

Who can find a virtuous woman? for her price is far above rubies. Proverbs 31:10

A virtuous woman is a crown to her husband:... Proverbs 12:4

Every wise woman buildeth her house:...Proverbs 14:1

And now, my daughter, fear not; I will do to thee all that thou requirest: for all the city of my people doth know that thou art a virtuous woman. Ruth 3:11









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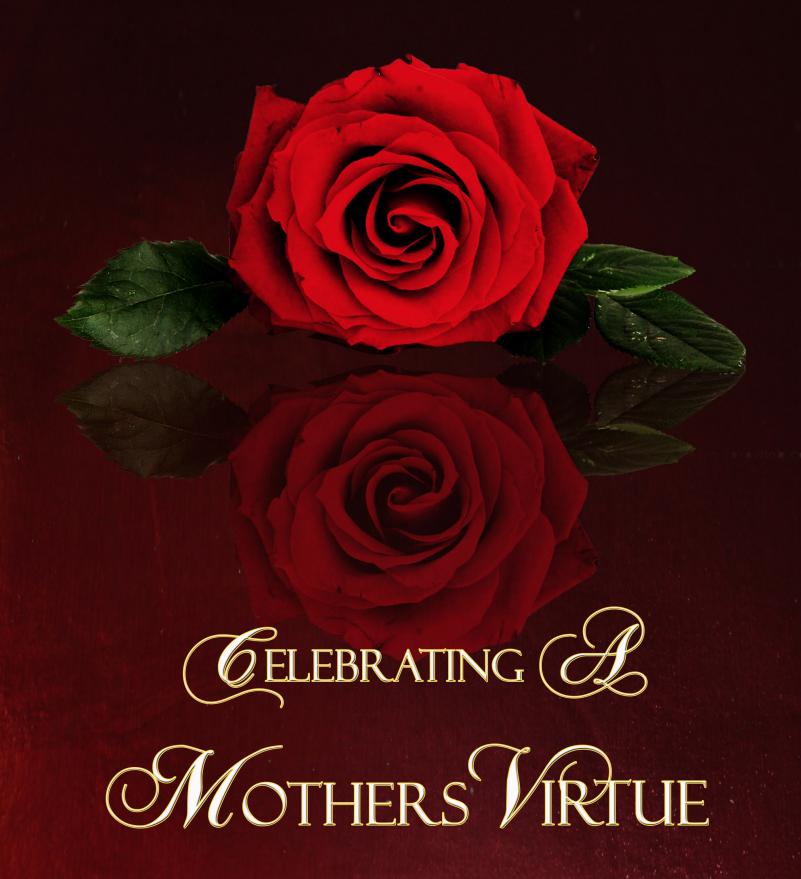
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Dr. C.A. Dangerfield II



This is the month that we recognize Mothers and celebrate Mother's Day. For me, it is a significant holiday to recognize all the attributes provided by strong Mothers. So what are some of these strong attributes? Well Mothers are seen as nurturers, teachers, guidance counselors, cheerleaders and encouragers just to name a few. The greatest attributes of a Mother is her strength to respond to life situations. She has been blessed with the ability to adapt to her surroundings in many forms. God has also blessed her to gather strength from within. Whenever we are in trouble it seems that one of the first safest places we seek to find is ones Mother. When we are not calling on Jesus we are calling on our Mother. And it seems no matter how mad we make her, her maternal instincts jump in and she starts to nurture, no matter what our ages are. Her tolerance level towards her children is greater than anyone will understand because her love will cover a multitude of our sins. She will give her last for the comfort of her children which at times may seem to go unnoticed by them.

No matter what type of a person she was prior to motherhood, this new responsibility will eventually change her character and mature her in many different ways. For some it takes longer than others but it will catch up to her.

When I stop to think about my own Mother it amazes me of her strength and adaptability that has defined her character and morals, which also shape mine as well in life. Seeing that she never quits, yet keeps on fighting through what life may choose to throw at her, she still comes out on top. Common sense tells me that she has had some fears as well as tears, but witnessing her faith in God has enabled her to conquer obstacles and has ministered and taught me also. In saying this it reminds me of a poem by an unknown author entitled Why Women Cry:

I have acquired that same love for God and believeth in Jesus Christ because I have seen him working in her life. He is one of the greatest attributes you can introduce into

Why Women Cry

A little boy asked his mother, "Why are you crying?" "Because I'm a woman," she told him. "I don't understand," he said. His Mom just hugged him and said, "And you never will."

