

DEVELOPMENTAL MILESTONES 2 YEARS OLD

Cognitive and Sensory skills

- Follows simple instructions
- Begins sorting colors/shapes
- Completes simple sentences/rhymes in familiar books
- Plays simple make-believe games
- Follows 2-step instructions
- Names items in a picture book

Gross Motor skills

- Stands on tiptoe
- Kicks a ball
- Begins to run
- Climbs onto and off of furniture
- Walks up and down stairs holding on
- Throws a ball overhead

Fine Motor Skills

- Might begin to show preference for a dominant hand
- Makes/copies straight lines and circles
- Builds a tower with 4+ blocks
- Completes 4-5 piece puzzle
- Strings large beads
- Uses simple tools

Self-Care Skills

- Distinguishes between edible and inedible objects
- Understands common dangers
- Settles to sleep at night or nap time
- Attempts to brush teeth
- Removes shoes and socks

Language skills

- Points to things/pictures when named
- Knows names of familiar people and body parts
- Says sentences with 2-4 words
- Repeats words overheard in conversation

Social-Emotional skills

- Copies others
- Gets excited when with other children
- Shows more independence and defiant behavior
- Parallel play

Red Flags

- Doesn't know 2-word phrases
- Doesn't know what to do with common objects (i.e. brush, phone, fork)
- Doesn't copy actions and words
- Doesn't follow simple instructions
- Doesn't work steadily
- Loses acquired skills