



2022 Meeting Schedule

Isleta Health Support Group

Isleta Health Center Kitchen or Isleta Health Training Center
 (Daytime sessions enter in the front doors, Nighttime sessions either at the Training Center
 (pink building farthest north behind the Health Center)
 or Kitchen (Enter on the South Side of the Building near the grassy gated area-2nd door on the right.)
 10:30am to 12:00pm or 5:00pm-6:30pm

*Meetings usually change time every other session, from 10:30am-12:00pm to 5pm-6:30pm.
 *Due to potential COVID Restrictions, Meetings may only be offered online. Please call to verify location.

DATE	TOPIC	SPEAKER	LOCATION
1/11/2022 5-6:30	Evening Session A New You for 2022	Anthony Fleg UNM Dept of Family & Community Medicine, Native Health Initiative	Presented On-line ONLY Due to COVID Restrictions
1 st Friday 2/4/2022 9:30am – 12:30pm	9 th Annual Go Red For Native Women Virtual Heart Health Summit American Heart Association https://heart.zoom.us/webinar/register/WN_YDAiqcCsTKu2Uitf9EA9Ug		Presented Virtually and Possibly at Isleta Health Training Center
📞 Contact Stephanie at 869-4479 to register for Heart Health Summit 📞			
3/8/2022 5pm – 6:30pm	EVENING SESSION Pain Management	Renaldo Wilson DOH NUPAC Program Director	Presented Virtually and Possibly at Isleta Health Training Center
4/12/2022 10:30am – Noon	Know Diabetes by Heart	Cassandra Vanderpool, MS, RDN, LD, Diabetes MAPP (Management & Prevention Programs)	Presented Virtually and Possibly at Isleta Health Kitchen
5/10/2022 5pm-7:30pm	EVENING SESSION 7 th Annual Isleta Cancer Survivors Day Event	Balloon Release/ Survivor Celebration (Anjie Cureton)	Presented Virtually and Possibly at Isleta Health Training Center
6/14/2022 10:30am – Noon	Advance Directives and End of Life Planning	Anjie Cureton, Clinical Psychologist, UNM	Presented Virtually and Possibly at Isleta Health Kitchen
7/12/2022 5pm-6:30pm	EVENING SESSION Alternative Medicine and Cancer Treatment	Renaldo Wilson DOH NUPAC Program Director	Presented Virtually and Possibly at Isleta Health Training Center
8/9/2022 10:30am – Noon	What is Inflammation	Renaldo Wilson DOH NUPAC Program Director	Presented Virtually and Possibly at Isleta Health Kitchen
9/13/2022 5pm – 6:30pm	EVENING SESSION Depression/BH/Suicide	Isleta Behavioral Health	Presented Virtually and Possibly at Isleta Health Training Center
10/11/2022 10:30am-12pm	12yr Anniversary Celebration of Group <i>Established October 2010</i>		Presented Virtually and Possibly at Isleta Health Kitchen
11/8/2022 5pm-6:30pm	EVENING SESSION Stress Management for Caregivers training	Antonio Lopez, LMSW Clinical Provider Trainer Western Sky	Presented Virtually and Possibly at Isleta Health Training Center
12/13/22 10:30-12pm	Heart Health	Janet Johnson DOH Tribal Liaison	Presented Virtually and Possibly at Isleta Health Kitchen

Topics are subject to change.

EVERYONE WELCOME

Sessions are Virtual; dial in on phone or
in-person (Depending on Restrictions).

**Call for Log In Information
or Phone Number.**

*NOTICE: Log in information is different each
session*

**Contact Stephanie Barela to sign up
and to learn more!**

**Due to Limited Space in order to Social Distance,
SEATS MUST BE RESERVED AHEAD OF TIME,
PLEASE CALL IN ADVANCE. MASKS REQUIRED!**

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