

# Self Empowered Minds

Saba Hocek

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HYPNOSIS/BIOFEEDBACK PROFILE SHEET (For internal records Only - PLEASE PRINT)

NAME OF CLIENT \_\_\_\_\_ TODAY'S DATE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY, STATE & ZIP \_\_\_\_\_

OCCUPATION \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_ SEX M F

HOME PHONE \_\_\_\_\_ WORK \_\_\_\_\_

CELL \_\_\_\_\_ E-MAIL \_\_\_\_\_

## BIOFEEDBACK REQUIRED INFORMATION

FULL NAME AT BIRTH \_\_\_\_\_ TIME OF BIRTH \_\_\_\_\_ AM PM

PLACE OF BIRTH: City/State \_\_\_\_\_ Country \_\_\_\_\_

		<i><b>If you answered YES to anything in this column Biofeedback should NOT be performed</b></i>	
Number of cigarettes smoked per day		Number of alcohol drinks per day	Are you pregnant or possibly pregnant?
Number of exercise sessions per week		Amount of sugar per day (1- minimal, 2- moderate, 3- excessive)	Do you have Epilepsy?
Amount of toxic exposure such as radiation, chemicals, etc. (1- minimal, 2- moderate, 3- excessive)		Sensitivity to toxic exposure (1- minimal, 2- moderate, 3- excessive)	Do you have a pacemaker or heart condition?
Stress Level (1- mild, 2- moderate, 3- severe)		Allergies (1- mild, 2- moderate, 3- severe)	

**\*\*\* If your visit is for quitting smoking, DO NOT SMOKE for at least 4 HOURS BEFORE your session.**

1. Why are you requesting Hypnosis and/or Biofeedback and what are you seeking to achieve?

Briefly describe what's occurring or not occurring.

2. Do you suffer from any diseases, whatsoever, such as Heart Trouble, Lung Disorders, Epilepsy, Diagnosed Depression, etc.?

3. Please list your physicians name, address & telephone number if necessary for consultation purposes:

\_\_\_\_\_

4. Are you currently under a physician's medical treatment, psychiatric treatment or other medical care?

\_\_\_\_\_

5. Are you currently undergoing any sort of therapy, if so, please list, include therapists name, address & phone:

6. Are you currently taking any prescribed medications? If so please list:

For Hypnosis Services:

I fully understand that in no way is the (called in NY State non-therapeutic) consulting hypnosis / hypnotism in this or any session, private or group, or via reinforcement modality to be a replacement for my physician, any medical treatments or counseling or therapy of any kind that I may need, may be undergoing or may require, as required by my doctor, therapist or as prescribed by law. I further state that I do this of my own free will and I do this as a method of personal self-development / wellness and as with any modality, all results achieved or not achieved are my personal responsibility and in full conjunction with and acknowledgement of all attending medical and psychological professionals whose care I am or may be under. It is fully understood and agreed to, the use clinical hypnotism and or discussion in this session including any and all work provided, is limited to the complementary use of hypnotic arts and sciences to enhance the natural restorative and coping abilities of the client. Consulting Hypnotists/Hypnotism helps ordinary, everyday people with ordinary, everyday problems using individual hypnotic techniques. I understand that I am fully responsible for any and all outcomes achieved or not achieved. I fully understand and hereby agree that Hypnotist Saba Hocek is not a doctor of medicine, does not practice medicine by any means, does not diagnose or name diseases, does not treat specific conditions or ailments and does not prescribe medication, adjust medication nor practice therapy as prescribed by state law. I understand that hypnosis is a normal and naturally occurring state of consciousness and that through which I will receive beneficial suggestions to motivate/inculcate improvement in my life. I further agree to participate in this program, attending all sessions and performing all suggested exercises to achieve success. If a recording of the self-hypnosis / self-hypnotism is provided as reinforcement modality, I promise not to, under any circumstances, duplicate, copy, reproduce, sample nor otherwise share said recording with anyone and not to play the said recording in a car or in any motor vehicle at any time. In accordance with all applicable laws, the services rendered are held out to the public as non-therapeutic Hypnotism, defined as the use of hypnosis to inculcate positive thinking and the capacity for self-hypnosis as defined by current state law. Hypnotist Saba Hocek does not represent nor provides, nor holds out his services as any form of medical, behavioral, or mental health care, psychotherapy, and despite research to the contrary, by law no health benefit claims are made for these services. I also attest and fully understand that this is being done in full accordance and compliance with Local, State & Federal Law and is considered and understood to be in full accordance with said law. I attest here that the information I have provided here is true and accurate to the best of my knowledge.

\_\_\_\_\_ (initials)

For Biofeedback Sessions:

I understand that the attending practitioners are not allopathic doctors (MDs) and do not portray themselves to be but are providing biofeedback and wellness services. I understand that the services provided identify energetic imbalances. Procedures utilized include stress reduction protocols, nutritional wellness consultation and biofeedback. I fully understand that the attending practitioners do not offer allopathic drugs, surgery, chemical stimulants, or any other conventional treatments. In addition, we do not diagnose, treat or otherwise prescribe for my disease, conditions or illness, or perform any act that would constitute the practice of medicine for which a license is required. I have solicited the attending practitioners' services in good faith, exercising my free will and following the dictates of my own conscience which allows me to select what I understand is most beneficial to my health. I am fully aware and release the practitioner to do biofeedback testing, wellness consultation and other stress reduction protocols. By signing below I acknowledge that I have read and understand all parts of this waiver, that I had the opportunity to ask any questions with regard to the described procedures, and that I hereby affirm: I am not here for medical diagnostic or treatment procedures and I am here on this and any subsequent visit solely on my own behalf.

