

# **Course Syllabus**

## **2018 Primary Care Update**



**March 26 - 28, 2018**  
**Hale Koa Hotel, Waikiki Ballroom**  
**Honolulu, Hawaii**

**The Hawaii Association of  
Osteopathic Physicians and Surgeons**

Spencer Lau, DO, Program Chair

[www.hawaiiosteopathic.org](http://www.hawaiiosteopathic.org)  
[haops@osteopathic.org](mailto:haops@osteopathic.org)



## **OSTEOPATHIC PLEDGE OF COMMITMENT**

As members of the osteopathic medical profession, in an effort to instill loyalty and strengthen the profession, we recall the tenets on which this profession is founded – the dynamic interaction of mind, body and spirit; the body’s ability to heal itself; the primary role of the musculoskeletal system; and preventive medicine as the key to maintain health. We recognize the work our predecessors have accomplished in building the profession, and we commit ourselves to continuing that work.

***I pledge to:***      *Provide compassionate, quality care to my patients;*

*Partner with them to promote health;*

*Display integrity and professionalism throughout my career;*

*Advance the philosophy, practice and science of osteopathic medicine;*

*Continue life-long learning;*

*Support my profession with loyalty in action, word and deed; and*

*Live each day as an example of what an osteopathic physician should be.*

## **Table of Contents**

Osteopathic Pledge of Commitment	Page 2
Schedule-at-a-Glance	Page 4
<i><u>Conference Information</u></i>	
General Conference Information	Page 6
Disclaimer and Disclosure	Page 6
CME and Specialty Credits Information	Page 8
<i><u>PROGRAM GUIDE and Lecture Notes</u></i>	
Monday, March 26	Page 9
Tuesday, March 27	Page 15
Wednesday, March 28	Page 22
Post-Conference Surveys Information	Page 28
 <i><u>Attached, available on-site only:</u></i>	
CME Attendance Attestation Form	
Conference & Speakers Evaluation Survey	

# **SCHEDULE-AT-A-GLANCE**

## **HAOPS PRIMARY CARE UPDATE 2018**

Hale Koa Hotel, Waikiki Ballroom  
Honolulu, Hawaii

### **Monday, March 26, 2018**

- 7:30 - 8:00     *Registration, Continental Breakfast, **Welcoming Remarks** - Program Chair Spencer Lau, DO*
- 8:00 - 9:00     **Medical Cannabis: What Little We Know** / Stephen J. Wilson, MD, FACOG
- 9:00 - 10:00    **Mumps: Re-emerging and No Longer Just About Kids** / Sarah Y. Park, MD, FAAP
- 10:00 - 10:15   *Break*
- 10:15 - 11:15   **Ending Homelessness: Inspiring Change, Navigating Systems, Innovating Strategies** / Connie Mitchell, APRN, MS, CS
- 11:15 - 1:00    *Break, Lunch & Visit Display Booths*
- 1:00 - 2:00     **Maximizing Workcomp Outcomes** / Bernyce M. Peplowski, DO, MS, FACOEM
- 2:00 - 3:00     **Topical Cardiology** / Jone Geimer-Flanders, DO, FACP, FACC     Parnell Mattison, DO
- 3:00 - 3:15     *Break*
- 3:15 - 4:15     **Burnout & Back** / Jone Geimer-Flanders, DO, FACP, FACC
- 5:00 - 6:30     *Social Event – Bibus Restaurant*

### **Tuesday, March 27, 2018**

- 7:30 - 8:00     *Registration & Continental Breakfast*
- 8:00 - 9:00     **Osteoporosis Update** / Louis Pau, MD
- 9:00 - 10:00    **Evaluation and Treatment of Latent Tuberculosis Infection** / Elizabeth M. MacNeill, MD, MPH
- 10:00 - 10:15   *Break*
- 10:15 - 11:15   **Comprehensive Assessment of Neurodevelopmental Disorders** / Candice J. Sutton, PsyD, CSAC
- 11:15 - 12:00   *Break and Lunch served*

### **Tuesday continued**

- 12:00 - 1:00     **Luncheon Speaker: Positive Beta HCG... Woe is Me! General Surgery in the Pregnant Patient** / *Laura Alison Spector, DO*
- 1:00 - 2:00     **Evaluation, Treatment and Prevention of Angiostrongylus Eosinophilic Meningitis – Rat Lungworm Disease** / *Gerald Murphy, MD*
- 2:00 - 3:00     **Physician Leadership – Is This an Oxymoron?** / *Parnell Mattison, DO*
- 3:00 - 3:15     *Break*
- 3:15 - 4:15     **Pain, Non Opioid Healing** / *Patricia Walcyk, DO, MPH*

