



Submission Guidelines

effective November 22, 2024

Welcome to FatTestKnits (FTK) and thank you for your interest in working with us to make the fiber and maker communities accessible to all bodies. These guidelines are intended to assist you in structuring your submission to FTK and give you a general idea of the types of information your potential testers need to know before signing up for the test. If you are unsure about your test or how to structure your call, please look at the calls on our profile to see what information other designers have submitted. We're also here to help via DM.

Although "knits" is in our name, we accept pattern testing calls for crochet and sewing. We also accept testing calls for things other than garments. Need testers for your crochet shawl? A new sewn skirt? Awesome!

The inclusion of your testing call on FTK's profile is done at the staff's sole discretion. We will not work with any designers or submissions that promote the following:

- ableism
- colorism & misogyny
- cultural appropriation
- fatphobia
- homophobia

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- misogyny
- racism
- sizeism
- transphobia & trans erasure
- white supremacy

Please join us in making FTK a safe and welcoming space for all bodies.

Minimum Size Requirements

Test patterns must include a minimum size as indicated below. Minimum sizes differ by the body measurement used to determine sizing in the pattern. Patterns for garments like T-shirts and sweaters typically use the full chest measurement to determine size. Waist or hip measurements are commonly used to determine size in pants or skirt patterns.

Tests for adult garments must include the following minimum sizes:

- Designs that use the full chest measurement (measured around the fullest point of the chest) to determine garment size must include a size to fit a person with a full chest measurement of 64" / 163 cm
- Designs that use the upper chest measurement (measured around the upper chest, just below the armpit) to determine size must include a size to fit a person with an upper chest measurement of 59" / 150 cm
- Designs that use the waist measurement to determine garment size must include a size to fit a person with a waist measurement of 49" / 124 cm
- Designs that use a hip measurement to determine garment size must include a size to fit a person with a hip measurement of 61" / 155 cm

Note: "Measurement (s)" refers to measurements taken from the wearer's body; not the measurements of the finished garment. If you are unsure whether or not this guideline applies to your design, please ask.

These requirements do not apply to children's garments, accessories (e.g. hats, scarves, mittens, socks, etc.), household items, or items for pets.

Test Timeline

All tests must have a clear and adequate testing timeline that includes the following:

- A specific start and end date
- A minimum test length of 8 weeks / 56 days (this applies to every submission regardless of final design size or pattern complexity).

Incomplete Tests

We will not share tests that include any form of monetary punishment or threat of fine for an incomplete test. This includes charging testers for their draft copy of the pattern if they cannot complete the test.

Please choose testers wisely and establish a check-in system for the run of the test.

What to include in your submission to FTK

Submissions must be sent to FatTestKnits by Instagram DM at least 3 days before the starting date of the test. The purpose of this is three-fold: it gives FTK time to process requests and help designers edit their calls to fit our guidelines; it gives potential testers time to apply; and it allows accepted testers time to gather materials before the test's start date.

While we are happy to include any information sent via Instagram DM, you must provide your own copy and images. Submissions should include the following:

- A clear photo or sketch of the finished item or its components.
 - All images should already be cropped or formatted to display correctly in an Instagram post.
- A pattern size range, either in inches or centimeters
 - Listing sizes using a range of numbers (e.g. *"This pattern is designed to fit someone with a full chest measurement of 32 - 64 inches"*) is acceptable
 - Listing the sizes of the garment as "XXS - 5X" is not acceptable
- Overview of test time frame:
 - when potential testers will be notified that they've been chosen
 - test start date and test end date
- Number of testers needed
- How to sign up for the test

- Any additional information that might be helpful to potential testers

Note: This list is not exhaustive; you may be asked to provide additional information before your testing call can be posted.

FTK will repost your original IG post if it includes the above information. We will not repost test Reels or Stories. All tests must be submitted by the original designer directly to FTK. Tagging FTK in a post, story, or comment will not result in an automatic repost. We do not accept submissions via email.



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