



# September 2024

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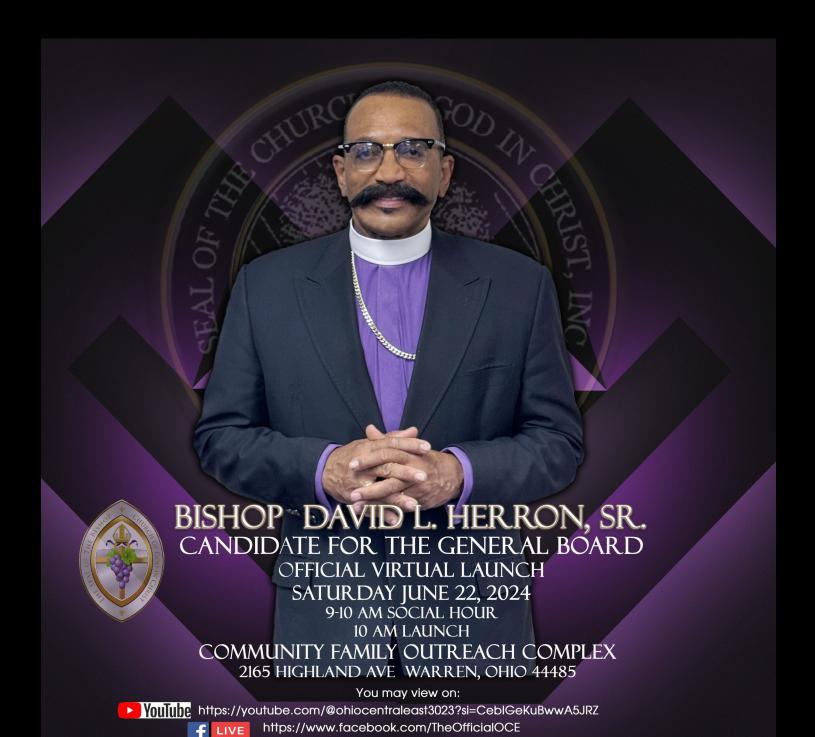
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# Can We Use A Little Commonsense

Dr. C. A. Dangerfield II

Sometimes we get comfortable in situations that are just not good for us. Even though we are familiar with the path it's really not going to provide us with the outcome that if we applied faith of a mustard seed God would expose the true blessing. Think about that for a minute. Assess your own path and truly understanding how God works when we are aligned with His real principles. Then we would realize that His Word won't return unto Him void.

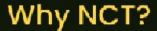
We don't have to succumb to seducing promises from man that never materialize, understanding that man can do nothing unless God allows. Like a good father who protects His children from harm. He will make a way of escape and expose the danger in many ways. The question comes down to whose voice are you truly listening to God's or man?

Are we that gullible to follow a man who continues to expose His own shortcomings time after time. How can we endorsed someone who is bent on revenge and continues to express his underlining agenda but are you truly listening and paying attention. He has in the past revealed his insult of your character and expedite his plan as he described and continues to control that narrative because you accepted and proved what he stated in the past. Please wake up go back to his initial plan and realize how you have been seduced and manipulated. God is bigger than any self-centered man. Just like God asked Job where we're you when I created...? Understand he is not I AM that I AM and allow God to correct the deceit and deception that is being sold once again. Remove the scales from your eyes and by all means get back in the book and study and gain the understanding of Jesus' compassion towards man. Love thy neighbor as thyself it's easy when you just do it. Without reservation.

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## Let's Pause For A Moment

Dr. C. A. Dangerfield II

2 Chronicles 7:14 If my people which are called by my name shall humble themselves and pray seek my face and turn from their wicked ways; then I will hear from heaven and will forgive their sin and will heal their land.

This is something we must pause, no, actually continually STOP and get a complete understanding shutting off all of the noise and rhetoric from every corner of our existence. Hear God's voice at this very moment to you and myself. It's NOT about choosing sides IT'S ABOUT BEING OBEDIENT WITHOUT A SLANT IN ANY ONE DIRECTION.

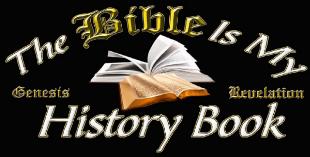
All have sinned and fallen short of the Glory of God! This is the Word of God and will not return unto Him void. We can spin it anyway we like but, the true FACT will remain. He has and always will have the FINAL say. He is not concerned about our opinions just our obedience to His will.

We struggle with studying, praying and listening because we are too busy talking when we should be doing these things. Which really don't require us saying anything at all. They lend to us being obedient. Roman 2:11 For there is no respect of persons with God.