Later the little boy asked his father, "Why does mother seem to cry for no reason?"

"All women cry for no reason," was all his dad could say.

The little boy grew up and became a man, still wondering why women cry.

Finally he put in a call to God. When God got on the phone, he asked, "God, why do women cry so easily?"

God said, "When I made the woman she had to be special.

I made her shoulders strong enough to carry the weight of the world, yet gentle enough to give comfort.

I gave her an inner strength to endure childbirth and the rejection that many times comes from her children.

I gave her a hardness that allows her to keep going when everyone else gives up, and take care of her family through sickness and fatigue without complaining.

I gave her the sensitivity to love her children under any and all circumstances, even when her child has hurt her very badly.

I gave her strength to carry her husband through his faults and fashioned her from his rib to protect his heart.

I gave her wisdom to know that a good husband never hurts his wife, but sometimes tests her strengths and her resolve to stand beside him unfalteringly.

And finally, I gave her a tear to shed. This is hers exclusively to use whenever it is needed."
"You see my son," said God, "the beauty of a woman is not in the clothes she wears, the figure that she carries, or the way she combs her hair.

The beauty of a woman must be seen in her eyes, because that is the doorway to her heart - the place where love resides."

Author: Unknown

the life of a child in this world that we live in that we will not be consumed. I thank my Mother for this committed part of her life, one in which I chose also to partake in. My Mother chose to better herself by working, attending and completing college with two children, this taught me determination as well as long suffering. Through my formative years she was teaching me all of lifes. values and how to be innovated. To honor her for this I chose to follow the same path of hard work and determination, not seeking un honorable short cuts because truly there are none. I never had to be a child who had to wonder where there mother was or what she was doing. To this day I know she can always be found in the house of the Lord giving praise unto her first love. How many children can give a report like that?

On this day and everyday we should honor and reflect on the sacrifices made by our Mother's. Even though God intended it to be a family unit. For those who had to walk it alone or those blessed to still be in a unit of unity. Celebrate the virtue of your Mother because she is one of a kind uniquely made by God a true diamond in a very rough world. I will always love my Mother! Love yours too!

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1 Timothy 4:12 'Let no man despise thy youth; but be thou an example of the believers, in word, in conversation, in charity, in spirit, in faith, in purity.'

Living Out Loud The Example







Elder J. Rashad Jones
(Kansas City, MO)
Chairman of
Nat'l Coalition of
Jurisdictional Presidents (NCJP)
International Youth Department
Church of God in Christ



EVANGELIST STACIE DANIELS, PRESIDENT OHIO CENTRAL EAST YPWW DEPARTMENT



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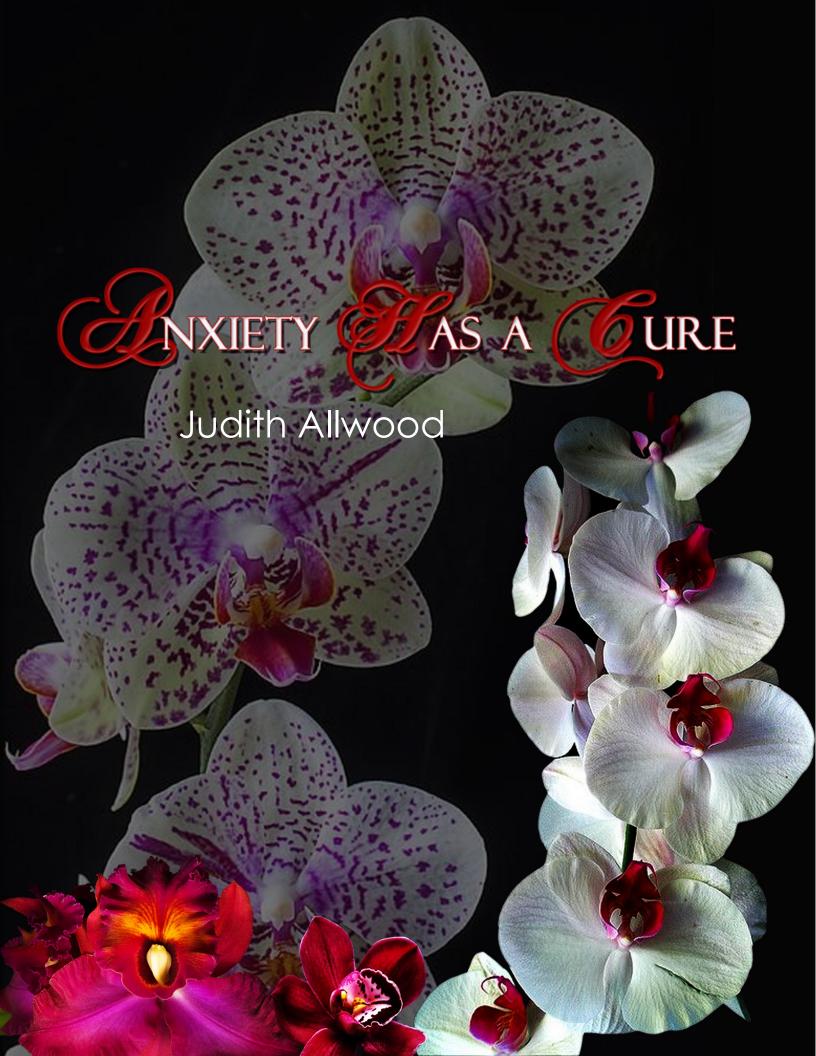
7:30 pm Nightly Services