### **Wednesday, March 28, 2018**

- 7:30 - 8:00     *Registration & Continental Breakfast*
- 8:00 - 9:00     **Pain Management, Addiction and Homelessness in Hawaii** / *Sen. Josh Green, MD*
- 9:00 - 10:00    **Investigation of Renal Disease** / *Troy DeNunzio, DO*
- 10:00 - 10:15   *Break*
- 10:15 - 11:15   **The Opioid Epidemic** / *Ronald Y. Fujimoto, DO, FAAFP*
- 11:15 - 12:00   *Break and Lunch served*
- 12:00 - 1:00    **Luncheon Speaker: Suicide Prevention Workshop** / *Christopher Rocchio, LCSW, CSAC, ICADC*
- 1:00 - 2:00     **Obstructive Sleep Apnea** / *Jordanna Mae Hostler, MD, FACP, FCCP*
- 2:00 - 3:00     **An Osteopathic Approach to the Rotator Cuff Syndrome: A Tale of Two Shoulders. An Introduction to the Fascial Distortion Model – Part 1** / *Byron Perkins, DO*
- 3:00 - 3:15     *Break*
- 3:15 - 4:15     **An Osteopathic Approach to the Rotator Cuff Syndrome: A Tale of Two Shoulders. An Introduction to the Fascial Distortion Model – Part 2** / *Byron Perkins, DO*
- 4:15 – 4:30     **Final Remarks from the Program Chair** / *Spencer Lau, DO*

## **Conference Information**

### **Conference Questions, Comments?**

Samyuktha Gumidyala, MPH, HAOPS Affiliate Executive: (800) 621-1773, ext. 8432 or [HAOPS@osteopathic.org](mailto:HAOPS@osteopathic.org).

### **Conference Handouts**

Conference handouts and slides, where available from the speakers, will be posted online at this website: <http://hawaiiosteopathic.org/program2018>. The list will be updated as additional materials and authorizations from speakers are received. A copy of this Syllabus will also be posted. Note, Attendance Attestation and Evaluation Forms will not be posted online – they are available on site only.

### **TWO Post Conference Surveys**

There are **two post-conference surveys** for this CME. First, we hope you will take a moment to complete our conference and speaker anonymous evaluation. You are welcome to fill out a hard copy and leave it at the registration desk, or if you prefer, please submit online via this website: <https://www.surveymonkey.com/r/HAOPS2018evals>. This survey will be open six weeks, until May 11<sup>th</sup>.

Second, by April 12<sup>th</sup> you will receive via email a link to an Outcomes Measurement Questionnaire. This survey is designed to gauge how much you retain and/or put into practice after our conference, and is only open 14-30 days following the conference. This means you must reply by Friday, April 27<sup>th</sup>.

**Those who complete this second survey will earn an additional 2 credits of I-A CME at no extra charge.** You will need your name and AOA number (will be provided in the invitation email).

### **Grievance Policy**

If you are in any way dissatisfied with your experience at the conference, please contact HAOPS staff at (800) 621-1773, ext. 8432 so that we may address your concerns.

### **Americans with Disabilities Act**

HAOPS is committed to making this program accessible to all individuals. Every effort will be made to accommodate requests per the Americans with Disabilities Act. Please contact HAOPS staff at [HAOPS@osteopathic.org](mailto:HAOPS@osteopathic.org).

### **Disclaimer**

This continuing medical education (CME) course is made available by the Hawaii Association of Osteopathic Physicians and Surgeons (HAOPS). The material presented in this CME course is for education purposes only. This material is not intended to represent the best or only methods or procedures appropriate for the medical situation discussed; rather, the material is intended to present an approach, view, statement, or opinion of the presenter(s), which may be helpful, or of interest, to all attendees, including clinical practitioners. The content of any CME presentation is the personal view, statement, or opinion of the presenter and such content is intended for the attending audience as a whole and not to the specific circumstance of any individual attending the CME program. Statements of fact and opinion expressed in any HAOPS CME program are those of the individual presenters and, unless expressly stated, are not the views, statements, or opinions of the co-sponsors. HAOPS does not endorse or approve, and does not assume any responsibility for, the content, accuracy, or completeness of the information presented in any HAOPS CME program. The CME program is not intended, nor should it be construed in any way, to replace the independent professional judgment and study of the

specific facts and circumstances an attendee may be experiencing. The information presented in any CME presentation is not intended to be, and should not be received as, medical advice or a substitute for medical advice, and attendees are advised to seek an independent, competent medical opinion as to any specific set of circumstances the attendee seeks to address.

All attendees participate in this CME program with the full knowledge and awareness that the attendee waives any claim he or she may have against the CME Program sponsor for reliance on any information presented in the CME program. Furthermore, the attendee waives any claim he or she has or may have against the sponsor for any injury or any other damage whatsoever that may result in any way from his or her participation in the CME program. All of the presentations of the Conference are intended for limited publication only, and all property rights in the material presented, including common-law copyright, are expressly reserved to the speaker or the sponsor. No statement or presentation made at the CME Conference is to be construed or in any way regarded as dedicated to, or intended for, the public domain. Any sound reproduction, transcript, or any other use of the material presented at any CME Conference is prohibited to the full extent of common-law copyright to, and in, such material.