2 Chronicles 7:14 read it slowly and understand the words as they apply to us individually rather than collectively and then just maybe we can all catch a clue, rather than an opinion. Opinions and far too much talking have taken us where we find ourselves now. In the midst of confusion. Let's get back in proper alignment.



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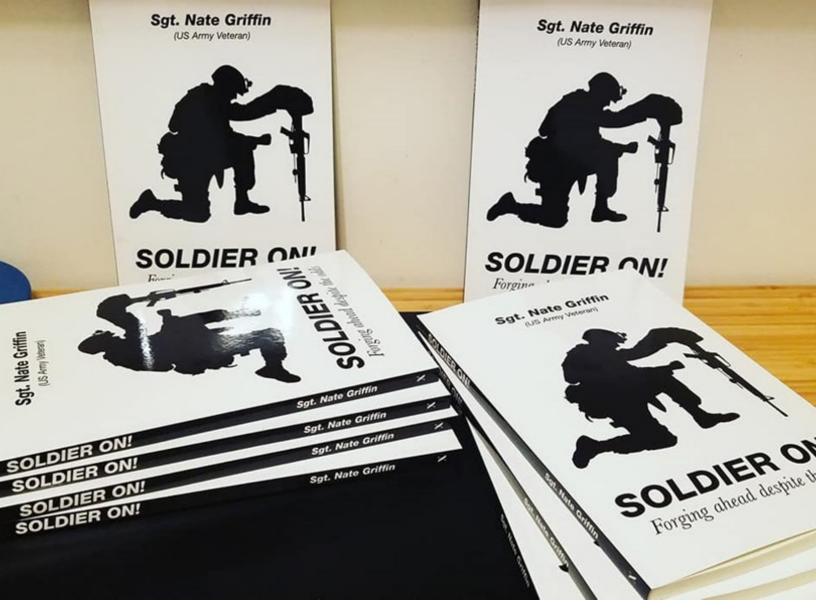


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**SOLDIER ON, forging ahead despite the odds**By: Sgt. Nate Griffin of Sgt. Nate Fitness LLC

During the winter (January) of 2020 just before COVID shut the world down. I began looking around and noticed, that although many businesses had folded under the economic crush. There were many businesses they were getting their first start. New ideas were coming to the forefront. Things people never thought they do or venture into, were now becoming the next name of greatness in innovation.

So, I began to look around my home and asked myself. What can I do now that COVID has had a very negative impact on my in-person fitness business? Well, I was able to launch my online fitness service to much success. But I did not stop there. Over the years I had been coaching and teaching fitness to clients. I would always close my sessions out with a inspirational or motivation quote or phrase that I had come up with. Then, I would post them on my social media page. Well, in 2018 and 2019, I notice I was seeing the quotes reappear in my memory section of facebook. I looked them over and asked myself, "I wonder of I have enough of these to put in a book?" Turns out, I did. I began to compile them with some illustrations to boot. And before you know it, I had a full book to submit to my published.

These quotes come from years of pain, sorrow, incite, vision, and optimism. There were times during this journey to establish my own business and dream of being a successful business owner, that it had contemplated taking my own life. It seems a bit overexaggerated, I know. But her is the breakdown for you.

I began in 1999 as a part time personal trainer for a corporate gym in Center City, which has since closed its doors. In 2004, I officially launched my Professional Touch Fitness business, later to be changed to Sgt. Nate Fitness LLC. Membership started to increase. Late in October of 2010, I opened my fitness studio and continued expanding the business adding a staff of 5 coaches and 2 assistant coaches. Things looked to be heading toward my goal of franchising my business.

Then in 2014 I suffered a dramatic drop in membership. I later found out that I focused too much on retention, which did not work (The average member stays at a gym for 2 to 3 years), and very little on recruitment. This would have provided a steady influx of new members to offset the outflow of previous members. Along with the struggle to build up the membership, I had to let my complete staff go due to not being able to meet payroll. I was still believing God to step in and miraculously turn things around for me. It never happened. While I was dealing with the dwindling membership (I have tried all the discount program like class pass) to know success, I had to contend with instructors who took my class, stealing my ideas and workouts and passing them off as their own. My members would tell me the next day that they saw someone in the park doing a routine we had done earlier that day. During all of this, I started taking everything personally. This is a wrong move for any business owner. Without a mentor or someone who could help me see the light at the end of the tunnel or possibly changes directions. I really could not figure out what to do. None-the-less, I still gave out my inspirational/motivational quotes and phrases, each day of class for the members. Each day, I found the strength through the power of God to go on despite all that I was going through. Each day, the Lord gave me the strength and courage to keep moving and weather the storms of life. I never doubted God, or disbelieve his word. But the pains of living through this, was unbearable. I could not build a savings to cover my living expenses or save for retirement. Even to this day, I am still waiting on the Lord to come through with either direction or open the flood gates and prosper me in my endeavors.