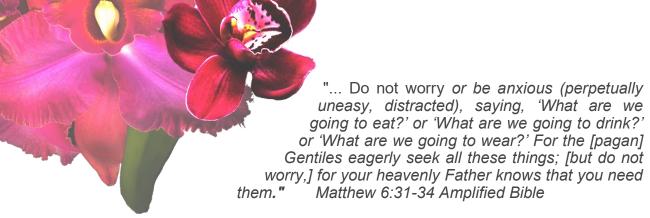
Tuesday (June 20th) 'Kickoff Musical with special guests TJ Dooley & Testimony and various musical groups, soloists and choirs Wednesday (June 21st) Bishop David L Herron speaker (Warren, OH) Thursday (June 22nd) Elder J. Rashad Jones speaker (Kansas City, MO) Friday (June 23rd) Evangelist Stacie Daniels (Columbus, OH)

Activities/Special Events:

Wednesday--Millenial Reach Session @6pm
Thursday---Fun Day 12-3pm
Friday---Bible Bowl @6pm Bible Bowl Challenge
High School Graduate Recognition(during nightly service)

If you care to donate to Youth Outreach Project, please bring canned goods, hygiene or nonperishable items for collection





Really? Do you mean to say I do not need to allow my mind to dwell on making provisions for the basic necessities of life? I can't just chill and expect that a place for me and my family to live (shelter), or food, or medical care will just show up. And Lord

knows I need a hairdo! What's Jesus really talking about - "do not worry?"

You and I have been cultured to making a living be our priority. Our parents impressed upon us to get an education so that we could hold down a job or operate a business so we could have all those things Jesus mentioned and when we don't have them or when they're threatened we get anxious because we fear homelessness and hunger. It's simply part of the human condition, that's why Jesus said, "Your Heavenly Father knows that you need them." (Read that part again)

Every responsible and resourceful mother (or father), knowing their child's needs and wants find ways to ensure they're taken care of. The child therefore has no concern about how rent, school fee or grocery bills will be paid; she simply exists in the knowing that when she gets hungry there is food and all she needs to do is ask for it.

That is why Jesus says we need to have the faith of a little child. Paul said, "But my God shall abundantly supply all your need according to his riches in glory in Christ Jesus." Philippians 4:19 Darby Translation. God is that resourceful and responsible parent.

I'd like to share something from a devotional I read today:

"When the people of Israel were in the desert on the way to the Promised Land, God gave them manna to eat. That was good. It sustained them for a while, but it wasn't permanent provision...Eventually, the manna stopped coming. The people had to move forward, and then God gave them quail. They were so excited. That fed them for a while, but it was also temporary. See, God gave the Israelites temporary provision on the way to the Promised Land where they would have permanent provision. God could have sustained them with manna or quail, [but He had an even greater plan]."

