p> <p>Speaker: Geraldine Lovato, LMSW, LSAA</p> <p>Track: Clinical Skills/Management/Administration ·· Topic Area: Counseling Methods (Cultural and Western)</p> |
| 7:00 pm | 8:00 pm | Seminar | Talking Circle |

Thursday, April 28

***** Ribbon Shirt & Ribbon Skirt Day *****

| Start | End | Location | Event |
|----------|----------|-------------|--|
| 7:00 am | 7:00 pm | Seminar | Comfort & Healing Room Open |
| 7:30 am | 1:00 pm | Grand Foyer | Exhibitor Showcase |
| 7:30 am | 3:00 pm | Grand Foyer | Registration |
| 7:30 am | 11:00 pm | Grand Foyer | Artisan Market |
| 7:30 am | 8:30 am | Grand Foyer | Continental Breakfast sponsored by Hazeldon Betty Ford Foundation |
| 8:30 am | 10:00 am | | Concurrent Education Sessions (1.5 CEUs) |
| | | Sunrise | <p>The Wellness Warrior</p> <p>A strength based Traditional Dine' Learning through Storytelling on healing perspectives of the Protection Way for balance & positive well-being.</p> <p>Speaker: Lorenzo Jim, LADAC, Center for InterCultural Care, LLC</p> <p>Track: Self-Care/Wellness -- Topic Area: Native American Healing Practices</p> |
| | | Bosque | <p>Share How You Rock In Life, Express You Rockin' Life</p> <p>Initiative program allowing community members to celebrate through positive expressions, through music, art, and talent. Standing together to fight depression, suicide, substance abuse/addiction and supporting recovery programs and resources. Bringing awareness to communities in need of support through encouragement, hope, and empowerment. Through Open Stage events, Presentations, Collaborations, Outreach, Music, Art, and Distributions, Rockin' Life has connected with tribal communities throughout New Mexico since 2016.</p> <p>Speaker: Watson Billie, Jr.</p> <p>Track: Suicide Prevention -- Topic Area: Community Engagement/Navigation</p> |
| | | Manzano | <p>Integrating Western Behavioral Mental/Health Processes into a Native American Treatment Program</p> <p>Most programs serving Native Americans start with developing processes and procedures to meet the standards of dominant society and then will later add in Native American practitioners or interventions as a secondary process. Some programs do not even allow traditional healers/practitioners to assess, diagnose, develop treatment plans, write progress notes or do discharge planning. There is an inherent clash of values between Native American values and dominant society's values. Na'Nizhoozhi Center Inc. (NCI) a Native American based treatment program attempts to do the opposite by facilitating a program that meets a Native American person's values/needs first and then the needs of society, national and state standards, regulations, insurance companies and payers second.</p> <p>Speaker: Dr. Kevin Foley, PhD, Na'Nizhoozhi Center, Inc.</p> <p>Track: Cultural Competency/Awareness -- Topic Area: Alcohol</p> |
| 10:00 am | 10:30 am | Grand Foyer | Coffee Service |
| 10:30 am | 12:00 pm | | Concurrent Education Sessions (1.5 CEUs) |
| | | Sunrise | <p>I am the Voice</p> <p>I am the Voice. I can be Confident, Motivated, and Productive. I am a tool that can shape the path in all directions. I am Positive Self-Talk. In this session, we will be able to inspire one another by engaging one another in different exercises, as well as sharing stories to build confidence and motivation in ourselves.</p> <p>Speaker: Sheldon Smith</p> <p>Track: Self-Care/Wellness -- Topic Area: Community Engagement/Navigation</p> |