That is it in a large nutshell. From all of this, this book, Soldier on, was born. Each of the quotes and phrases contained in this book, is what the Lord gave me from years 1999 to 2020 when the book was released. It is great for personal growth, mentors, business owners, counselors, educators, teachers, students, or anyone looking to make sense of the complexities of life, and feel the urge to give up and quit. There is even a page in here where you can add your own affirmation. Mine appears on the back cover, and came when it was extremely dark for me.

God made a way for me to soldier on. And he will continue to do so until his will for my life is complete. He will give me strength, help, grace, and everything I need as a soldier to complete the mission he has me on. I want you all to be encouraged, inspired, and motivated to move forward toward your goal in the Lord and in life. Remember, Jesus said, "He that endures to the end, the same shall be saved." You have your marching orders, now move out and, Soldier on!

Sgt. Nate griffin is a former US Army Sergeant, owner of Sgt. Nate Fitness LLC, and a respected author of the book, Soldier on, forging head despite the odds. For your autographed copy, go to: <a href="https://www.sgtnatefitness.com">www.sgtnatefitness.com</a>





# **Affordable Fitness**

By: Sgt. Nate Fitness of Sgt. Nate Fitness LLC The TRX (Total Resistance Cross-training) Bands

Many folks have given into the excuse that working out is expensive. Yes, it can be very costly, based on where you go and for what you are going there for. There is a plethora of gyms types to join. You must ask yourself, "What am I looking for in a gym?" Once you have answered that question. Then you need to search for the fitness facility that provides the services and equipment you need to reach you personal goal. Based on your findings, you will come across gyms that charge almost a month's mortgage per month. However, there is no need to fret or fear. I have some suggestions that may be just right for your budget.

One approach to affordable fitness is purchasing your own home fitness equipment. This could be dumbbells, barbells, plates mat, treadmill, and so on. Your big challenge from there, is being sure you know hoe to properly use the equipment to minimize injury and maximize results. I have found the TRX, or, Total Resistance (X) Crosstraining bands is a very safe way to foray into in home fitness with little chance of injury.

You can get a full body workout with just this one piece of equipment. This includes chest, back, shoulders, triceps, biceps, legs, abs, and cardio. Yes, cardio! Not only that, but you can go at your own pace and intensity, and increase your effort as your fitness level improves.

The cost of this piece of equipment ranges from \$ 50 to about \$200 depending on where you buy it. Ou can find some great priced ones on Ebey. Once you have purchased them, you are all set to begin your fitness journey. No more running to the gym hoping to beat the crowd. No more worries about people watching you work out, and best of all, no more worrying about increasing gym memberships.

Below, I have posted some routines you can do using the TRX. Please proceed with caution as with beginning any new exercise program.

Rx: I recommend completing 3 to 4 sets of 10 to 15 repetitions per exercise. Rest anywhere from 30 seconds and one minute per set. The further your feet are away from the base (wall) the more challenging it is. As you get stringer, you can test yourself by moving your fee further away and watch the new muscles and strength increase. I have not included any of the abdominal exercises intentionally. If you wish to see them, reach out to me, and request the workout and I will get them over to you.

You can click on each exercise listed and see a video of how each is to be carried out. You can complete them in any order you wish. Be sure to warm up properly, and pace yourself.

### Soldier on!!!

TRX Jump Squats
TRX Reverse Lunges
TRX Alternate Side Lunges

TRX Pull Downs

TRX Reverse Fly

TRX Overhead Reverse Fly

**TRX Squats** 

TRX Chest Fly

TRX T-Row Wide

**TRX T-Row Close** 

**TRX Biceps Curl** 

**TRX Overhead Triceps Press** 

TRX Chest Press

Sgt. Nate Griffin, is a US Army Veteran, the owner of Sgt. Nate Fitness in Philadelphia, PA and, a respected author of the book, Soldier on, forging ahead, despite the odds. He provides fitness programs via virtual classes as well as in his north Philadelphia fitness studio.

# When Prophesy Demonstrates the Hand of God.

Dr. C. A. Dangerfield II

There have been Words truly spoken delivered by Men and Women of God. But because they were spoken by those who society belittled or thought less of throughout generations never thinking they would manifest. Sadly, this shows man's bias and lack listening to the firm words of prophesy which does not answer to man but God. The fact that mankind neglects to study as instructed demonstrates they fail to recognize the voice and the move of God.

