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Otolaryngology - Head & Neck Surgery

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POST-OPERATIVE INSTRUCTIONS – EAR SURGERY

Pediatric Myringotomy

Pain Management and Medications: Your child may have a slight ear ache for 1-2 days after surgery. Plain Tylenol should help with this. You may be given a prescription for ear drops. Please use these as directed.

NUTRITION: No restrictions

ACTIVITY: No restrictions

DRESSINGS/WOUND CARE: Keep the ears completely dry for the first 2 weeks after surgery. After that, precautions are not routinely recommended except if you will be swimming in fresh water (river, lakes) or immersing the head either in bath water or water below 6 feet deep. Ear plugs can be purchased at your pharmacy.

FOLLOW UP: A 4 month follow up appointment will be arranged after surgery. There may be a hearing test during this appointment.

Danger Signs to Watch out For:

Contact your healthcare provider or surgeon if:

- There is drainage from the ears
- Have a fever
- Your child is generally unwell or you are concerned about their well being

Seek care immediately or call 911 if:

- Your child becomes very lethargic

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