

ISLETA HEALTH CENTER



Ma Gu Waam from
Shay Jaramillo, BSN, RN

Happy Fall to everyone! I hope everyone is staying safe.

It is that time of year again; flu shot season. Call to schedule your flu shots today
6 months and older are eligible.

Below are some helpful Q&A tips about the Medical department:

- Did you know that you have to call at 8:00am for a walk in appointment? Dial 869-4385 to speak to a nurse, and remember we open at 10:00 am on Thursdays.
- Did you know we now have a pediatrician? His name is Dr. Sapien and he joined the IHC team on June 28, 2021. He is here twice a month; make an appointment for your child(ren) today.
- Did you know if you are transported by ambulance from the Health Center that you will still need to notify PRC within 72 hours?
- Did you know you can now print your child(ren)s or your own vaccine record? Visit VaxViewNM.org to print.
- Did you know you could request your medication refills without asking your doctor? This can be done by calling the Pharmacy refill line or the pharmacy directly. If you are out of refills, the pharmacy staff will ask your doctor to refill the medication for you.
- Did you know the best way to prevent illnesses such as the flu, cold and COVID is to WASH YOUR HANDS? Washing your hands with soap and warm water as soon as you get home from work, school, running errands or being outside will help keep yourself, your family and the community healthy.