Thursday, April 28

***** Ribbon Shirt & Ribbon Skirt Day *****

| Start | End | Location | Event |
|----------|---------|------------------|---|
| | | Bosque | <p>Strategies to Cope with the Impact of Pandemic</p> <p>For caregivers to serve others who have experienced trauma, and model how to cope effectively during these unprecedented times; the presentation will discuss the importance of understanding the impact of prolonged stress and grief, since the pandemic; and will learn strategies to help balance their own primary systems- the emotional self, the physical self, the social self and the spiritual self.</p> <p>Speaker: Ron Romero, NPI, Romero Educational Consulting</p> <p>Track: Self-Care/Wellness · Topic Area: Effective Coping Skills</p> |
| | | Manzano | <p>Native Voices: Healing our Community, Through Traditional Medicine, Ceremonies, and Teachings</p> <p>During this session, participants will learn about the mental and behavioral health factors of American Indian and Alaska Native women; identify traditional indigenous healing practices; describe aspects of indigenous spirituality; and compare western therapy with traditional native healing. Participants will also be able to apply indigenous values and spirituality, explain indigenous ways of knowing and indigenous worldviews; and build alliances with tribes.</p> <p>Speaker: Sarita McGowan, CADC-CAS, Hazelden Betty Ford Foundation</p> <p>Track: Cultural Competency/Awareness · Topic Area: Native American Healing Practices</p> |
| 12:00 pm | 1:30 pm | Grand Ballroom C | <p>Keynote Luncheon: When an Epidemic and Pandemic Collide (1 CEU) sponsored by Hazelden Betty Ford Foundation</p> <p>Hazelden Betty Ford Foundation Director of Clinal Services discusses the impacts the pandemic has had on substance use and mental health to both the adolescent population as well as the adult population. Exploring what we need to be prepared for and what we are seeing as Covid Restrictions are being lifted.</p> <p>Speaker: Cecelia Jayme, LADC, Clinical Director, Hazelden Betty Ford Foundation</p> <p>Track: Co-Occurring Disorders</p> |
| 1:30 pm | 3:00 pm | | <p>Concurrent Education Sessions (1.5 CEUs)</p> |
| | | Rio Grande | <p>Native Women's Retreat - Reawakening a Women's Soul</p> <p>The purpose of this workshop is to awaken your soul - embracing Happier, Healthier, Healing Native Lifestyles. With aromatherapy, movement, art, music and laughter! Participants will be enlightened, refreshed and inspired! Workshop includes small group work activities; laughter and have fun! Plus gentle stretches, breathing techniques and chair yoga</p> <p>Speaker: Celina Mahinalani Garza, Native Lifeway/The Strong Heart Study</p> <p>Track: Self-Care/Wellness · Topic Area: Women's Wellness & Self-care</p> |
| | | Bosque | <p>All Nations Healing - Empowering the Native American Individual</p> <p>Native American based healing methods passed down from generation to generation are explored as an alternative to modern medicine to bring about the Mental, Physical, Emotional and spiritual well-being of an individual as well as incorporating Native American history to better self-identify and build confidence as a proud Native American person in today's society.</p> <p>Speaker: Javen Miranda, CPSS, Blue Sage Healing Center</p> <p>Track: Cultural Competency/Awareness · Topic Area: Native American Healing Practices</p> |

Thursday, April 28

***** Ribbon Shirt & Ribbon Skirt Day *****

| Start | End | Location | Event |
|---------|----------|----------------|--|
| | | Mazano | <p>Somatic Archaeology / Healing Trauma</p> <p>During this session we will discuss Somatic Archaeology and how the practice can be used in healing trauma -- Excavating Trauma: This workshop is a recovery modality focused on the potential to excavate history in our body through body sensations. Epigenetic Changes: These changes do not alter DNA sequence: they change the way your body reads the DNA sequences. The Five Steps of Somatic Archaeology: I Notice, I Sense, I feel, I interpret, I reconcile. A natural and gradual progression of healing. Somatic Archaeology is developed by Dr. Ruby Gibson</p> <p>Speaker: Dr. Shirley Rowland, MATC</p> <p>Track: Co-Occurring Disorders -- Topic Area: Trauma Informed Care</p> |
| 3:30 pm | 11:00 pm | Grand Ballroom | <p>Gourd Dance & Social Pow-Wow (1.5 CEUs)</p> <p>The dance arena/circle has been a place of healing for many years. The gourd dance was derived from the Kiowa of the Southern Plains and the pow-wow originated by the Omaha of Nebraska. Many stories have been told as to how these dances has come to be and why they continue. During this celebration, the master of ceremony, Kelly Grant (Omaha), will explain the origins of the dances and how they contribute to the promotion of mental wellness.</p> |
| 5:00 pm | 6:00 pm | Seminar | Talking Circle |

