

The Big Brain Activity Book

For Cognitive Needs

Free Bonus 2: Fun and Easy Games



A J Martin

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How to Use this Activity Book

This book is designed to engage, entertain and assist with cognitive function. Specially created for those that would like some help with memory and brain stimulation through simple, fun games and activities.

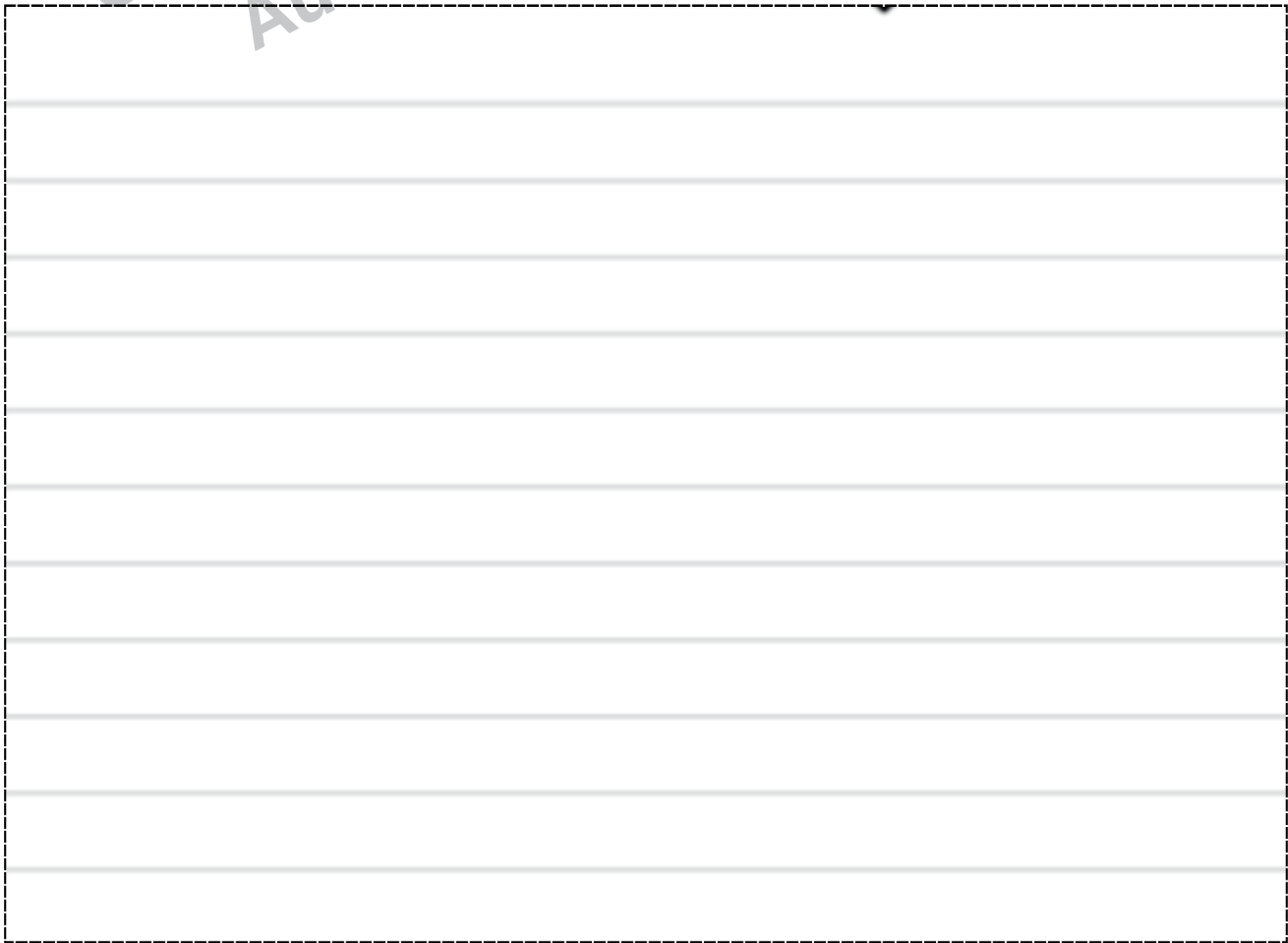
It is meant to be used either individually, enjoying the activities and brain teasers, or with loved ones to create memories.

Activities for 2 or more are included to foster a sense of family, love and connection. One specific activity, for writing memories, can be used to open up a discussion and create a lasting legacy.

Personalize It!

What is your biggest accomplishment?

Use the space below to write down your biggest accomplishment or something you are very proud of or thankful for!

A large rectangular area with a dashed border and horizontal lines, intended for writing an accomplishment.

