

IBHC is dedicated to enhancing the lives of the Isleta community by providing a variety of counseling and psychiatric services to people of all ages. To accomplish this mission, IBHC provides services including:

- Screening & Assessment
- Individual Counseling
- Family Counseling
- Couples Counseling
- Group Counseling
- Psychiatry -Medication Management
- Intensive Outpatient Program (IOP)
- Residential Treatment Placement
- Case Management
- Crisis Intervention
- Prevention & Education

# PUEBLO OF ISLETA



**Isleta Behavioral  
Health Clinic  
(IBHC)  
Outpatient Services**

**PO Box 580  
Isleta, NM 87022**

## Individual Counseling

Individual counseling/psychotherapy offers support and growth during challenging times in life.

Individual counseling can help one deal with a variety of personal issues relating to anxiety, depression, anger, substance abuse, parenting problems, marriage and relationship challenges, school difficulties, etc.

## Group Counseling

Group counseling offers a unique opportunity for individuals to discover that they are not alone with life challenges. Group counseling not only increases one's understanding of a specific challenge but acknowledges the variety of possible solutions available. Groups offered at IBHC include:

- » Intensive Outpatient Program (IOP) –  
Ripple Effect
- » Wellbriety
- » Grief Group
- » Parenting Group
- » Relapse Prevention
- » Another Recovery Technique (ART) Group
- » Anger Management
- » Men's Domestic Violence
- » Women's Domestic Violence
- » Youth Prevention Program

## COMMUNITY EVENTS

- Mental Health First Aid Training
- Red Ribbon Run/Rock Your Mocs
- Annual Memorial Walk
- Community Summit
- Community Garden

## Contact Us

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Fax: 505-869-5489

## Our Staff

**Gilbert Romero, MS, LADAC**

*Interim Manager/ Clinical Supervisor*

**Joseph Luzius, MD**

*Psychiatrist*

**Lisa Kaye Cherino, MSW, LCSW, LADAC**

*Clinical Therapist*

**Gabriel Rael, M.Ed, LMHC**

*Mental Health/Substance Abuse Counselor*

**Santana Titla, LADAC**

*Addictions Counselor*

**Kory Kie, BA, LSAA**

*Addictions Counselor*

**Kaylee Chavez, BA, LSAA**

*Case Manager*

**Katelynne Johnson, BS**

*Experiential Educator*

**Orion Zuni, BA**

*Experiential Educator*

**Eloisa DeWae**

*Administrative Assistant*