## **Disclosure Statement**

It is the policy of the Hawaii Association of Osteopathic Physicians and Surgeons (HAOPS) to ensure balance, independence, objectivity, and scientific rigor in all of their sponsored educational activities. All faculty participating in a sponsored activity are expected to disclose to the activity audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of the continuing medical education program, including significant financial interest or other relationship: (1) with manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in an educational presentation, and (2) with any commercial supporters of the activity. (Significant financial interest or other relationship may include such things as grants or research support, employee, consultant, major stockholder, member of speaker's bureau, etc.)

The intent of this disclosure is not to prevent a presenter with a significant financial or other relationship from making a presentation, but rather to provide listeners with information on which they can make their own judgments. It remains for the audience to determine whether the presenter's interests or relationships may influence the presentation.

Speakers were asked to declare any financial interest/arrangement or affiliation that may be perceived as a conflict of interest in the context of their presentations along with any anticipated off label use or unlabeled/unapproved uses of drugs or products. The information reported by Speakers is included along with their biographical sketch, explanation of availability of their slides, and their learning objectives in the "Program Guide" section of this Syllabus.

## **Acknowledgements & Commercial Support**

The Hawaii Association of Osteopathic Physicians and Surgeons Continuing Medical Education programs ensure balance, independence, objectivity and scientific rigor in their educational programs. Individual activities are developed independently of educational grant support. In accordance with the standards of the AOA Council on Osteopathic CME, any commercial supporters of this meeting have had no influence over topics or speakers. Acknowledgement of commercial support is provided in conference program materials.

## **CME & Specialty Credit Hours Information**

### **CME Credits Information**

You **MUST** complete and sign the CME credit attendance attestation form and return it to HAOPS in order for your CME credits to be granted and submitted to the AOA Continuing Medical Education office. No exceptions due to accreditation requirements. Please return the form when you leave, whichever day that is for you, or by 4:15pm Wednesday. **If you do not return the form at the end of the conference, you MUST fax to HAOPS at 312-202-8483 not later than April 11, 2018.**

The Hawaii Association of Osteopathic Physicians and Surgeons (HAOPS) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. HAOPS designates this program for a maximum of 20 AOA Category I-A credits and will report CME and specialty credits commensurate with the extent of the physician's activity in this activity.

The CME credits breakdown for each day is 6 credits on Monday, 7 credits on Tuesday and 7 credits on Wednesday.

CME certificates will be **e-mailed** approximately 2 weeks after the conference, so please be sure we have your correct and **LEGIBLE** e-mail address on the attestation form. Certificates cannot be processed on-site, and will be held until all fees are paid in full. The last day to submit your form is **WEDNESDAY, APRIL 11, 2018. Attestation forms submitted AFTER this date will require a \$25 processing fee in order for credits to be granted.**

### **Specialty Credits Information**

Specialty CME does not need to be Category I-A. Specialty CME may be obtained in Category I or Category 2. Detailed info is available at <http://www.osteopathic.org/inside-aoa/development/continuing-medical-education/Documents/specialty-cme-policy.pdf>.

#### **Here are the anticipated amounts\* of specialty credit offered at HAOPS 2018:**

Pending final determination by each specialty certifying board

<b>Family Medicine</b>	<b>20</b>
Anesthesiology	1
Pain Management	1
Internal Medicine	5
OB/GYN	2
Pediatrics	2
Preventive Medicine	
Occ Med	1
Public Health	2
CAQ: Pain Medicine	1

*\*FYI: This program has been routed to the Osteopathic Specialty Boards for confirmation of credits. **Bolded information has been confirmed by print deadline.** ALL those specialties NOT bolded are still pending review so numbers may change depending on the specific board's determination.*



# **Program Guide – HAOPS Primary Care Update 2018**

**Monday, March 26, 2018**

**7:30 – 8:00 am**      **Registration, Continental Breakfast, and Welcoming Remarks**  
**Spencer Lau, DO, HAOPS President and CME Program Chair**

<b>8:00 – 9:00 am</b> <b>Medical Cannabis: What Little We Know</b>
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**Stephen J. Wilson, MD, FACOG** has been a general practitioner in Honolulu for 17 years. Before that, he was a board certified Ob/Gyn in Hawaii for 14 years, completing his Ob/Gyn residency training and his General Surgery internship at the University of Hawaii after graduating from Yale University Medical School. Dr. Wilson has been honored by the King of Thailand for his humanitarian work during and after the 2004 tsunami. His research interests are medical cannabis and functional medicine, especially hormone replacement therapy.

## **Disclosure**

No conflicts. Dr. Wilson intends to reference unlabeled/unapproved uses of Cannabis for medical uses.

