

“THE TRUTH” NEWSLETTER

(CAN YOU HANDLE THE TRUTH?)



January 2018

HAPPY NEW YEAR

2018 is here! College football has come to an end for this season. Ultimately, we could only have one winner, but it is time for teams to start preparing for next season. Just like it is time to set goals for the new year. They don't have to be big or many, just start. The goals can pertain to finances, attending events throughout the year or obtaining a coach to assist in achieving your dreams. Whatever you do, take the time to look for the things in your life you want to make better or change and proceed to do it. Celebrate Dr. King holiday your way and remember to LAUGH daily!

The Truth

COLLEGE FOOTBALL

Congratulations to the University of Alabama!

2018 National Champions

Tide Fans.....keep the Tide Rolling!!!



Dr. Martin Luther King, Jr was a civil rights leader. His ultimate goal was to combat racial inequality.

January 15, 2018
MLK National Holiday

2018 Goal

I want to share my gift with the world... starting with you! This year, I have incorporated sharing my gift in my goals. I have set a goal to have 50 gigs this year. Listed below are the various types of events I perform for, but if you don't see something listed--Call me anyway. **Thank you** in advance for every booking, referral or just the mention of my name!!

Carla "The Truth" Youngblood
Book "The Truth"



Anniversary Celebrations
Family Reunions
EMCEE
College Tours
BREAST CANCER EVENTS
Professional Comedy for All Events
Birthday Parties
Women retreats
Corporate events
Holiday Festivities
Baby Showers

CONTACT US

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“Every single year we’re a different person”

-Steven Spielberg

JOKE OF THE MONTH

Q. Why do hamburgers go to the gym? A. To get better buns!
-Laugh Factory

Upcoming Events

January 20th – Memphis Ballet – Alys Stephens Center

January 22nd – Aimee Mann– Lyric Theatre

January 31st – Willie Watson – Workplay Theatre

February 8th – Kelsea Ballerini – Alabama Theater

February 9th – Dancing with the Stars: Live – BJCC

FINANCIAL UPDATE

5 Money Mistakes to Avoid in 2018

1. Stop Saving your Leftovers

Pay yourself first.

2. Stop using painless payments

Make automatic payments.

3. Stop Being Silent about Money

Talking about money makes you aware.

4. Stop your Wholesale Club Shopping

Wholesale club shopping makes you spend more.

5. Stop allowing your credit to be available to anyone

Consider a credit freeze.

www.money.cnn.com

By Anna Bahney

Good advice can be hard to come by. If you have a great coach, all you have to do is listen!

***The Coach I'll Never Forget* by Jon Saraceno**

December 2017/January 2018 aarp.org/magazine

Charles Barley – Hall of Fame basketball player

The Coach: Wallace Honeycutt

Best Advice: **Have a Plan B**

Dorothy Hamill – Olympic gold medalist in figure skating

The Coach: Gustave Lussi

Best Advice: **Never compromise your standards**

Jack Nicklaus – Hall of Fame golfer

The Coach: Bob Kepler

Best Advice: **Take advantage of every opportunity**

Martina Navratilova – Hall of Fame tennis player

The Coach: Sandra Haynie

Best Advice: **Let go of mistakes and stay focused on the next shot**

Jim Plunkett – Two-time Super Bowl-winning quarterback

The Coach: Al Cementina

Best Advice: **Go that extra mile, on and off the field**

Jackie Joyner-Kersey – Olympic gold medalist in the heptathlon and long jump

The Coach: Nino Fennoy

Best Advice: **Make a commitment and stick with it.**