

Right to Access

Access to your health information is your right! Information is powerful medicine.

Please Get it!

Get a copy of your health records.

Check it!

Check to make sure your health information is correct and complete.

And use it!

Having access to your health information means better health care and communication.



Information is key to making good healthcare decisions.

- Track your lab results and medications
- Understand your health history
- Get x-rays and other medical images
- Ask better questions and make healthier choices
- Share information with those you want, such as a caregiver, so you can help yourself and help others.