

SUPPORT GROUP LED BY



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KEY FEATURES

-  **SMALL GROUP SIZE IS CAPPED OFF SO ALL MEMBERS CAN BE SEEN & HEARD**
-  **A PRIVATE, JUDGMENT-FREE LANDING SPACE**
-  **WITNESS OTHERS' GROWTH JOURNEY & BE INSPIRED TO GROW TOO**

**INVEST
IN YOUR
HEALING**

**TO FOSTER THE DEEPEST
SENSE OF SAFETY,
WE ASK MEMBERS TO
COMMIT TO THE JOURNEY.**

How to **NOT DATE** a **NARCISSIST**

**ONLINE SUPPORT CIRCLE
FOR ADULTS HEALING FROM
TOXIC RELATIONSHIPS**




WHY JOIN?



 **LIFE'S HARD ENOUGH—
YOU DON'T GOTTA DO IT ALONE.**

 **HEALING IN SECRET IS
HEAVY WORK.**

 **TOXIC PATTERNS & OLD
TRIGGERS CAN OFTEN
LEAVE YOU FEELING CRAZY.**

 **WHETHER YOU ARE
FIGURING OUT
HEALTHY
BOUNDARIES,
MOVING THROUGH
LOSS & GRIEF, OR
NEED A SPACE TO
BE AUTHENTICALLY
YOU, THIS GROUP
OFFERS A WEEKLY
ANCHOR IN THE
STORM.**

READY TO JOIN US?

-  **LET'S ENSURE
THIS GROUP IS
THE RIGHT FIT
FOR YOUR NEEDS.**
-  **SCAN THE QR CODE
& FILL OUT THIS
INTEREST FORM
TO RESERVE
YOUR SPOT.**



»  **THE 8-WEEK COHORT BUNDLE (★BEST VALUE!):** A DEDICATED 2-MONTH JOURNEY W/ YOUR COHORT. INCLUDES: EXCLUSIVE ACCESS TO PRIVATE RESOURCE TOOLKIT PLUS WEEKLY REFLECTION PROMPTS.
\$320 UPFRONT (\$40/SESSION)

»  **THE MONTHLY PASS:** SECURE YOUR SEAT FOR 4 CONSECUTIVE SESSIONS.
\$200/MONTH UPFRONT (\$50/SESSION)

(SINGLE SESSION DROP-IN AVAILABLE FOR \$60, SPACE PERMITTING)