

The recovery period for an adenoidectomy is generally 1-3 days.

Please follow these instructions for a smooth, safe recovery:

- Please encourage your child to drink plenty of fluids.
- While any foods may be eaten, your child may prefer a soft diet may for the first day or two.
- Quiet play is recommended for the first 1-2 days after surgery.
- Your child may return to school and resume normal activities 1-2 days after surgery if doing well.

After surgery, your child may experience one or more of the following:

- Ear and/or throat pain
- A slightly stiff neck
- Bad breath
- Nasal discharge
- Low grade fever for up to one week

These are all normal parts of the healing process. An antibiotic may be prescribed. Tylenol or Advil can be used for discomfort or fever.

If any bleeding occurs, or if you feel that your child is not progressing well, please call your surgeons office.

Please call your surgeons office if your child has severe neck stiffness. If you are unable to reach your physician and feel your child requires immediate medical attention, go to a Hospital Emergency Room or urgent Care.