

April 2024

"The simple act of caring is heroic."
- Edward Albert

THREE POSITIVE THINGS
THAT HAPPENED THIS MONTH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5 	6
7	8	9	10	11 World Parkinson's Day	12 	13
14	15	16	17	18	19 Refresh Your Goals Day 	20
21 National Tea Day 	22	23	24	25	26 	27
28	29	30				