

January 2022

"look to the small victories and happy moments hiding in each day."

THREE POSITIVE THINGS THAT HAPPENED THIS MONTH

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1 HAPPY NEW YEAR!	2
3	4	5	6	7 FEELINGS OF gratitude FRIDAYS @5:30P	8	9 Daily Gratitude Challenge Begins!
10	11	12	13	14 FEELINGS OF gratitude FRIDAYS @5:30P	15	16
17 Martin Luther King Jr. Birthday	18	19 Vision Board Crafting Session @7P	20	21 FEELINGS OF gratitude FRIDAYS @5:30P	22	23 National Handwriting Day
24	25	26	27	28 FEELINGS OF gratitude FRIDAYS @5:30P	29	30
31						