Friday, April 29

| Start | End | Location | Event |
|---------|----------|------------------|--|
| 7:00 am | 8:00 am | Grand Foyer | Coffee Service |
| 7:00 am | 8:00 am | Seminar | Talking Circle |
| 7:00 am | 1:00 pm | Seminar | Comfort & Healing Room Open |
| 8:00 am | 12:00 pm | Grand Foyer | Registration / Artisan Market |
| 8:30 am | 12:30 pm | Grand Ballroom C | <p>Inter-Cultural Closing General Session (4 CEUs)</p> <p>Participants will be given an opportunity to share their experiences and take-aways from what they have learned during the Institute and how they will use these skills within their own community, to provide services to their clients and themselves.</p> <p>Master of Ceremony: Patrick Trujillo, President, Native American Training Institute</p> |

Angel Montoya, LCDC, manages the Ysleta Del Sur Pueblo Substance Abuse Services, develops and administers program budgets and expenditures; Is responsible for program planning, implementation, and compliance with the fidelity of evidence-based programs; Serves as a Substance Abuse Tribal Liaison for the Reservation, Local and National Treatment Resources. Served as Physician Proctor for the Texas Tech Medical School in El Paso, Texas; Provide training assistance and education to the Professional Community, Medical School Residency Program, University of Texas at El Paso Nursing School, El Paso County School Districts and to State of Texas Behavioral Conference and provided Employee Assistance Program Services for Del Sol Medical Center, Las Palmas Medical Center, University of Texas at El Paso Texas and the El Paso Independent School District Employees. He is a Licensed Chemical Dependency Counselor, National Certified Addiction Counselor, SAMSHA Grant Reviewer, Certified Experiential Ropes Therapist, Certified Advanced Alcohol and Drug Counselor and is also certified by International Certification & Reciprocity Consortium.

Brandon Thoms owns and operates Torchlight Consulting, a Native American Public Relations firm located in Lac du Flambeau, Wisconsin. Torchlight has helped tribes and tribal organizations to develop communications programs. Brandon also works with schools, colleges and universities to develop and deliver Native culture and history curriculum. In addition to his work in education, Brandon currently works as the director of training and curriculum for Blue Sage Healing. Brandon has worked for over 30 years in Indian Country in gaming, communications and education and currently serves on the Board of Directors for the National Indian Education Association as the Board Secretary. Brandon is a published artist and writer, with works included in Senator John Edwards' book titled, Home-The Blueprints of Our Lives. He appeared in the 1995 PBS film, Lighting the 7th Fire, a feature on Chippewa Treaty Rights in the 1980s -1990s. While he has worked professionally for tribes and education institutions over the course of his life, grassroots organizing, and activism remain his passion.

Cecelia Jayme, LADC, is the Clinical Director at Hazelden in Center City, MN. She started with Hazelden Betty Ford Foundation (HBFF) 27 years ago as an intern through the L.C.O. Tribal College and has worked as a counselor, a Supervisor of the Women's Recovery Units and was a key member in designing the Simmons and Simpson buildings on the Center City Campus to create the Women's Recovery Center (now The Betty Ford Women's Recovery Center) when it opened in 2007. She has advanced opportunities for addictions treatment through developing and expanding both men's and women's campus-based day treatment programs on Center City campus. Cecelia worked closely with key stakeholders in creating HBFF's Professionals program. Has participated in consultation with various Addiction Treatment Facilities' and communities on developing evidence based, self-sustaining Addiction and Mental Health Treatment programs. She is invested in the future and helps to mentor and develop potential leaders to continue the work of making treatment affordable, accessible, ethical and Diverse far into the future. Cecelia is a licensed alcohol and drug counselor and holds a master's degree in Humanities with an emphasis on spirituality and a MBA. She has a strong interest in ethical practices and was awarded the Bernie Belling Ethics Award by MARRCH for dedication and commitment to Addiction Treatment, Mental Health and Recovery Communities in 2020.

Celina Mahinalani Garza specializes in creating meaningful connections as a Advocate & Practitioner of Wellness of Mind/Body/Spirit. She is an energetic Motivational Facilitator who integrates tradition, spirituality, holistic modalities and positivity to motivate people from the inside/out. Also, passionate and specializing in: Motivational Interviewing, Personal Empowerment Coaching, Healing/Wellness, Communication, Teambuilding, Job Readiness Programs, Staff Development, Cultural Exchanges, Talking Circles and Hawaiian Entertainment. Celina's background includes Mind/Body Transformational Psychology and Indigenous Research and Coordination. She is the Founder of Native Lifeway and Author of 365 Days of HA. Currently, Celina works with the Strong Heart Study in Phoenix, AZ and coordinates the Strong Men, Strong Communities health and wellness program specifically designed for native men, launched successfully 100% online.