\_\_\_\_\_ (initials)

#### **CANCELLATION/RESCHEDULE POLICY**

Cancellations/Rescheduling less than 2 days of the appointment will be charged the full appointment fee. The credit card shown below will not be charged unless the appointment is cancelled/rescheduled less than 2 days of the appointment. Services may be paid by credit card or cash. Credit cards are subject to an \$8.00 service fee.

Name of credit card: \_\_\_\_\_ Zip code: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ Security Number: \_\_\_\_\_

Signature: \_\_\_\_\_ Print Name \_\_\_\_\_ Date \_\_\_\_\_

Relationship to Client:  Self  Other \_\_\_\_\_

Is Client specified above a minor, under 18 years of age?  Yes  No

Note: Self Empowered Minds agrees to keep all client information including history, discussions, procedures and results obtained from the above services strictly confidential and may not be shared with anybody unless authorized in writing by the client.

# **PLEASE CHECK ANY ONGOING CONDITIONS**

## **(For Biofeedback Sessions Only)**

<b>--A--</b>	Cholesterol	Flu/Cold	<b>--J--</b>	<b>--O--</b>	Spleen
Abscess	Crohn's Disease	Food Poisoning	Jaundice	Obesity	Sprain
Acne	Chronic Fatigue	Fungus		Osteoporosis	Sterility
AIDS	Circulation		<b>--K--</b>	Ovary	Stomach
Addiction	Cold/Flu		Kidney	Oxygen	Stress Reduction
Addison's Disease	Colic	<b>--G--</b>	Kidney Stones		Stroke
Adenoids	Coma	Gall Bladder Gall	Knee	<b>--P--</b>	Sweating
Adrenals	Conjunctivitis	Stones Gangrene		Pain	Sympathetic
Alcoholism	Constipation	Gastritis	<b>--L--</b>	Management	<b>--T--</b>
Allergy	Cough	General Digestion	Lactation	Palpitations	Tendonitis
Alzheimer's	Cranial Bones	Glands	Lactose	Pancreas	Thoracic
ALS-Amyotrophic	Cranial Sacral	Gum	Intolerance	Paralysis	Throat
Lateral Sclerosis	Panel		Laryngitis/Larynx	Parasympathetic	Thymus
Amoeba Anemia	Cuts/Wound	<b>--H--</b>	Leaky Gut	Parathyroid	Thyroid
Aneurysm Anger	Cystitis	Hay fever	Syndrome	Parkinson's	TMJ
Ankles	Cysts	Headache	Learning	Ph Balance	Tonsillitis
Anorexia		Heart	Disabilities	Pharyngitis	Toothache
Anti-Aging	<b>--D--</b>	Heat Exhaustion	Leukemia	Phobias Pituitary	Tuberculosis
Anxiety	Dandruff	Hemorrhage	Liver	Pleurisy	Tumor
Appetite Increase	Deafness	Hemorrhoid	Lou Gehrig's	Pneumonia	
Appetite Decreases	Degeneration	Hepatitis	Lower Back/	Poison Ivy/	<b>--U--</b>
Arm	Dental	Hernia	Sciatic	Poison Oak	Ulcers
Arteries & Veins	Depression	Herpes	Lungs	Prions	
Arthritis	Detoxification	Hiccups	Lupus	Prostate	
Asthma	Diabetes	Hip Bones	Lyme Disease		<b>--V--</b>
Athlete's Foot	Diaphragm	Hormones	Lymph		Varicose Veins
ADD&ADHD	Diarrhea	Hydration		<b>--R--</b>	Vertigo
Autism	Digestion	Hypertension		Rash	Virus
	Dizziness	Hypochondriac	<b>--M--</b>	Reflexology	Vocal Disorders
	Dyslexia	Hypoglycemia	Macular	Rheumatism	Vomiting
		Hypothalamus	Degeneration		
<b>--B--</b>	<b>--E--</b>	Hypothyroid	Malaria		<b>--W--</b>
Bacteria Balance	Ear		Measles Memory	<b>--S--</b>	Warts & Moles
Disorder	Eczema	<b>--I--</b>	Menier's	Schizophrenia	Weight Loss
Baldness/	Elbow	Immune System	Menopause	Seizures	Worms
Alopecia/ Hair	Emotional	Impotence	Menstruation	Sexual Desire	Wound Repair
Loss	Concerns	Incontinence	Metacarpal	STD	Wrist Pain
Bladder	Endocrine	Indigestion	Tunnel Syndrome	Sinuses/Sinusitis	
Bloating	Endometriosis	Infection	Miasms	Skin	
Blood Analysis	Energy	Inflammation	Migraine	Sleep	<b>--Y--</b>
Bones	Enzymes	Injury	Miscarriage	Sleep Apnea	Yeast Infection
Bowel Flora	Epilepsy	Insomnia	Moles & Warts	Spasm	
Bronchitis	Esophagus	Intestines Irritable	Mononucleosis	Speech	
	Eyes	Bowel Syndrome	Motion Sickness	Spine	
<b>--C--</b>	<b>--F--</b>	Itch	Multiple Sclerosis		
Cancer	Fainting		Mumps		
Candida	Fat Digestion		Muscles Panel		
Carpal Tunnel	Fear/Phobia				
Chlamydia	Fertility		<b>--N--</b>		
	Fever		Neurological		
	Fibromyalgia		Nightmares		
	Fibrositis		Stress Reduction		
	Fibrous Tissue				
	Flatulence				