

“THE TRUTH” NEWSLETTER **(CAN YOU HANDLE THE TRUTH?)**



December 2018

2018 Reflections

If I was going to use one word to describe my 2018 year, it would be “Uncomfortable”, but I must admit I created most of it. I challenged myself to do things I had been dreaming that was out of my comfort zone. I lived without cable all year to limit the distractions so I could complete some special projects and I saved a little money along the way.

- I consistently created and distributed my newsletter on the 15th of every month including this one (It brings me joy to share and excitement when I receive responses)
- I produced an Alabama Comedy Tour which included three cities in 30 days. It was supposed to be five cities, but I realized in the midst what I was doing wrong and was smart enough to stop & regroup.
- I completed my first book that is in the hands of the editor.
- I wrote a short film that is in the hands of the Director (filming will start soon).
- I went back to school to obtain a second degree. On April 28th, I graduated from the University of Alabama (UAB) with a BA in Communications.

I celebrate myself for these accomplishments, but all the glory goes to God! As proud as I am, I must acknowledge that I fell short on other things that was on my 2018 goals list. However, I give myself a pass and they are now on the goals list for 2019 along with the release of the book and the premier of the short film.

I am thankful for these accomplishments, but I am most thankful to YOU! I appreciate every booking, referral, social media response, encouragement, ticket & product purchase, the reading & sharing of my newsletter and your prayers!! Thank You....

As 2018 comes to a close, remember two things: 1. As long as you have your health you have another chance. 2. Enjoy your family & friends and remember LOVE is the best gift you can give!

“HAPPY HOLLIDAYS”

The Truth

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*"Peace on earth will come to stay, when we live
Christmas every day"*

-Helen Steiner Rice

JOKE OF THE MONTH

Q: What do you call a blind reindeer?

A: I have no eye deer.

thoughtcatalog.com

Events in December

Dec. 18th – A Very Electric Christmas – Alys Stephens Center

Dec. 18th – Dancing with the Stars – BJCC

Dec. 22nd – Christmas with The Cats – WorkPlay Theatre

Dec. 22nd – Birmingham Bowl (Memphis Tigers vs. Wake Forest Demon Deacons) – Legion Field

Dec. 28th – Southern Soul & Blues Concert – Boutwell Auditorium

Dec. 29th – Charlie Wilson – BJCC

Holiday Recipe

Gingerbread Fudge

Ingredients

*12 oz. white chocolate, melted *1 tsp. ground ginger
*1 tsp. ground cinnamon *1 tsp. ground nutmeg
*½ tbsp. red nonpareils *½ tbsp. green nonpareils
*1 c. sweetened condensed milk

1. In a large bowl, mix together white chocolate and sweetened condensed milk. Add nutmeg, cinnamon, and ginger and stir until combined. Stir in almost all nonpareils (leave some to sprinkle on top) until combined.
2. Using a spatula, transfer fudge into a parchment-lined glass baking dish and smooth over top. Sprinkle with remaining nonpareils and let sit until firm, at least one hour. (Transfer to the fridge to speed up the process.) Cut into squares and enjoy.

FINANCIAL UPDATE

Tips on How to Avoid the Big Trap of 2019 with Credit Cards

By Suze Orman

1. **Use a credit card only for needs, not wants.** Make that your mantra & you will spend less
2. **Cut your spending.** Use the extra to payoff credit cards
3. **Pay more than the minimum due on your credit card statements.** This will reduce paying interest for years.
4. **If you have a strong credit score at least a 720, you may qualify for a great balance-transfer deal.** Do a quick web search to find the best offer.
5. **Get help!** If the credit card debt becomes too much, contact a legitimate credit counseling organization.