

# DEVELOPMENTAL MILESTONES

## 6 MONTHS OLD

### Cognitive and Sensory Skills

- Learns through all senses
- Recognizes familiar faces
- Looks and plays with fingers
- Loves textures
- Brings objects to mouth
- Shows curiosity about objects out of reach

### Gross Motor Skills

- Able to lift head
- Able to roll over in both directions
- Able to prop sit
- Supports weight on legs when standing (might bounce)
- Rocks back and forth in quadruped

### Fine Motor Skills

- Accuracy in reaching
- Bilateral grasp
- Able to change direction of reach
- Passes objects between hands
- Radial palmar grasp

### Self-Care Skills

- Caregivers decrease feeding times
- Sleeps 15 hours a day
- Established routines
- Coordinates suck, swallow, breathe sequence

### Language Skills

- Responds to sounds by making sounds
- Strings vowels together when babbling
- Takes turns with caregiver making sounds
- Responds to own name
- Begins to say consonant sounds

### Social-Emotional Skills

- Smiles
- Makes eye contact
- Understands facial expressions of others
- Able to express pleasure/displeasure
- Interest in mirrors

### Red Flags

- Difficulty staying organized
- Greater academic potential than is being exhibited
- Difficulty adapting to changes in routine
- Difficulty completing daily self-care routine
- Uncoordinated movements
- Difficulty sequencing
- Difficulty expressing self