In this nation there was an event that bought people together from various walks of life, genders and races. A vision, that was given was shared with the masses that attended. Those who live and operate in darkness failed to hear and accept the proclamation. Here is one true fact gain from this. Man was and still is fickle in our thinking. God for one doesn't answer to us as some suppose, nor does He move according to our instructions. For those who argue and throw blame for their misunderstanding, manipulation and selfish. Which clearly demonstrate we do not know completely or understand His principles. God could care less about our political parties whether red, blue or purple. Their devices only continue to divide us and create havoc which works against God call for unity and compassion because our views are distorted, and we all are guilty of operating within gray areas at some point which makes us appear selfish. Because we lack understanding of others plight so we blame them for their conditions when that is always not true, we fail to gain the knowledge to obtain the real understanding and that makes us appear ignorant. Let's try to gain knowledge which will provide wisdom then we can gain an understanding and bring about peace and harmony.

So, when prophesy manifest, we will recognize it. God turns around about fair play examples President, Vice President, Supreme Court Justices and many more areas God has had and will always have the final say. It about treating each other as we ourselves would prefer to be treated. We should always never forget "To be absent from the body we are present with the Lord and then comes our judgement" accountability without a do over.

# Nurture Your Spirit Man To Know Him Better Written By Diane Simms With Love and Pure Concern

I remember as a child singing the song "Getting to know him, getting to know all about him" I took the older people serious. I believed it when I was taught "JESUS loves Me" I watched my Grandmother cry & pray, I believed she knew him because she said she did and I lived the answers her prayers brought forth!!! She taught me to trust him early, which made it easy for me to get to know him for myself so I could watch him intercede on my behalf. I will never stop believing, I will never stop trusting him (Yeshua Hamashiach) Son of Yahweh, the second representation of the GOD head Bodily!

There are many, many things that <u>only the spirit</u> can teach you. It will all go over your head and you can't, you won't grow spiritually. Read your Bible, Pray about what you don't understand. Let the Spirit open your spiritual understanding. John 14:26 states that the Holy Spirit teaches all things. Never forget you are a Spiritual Being living a Natural (Carnal) Life. Being all you can be includes making your Spirit Man stronger than your Natural Man. The Flesh was born into sin, but your Spirit remains the essence of GOD!

The things we see going on in this world (we want to know and should know) but it really doesn't concern Us. We strive to stay out of the System of the World as much as possible. GOD almighty is gathering his Remnant, from all over the world, but if you don't know him and the power of his Resurrection on a Spiritual level you will not mature Spiritually. Your life depends on knowing him, hearing from him, allowing the Spirit to lead and guide you through this Journey called life. Precious Lord take my hand was a serious Plea from the People of GOD!!!

The devil lives here on earth too, and he is crafty, look at how he is using people in so many destructive ways. Hating, killing, lying, stealing from GOD's People, trying to tear down the belief system in the earth. Destroying the Rule of Law, so many have been turned over to a reprobate mind doing things that are unseemly.

People don't know GOD or believe him because getting to know him and following his lead requires you to uphold his standards, learn to discern good & evil, choose each day whom you're going to serve. It just isn't convenient enough.

I love the Word of GOD, I love studying, standing on my watch and praying, I Love being allowed to learn some of the mysteries, being able to watch GOD solve them, work it out and

resolve them, being aware of the Spiritual things occurring in the Atmosphere, as well as the 2024 Election, Project 2025, You know, the Natural things going on around us, the distractions the evil one has prepared. Keep Your Eyes On Yeshua, walk in his ways, Learn From Him!!

But if you know BOTH, life is so much better, so very worth it, purposeful, fruitful, productive, and you can be happy and have Joy. Joshua 24: 15 And if it seem evil unto you to serve the LORD, choose you this day whom ye will serve; whether the gods which your fathers served that were on the other side of the flood, or the gods of the Amorites, in whose land ye dwell: but as for me and my house, we will serve the LORD.

We depend on Preachers, Evangelist, Apostles to tell us what's going on, to interpret the Word for us, trust me the Holy Ghost does a better job! You cannot let your Flesh rule your entire life. GOD breathed into our nostrils the breath of life.

We are just as much Spirit as we are flesh, but the one you feed, the one you nurture determines it's maturity level. If your flesh is 21, you have 21yrs of worldly learning. If you've never been told about GOD, don't go to any Church, your Flesh will be stronger than your Spirit, and you will follow the will of the Flesh. But if you have nurtured your Spirit your Flesh begins to die and so does its influence over your life, your day to day, your decisions, the way you treat people, the way you react and respond to people. You literally will see the World differently.