## **Slides**

Are not available at the presenter's direction

## **Learning Objectives**

At the conclusion of the presentation, the learner will be able to:

- Name the three established indications for medical cannabis
- Know its contraindications and side effects
- Understand the historical dearth of knowledge in this area

## **NOTES:**

<b>9:00 – 10:00 am      Mumps: Re-emerging and No Longer Just About Kids</b>
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**Sarah Y. Park, MD, FAAP** is the Hawaii State Epidemiologist and Chief of the Disease Outbreak Control Division, Hawaii Department of Health. A member of the National Advisory Committee on Children and Disasters (US HHS), she is Secretary/Treasurer of the Council of State & Territorial Epidemiologists. A former Epidemic Intelligence Service Officer with the CDC, she has worked internationally with the WHO and CDC. Dr. Park earned her MD Boston University School of Medicine; completed her pediatrics residency at the Lucile Packard Children's Hospital at Stanford, and did a fellowship in pediatric infectious diseases fellowship at the University of California at San Francisco. She is board certified in Pediatrics and Infectious Diseases.

**Disclosure**

No conflicts

**Slides**

Will be shared online FOLLOWING the presentation, per the speaker's direction.

**Learning Objectives**

At the conclusion of the presentation, the learner will be able to:

- Discuss the current epidemiology of mumps infection in the United States
- Review the possible clinical presentations and complications of mumps infection and the preferred diagnostic test
- Recognize the contributing factors in transmission of this respiratory virus, especially in the current outbreak in Hawaii

**NOTES:**

**10:00 – 10:15 am      Break**

<b>10:15 – 11:15 am    Ending Homelessness: Inspiring Change, Navigating Systems, Innovating Strategies</b>
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**Connie Mitchell, APRN, MS, CS** joined IHS, the Institute for Human Services, as Executive Director in 2006. Born and raised in Hawaii, Mitchell earned a BS and MSN in Nursing from the University of Hawaii at Manoa. Her professional experience includes managing a physician's practice, accreditation preparation, program development, and healthcare administration as the Director of Nursing at the Hawaii State Hospital. Mitchell's diverse career includes financial planning, pastoral work, teaching mental health nursing at UH, and healthcare management with expertise in nursing and mental health. Nursing has always served as the lens through which she has served vulnerable and underserved populations.

Ms. Mitchell: "Homelessness has exploded in communities across our islands. This session explores what an enduring non-profit organization that has been offering safety net services to homeless in Hawaii for 40 years is doing against the changing landscape of an affordable housing shortage and overstretched healthcare system and mass incarceration."

**Disclosure**

No conflicts

**Slides**

Will be posted when received

**Learning Objectives**

At the conclusion of the presentation, the learner will be able to:

- Discuss the complexities of homelessness and the diverse subpopulations requiring a spectrum of intervention
- Describe IHS's strategic algorithm of engagement, triage and housing focused case management and intervention
- Describe IHS's broad spectrum of homeless solutions that target social determinants of health
- Recognize the impacts of policy and the principles we use to evaluate effective homeless services

**NOTES:**

***11:15 am – 1:00 pm Break, Lunch, Visit Display Booths***

**Bernyce M. Peplowski, DO, MS, FACOEM** has practiced Osteopathic Emergency Medicine for more than 35 years. Her diverse career spans from the on-site 24-hour care prevention model with large employer, to 2 large multi-specialty medical groups and to 2 payors. She currently provides consulting services for medical groups and insurers, with an emphasis on bundled pay and integrated occupational and non-occupational services, linked to outcomes.

An Associate Clinical Professor in Preventive Medicine at Loma Linda University, she is on the Advisory Council of the Center for Occupational and Environmental Health at University of California Berkeley; she chaired the Western Occupational Health Conference in 2013 and 2017; and holds a Masters in Health Professions Education (adult medical education) as well as in Occupational and Environmental Health. Her special interests include the integration of Workers' Compensation and health plans, to include risk-shared bundled payment based upon outcomes. Dr. Peplowski is the President-Elect of the Western Occupational and Environmental Medical Association and is a member of the Legislative Committee of the Hawaii Medical Association. She is board certified in Preventive Medicine Occupational Medicine.

#### **Disclosure**

No conflicts

#### **Slides**

Have been posted

#### **Learning Objectives**

At the conclusion of the presentation, the learner will be able to:

- Outline & summarize US Workers Compensation (WC) challenges re outcomes, cost, and coverage/availability of services
- Apply & promulgate return-to-work and assistance in claims adjudication (i.e., address of causation, medical necessity of treatment or MMI).
- Employ stage setting at first visit for recovery, along with the 2, 4, 6 week treatment triggers to expedite return to living

#### **NOTES:**

<b>2:00 – 3:00 pm</b>	<b>Topical Cardiology</b>
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**Jone Geimer-Flanders, DO, FACP, FACC** is a staff cardiologist at the Tripler Army Medical Center where she is chief of Inpatient Medicine Services. She also is the Medical Director at Mountain-Pacific Quality Health. Dr. Flanders graduated from Des Moines University-College of Osteopathic Medicine in 1992, completed her IM and cardiology residency at the University of Texas San Antonio where she also did her cardiology fellowship until 2000. Dr. Geimer-Flanders is an Assistant Clinical Professor at the University of Hawaii John A. Burns School of Medicine. She serves on the Advisory Board for AlohaCare and on the Hawaii Association of Osteopathic Physicians and Surgeons board of directors. Dr. Geimer-Flanders is board certified in Internal Medicine Cardiovascular Diseases.

