

DEVELOPMENTAL MILESTONES

18 MONTHS OLD

Cognitive and Sensory skills

- Explores alone (with parents close by)
- Knows the purpose of ordinary objects
- Shows interest in stuffed animals/dolls
- Points to one body parts
- Follows simple 1-step verbal commands without gestures

Language skills

- Correctly uses "he" and "she"
- Sings a song or says a poem from memory
- Tells stories
- Says first and last name

Gross Motor skills

- Walks alone
- May walk up steps and run
- Pulls toys when walking

Social-Emotional skills

- Enjoys doing new things
- Plays "Mom" and "Dad"
- More creative in make-believe play
- Would rather play with other than alone
- Talks about likes and interests

Fine Motor Skills

- Scribbles
- Precise pincer grasp
- Stacks small objects with fair control
- Turns book pages

Red Flags

- Can't jump in place
- Has trouble scribbling
- Shows no interest in interactive games
- Ignores friends/family
- Resists dressing, sleeping, or toileting
- Doesn't follow 3-part commands
- Doesn't understands "same" and "different"
- Speaks unclearly

Self-Care skills

- Can Help undress self
- Drinks from a cup
- Eats with a spoon