Cindy Charley is a Case Manager with the EAST Program at First Nations Community Healthsource. Cindy graduated with bachelor's in Liberal Arts from Eastern New Mexico University. Prior to working with victims and survivors of Human Trafficking. Cindy worked in inpatient and outpatient Behavioral Health for 10 years.

Dennis Lorenzo comes from the Pueblo of Acoma bringing over 20 years experience directing and administering Alcohol and Drug Outpatient Counseling Programs. Mr. Lorenzo served as Director of Human Resources for Na'Nizhoozhi Center, Inc. and serving in other capacities as well during his tenure at the Detox Center. Mr. Lorenzo is an independent Consultant/ Contractor, (DLorenzo Consultant /Training) and has extensive work experience as a Community Organizer with the NorthWest New Mexico Fighting Back Organization and Healthy Nations Coordinator providing consultation and training in the areas of Prevention and Intervention. Most recently, Mr. Lorenzo has provided training and facilitation skills training of the Gathering of Native Americans (GONA), for GIMC/MSPI Program, Kauffman & Associates and Native Aspirations Organization, with focus that is appropriate and culturally relevant to Spirituality, Team Building, Wellness and Living Healthy Lifestyles with all age groups and ethnicity in Native American communities and schools. Mr. Lorenzo has served as Board President of the New Mexico Counselors Association, the NWNMFB Organization, Co-Chair with the Native American Prevention Steering Committee and currently serving on various boards and committees in the area of Health. Mr. Lorenzo is continuing to serve as the State Coordinator of the Multicultural Red Ribbon Relay Run promoting "Healthy Lifestyles" and creating awareness of the Alcohol/Drug Use and Abuse problems in communities. Mr. Lorenzo has received various awards and certificates throughout his work career.

Dominique Simon-Levine, PhD, launched Allies in Recovery in 2003. Trained as an anthropologist, she has worked developing and evaluating substance use programming for over 30 years, primarily in low-income communities on the east coast. She sees a huge need to help families develop the skills to help a loved one recover fully in a supportive, whole, and lasting way in their families and in their communities.

Dorothy Coriz, LADAC, is from Santo Domingo Pueblo and has been employed with Santo Domingo Health Corporation/Behavioral Health Department for nearly 4. Dorothy has in the Behavior Health field now for 40 years working with adolescents and adult clients. Throughout the years she has enjoyed being able to help individuals with addiction issues and has learned how addictions can affect people negatively and not only the individual with the problem but families as well. Dorothy is a past advisory committee member of NATI.

Eddie Cardenas, LISW, received his Masters Degree in Social Work from the University of Denver where he received the Dorthea Spellman Award for his creativity in working with groups. He is a Summa Cum Laude graduate from Metro State College in Denver. Ed was trained as a facilitator trainer at the Grief Education Institute in Colorado. He was also trained as a substance abuse counselor trainer at the Colorado Department of Health and as a rehabilitation specialist trainer for staff working with the disabled substance abuser at Washington D.C. He's a licensed trainer through the New Mexico Therapy and Practice Counseling Board to present continued education to counselors, social workers and other mental health professionals. He has also presented training at the local, national, and at the international level with Mayan populations. Ed is retired from the Veterans Administration, the University of New Mexico, New Mexico Highlands University and Albuquerque Public Schools. Currently, Ed trains substance abuse and grief counselors and other human service workers (i.e. teachers). He also trains parents on parental skills.

Felipe Silerio, PRC, is a Peer Recovery Coach Support Specialist, and Peer Support Supervisor at Ysleta Del Sur Pueblo, with over five years experience as a Recovery Coach. Felipe specializes in Opioid addiction as a trainer of Opioid Overdose Prevention. Felipe holds a Bachelors in Criminal Justice Administration, and has a National Peer Recovery Certification from the National Certification Commission for Addiction Professionals. Felipe has recently obtained his Re-entry Certification with the Texas Certification Board. He currently works with Ysleta Del Sur Pueblo as a Lead Recovery Coach and is currently developing Peer Recovery Support Services with in Native American Communities. Mr. Silerio is a strong believer in the power of positive thinking, and perseverance when working with people who suffer from the disease of addiction.