**Disclosure**

No conflicts

**Slides**

Are not available at the presenter's direction

**Learning Objectives**

At the conclusion of the presentation, the learner will be able to:  
Not provided as of print deadline – will be provided on site.

**NOTES:**

**3:00 – 3:15 pm**      **Break**

<b>3:15 – 4:15 pm</b>	<b>Burnout and Back</b>
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**Jone Geimer-Flanders, DO, FACP, FACC** is a staff cardiologist at the Tripler Army Medical Center where she is chief of Inpatient Medicine Services. She also is the Medical Director at Mountain-Pacific Quality Health. Dr. Flanders graduated from Des Moines University-College of Osteopathic Medicine in 1992, completed her IM and cardiology residency at the University of Texas San Antonio where she also did her cardiology fellowship until 2000. Dr. Geimer-Flanders is an Assistant Clinical Professor at the University of Hawaii John A. Burns School of Medicine. She serves on the Advisory Board for Alohacare and on the Hawaii Association of Osteopathic Physicians and Surgeons board of directors. Dr. Geimer-Flanders is board certified in Internal Medicine Cardiovascular Diseases.

**Disclosure**

No conflicts

**Slides**

Are not available at the presenter's direction

**Learning Objectives**

At the conclusion of the presentation, the learner will be able to:

- Recognize the factors that contribute to physician dissatisfaction, burnout and risk for harm
- Modify the internal factors that contribute to wellbeing
- Employ strategies to maintain self-awareness, reflection and compassion
- Identify some of the work-life balance tools that could work for you

**NOTES:**

**5:00 – 6:30 pm**      ***Social Event at Bibas Courtyard Grill***

## **Tuesday, March 27, 2018**

**7:30 – 8:00 am      Registration & Continental Breakfast**

<b>8:00 – 9:00 am      Osteoporosis Update</b>
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**Louis Pau, MD** was born and raised in Kalapana, Hawai'i. In 1994 his father was losing his battle with cancer and no one could help alleviate his pain. Louis Pau was inspired to change his career as a firefighter-paramedica and enrolled in medical school. He focused his studies on pain management and decided to become an anesthesiologist specializing in interventional pain. In 2000, he graduated from the University Of Hawai'i John Burns School Of Medicine. After completing a one year internship in Hawai'i, Dr. Pau did his residency at Mayo Clinic. Dr. Pau practiced in Kansas including opening the Pain Center of Kansas. He has now returned home to Hawai'i to start another clinic, O'ahu Pain Care, to help those in Hawai'i suffering with spine related pain. He has an office in Liliha and another office in Hilo. Dr. Pau is board certified in the specialties of pain management and anesthesiology.

### **Disclosure**

No conflicts. Any additional disclosures not provided as of print deadline and if any, will be announced on site.

### **Slides**

Are not available at the presenter's direction

### **Learning Objectives**

Not provided as of print deadline – will be announced on site.

### **NOTES:**

<b>9:00 – 10:00 am</b>	<b>Evaluation and Treatment of Latent Tuberculosis Infection</b>
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**Elizabeth M. MacNeill, MD, MPH** completed a General Preventive Medicine/Public Health residency, Research and Faculty Development Fellowships at the University of Arizona and a MPH degree from the University of Washington. She was Disease Control Manager and Chief Medical Officer at the Pima County Health Department in Tucson, Arizona from 1989-2005. In 2009 she joined the Hawaii State Department of Health as a TB Physician and since March 2017, has been the Branch Chief for Tuberculosis Control.

**Disclosure**

No conflict. Dr. MacNeill anticipates referencing the unlabeled/unapproved use of IGRA tests (QuantiFERON Gold In-Tube) for use in children younger than five years of age.

**Slides**

Have been posted

**Learning Objectives**

At the conclusion of the presentation, the learner will be able to:

- Explain the utility of different tests in the diagnosis of TB infection
- Recall risk factors for progression to active TB disease
- Describe three treatment regimens for latent TB infection

**NOTES:**

**10:00 – 10:15 am Break**



<b>10:15 – 11:15 am    Comprehensive Assessment of Neurodevelopmental Disorders</b>
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**Candice J. Sutton, PsyD, CSAC** earned her Doctorate and Master of Arts degrees in Clinical Psychology at Argosy University and Bachelor of Arts degree in Psychology at Hawaii Pacific University. Currently, she is working with Dr. Michael Caliri, the Clinical Director and Vice President of Keiki Education Living Independent Institute (KELII), which is a non-profit organization providing services to youth and adults with Neuro-developmental Disorders. Dr. Sutton provides comprehensive psychological assessments for clients affiliated with KELII and Dr. Caliri's private practice. Dr. Sutton has administered over 300 comprehensive psychological assessments in clinical, hospital, and residential treatment settings throughout her training and employment in the field of psychology.