Even though God gave us the obligation to "be fruitful and multiply" as we read in Genesis 1 that is secondary to His mandate to seek first the kingdom of God and all His righteousness and all these things - food, clothing, shelter and yes, money for your fabulous 'do', will be given. Just know that it is there, and ask for it. Then believe that you have received it. Get to truly know God, the Heavenly Father and you will see that He is real and He is not lying.

If you are a parent, you must know how upsetting it can be for your child to beg from the neighbors; and that's what we do when we ease God out and look to ourselves for provision. And how miserably we fail at it too, bringing on to ourselves all the effects of anxiety - high blood pressure, depression, arthritis, cancer, obesity, substance abuse, and the list goes on.

It is hard to "only trust Him" as we sing from our hymnals, but that's ultimately what God wants us to do. Allow Him to be the Loving, Provident Heavenly Father that He is. Tell Him multiple times a day that you want to get to know who He is so that you can put your faith in Him in every aspect of your life. He is interested in you and in building a rock solid relationship with you so that you will need to have no other god besides Him. Then the peace which transcends human understanding will keep your heart and mind free from anxiety.

We would like to hear from you.

If we have been a blessing to you, we would like to hear from you. If there is any subject matter you may desire that we explore let us know. And if there is any further information which we can follow up with, from an article you have read feel free to reach out to us.



Coming Mid-June
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Well done, thou good and faithful serount Min. Mark Dudley



Those words sum up the life of my mother, Mable Spann Dudley.

Born June 3, 1936 in Cross, S.C, she was one of eleven children born to McKinley Spann and Loverta Prioleau, my grandparents.

At an early age, she accepted Jesus Christ as her savior, and was a member of Jehovah, A.M.E church, where she served faithfully, until she moved to Philadelphia, Pa, and then to New York City.

The move to New York did not in any way stop my mother from serving in the church. She was a member of Willis Avenue United Methodist Church, and she served as an usher.

For over twenty years, my mother worked as C.N.A at the Park Crescent Nursing Home located in Manhattan, NY. All the while she was raising four children, my sister Lorretta, my two brothers Michael, Randy, and me.

Upon, her retirement, she returned to her hometown of Cross, S.C and rejoined Jehovah A.M.E, and served as a member of the choir, the prayer group, the health ministry, and the Missionary Society. In 2013, she received "Mother of the Year" from the church, and I had the honor of purchasing a gold necklace for her to show how much I love her.

Mom was faithful to the Lord, to her church, but what stands out about my mom is her undying love for her children. No, we were not perfect children in any sense of the word, but Mom loved us in her own way.

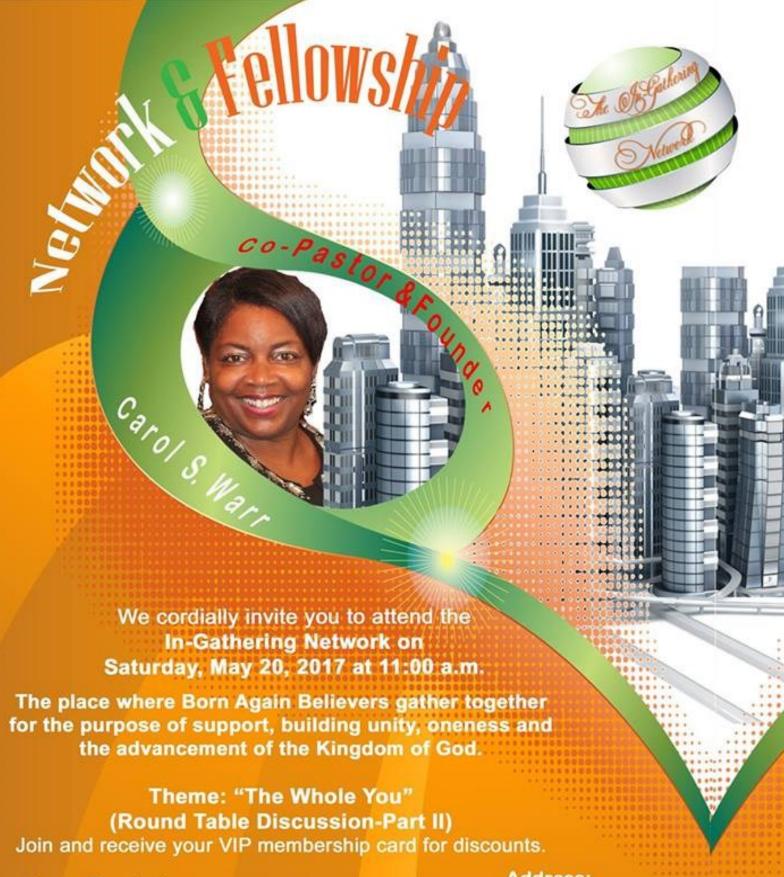
I will always remember every Sunday at 9:00pm, I would make my utmost duty to talk to my mom, and those were special times for us.