Genevieve Chavez is the Lead Case Manager for EAST Sex Trafficking Program and has worked with the Albuquerque Rape Crisis Center as a Victim Advocate, All Faiths Receiving Home as a Client Intake Coordinator/Business Manager, and with Haven House Domestic Violence Shelter as a Lead Case Manager, in total, 13 years assisting victims and survivors of all ages.

Geraldine Lovato, LSAA LMSW, is from the Pueblo of San Felipe and has worked with adolescences for 28 years in various learning settings. Ms. Lovato has group work to be a powerful tool in managing and getting youth to open up, feel comfortable and have a great learning experience. In the years that she has worked with adolescents she has developed programs needed for specific outcomes such as leadership, substance abuse awareness, life skills, community improvement to name a few. An example program which is designed and based on a restorative/tribal justice and student support model that promotes student success and builds self-esteem while students remain academically engaged. It includes the following essential components: Student/Parental/Staff/Community Engagement, Cultural Mentorship, Prevention and Intervention Education, Life Skills, Community Service, Leadership Training, Academic Support, and Counseling. Experiential learning has been huge part of teaching youth, life skills, cultural and traditional values, as indigenous people experiential learning has always been at the fore front of how we learn.

Ivan Pena is from the Taino Tribe from the Dominican Republic with a warrior name of "Xango". Ivan has 26 years in the social service field providing services for families and individuals. In his journey he has come across hard times and has lived in a very violent and aggressive environment. With the help of the creator, he has overcome his struggles and changed his life and returned to his roots. He found his purpose helping and healing people

emotionally, physically & spiritually. He carries and shares the knowledge of gang mediation & intervention, Self-Empowerment education, processing shame & guilt, Self-Rise from homelessness, warrior Mentality in Recovery, Traditional healing and ceremonies, Traditional Ecological Knowledge, Cultural wellness awareness, Family Preservation & unification, Empowering and boosting self-esteem for all ages. Music percussion therapy, a professor in Capoeira Angola that teaches music, movements of liberation, and cultural history of freedom. Ivan's mission is to continue working and healing Indigenous people, so they remain strong.

Javen Miranda, CPSS, is Hopi tribal member who grew up in both the cities of Arizona and on the Hopi reservation who experienced both the traditional aspect of Native life as well as a life steeped in alcohol and drug abuse and has overcome his alcohol and drug addictions by learning and participating in various Native American rituals and ceremonies such as Talking circles, sweatlodge and Medicine Wheel Teachings, which changed the trajectory of his life in a positive direction to where he is at today, being able to be of service and help fellow Native Americans lead a sober and healthy life as a Facilitator and Peer Support Specialist working for Blue Sage Healing Centers.

Johanna Corpeno is of the Maya People and was born in Southern California. Johanna has believed in the power of nutrition (healing the gut/body from the inside out), movement, and connection with Mother Earth — through plant medicines, healthy eating, and movement within the body. This passion has led her on a journey, seeking knowledge that she believes can help remind others of their healing path from past traumas. Johanna, an advocate as well as a survivor of domestic violence is thankful that she has these tools to help her in her own life. Enhancing Johanna's sense of connection to spirituality, self-awareness, and the Universe she became certified with Native Strength Revolution; RYT 200 Hr. Training. Incorporating an all over holistic approach to healing with nutrition and movement as medicine. With an emphasis on gut health, Johanna shares the connection that our entire body has with the gut. One of Johanna's greatest passions is working with people and helping them create a healthy sustainable lifestyle that they can thrive through. This has led her on her path to working with those in recovery, facilitating in body-mind practices. Johanna is a graduate of Southwest Institute of Healing arts as a Wellness Practitioner in- Holistic Nutrition, Life Coaching, and Fitness Nutrition Education. She also has a deep-rooted passion for working with youth and has begun her certification in Vinyasa (Trauma Informed) Yoga for Youth. In addition, Johanna has also completed a 25-hr. certificate for Trauma Sensitive Informed Yoga and is in the process of completing the full 200 hr. certification.