Every month it seems that I'm trying to persuade you to believe on him as the Scriptures have said, trust in him, he knows the way, "we don't", we have to learn the way by following him and always allowing him to lead and guide us into all truth.

The World has tricked many into believing the Holy Bible has been tampered with so many times, and a lot of other falsities or blatant lies. We serve an all knowing, all powerful GOD, do you really believe he would allow any man he created to distort his instruction book for Mankind. They may have changed some and left out some but I guarantee, he did not allow the foundation to be touched and that is why you have to Study to show thy self approved unto GOD. 2 Timothy 2:15.

We have NO time to keep putting it off, get to work, Nurture Your Spirit Man, So You Can Know Him Better, He is the perfect teacher and he's a rewarder of those that diligently seek Him. The World cannot provide the life GOD purposed for You to Live!

## **ALL TUNNEL END**

## **Pastor Linda Guest**

I've always had 3 favorite tunnels growing up, When we travelled, I always looked forward to going through them. One was The Allegheny Mountain Tunnel is the longest in the state. The tunnel has a length 0f 6,070 feet and was constructed in 1939. It carries 2 lanes in each direction of the Pennsylvania Turnpike.

The second is the Baltimore Harbor Tunnel. It runs 1.4 miles and opened on November 29, 1957. It runs from the south shore of the Patapsco River. Each tunnel is 22 feet wide and 14 feet high.

The 3rd is the Chesapeake Bay Bridge Tunnel.

The bridge-Tunnel is 17.6 miles, which crosses the mouth of the Chesapeake Bay between Delmarva and Hampton Roads in the U.S. state of Virginia. It opened in 1964, replacing ferries that had operated since the 1930s.

I must admit the Chesapeake Bay Bridge Tunnel was my favorite. Because I loved the view. The fact that we could drive underwater still blows my mind.

Going through the tunnels has always fascinated me.

It made me feel like I was on a race track. As crazy as it sounds, I would like to try to hold my breath the length of the tunnel. Just in case you were wondering... I never succeeded. But no matter how long I struggled, how long it seemed like I would never get to the end without passing out, or turning red, I knew eventually we would get to the end.

If it was during the day, I could always see the light coming. If at night it was the beautiful night sky that gave a sign that the tunnel was ending,

I did some research, and as hard as it may seem to believe, there is NOT a tunnel that lasts forever. Every tunnel, no matter how long, how wide, high, or how far under water it may go.....eventually it ends.

Sometimes, life can make us feel like we are in a tunnel.

You may feel alone in a dark place and / or feel like you are under water. Do you feel like this tunnel is going on forever and will never end? There is nothing like feeling alone, being in a situation, feeling like it would never end.

No matter how dark it may seem, there is light at the end of the tunnel. Keep fighting until you see the light! Keep holding on until you come out of that tunnel. God has NOT allowed you to go through this tunnel to kill or destroy, but He has allowed it to strengthen you, to increase your faith, and to shape and mold you!

God has you and will never leave nor forsake you. Hebrews 13:5 NLT

For God has said, "I will never fail you. I will never abandon you."

There is an expected end.

Jeremiah 29:11 NIV

For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future.

Remember, NO tunnel lasts forever



# I LOVE HIM BECAUSE HE SAVED ME!

By Pastor Diane Harvell

Recently, I was sharing my testimony and after doing so I began to reflect on how many things the Lord has not only delivered me from but shielded me and protected me from! And yet despite who I am/was, He blessed me through it all! However, it would be selfish and egotistical of me to declare that these are the only reasons why I love the Lord. I not only love Him, but I am also in love with Him! Because He not only answers my prayers, but there was one prayer in particular that I had over 40 years ago, that He answered immediately! As a sinner, before I knew Him, before I knew what he could or would or would not do, He answered my humble cry. At a time in my life when my mind, will and emotions did not include Him yet when I called on Him one time, he answered me! So, I love him because he's real and He was there with me as I cried, and He has never left me alone, nor has He ever failed me from that day until this one! As much as I am filled with mistakes and problems. He still teaches me how to love Him so that I will be blessed even more. That's why I love him. My every thought now includes Him whereas in times past, my thoughts excluded Him but His mercy kept me!

The bible says that God knows them that are His! John 10:27 says "My sheep hear My voice, and I know them, and they follow me." And Jeremiah 1:5 says, "Before I formed you in your mother's womb, I knew you." Before we call on God, He already knows when we are going to call upon Him because He created your path to find Him! Isaiah 65:24-"Even before they call, I will answer." Glory to God!

