

LIST OF EMOTIONS

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amazed	fearful	loved
angry	frustrated	miserable
annoyed	furious	motivated
anxious	gloomy	nervous
appreciated	grateful	overwhelmed
ashamed	grieved	peaceful
bitter	guilty	proud
bored	happy	reassured
bummed	helpless	relieved
cautious	hopeful	resentful
cheerful	hopeless	sad
comfortable	horrified	satisfied
confused	hurt	scared
content	ignored	self-conscious
curious	inadequate	shocked
depressed	incompetent	sick
determined	inferior	silly
disappointed	infuriated	spiteful
disgusted	impatient	stupid
disillusioned	insecure	suspicious
disturbed	insignificant	tense
eager	inspired	trapped
ecstatic	irritated	ugly
embarrassed	jealous	uncomfortable
energetic	joyful	uplifted
enraged	lonely	worried
excited	lost	worthless