**Disclosure**

No conflicts

**Slides**

Will be posted when received

**Learning Objectives**

At the conclusion of the presentation, the learner will be able to:

- Identify the goals/purpose of psychological assessment
- Understand the difference between different types of assessments
- Understand the Assessment Process when Testing for Neurodevelopmental Disorders
- Identify common standardized psychological tests and measures utilized in a comprehensive psychological assessments

**NOTES:**

**11:15 am - Noon    Break, lunch served**

<b>Noon – 1:00 pm</b>	<b>Luncheon Speaker: Positive Beta HCG... Woe is Me! General Surgery in the Pregnant Patient</b>
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**Laura Alison Spector, DO** has worked with Hawaii Women's Healthcare, LLC since she completed her Surgical Critical Care Fellowship at The Queens Medical Center in 2016. In addition, since 2017, she's served as adjunct clinical faculty for Univ. of Hawaii OB/GYN Residency, Rocky Vista University COM and Touro University-California COM. She graduated from Philadelphia College of Osteopathic Medicine.

About this presentation she writes: (it) is aimed to give the primary care osteopathic doctors of HAOPS insight into the challenges that the pregnant patient presents in relation to several surgical conditions so that early detection and appropriate management can be achieved in these patients. There will be focus on a team approach to care with the goal of decreasing anxiety by increasing knowledge in and comfort with the pregnant patient population.

**Disclosure**

No conflicts

**Slides**

Have been posted

**Learning Objectives**

At the conclusion of the presentation, the learner will be able to:

- Describe the challenges of the pregnant patient
- Have an awareness of the more common surgical procedures in pregnancy
- Gain recommendations for practice

**NOTES:**

**1:00 -2:00 pm**

**Evaluation, Treatment and Prevention of Angiostrongylus  
Eosinophilic Meningitis – Rat Lungworm Disease**

**Gerald Murphy, MD** is an Infectious Disease Physician who treated a severe case of *Angiostrongylus Eosinophilic Meningoencephalitis* while working at Tripler Army Medical Center back in 2010. This led to his participation in the University of Hawaii's International Rat Lungworm Conference in 2011 and later mentored a Family Practice Resident in publishing the case and then co-authored a review of the diagnosis and treatment issues, both published in the Hawaii Journal of Medicine and Public Health. He has recently returned to the Islands part time to participate in the Governor's Rat Lungworm Task Force. Dr. Murphy graduated from The George Washington University School of Medicine in Washington DC and did his Internal Medicine Residency and Infectious Disease Fellowship at Naval Medical Center San Diego. He is board certified in Internal Medicine Infectious Diseases. He served 20 years as a Naval Physician, working in hospitals, on ships, conducting tropical medicine field trials in Indonesia, Thailand, and the Philippines, and leading a dengue vaccine development team in Silver Spring, Maryland. He is delighted to speak to you today about a fascinating disease that has been gaining increased attention here in Hawaii.

**Disclosure**

No conflicts. Dr. Murphy discloses that no drugs are labeled for use in *Angiostrongylus Eosinophilic Meningitis*, so all drugs discussed will be off-label uses, including prednisone, albendazole and others.

**Slides**

Are not available at the presenter's direction

**Learning Objectives**

At the conclusion of the presentation, the learner will be able to:

- Identify the lifecycle of the nematode, *Angiostrongylus cantonensis*
- Recognize the historical spread, current distribution, and recent increased awareness in Hawaii of *Angiostrongylus Eosinophilic Meningitis/Meningoencephalitis* and its vectors
- Recognize the signs and symptoms of the disease
- Order appropriate laboratory and radiologic testing for confirmation of the disease
- Choose therapies appropriate to the severity of the patient's condition, recognizing that available clinical evidence is limited
- Accurately advise patients and family members regarding what is known about prevention of infection with *Angiostrongylus cantonensis*

**NOTES:**

<b>2:00 – 3:00 pm</b>	<b>Physician Leadership – Is This an Oxymoron?</b>
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**Parnell Mattison, DO** is Deputy Commander of Medical Services at Tripler Army Medical Center. Col. Mattison is a graduate of the Kansas City University of Medicine and Biosciences College of Osteopathic Medicine and completed his postgraduate training at Tripler in the late 1990s. He is an Assistant Professor of Pediatrics with the Uniformed Services University of the Health Sciences, specializing in Nephrology. He is board certified in pediatrics.

**Disclosure**

No conflicts. Any additional disclosures will be announced on site

**Slides**

Are not available at the presenter's direction

**Learning Objectives**

At the conclusion of the presentation, the learner will be able to:

- Discuss the importance of physician leadership to an organization
- Outline strategies to maximize the potential of physicians in leadership roles
- Identify key strategies in the vignettes that are presented during the talk
- Create a personal (or organizational) transformation plan

**NOTES:**

**3:00 – 3:15 pm**      **Break**

**Patricia Walcyk, DO, MPH** is a board-certified preventive medicine doctor experienced in providing compassionate care to her patients. She has a zest for learning and determination that with an attitude of humor and perseverance, life is an adventure. Dr. Walcyk graduated with a DO from the University of Medicine and Dentistry of New Jersey/New Jersey School of Osteopathic Medicine. She practiced industrial medicine and became Board Certified in Preventive Medicine. She worked for Exxon/Paramins and then with Hawaii Permanente Medical Group in Honolulu, Hawaii. With experience in treating people who have suffered both physical and emotional trauma, she teaches people ways to navigate through periods of mayhem into a life of focus and peace. She has lectured corporate staff, physicians and the public in medical subjects, continuing education and preventive medicine.