Now, my mom is at rest, her work here on earth is done. It's my earnest prayer that I can be just as faithful to the Lord and my children as my mother was.

At my mother's Home-going service, my older brother Randy sang the song "I will always love my momma, she's my baby girl, I will always love my momma, she brought me in this world".

Mable Spann Dudley, good and Faithful Servant





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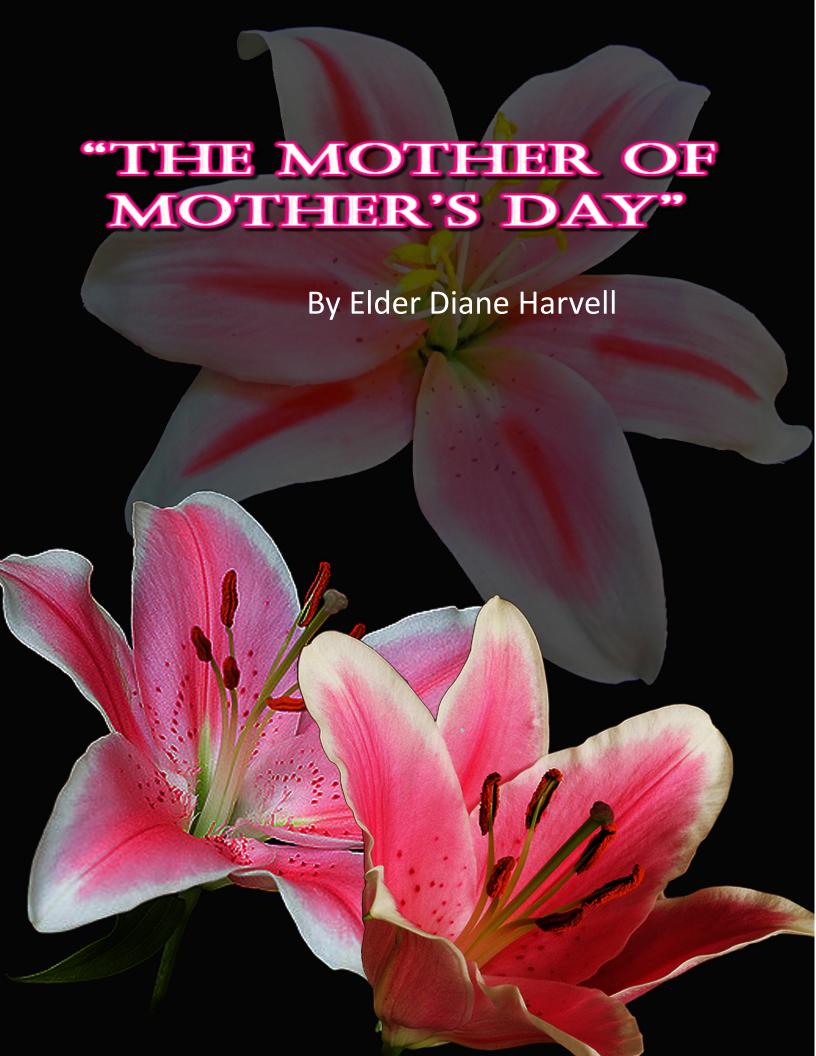


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Mother's Day was established by Anna Jarvis and was first celebrated in 1908, when she held a memorial for her mother at St. Andrew's Methodist Church in Grafton, West Virginia. She campaigned to make Mother's Day a national holiday in 1905 in the United States when her mother Ann Reeves Jarvis died. Her mother had been a peace activist who cared for wounded soldiers on both sides of the American Civil War and she created Mother's Day Work Clubs to address public health issues.

Anna Jarvis wanted to honor her mother by continuing her work. It was in 1914 Woodrow Wilson signed a proclamation designating Mother's Day a national holiday on the second Sunday of May to honor all Mothers.

