



PUEBLO OF ISLETA

January 2, 2025

Dear **6th grade** Parents and Guardians,

The Isleta Health Center Staff and Isleta Elementary School Staff have scheduled an informative lesson with Indigenous Women Rising to present a more in-depth sex education presentation to the 6th grade students. This program will focus on puberty, sex education, STIs, Contraception, consent and boundaries. During this presentation, we will have both male and female 6th grade students together.

Indigenous Women Rising will offer a Parent/Guardian and Child Night on January 15th in the Isleta Elementary School Library from 5:30-7pm to any 4th, 5th or 6th grade family that is interested in learning about Puberty Education and want to learn what is being presented. Then on January 16th the Indigenous Women Rising will present this information to the 6th grade students.

If you would like your student to attend the session, we ask you to sign and return the section below, otherwise it will be our understanding that you do not give permission for your student to participate in this lesson and we will have them in a separate room.

Thank you for your interest in this very important educational program. If you have any questions or concerns, please do not hesitate to contact me.

Stephanie Barela
Health Educator, IHC
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If you **Would like** your student to participate in the Isleta Elementary School Indigenous Women Rising Puberty Education lesson, please sign and return to your student's teacher by January 16th. Thank you.

Student's Name

Grade

Parent or Guardian's Signature

Date

Student has my permission to participate in the Puberty Education Program.