

ALICE: Here's the thing...I know I'm not perfect. I know I can never be perfect. But when you look around perfection is everywhere. I'm not fat, I know I'm not fat I'm just big boned, but you don't see big boned girl selling you jeans, heck big boned girls don't even sell you cat food.

So, what's a big boned girl to do? A big boned girl who likes her food. She learns to adapt and to really chew her food. And pizza is not a friend the second time around.

I don't enjoy going into the bathroom after every meal, turning on the water so no one will hear, staring into the toilet - trying to psyche myself up like I'm responsible for the winning basket at the championship game. Kneeling on the cold hard floor. Why are bathroom floors always so cold? I hate the sounds, I hate the smells, I hate how it feels. It's not easy...but neither is being a big boned girl in a skinny girl world.