**Disclosure**

No conflict

**Slides**

Will be posted when received

**Learning Objectives**

At the conclusion of the presentation, the learner will be able to:

- List reasons how pain nerves become sensitized to chronic pain
- Discuss two herbs that lessen pain and how they work
- Delineate compounded pain medication and support their value

**NOTES:**

## **Wednesday, March 28**

**7:30 – 8:00 am      Registration and Continental Breakfast**

<b>8:00 – 9:00 am      Pain Management, Addiction and Homelessness in Hawaii</b>
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**Senator Josh Green, MD** currently serves as chair of the Committee on Human Services. He is a member of the Committee on Hawaiian Affairs. Senator Green represents Hawaii's 3rd Senatorial District and has served in the Hawaii State Senate since 2008. Dr. Green was elected to the Hawaii State House of Representatives in 2004 and served two terms, spearheading the movement to provide affordable and accessible quality healthcare for all the people of Hawaii. After finishing medical school at Penn State University, Dr. Green traveled to South Africa where he worked in missionary hospitals as a volunteer physician, treating a rural population overwhelmed by AIDS and malaria. Upon completion of his residency training in Family Medicine, Green accepted a position in the National Health Corps to practice medicine in under-served areas of Hawaii. He now practices as an Emergency Room physician on the Big Island of Hawaii.

### **Disclosure**

No conflict

### **Slides**

Have been posted

### **Learning Objectives**

At the conclusion of the presentation, the learner will be able to:

- Identify some of the causes of chronic homelessness
- Understand the effects of homelessness on an individual's health and to society
- Understand the difficulties associated with treating homeless individuals who suffer from chronic disease and pain

### **NOTES:**

<b>9:00 – 10:00 am      Investigation of Renal Disease</b>
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**Troy DeNunzio, DO** is retiring this summer after fifteen years as the Chief of Nephrology at the Tripler Army Medical Center. Col. DeNunzio will then assume the position as Assistant Chief of Hospital Medicine. Dr DeNunzio has broad clinical experience in clinical nephrology, and is involved in the Internal Medicine Residency teaching program. In addition, he is Associate Clinical Professor of Medicine, Uniformed Services University of Health Sciences, Bethesda, MD and Assistant Clinical Professor of Medicine with John A. Burns School of Medicine, University of Hawaii and with the School of Osteopathic Medicine in Arizona. Dr. DeNunzio graduated from Philadelphia College of Osteopathic Medicine and completed his residency and internship in internal medicine at the Eisenhower Army Medical Center in Augusta, GA. His nephrology fellowship was at Walter Reed Army Medical Center. He is board certified in Internal Medicine Nephrology.

**Disclosure**

No conflicts

**Slides**

Are not available at the presenter's direction

**Learning Objectives**

At the conclusion of the presentation, the learner will be able to:

- Conduct an evaluation for proteinuria and hematuria
- Recognize the indications are for kidney biopsy and when to refer for kidney biopsy
- Interpret serologies that are relevant to renal disease and when to order these serologies

**NOTES:**

**10:00 – 10:15 am      Break**

<b>10:15 – 11:15am    The Opioid Epidemic</b>
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**Ronald Y. Fujimoto, DO, FAAFP** became medical director and chief medical officer for the UnitedHealthcare Community Plan of Hawaii plan in 2012 after more than 25 years as a mainland physician, clinical administrator, and medical director at various Hawaii health organizations. A graduate of College of Osteopathic Medicine of the Pacific, he completed his post-graduate training in Arizona. He is board certified in Family Medicine.

**Disclosure**

No conflict. Dr. Fujimoto discloses that he anticipates referencing unlabeled use of Astaxanthin for pain treatment. He further discloses that he is employed by UnitedHealthcare and is part of the speakers' bureau for UnitedHealthcare/Optum.

**Slides**

Are not available at the presenter's direction

**Learning Objectives**

At the conclusion of the presentation, the learner will be able to:

- Understand what is the compelling story about the opioid epidemic
- Refer to the "CDC Guideline for Prescribing Opioids for Chronic Pain"
- Understand the importance of naloxone and opioids

**NOTES:**

**11:15 am – Noon    Break, lunch served**



<b>Noon – 1:00 pm     Suicide Prevention Workshop</b>
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**Christopher Rocchio, LCSW, CSAC, ICADC** is the Recovery and Resiliency Manager for UnitedHealthcare Community Plan of Hawaii. He is a Licensed Clinical Social Worker, Certified Substance Abuse Counselor, Substance Abuse Professional, and certified QPR Suicide Prevention Gatekeeper Instructor. He is also a doctoral candidate and lecturer at the University of Hawaii's Myron B. Thompson School of Social Work.

