# **Welcome To**

**Groton Community** Health Care Center, Inc.

Rooted in care. Growing together.



120 Sykes Street Groton, New York 13073





"The food was both nutritious and delicious. Mom especially loved the classical music playing as she enjoyed her dinner—it made every meal feel special."

# Get in Touch With Us



120 Sykes Street, Groton, NY 13073



(607) 898-5876



www.grotonhealth.org

24/7 PERSONALIZED CARE

# **Dining Services**

At Groton Community Health Care Center, we believe that every meal is an opportunity to nourish the body and lift the spirit. We take pride in offering wholesome and delicious meals prepared daily to meet the unique dietary needs of our residents.



## Therapeutic Diet Options

Wholesome and appetizing meals prepared fresh, daily. Expertly tailored to individual health needs.



#### Resident-Centered Menus

Residents choose their meals daily from our "resident-approved" menu. We also offer holiday celebration menu options to celebrate these special events.



### Dietary Considerations

Each meal is thoughtfully planned to ensure proper nutrition, reducing salt and sugar as necessary, while ensuring meals are always delicious.



# 🥸 Restaurant & Café- Style

Enjoy meals in a welcoming, clean, social setting. Reserve the private café for family and friend gatherings.

#### Get in Touch With Us



120 Sykes Street, Groton, NY 13073



(607) 898-5876



www.grotonhealth.org

Rooted in care. Growing together.