God also said in Jeremiah 3:3-"The Lord has appeared of old to me, saying; "Therefore, with lovingkindness have I drawn thee." God loves us when we have a pure heart, a pure praise, a pure dance and a pure reverence to Him and only Him. I realize that many times within scripture the prophets refer to the people of God committing adultery. God had his prophets to speak to his children because they began to worship other gods and idols. This hurts God and He spoke against the rejection of the people through His prophets.

God is still speaking to us today. One way He speaks to us is through the scriptures. I Corinthians 1:21 says, "For since, in the wisdom of God, the world through wisdom did not know God, it pleased God through the foolishness of preaching, preached to save those who believe." Although we are now in the year of 2024, with all the wisdom the world has to offer, computers, cell phones, AI and so on, in so many ways like in the days of old, we too have rejected Him like the children of Israel! We have allowed and accepted different idols to worship and deem them to be

blessed and have made the name of the Lord, Jesus Christ to be cursed! When I think of how faithful God is to us and how patient He is, I cannot but help to think of that old hymn that says, "When I think of the goodness of Jesus and all that He's done for me, my soul cries out Halleluiah, thank God for saving me!"

My testimony is not just one, I have several that the Lord Jesus Christ has allowed me to share. Therefore, I honor Him, I fear (respect) Him, I love Him, and I am in love with Him because before I called, He already had the answer and saved me!

God is calling you with lovingkindness! He's just waiting for you to answer! Isaiah 55:6-Seek the Lord while He may be found, call upon Him while He is near!

May God Bless You All!

# Let's Consider The Real Issues

Dr. C. A. Dangerfield II

Let's considered the real issues of being completely out of touch and turned around from commonsense to the point you project selfishness. There are a lot of issues today major and minor by people's opinions, everyone has an opinion granted.

However, when people are impacted and suffering, opinions don't matter real solutions to completely eliminate suffering does. That demonstrates love thy neighbor as thyself.

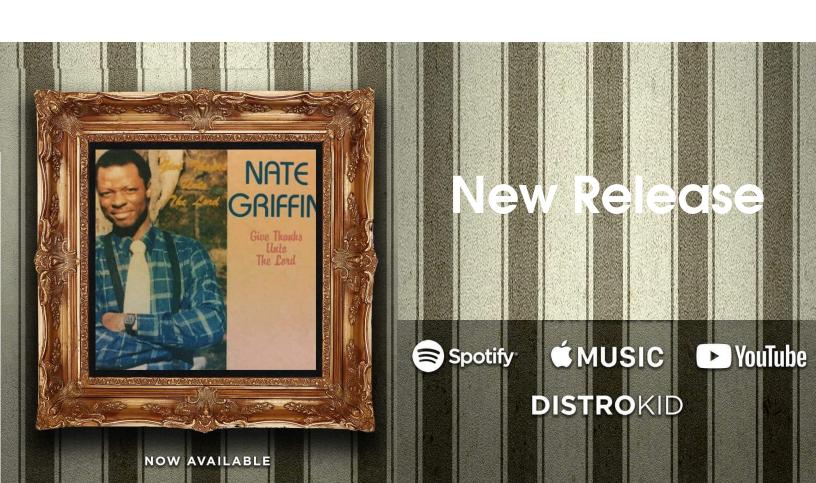
We have a political agenda in this nation in both parties that can be and are extreme to the point where basic commonsense and compassion have completely walked out of room. Eliminating any opportunity to sit down dialog and reason together. That is called uniting rather than dividing. We truly need to understand the outcomes of decisions made and the impacts. We cannot turn a deaf ear to anyone's suffering and hardships. We must take the time to understand all facts to any given situation.

We as a nation have become ignorant to commonsense that we rather apologize, and give our condolences, rather than readjusting a situation and correcting it because we failed to think outside the box when it was implemented and that we see what is happening we don't want to correct the issue because of money and a lame excuse of someone so called rights. Fact, everyone has the right to live and breathe rather than be in constant fear of someone being emotional upset going into someplace and killing a bunch of people that they don't know. And the solution is arming everyone (or a select few) so they can defend themselves.

When the simple solution is reverse the decision of assault style weapons designed for military use off the streets within our communities. So, they don't wind up in our schools and in the hands of children going through an emotional breakdown. We are on the path to correcting the issue in part by holding the parents accountable for the actions of their children. But the so-called brilliant politicians could have eliminated the hardship long ago. The rule from above was and still is "Thou shall not kill." This statement is cut and dry it doesn't provide options for compromise. Not some lame excuse about guns don't kill people do. Fix the destructive mannerism mindset by not arming them in the first place. Train up a child in the way they should go. Teach them how to come together and reason together especially on the principles of God.