Dr. Jose Eli Fresquez, Ph.D. LISW, obtained a Ph.D., in Social Work and Psychology from the University of Michigan and a Masters of Social Work from Michigan State University. He has been a Social Worker for over thirty-five. He was the first chairperson of the New Mexico Social Work Board of Examiners and chaired the National Social Work Examination Committee responsible for the creation and administration the National Social Work Examination for over six years. Dr. Fresquez is an expert in Social Work Examination and Preparation. He has conducted hundreds of Social Work Examination Preparatory Seminars nationwide with excellent results. He has taught in several major universities and writes in the field of Social Work and Corrections and Examination Preparation. Dr. Fresquez also conducts seminars on Organizational Development, Creating Competence in the Work Place and Leadership Management. He has worked in Corrections for a significant part of his career designing and implementing Behavioral Health Treatment Systems in several Correctional setting. Dr. Fresquez was Director of both the

Behavioral Health Treatment Programs sponsored by the Adult and Juvenile Detention Facilities in Santa Fe, New Mexico. At present, Dr. Fresquez is in private practice and provides consultation services in the area of Behavioral Health program development, professional enhancement and organizational management.'

Kevin Foley Ph.D., Psychologist (Rappahannock), has been in the Native American mental health/substance abuse field for almost thirty years. He is the Executive Director at the Na'Nizhoozhi Center, Inc. (NCI) in Gallup, New Mexico, the largest treatment program by admission numbers in the country. He oversees the CARF Accredited Hinaah Biitsos Society a Navajo based Traditional Native American Residential Treatment Program social detox. He was the principal investigator of HRSA's five year American Indian/Alaskan Native Special Projects of National Significance "Four Corners American Indian Circle of Services Collaborative" grant. He was the co-investigator of NIDA's Clinical Trials Network Job Seekers Workshop Navajo version at NCI and the co-investigator of the Methamphetamine Use and Treatment in Native American Communities in the Southwest. He writes about cultural competency and clinical issues related to American Indian substance abuse/mental health and psychological treatment.

Kristina Padilla, MA, LAADC, ICAADC, CGS, is a leader with the California Consortium of Addiction Programs and Professionals (CCAPP), where she serves as the Vice President of Education overseeing CCAPP's Education Department. She also is the Vice President of Strategic Development for the organization wherein she travels throughout California and the nation bringing addiction focused businesses together to promote the profession, increase access to services and improve the quality of AOD service provision through education, business development, and investment in quality programming. Mx. Padilla led California's innovative criminal justice program serving as the Offender Mentor Certification Program Director for three years where she managed 12 in-prison programs for training counselors. Mx. Padilla is also an independent consultant on LGBTQIA2+ Program development & Design/issues/services/Counseling/Therapy/Mentoring/Training and Coaching and travels the Nation providing training and lectures at conferences as well as in-service training for non-profits, for-profits, county and state workers. Mx. Padilla is also an Addiction Technology transfer center (ATTC) Trainer and "Equality California" Leadership Academy fellow. Mx. Padilla obtained her "Higher Education Teaching Certificate" at Harvard, The Derek Bok Center for Teaching and Learning July 2020. Mx. Padilla is a mother to a beautiful 5-year-old little girl named Karisma. She also is a part of the LGBTQ+ (Rainbow) Community and identifies as Apache, Cherokee, Trans, Gender-Fluid, 2-Spirit, non-binary, biologically born Woman, Kristina's pronouns are She/Her, and They/Them and she goes by the prefix of Mx.Padilla.

Kristina Lewis, (Pueblos of Laguna, Acoma and Taos) assist, youth and adults, whom are victims or survivors of human trafficking within the Bernalillo city limits. Both case workers completed Bachelor's degrees from Haskell Indian Nations University and Arizona State. CARES Human Trafficking is affiliated with First Nations Community Healthsource. Both advocates are also part of Missing, Murdered, and Indigenous Women & Relatives Task Force where we all continue to advocate and develop an inclusive plan for the state that will protect our people and bring justice to families. Including working alongside District Attorney's office- Human Trafficking Unit, as well Albuquerque Police Department and Tribal Police.

Laurie MacDougal is a former math teacher and is extremely active in the recovery community. She currently devotes most of her energy to REST, an educational group that offers online video meetings, and access to training in the CRAFT method. Her work is guided by a desire to improve the community's response and end the stigma associated with SUD. Both Dominique and Laurie can be heard weekly on their Podcast: Coming Up for Air.

Leroy Billiman facilitates talking circles and other recovery programs at Blue Sage Rehabilitation in Chandler AZ.