Mr. Rocchio has taught graduate social work courses in research design and data analysis, and practice courses in behavioral health. In 2015, Mr. Rocchio was the recipient of the University of Hawaii at Manoa's inaugural Excellence in Online Teaching award. Mr. Rocchio has 15 years of experience working in various capacities with adults with serious mental illness (SMI) and co-occurring SMI and substance use disorders. In his current role at UnitedHealthcare, Mr. Rocchio facilitates initiatives, provides technical assistance, and trains health care and social services professionals to promote recovery-oriented practices and principles in the community. In 2017, Mr. Rocchio was a recipient of UnitedHealth Group's Sages of Clinical Services Award, the highest honor bestowed to its clinical workforce, for his role as a clinical educator and trainer. Prior to joining UnitedHealthcare, Mr. Rocchio worked at the Department of Health and for different nonprofit organizations in the State of Hawaii.

**Disclosure**

No conflict. Mr. Rocchio is employed by UnitedHealthcare.

**Slides**

Are not available at the presenter's direction. A handout will be provided.

**Learning Objectives**

At the conclusion of the presentation, the learner will be able to:

- Describe why suicide is a serious public health concern
- Recognize warning signs, clues, and suicidal communications
- Develop confidence in asking the suicide question

**NOTES:**

**Jordanna Mae Hostler, MD, FACP, FCCP** is a pulmonary, critical care, and sleep medicine physician at Tripler Army Medical Center. She earned her MD at Temple University School of Medicine in Philadelphia, and completed her post-graduate work, including a Pulmonary and Critical Care Medicine Fellowship at Tripler. She is board certified in Internal Medicine, Pulmonary Diseases and Critical Care Medicine.

**Disclosure**

No conflict

**Slides**

Will be posted

**Learning Objectives**

At the conclusion of the presentation, the learner will be able to:

- Describe the diagnostic criteria used to diagnose OSA
- Identify patients in their population who need sleep diagnostic testing and interpret the test results that they are given
- Treat an array of OSA patients with the many different modalities available

**NOTES:**

<b>2:00 – 3:00 pm</b> <b>and</b> <b>3:15 – 4:15 pm</b>	<b>An Osteopathic Approach to the Rotator Cuff Syndrome: A Tale of Two Shoulders. An Introduction to the Fascial Distortion Model – Parts I and 2</b>
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### **Byron Perkins, DO**

is a graduate of the University of Health Sciences, College of Osteopathic Medicine in Kansas City, MO. He interned at Oklahoma Osteopathic Hospital in Tulsa, and completed a residency in Osteopathic Family Practice at Doctor's Hospital in Columbus, Ohio. Board certified in Osteopathic Family Medicine, his current practice focuses on primary care, mental health, wellness, musculoskeletal injuries and Osteopathic Manipulative Treatment. He began his medical practice at the Norton Sound Health Corporation in Nome, and practiced at the Alaska Native Medical Center in Anchorage before co-founding Cornerstone Clinic Medical and Counseling Center. Alaska Medical Missions has grown out of that endeavor.

### **Disclosure**

No conflict

### **Slides**

Have been posted

### **Learning Objectives**

At the conclusion of the presentation, the learner will be able to:

- Evaluate shoulder pain in a primary care setting in a consistent manner
- Recommend appropriate diagnostic imaging and indications for surgical referral in patients with shoulder pain
- Treat common causes of shoulder pain with Osteopathic Manipulation in the Fascial Distortion Model

### **NOTES:**

**3:00 – 3:15 pm**  
**4:15 – 4:30 pm**

**Break**  
**Final Remarks from Program Chair, Spencer Lau, DO**

## **THERE WILL BE 2 POST-CONFERENCE SURVEYS**

### **CONFERENCE AND SPEAKERS EVALUATIONS**

*Your post-conference feedback is very important to the speakers, the planning committee, and the success and educational value of future HAOPS CME conferences.*

*Please take a few minutes today to let us know what you think about the HAOPS 2018 Primary Care Update.*

*Two options: you may use the hard copy forms (turn in on site or fax to (312) 202-8224) or fill out online at: <https://www.surveymonkey.com/r/HAOPS2018evals>.*

*This evaluations survey will be open six weeks, until Friday, May 11, 2018.*

### **OUTCOMES MEASURES QUESTIONNAIRE**

*Also, by April 12<sup>th</sup> you will receive by email a link to an Outcomes Measurement Questionnaire.*

*This is different from the Evaluations Survey.*

*It will be for open ONLY for two weeks until Tuesday, April 27, 2018.*

*Those who complete this SECOND survey  
– for Outcomes Measures –  
will earn an additional 2 credits of I-A CME at no extra charge*



# ***Mahalo***

