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**For additional information
regarding the presentation
of these series.**

**Defining Our Essence
From The Inside Out**

**Our Mission is to
release the greatest
potential that is
hidden within each
and everyone created
by God to successfully
fulfill our Purpose.**

**Please go to our website
www.thetransformu.com
and send a message
through Contact Us.**

**Uncovering deeper
truths hidden
within ourselves!**

**These sessions can be
scheduled for in-person or
virtually**

804-824-9355

The Objective

We are presenting these series of topics to help provide a greater understanding of mankind's inherited habits based on gender, family history and beliefs, social and economic settings, and cultural awareness and also to bring greater awareness of stereotypical bias from centuries that have never been corrected.

Creating greater awareness of oneself first before we look outside towards another. Helping to create a more cohesive society in which we all can thrive. Breaking the most common areas of bondage spiritual, emotional, and mental. Benefiting throughout life in the way God intended.

One of the greatest benefits in life is gaining an understanding of who we are as individuals and what is our

**purpose in life. One passage of scriptures states " For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end. Then shall ye call upon me, and ye shall go and pray unto me, and I will hearken unto you. And ye shall seek me, and find me when ye shall search for me with all your heart."
Jeremiah 29:11-13 KJV**

It also provides us with a clear understanding of God's expectations for mankind. When we study the complete passage provided within the 29th chapter it gives us the complete aerial view of cause and effect. Therefore, broadens our vantage point to see the whole picture. Acknowledging and holding ourselves accountable for that which we do first as an individual and then as a contributor to societal ills.

Our Relationship series is divided into five sessions that go in-depth within each topic. Uncovering the common mistakes, misconceptions, accountability, and repairable solutions that realign us with the principles that fortify the foundation of any relationship. These candid discussions go a step further in broadening our understanding and expanding our knowledge.

**Relationship Series
Topics Include
Self
Courtship
Engagement
Marriage
Post Wedding**

The most important factor to any/all successful relationship is based on the foundation that we build upon within ourselves. The main component of that foundation must be our personal relationship with God.