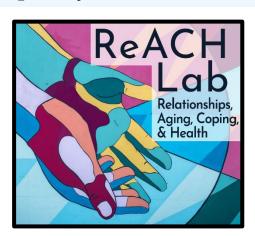


The **ReACH** Lab at Adelphi University launched the **RISE** Study to learn more about how veterans cope with stress in their daily lives, and what it means for their sleep and well-being.

If you are a veteran who is at least **60 years old** and is married (or living with a partner), please consider being a part of our study!

In addition to helping us learn more about long-term implications of military service, you will be compensated for your time (via a maximum of \$75.00 worth of gift cards).

What will you be asked to do? Study participation includes an initial survey and seven brief daily surveys, all of which would be emailed to you. Participation is completely remote.







How do you sign up?

If you are interested in learning more about this opportunity, email or call the lead researcher,
Dr. Christina Marini.

cmarini@adelphi.edu 516-877-4812