

Dr. Aimee Mabini, MD FRCSC

Otolaryngology, Head and Neck Surgery

Post-Operative Instructions

PAROTIDECTOMY

EXPECTED DATE OF DISCHARGE:	One day stay.
NUTRITION:	Regular diet as tolerated.
ACTIVITY:	Resume regular activity, as you are able. No strenuous activities for 1 week.
MEDICATION:	Take prescribed pain medication.
HYGIENE & DRESSINGS:	You may get incision wet 48 hours after surgery.
SPECIAL INSTRUCTIONS:	It may help to use a smaller toothbrush if unable to open your mouth when brushing.
FOLLOW UP:	1 week after surgery.

CONTACT YOUR DOCTOR OR GO TO THE EMERGENCY DEPARTMENT IF:

- 1: Fever over 38.3°C or 101°F
2. Increased redness, swelling, or discharge from your incision

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