Although Anna advocated for this honor of her mother, later she tried to have the holiday rescinded because she believed it became too "commercialized." Even down to the white carnation which she believed was symbolic of "truth, purity and charity of a mother's love, its fragrance, her memory, and her prayers. The carnation does not drop its petals, but hugs them to its heart as it dies, and so, too, mothers hug their children to their hearts. Mother's love never dies."

She believed the carnation was "painted" or colors were added to it which she also believed changed the meaning of its existence. She also thought that the *Hallmark Company* manufactured keepsake cards which today are now a sentimental staple in our lives should have been replaced by heartfelt handwritten cards from one's heart written by a son or daughter directly to Mother.

Anna Jarvis' unprecedented passion for the love of Mother only God could manifest within her heart. Although she felt she was only advocating for the deeds of service her mother rendered for the "wounded" yet I believe it was God who motivated her to do this, thus creating a time to set aside to sanctify the acknowledgement of All Mothers. Whether Anna knew it or not God used her to bring awareness for a time to reflect and appreciate the existence, of our Mother's love which taught us, a Mother's love doesn't "drop her children and a Mother's love never dies."

Whether in advertencement or in concealment, Anna was used by God to implement the fulfillment of scripture by acknowledging her Mother which in fact affects us all wherein;

Proverbs 1:8 says: My son, hear the instruction of thy father, and forsake not the law of thy mother:



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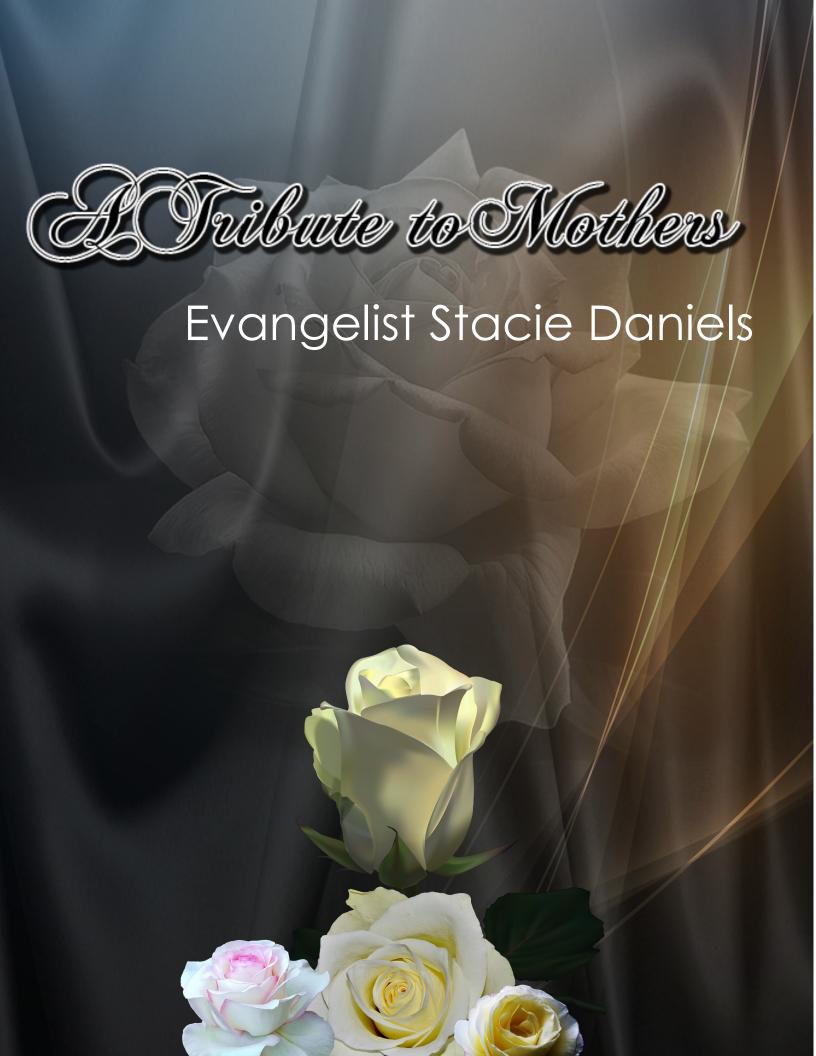
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FRIDAY, MAY 19 | @ 7PM
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Proverbs 22:6 says: Train up a child in the way he should go: and when he is old, he will not depart from it.