Lorenzo Jim, LADAC, Dine' (Center for InterCultural Care, LLC, CEO) is a Licensed Alcohol/Drug Abuse Counselor (LADAC) & certified Hataalii & Traditional Counselor with the Dine Hataalii Association (DHA). Amongst his many roles as trainer & provider, he has directed Native American culturally enriched wellness programming at First Nations Community HealthSource, is currently a Traditional Practitioner at United American Indian Involvement, is a board of director at Working Classroom, Cultural Services Provider at Children, Youth & Families Department, Juvenile Justice Services and serves as a Commission Member for the City of Albuquerque's Commission on American Indian & Alaska Native Affairs (CAIANA).

Maxine Daggett holds a Master's degree in Social Work from New Mexico Highlands University and has over 20 years of healthcare and community health experience. She is a Trained Tobacco Treatment Specialist (TTS) from Duke University. Prior to joining Optum, she worked as a Preventionist for North Central Community Based Services in Chama. In this role, she traveled throughout an extensive territory of Northern New Mexico to implement community substance abuse prevention programs, led substance abuse town hall meetings, and coordinated activities for the Northern Rio Arriba Communities Health Coalition. In addition to this training and outreach experience, Maxine was the office manager for a general surgeon and family practitioner. These roles have provided her with the skills necessary to effectively work with clinical staff and providers. Maxine has been a Health Systems Change Specialist working with providers throughout the state of New Mexico for the last six years.

Patricia Lopez, LMHC, is best known as one of the top Courtroom Artists in our nation. In 2014, Pat Lopez received her Masters in Art Therapy/Counseling. She is published in the book, "Drawn to Purpose, American Women Illustrators and Cartoonists": by Martha H. Kennedy. Pat was honored by the U.S. Library of Congress in 2017, when the Library purchased her portfolio of courtroom art of over 35 years of infamous trials in courtrooms throughout our nation. On March 25, 2017, a national exhibit; "Drawing Justice", at the U.S. Library of Congress opened with Pat's courtroom art on display along with 6 of her peers. Pat Lopez contributed over 400 drawings from U.S. Historical cases, such as the "Oklahoma City Bombing".

Patrick Trujillo, Patrick has been the Chief Executive Officer and President Native American Training Institute (NATI) since NATI's inception in 2010. Patrick currently serves as Cultural Care Provider at First Nations Traditional Wellness Program whose primary focus is on prevention and education in Native American Wellness (Native American Pathway to Healing and Wellness). As a traditional practitioner, Patrick enjoys working with youth and families promoting cultural and traditional values and health. Patrick has served in facilitation capacities for national organizations such as the Gathering of Native Americans (GONA), University of Oklahoma, Kauffman & Associates and many more. Patrick has attended the University of New Mexico, College of Santa Fe and Arizona State University.

Regina Faridnia, LCSW LCSW, is the primary therapist/clinician at Indigena Counseling & Wellness Center. She is a Licensed Clinical Social Worker in California, Louisiana & Montana. Regina is originally from Louisiana and is a member of the United Houma Nation tribe. She enjoys providing somatic psychotherapy, consultation & training. Training is offered around Native American issues and Brainspotting. Regina is specialized in providing consultation to BIPOC identified Brainspotting clinicians seeking and providing Brainspotting Phase I & Phase II training. She is also EMDR certified and a Somatic Experiencing Practitioner (3-year program). Trainings can be provided by Region within Native communities to provide a higher level of focus on the technique within a cultural context and frame.

Renaldo Wilson, is new to New Mexico, only now living in Albuquerque for nine months. He is the Program Director for NUPAC (Nicotine Use Prevention and Control) for New Mexico Department of Health, and just moved from Los Angeles, Ca. While there, he was formerly a Health Educator, Cessation Specialist and Clinical Exercise Physiologist for Kaiser Permanente, and later a Health Education Manager for the Los Angeles County Department of Public Health. He is also still an Adjunct Professor with Pacific Oaks College in Pasadena, California, teaching virtual courses on Human Nutrition and Metabolism, Exercise Physiology and World Music and Culture. Renaldo has degrees in Jazz Performance, Exercise Physiology, Nutrition and Comparative Near Eastern Religions and Philosophies. He is also certified in 24 different specialties, including Functional Nutrition, Diabetes Education, Prenatal/ Postpartum Exercise, Peri/Post Menopause, and Corrective Exercise Techniques, among many others. And finally, he has, and continues to lecture on many topics, but focus mainly on Trauma-Informed Care, Toxic Masculinity and Culturally Competent Cessation.

