



Central High School 2019 High Voltage All American Wrestling Camps June 25-27

Featured clinicians will be NCAA All Americans Greg Wilson and Heath Gray:

Greg Wilson was a 3X State Champion for Central High School 2010 2011 2012. Greg was an All American for University of Central Oklahoma this year. He will be a featured clinician in the Advanced camp and the Beginner series.

Heath Gray was a state champion from Chandler Oklahoma. This year he was a 3rd place All American in the NCAA DII National Tournament.

Matt Lupardus was a Heavyweight State champion for Keller High School In 2007.



Amalani Latu, Olivia Ricci and Liam Bird are all graduates from Central High School, and they will be wrestling collegiately next year. Amalani Latu signed with Limestone University. Olivia Ricci signed with Wayland Baptist. Liam Bird signed with Western State University. These three will be assisting our High School Coaching Staff and Guest Clinicians in this awesome camp

Make sure to sign up for the correct camp!

Beginner Camp June 25, 26, & 27 9 am – Noon **\$110**

Appropriate for **male and female** athletes entering the 1st grade to incoming freshmen.. This camp will be held on three wrestling mats and we will organize the kids by age and gender if possible. Our 5th graders – incoming freshman that have competed for a local club or middle school team AND can handle the rigor of two sessions per day, are welcome to sign up for our high school camp. **Girls will have their own mat for this camp!**



Advanced High School Camp (Advanced youth 5th grade and up may attend this camp)

**Two Sessions per Day. Session 1 is 1:30 pm – 3:30 pm.
Session 2 is 4 pm – 6 pm**

\$110

When: June 25, 26, 27 (Tuesday, Wednesday, Thursday).

Where: Central High School Small Gym

This camp will happen on 3 mats. Wrestling at it's very core is all about the basics. The best athletes set up their techniques better, and they turn their attacks into points better. Greg Wilson and Heath Gray will spend a lot of time working with campers on different ways to set up and finish attacks from the feet, bottom, and top positions.

You can sign up for these camps at www.centralwrestling.org . Text Bill Wilson at 817-999-5919 with questions