

Wholesome Service Packages



	Essential	Elevated	Elite
Ideal Resident	Requires moderate assistance and regular healthcare support.	Requires substantial assistance with daily activities and regular healthcare oversight.	Requires the most comprehensive care, including advanced medical support.
Mobility & Transfers	Needs help from 1 staff member to safely walk, wheel and/or transfer. No mechanical assistive devices.	Needs help from 1 staff member and a mechanical device to safely transfer.	Needs help from 2 staff and a mechanical device to safely transfer. Available during awake hours only.
ADL Assistance/ Mental Health Management	Up to 3 Hours Daily	Up to 4 Hours Daily	Up to 5 Hours Daily
Medications	Basic support, reminders, minimal administration	Regular administration, moderate support, as-needed medications	Intensive administration, 24/7 support, personalized care
Care Coordination	6 or Less Hours per Month	7-9 Hours per Month	10 or More Hours per Month
Vitals Monitoring	Once Daily	Twice Daily	Three Times Daily
	Essential	Elevated	Elite
Daily Rate	\$275	\$315	\$415
Monthly Rate (28 Days)	\$7,700	\$8,820	\$11,620

All Packages Include	Group activities (therapeutic exercise options daily)	Monthly personal shopping	Summoning Device	24/7 Awake Care
	Daily Light Housekeeping	Two Daily Wellness Checks	24/7 On-Call Nurse (additional nursing hours may be available)	
	Weekly Heavy Housekeeping with 2 loads of Laundry	3 meals and 2 snacks Daily	Nursing Assessment Every 90 days or Less	

Key Terms Defined	
Care Coordination	The organized approach to managing and integrating all aspects of a resident's care. It ensures that medical, personal, and support services work together seamlessly to meet the resident's needs, improve their quality of life, and enhance their overall care experience.
ADL (Activities of Daily Living)	Include: dressing, grooming, bathing, continence care, positioning, eating, mobility, transferring.
Nursing Assessment	A comprehensive evaluation of a resident's health and care needs conducted by a nurse. It includes reviewing and updating the resident's service plan to ensure it accurately reflects their current needs and provides appropriate care and support.
Light Housekeeping	Includes tasks such as bedmaking, trash removal, and tidying walkways, typically completed within 15 minutes. It focuses on maintaining a clean and orderly living environment.
Heavy Housekeeping	Involves more thorough cleaning tasks, such as dusting, wiping down surfaces, sweeping, and mopping, to ensure a deep clean and maintain a hygienic living environment. Includes 2 loads of laundry, additional loads available for additional fee.
Summoning Device	A tool, often a wearable button, used by residents to alert staff within the home when they need assistance, ensuring a prompt response to their requests.
Dietary Plan	A customized eating plan that incorporates resident preferences and ensures a well-balanced diet. It may include specialized diets tailored to specific health needs, which could incur an additional charge.
Activities Plan	A tailored schedule of activities that considers resident preferences and aims to enrich the mind, body, and spirit, promoting overall well-being and engagement.