

DEVELOPMENTAL MILESTONES

9 MONTHS OLD

Cognitive and Sensory Skills

- Looks at nearby objects
- Looks for hidden objects (object performance)
- Visually tracks objects
- Plays peek-a-boo

Gross Motor Skills

- Rolls back and forth
- Moves to sitting position
- Sits without support
- Crawls
- Pulls to stand
- Stands on legs with support

Fine Motor Skills

- Brings objects to mouth
- Passes objects from one hand to the other
- Pincer grasp

Self-Care Skills

- Able to hold bottle/cup
- Able to hold a spoon
- Plays alone for 10-30 minutes
- Tolerates a range of food textures

Language Skills

- Responds to sounds
- Responds to own name
- Understands "no"
- Copies sounds and gestures
- Uses finger to point at things

Social-Emotional Skills

- Knows familiar faces
- Plays with others
- Fears strangers
- Clings to familiar adults
- Has favorite toys

Red Flags

- Doesn't bear weight on legs with support
- Doesn't sit with help
- Doesn't babble
- Doesn't play back-and-forth games
- Doesn't respond to own name
- Doesn't recognize familiar people
- Doesn't look where you point
- Doesn't transfer objects between hands