We all will have a day where we are going to have to give an account for the things we decided to do. That day is in front of our Creator. We have to really give utter consideration to exactly how that is going be for ourselves. It is not a group event where you may feel you have support. It will be independent of anyone else; we stand alone before I AM that I AM. That's not when you have a reality check that you should be having now.

You will not be able to make any excuses. Especially when His instructions were already present.



# Don't Let Your Reality Check Be Judgement Day

Dr. C.A. Dangerfield II

Sometimes I think man forgets that this life has ending date. Some choose to honor the fact that it will come and then there is judgment. Other choose to totally ignore it dismiss the warnings and miss out on the opportunities for change. The most dangerous mindset is those we play in the middle thinking they can anticipate when time is nearing but that to also has major drawback simple because we don't know.

Revelation 3:10-14 KJV

[10] Because thou hast kept the word of my patience, I also will keep thee from the hour of temptation, which shall come upon all the world, to try them that dwell upon the earth. [11] Behold, I come quickly: hold that fast which thou hast, that no man takes thy crown. [12] Him that overcometh will I make a pillar in the temple of my God, and he shall go no more out: and I will write upon him the name of my God, and the name of the city of my God, which is new Jerusalem, which cometh down out of heaven from my God: and I will write upon him my new name. [13] He that hath an ear, let him hear what the Spirit saith unto the churches. [14] And unto the angel of the church of the Laodiceans write; These things saith the Amen, the faithful and true witness, the beginning of the creation of God.

Revelation 3:14 KJV

[14] ...These things saith the Amen, the faithful and true witness, the beginning of the creation of God.

Revelation 3:15 KJV

[15] I know thy works, that thou art neither cold nor hot: I would thou wert cold

Revelation 3:16 KJV

[16] So then because thou art lukewarm, and neither cold nor hot, I will spue thee out of my mouth.

Revelation 3:17-22 KJV

[17] Because thou sayest, I am rich, and increased with goods, and have need of nothing; and knowest not that thou art wretched, and miserable, and poor, and blind, and naked: [18] I counsel thee to buy of me gold tried in the fire, that thou mayest be rich; and white raiment, that thou mayest be clothed, and that the shame of thy nakedness do not appear; and anoint thine eyes with eye salve, that thou mayest see. [19] As many as I love, I rebuke and chasten be zealous therefore, and repent. [20] Behold, I stand at the door, and knock: if any man hears my voice, and open the door, I will come in to him, and will sup with him, and he with me. [21] To him that

overcometh will I grant to sit with me in my throne, even as I also overcame, and am set down with my Father in his throne. [22] He that hath an ear, let him hear what the Spirit

The Bible teaches us that in all of thy getting get an understanding and in order to do that we must as in 2 Timothy 2:15 Study to shew thyself approved unto God a workman that needeth not to be ashamed rightfully dividing the word of truth. As a way of deep dive studying, I'm presenting the same passage of scripture in the Hebrew Translation the original language to help deepen your understanding.

Revelation of Yeshua to Yochanan (Rev) 3:10-22 CJB

[10] Because you did obey my message about persevering, I will keep you from the time of trial coming upon the whole world to put the people living on earth to the test. [11] I am coming soon; hold on to what you have, so that no one will take away your crown. [12] I will make him who wins the victory a pillar in the Temple of my God, and he will never leave it. Also, I will write on him the name of my God and the name of my God's city, the new Yerushalayim coming down out of heaven from my God, and my own new name. [13] Those who have ears, let them hear what the Spirit is saying to the Messianic communities." [14] "To the angel of the Messianic Community in Laodicea, write: 'Here is the message from the Amen, the faithful and true witness, the Ruler of God's creation: [15] "I know what you are doing: you are neither cold nor hot. How I wish you were either one or the other! [16] So, because you are lukewarm, neither cold nor hot, I will vomit you out of my mouth! [17] For you keep saying, 'I am rich, I have gotten rich, I don't need a thing!' You don't know that you are the one who is wretched, pitiable, poor, blind and naked! [18] My advice to you is to buy from me gold refined by fire, so that you may be rich; and white clothing, so that you may be dressed and not have to be ashamed of your nakedness; and eye salve to rub on your eyes, so that you may see. [19] As for me, I rebuke and discipline everyone I love; so exert yourselves and turn from your sins! [20] Here, I'm standing at the door, knocking. If someone hears my voice and opens the door, I will come in to him and eat with him, and he will eat with me. [21] I will let him who wins the victory sit with me on my throne, just as I myself also won the victory and sat down with my Father on his throne. [22] Those ho have ears, let them hear what the Spirit is saying to the Messianic communities"