Ms. Jarvis meant to establish one thing but inadvertently established the fulfillment of scripture from generation to generation. Ironically, she had no children at all yet she knew how to honor Mother. My mother's name was Barbara and my grandmother's name was Mable. Like the Jarvis women they are resting in the Lord. This Mother's day I will wear three white carnations, one for my Mother, one for my Grandmother and one for Anna Jarvis, the Mother of Mother's Day.





The value of a mother is far beyond measure. This was demonstrated over thousands of years ago when the necessity of a mother was displayed as God chose the virgin Mary to bear and birth the Messiah into the world. God is supernatural and He could have designed it another way but instead He chose Mary to be an earthly mother of His only begotten Son.

Being a mother is one of the greatest joys and blessings in the world. A mother knows firsthand the meaning of sacrifice, giving, caring, nurturing and love. A mother is resilient and she will give of herself and her possessions to her children, even if it means she will be depleted. From enduring contractions, labor pain, diaper changes, bottle feedings, and being up late when the child is sick...a mother is the epitome of strength.

I am grateful that I was blessed and favored to have a mother who embraced biblical teachings and values and imparted them to her children. She has always shown unconditional love, patience and care for all her children. There are many fond memories that I hold near and dear when I think about my mother and I am grateful to share another Mother's Day this year with her. I once read a quote that said, "No gift to your mother can ever equal her gift to you – life" (Anonymous author).

It is so important to cherish our loved ones and choose to love and forgive. The following poem that I am sharing in this article is a tribute to my mother and every mother as we celebrate Mother's Day in the month of May.

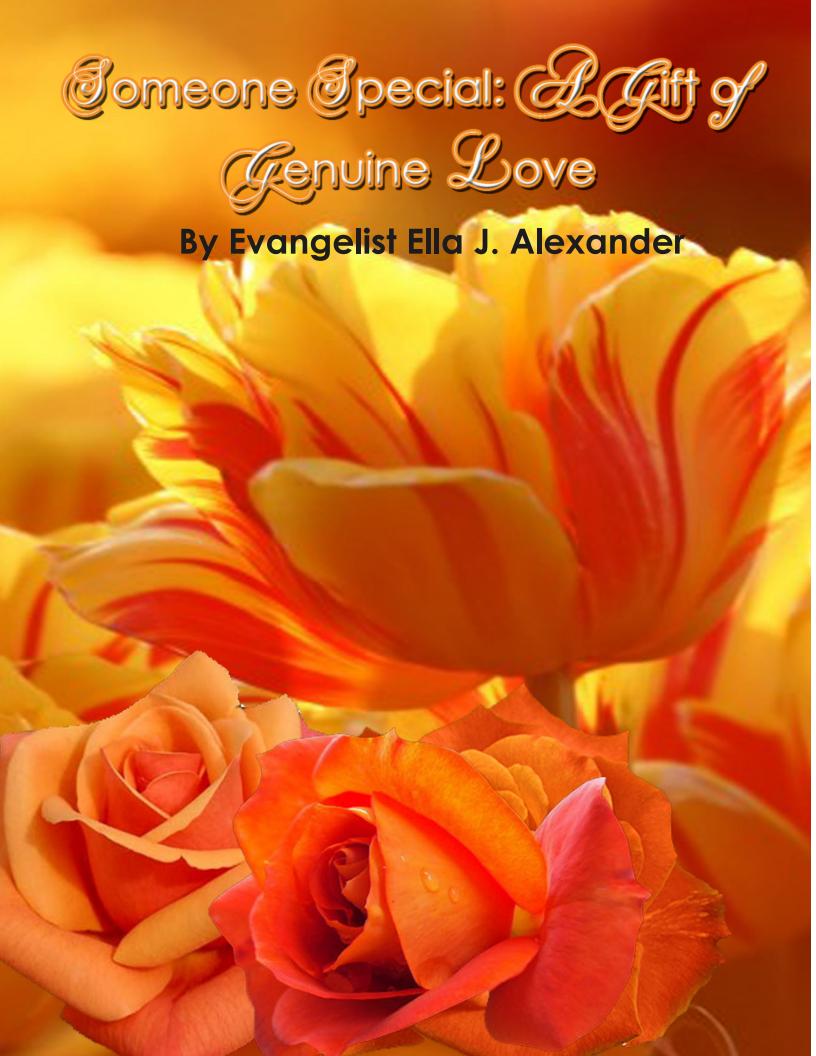
A Mother Is a Blessing (Author Unknown)

Blessed is the mother who follows the Lord, so her children can learn and grow...The unselfish Mother who holds on with love, yet knows when it's time to let go...

