

SUPPORT GROUP LED BY



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KEY FEATURES



SMALL GROUP SIZE
IS CAPPED OFF SO
ALL MEMBERS CAN
BE SEEN & HEARD



A PRIVATE,
JUDGMENT-FREE
LANDING SPACE



WITNESS OTHERS'
GROWTH JOURNEY
& BE INSPIRED TO
GROW TOO

**INVEST
IN YOUR
HEALING**

TO FOSTER THE DEEPEST
SENSE OF SAFETY,
WE ASK MEMBERS TO
COMMIT TO THE JOURNEY.

WHY JOIN?



LIFE'S HARD ENOUGH—
YOU DON'T GOTTA DO IT ALONE.



HEALING IN SECRET IS
HEAVY WORK.



TOXIC PATTERNS & OLD
TRIGGERS CAN OFTEN
LEAVE YOU FEELING CRAZY.



WHETHER YOU ARE
FIGURING OUT
HEALTHY
BOUNDARIES,
MOVING THROUGH
LOSS & GRIEF, OR
NEED A SPACE TO
BE AUTHENTICALLY
YOU, THIS GROUP
OFFERS A WEEKLY
ANCHOR IN THE
STORM.

READY TO JOIN US?



LET'S ENSURE
THIS GROUP IS
THE RIGHT FIT
FOR YOUR NEEDS.



SCAN THE QR CODE
& FILL OUT THIS
INTEREST FORM
TO RESERVE
YOUR SPOT.



»👉 THE 8-WEEK COHORT BUNDLE (★BEST VALUE!): A DEDICATED
2-MONTH JOURNEY W/ YOUR COHORT. INCLUDES: EXCLUSIVE ACCESS TO
PRIVATE RESOURCE TOOLKIT PLUS WEEKLY REFLECTION PROMPTS.

\$320 UPFRONT (\$40/SESSION)

»🎟 THE MONTHLY PASS: SECURE YOUR SEAT FOR 4 CONSECUTIVE SESSIONS.
\$200/MONTH UPFRONT (\$50/SESSION)

(SINGLE SESSION DROP-IN AVAILABLE FOR \$60, SPACE PERMITTING)

