

DEVELOPMENTAL MILESTONES

4 YEARS OLD

Cognitive and Sensory skills

- Names some colors and numbers
- Understands the idea of counting
- Starts understanding time
- Remembers parts of a story
- Understands "same" and "different"
- Draws a person with 2-4 body parts
- Anticipates the future

Language skills

- Says several words
- Says and shakes head "no"
- Points to show someone what she/he wants

Gross Motor skills

- Hops and stands on one foot for 2 seconds
- Catches a bounced ball
- Pours liquid
- Jump forward
- Climbs on playground

Social-Emotional skills

- Likes to hand things to others as pay
- May have temper tantrums
- May be afraid of strangers
- Shows affection for familiar people

Fine Motor Skills

- Uses scissors
- Starts to copy some capital letters
- Draws with a tripod grasps
- Uses two hands together
- Strings small beads
- Copies name

Self-Care skills

- Feeds self without difficulty
- Brushes teeth independently (with assistance for laces, buttons, and other fasteners)

Red Flags

- Doesn't point to show things to others
- Can't walk
- Doesn't know what familiar things are for
- Doesn't copy others
- Doesn't gain new words
- Doesn't have at least 6 words
- Doesn't notice/mind when caregiver leaves
- Loses acquired skills