Blessed is the Mother whose patient, forgiving, the one who cannot bear a grudge, the one that accepts people just as they are, without stopping to question or judge.

Blessed is the Mother whose faith keeps her going through traumas, trials and cares, who handles the easy with wisdom and love and the not-so-easy... with prayers.

Blessed is the Mother who meets all your needs from the very first day of your birth. Blessed is the Mother, who shares so much love, for she's GOD's special angel on earth.



As I thought about this month's theme and because it is centered around Mother's I had to take into consideration that I can't do what can't be done. I will always try to stand in the position and tell the truth. So I decided to do what was right and in my spirit.

From my teen years up until my current years, I have experienced so much. During my life I have had the good, the bad, and the ugly. But God has blessed me in a very special way with a very special person. I could say so much and it would be the truth.

I want to take this time to tell you about someone special in my life. I have found a best friend, a wonderful sister and someone I could confide in. This person lends me her shoulder, I could text her anytime and get a response. I could tell her my deepest problems, mess ups, and desires and I won't hear them ever again. I don't get ill treatment, but because she loves me like she does chastisement is necessary and it is well with me. She is a wonderful person with a loving personality. She is playful and loves to laugh. She is a great role model and a teacher. I wouldn't trade her in for anything in this world.

To my spiritual Mom and adoptive natural mom, Prophetess Jeanette Williams, I just wanted you to know that you are not just my leader, my Pastor but you are so much more to me that words can't describe. God brought you in my life at the right time and I couldn't thank Him enough. During this short time that you have taken me under your wing, it has been a pleasure and a journey that I would not want to miss. You have demonstrated the wife side as a Woman of God. How we ought to carry myself; act, as well as speak. You are a friend that shows love and compassion, sympathy and empathy, but most of all you have shown me how to walk in the spirit and pray on a level I have never known. You are a great blessing to me during this time in my walk with God and I wouldn't take it for granted. I need you to know that I love you and appreciate you, not for just being my friend and sister, but being a Mother to me that really loves me and sees the best in me.

May God always bless you and keep you.

Love your daughter, Evangelist Ella.







We are continuing our 3-part series on the benefits of herbal remedies as it relates to our health. This month we will focus on a well-known herb that is a member of the daisy family called *Chamomile*. This herb is known for its calming effect on smooth muscle tissue and has been used as a remedy for nervous stomach, menstrual cramps, and other stress related problems.

Chamomile contain natural anti-inflammatories similar in action to that of nonsteroidal anti-inflammatories (NSAIDS). This herb also contains chemical properties that are antibacterial and antifungal. It is soothing to the skin and used in skin creams and cleansers.

The possible health benefits for this herb include: aiding digestion, calming or relaxing effect on the body, relief for back pain, treatment for rheumatoid arthritis, soothing for skin irritations and good for sunburn. The use of chamomile can be traced back to the ancient Egyptians. It has a long history for its physiological beneficial properties.

The information contained in this article is not intended to take the place of any medical advice from your treating practitioners. Always consult with your doctor before considering treatment with herbal supplements. The material provided is for educational purposes only and not intended for diagnosis or treatment.

References:

Mindell, Earl. Earl Mindell's New Herb Bible. New York: Pocket, 2006. Print.

Botanical name: Matricaria recutita

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Family: Asteraceae

Chamomile

Parts used: flowering tops

Plant Energetics: sweet, bitter, neutral temperature

Properties: nervine, carminative, diaphoretic, mild sedative, antispasmodic, vulnerary, antiinflammatory

Used for: irritability, restlessness, insomnia, indigestion, dyspepsia, gas, fevers, colds, flu, teething, colic, whining, externally for burns, rashes, conjunctivitis

Plant Preparations: Tea, tincture, compress, essential oil, infused oil, hydrosol



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