

## Dr. Patti Media Kit

RESEARCHER, EDUCATOR, SPEAKER

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## Researcher

Specializing in:

- Racial and ethnic health disparities
- Cultural Well-being
- Black hair discrimination and policies
- Cultural Competency
- Race-based stress and stress management strategies





Recent Keynote Speaker Topics among corporate affinity groups and institutions:

- Black Hair History and Hair Discrimination
- Duality in the Workplace Experiences of Being Black at Work
- "Well While Black": Race-Based Stress and Self-Care for Black Affinity Groups
- Cultural Competency vs. Cultural Humility
- "Your Body is a Temple, not a Trash Can" maintaining your mind, body, and spirit at work



## Educator

- A featured contributor to Harvard Business Publishing Education
- Creator of curriculum utilized in school districts including:
  - NYC Department of Education
  - Boston Public Schools
  - Virginia School Districts
  - New Jersey school districts
- Director of Rutgers University, Honors College Cross-Cultural Competency Course
- Professional Development Provider