It is imperative that we understand the importance of the scriptures that have been preserved for man to follow. Just as the acronym for Bible is quoted as Basic Instructions Before Leaving Earth a road map for the journey to ensure we know and understand the terrains we might encounter along the way. Providing different direction to avoid hardship that could arise. It truly answers the who, what, when, where and how of our concerns throughout life and provides detours, we need when the preferred behavior. God has to check us in the same manner sometimes. It's His

love reminding us of our proper place paying attention to the sign, so it's not difficult for us to safely turn around and change course without complications. It's more beneficial to be well informed than frustrated due to the lack of knowledge. God has given us provisions all we have to do is adhere to the guidance and not be hard-headed to the instructions given. Not with the temperament labels that we give toddlers trouble two's or miserable three where we fight to have our own will, and our parents regulate our temperament and obtain the preferred behavior. God has to check us in the same manner sometimes. It's His love reminding us of our proper place.

Hebrews 3:12 KJV

[12] Take heed, brethren, lest there be in any of you an evil heart of unbelief, in departing from the living God.

Humility is a key factor for remaining within the will of God. We have to purposely deny our fleshly will to submitting to God's Will. Understanding that purpose has already been placed within us. Jeremiah 29:11. For I know the thoughts I think towards you saith the Lord thoughts of peace and not of evil to give you an expected end. Your divine destiny free from distractions to you are in tune to His voice and a stranger you will not follow. All the He desire for you, and I will come to pass. That blessed assurance without a doubt. So, when that time comes to stand before Him you can rest in Him that has called us from darkness into His marvelous light.



# **The Important Questions**

Dr. C. A. Dangerfield II

Can we answer some important questions? Who are we actually? What is our actual purpose in life? Where are we headed? When will we acknowledge it? How will we fulfill our individual purpose? Are we that distracted that we loose focus and direction, wondering around aimlessly and blinded from your true identity? That we misalign ourselves from the basic principles of God and abandon our relationship with Him.

Jeremiah 29 proves the overview of God purpose for His people and gives an explanation of the conditions which allows us to understand the true character of God against that which has been presented to us. Redirection is provided in verses 8-13.

The beauty of the Lord is when He chasten you and His compassion for us cleans us up again and removes the blinders the had us walking in darkness and turmoil. Reclaiming us to Himself and making us reflective of Him who created us. Jeremiah 29:11-13. For I know the thoughts I think towards you saith the Lord thoughts of peace and not of evil to give you an expected end.

[12] Then shall ye call upon me, and ye shall go and pray unto me, and I will hearken unto you. [13] And ye shall seek me, and find me, when ye shall search for me with all your heart.

In this interaction with God, He will restore His children and redirect us back to His purpose and His ways. Not allowing us to aimlessly follow the deception of man who has his own agenda. I constantly say this "Our relationship must be our focus and His voice speaking to us must not be overshadowed by any other." Knowing Him and diligently studying His Word will assist us in having the characteristics taught to us from His son Jesus (Yeshua) and the stranger we will not follow. No matter what distraction they dangle in front of us we will not follow.

Having a misconception of the meaning of love and caring allows us to be drag into something that later reveals that it is lacking the attributes of God. We were provided the measuring stick to assisted us in defining the true attributes of Love and Caring that we are not drawn astray.

- 1 Corinthians 13 verses 4 and 5
- [4] Charity (love) suffereth long, and is kind; charity envieth not; charity vaunteth not itself, is not puffed up,

[5] doth not behave itself unseemly, seeketh not her own, is not easily provoked, thinketh no evil.

This is God's guidelines to us to measure what love is and is not. It requires us to study and understand so we are not deceived. We nowadays have to continue to check our alignment with God's Word. Because there are so many distractions thrown our way constantly every moment throughout our day. But when we rely on the Word of God as an acronym says it provides basic instructions before leaving earth. When you think about it everything does come with some sort of instructions so we can obtain the full benefits of it. Not having to stop and start over again because we neglected to do so. There really aren't any shortcuts. Just straight and concise routes to keep one out of harm's way. Since God has created everything, we should k ow and understand





Training 101
Instructor: Prophet Chris Fisher

Books that are required

Pigs in the Parlor,
by Frank Hammand
Pigs in the Parlor Study Guide
by Frank Hammond
The Discerning of Spirits
by Frank Hammond

https://call.whatsapp.com/video/gr9
nwljltmewKnqDfShnuE

Every Friday at 8:30 pm sharp will be deliverance Training. At 9:15-10pm Prayer and petition for favor in business and financial breakthrough in every area of your life.