Ron Romero, NPI, was born and raised in New Mexico and is of Native and Hispanic decent, and is a husband and father. He received BAs in Psychology and Sociology from NMSU in Las Cruces, a MA in Special Education from UNM, and completed additional graduate level coursework for administrative licensure from NMHU. The education Ron has completed for which he is most proud, is training he has received from Ed Cardenas in Grief and in Communication Skills. Ron is an Educator who has served at-risk populations as a Teacher's Assistant, Teacher, Special Education Coordinator, School based Administrator and District level Administrator as the Coordinator for APS Charter and Magnet schools. He is also an Educational Consultant and Presenter for Sundance Educational Services and have enjoyed working with Native populations in NM and AZ. Ron is honored to be asked back as a presenter to NATI this year. He previously presented on Suicide Prevention and Cultural Awareness for NATI.

Sarita McGowan, CADC-CAS, is an enrolled member of the Iowa Tribe of Kansas and Nebraska. Sarita has walked a path of sobriety and has been clean and sober for 16 years. She has experienced homelessness, addiction and divorce and became a displaced homemaker at age 38. She is committed to my Native American culture, traditions, and spirituality. A graduate of Chaffey College in 2014, she was recognized as one of the top 7 students in her graduating class, and receiving a Bachelors in Sociology from Pitzer College within the Claremont Colleges. Sarita obtained her Master's in Education with an emphasis in Diversity and Equity within Education from the University of Illinois. Sarita continues to work towards her Ph.D. in Education.

Shelane Rosales attended The University of New Mexico and received her Bachelor of Science in Health Education. Shelane has been working as a case manager for over four years for the EAST Program at First Nations Community Healthsource. In this position, she provides direct services to victim/survivors of human trafficking in Albuquerque, New Mexico. She also provides education and community presentations to communities across New Mexico on Human trafficking.

Sheldon Smith is a Native American advocate, motivational speaker, and performer. His work has focused on working with young people across the country to find their potential. Including building positive character development, leadership, self-care, cultural and spiritual empowerment. Sheldon share his passion by sharing stories, breaking down barriers, and being an entrepreneur.

Dr. Shirley Rowland, MATC, Cherokee elder has a Master's and Doctorate in Addictive Disorders, with over 30 years of experience working in the Natives Community's. She is a member of the Cherokee's of Northern Central Valley, a satellite community of the Cherokee Nation and a long time council member. Dr. Shirley is a storyteller and works with the local Indian Education programs in her area. Retired therapist from the County of Sacramento, California, where she designed and implemented the Native American Curriculum. She currently has classes teaching Native American drum making, basket weaving and other native crafts. Dr. Shirley serves on NATI's advisory committee.

Watson Billie, Jr. is from the Navajo Nation of the Mountain Cove (Dzilt'ahnii), born for the Bitter Water Clan (Todich'iinii), Under His Cover (Bitahnii), Water Flowing Together Clan (To'ahedliinii). Watson has battled addiction of alcohol and drugs for many years and could not pull himself away from lifestyle. Depression came with this addiction and would imagine his funeral. He failed at his attempt to hanging himself. Following that attempt of suicide, he was blessed me with a wife and daughter. Thus, he made a concerted effort in changing his lifestyle. Throughout his life he has seen close friends and family fight addiction or passing away from their addiction. He used his experiences to start a suicide awareness and prevention initiative called Rockin' Life. Using music, art, and talent as an effort to build confidence and support within each other. Music was his saving grace during dark times, giving him something to live for. With support from others, Mr. Billie began and continues to reach out and partner with local behavioral health services, wellness programs, non-profit organizations, and community members to host events.

We believe in an addiction-free tomorrow.

With every patient we care for,
every family we strengthen,
every new counselor we educate,
every treatment innovation we advance,
and every community we work alongside in healing and hope,
we move closer to the day when no one suffers or dies from addiction—
a disease that can be prevented, treated and managed for life.

TOGETHER, WE WILL OVERCOME ADDICTION.

Reach out today.
We're here for you.

Call **855-348-7012** to speak confidentially with a recovery expert or visit **HazeldenBettyFord.org** to learn more.



Hazelden Betty Ford
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The Hazelden Betty Ford Foundation is the nation's leading nonprofit system of addiction treatment, mental health care, recovery resources and related prevention and education services.

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