Muse Within Workshops

Step into a sacred circle where your soul, spirit, and creative essence are welcomed. This is more than an art class — it's a monthly healing ritual for the Divine Self within. A 4-hour workshop of Intentional Creativity®, movement, and ritual painting. Let go of what no longer serves you and awaken the Muse within.

Upcoming Dates (Sundays | 1-5PM):

- December 7 Muse of Peace
- January 18 Muse of Vision*
- February 8 Muse of Love

The Artist's Nook Studio - Stuart, FL

*Bundle: Buy 2+ classes for \$88 each \$100 /Single Class/ Virtual Option Available. Ask for Details.

- No painting experience necessary
- All materials provided
- Open to all who seek peace, beauty, and restoration
- Intuitive painting on a 16x20 canvas yours to take home.





A Monthly Intentional Creativity Circle

REGISTER | www.larosahealing.com

*January Event will be a Full Day Retreat event Ask for Details.