Signed by: _____

Word Search

Household Words



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X	W	U	X	Z	M	K	S	Q	T
T	A	B	L	E	M	L	N	L	L
B	B	R	N	X	M	B	Z	C	I
C	O	E	O	E	U	A	W	O	G
H	P	A	P	E	R	B	U	S	H
A	D	D	Q	W	A	T	E	R	T
I	D	P	H	O	N	E	T	U	U
R	U	X	C	L	O	C	K	R	T
H	D	W	Y	U	C	Z	F	B	W
P	F	O	R	Y	C	J	T	J	P

PAPER
WATER
CHAIR

BREAD
LIGHT
TABLE

PHONE
CLOCK

Word Search Solution



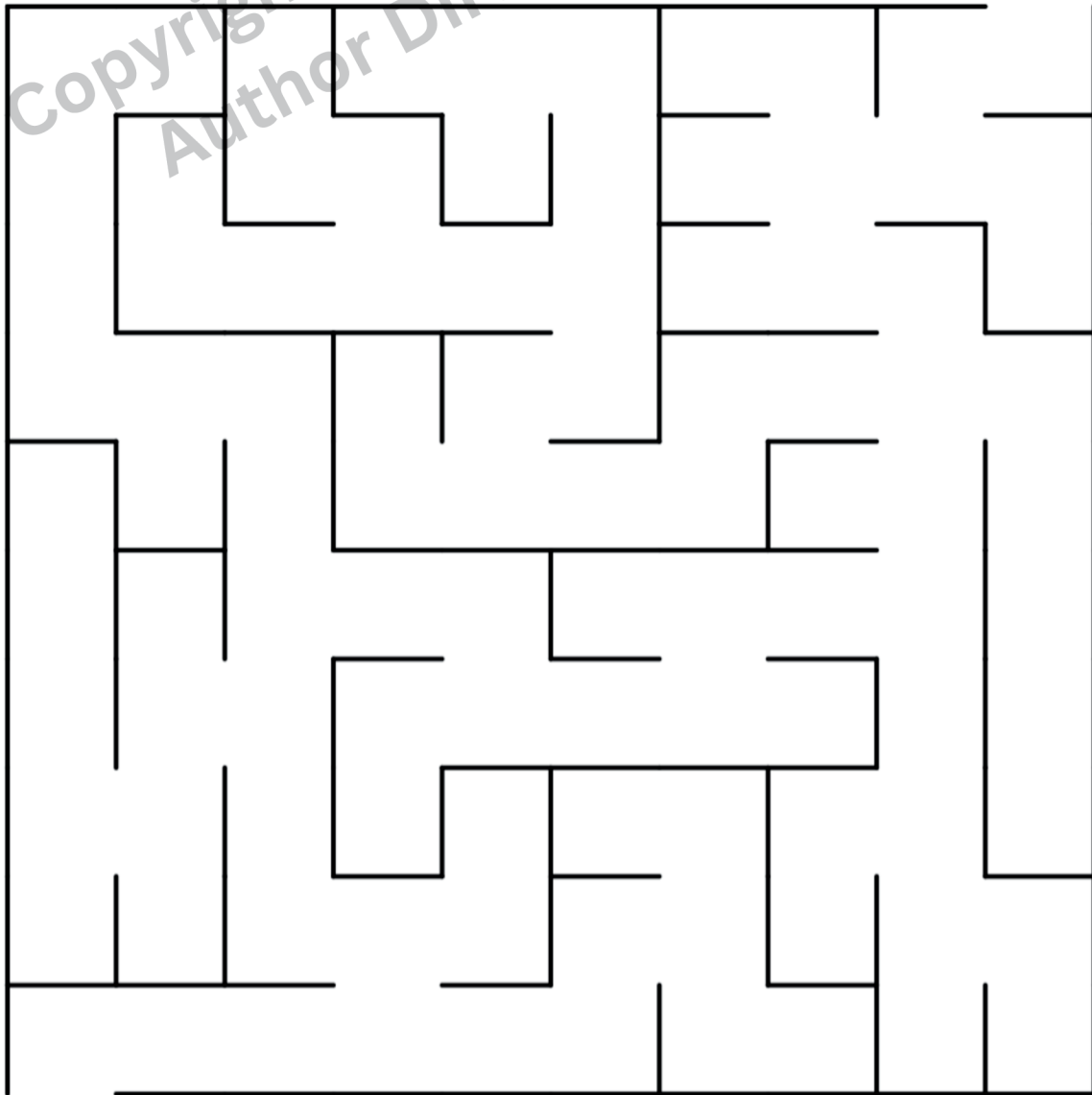
PAPER
WATER
CHAIR

BREAD
LIGHT
TABLE

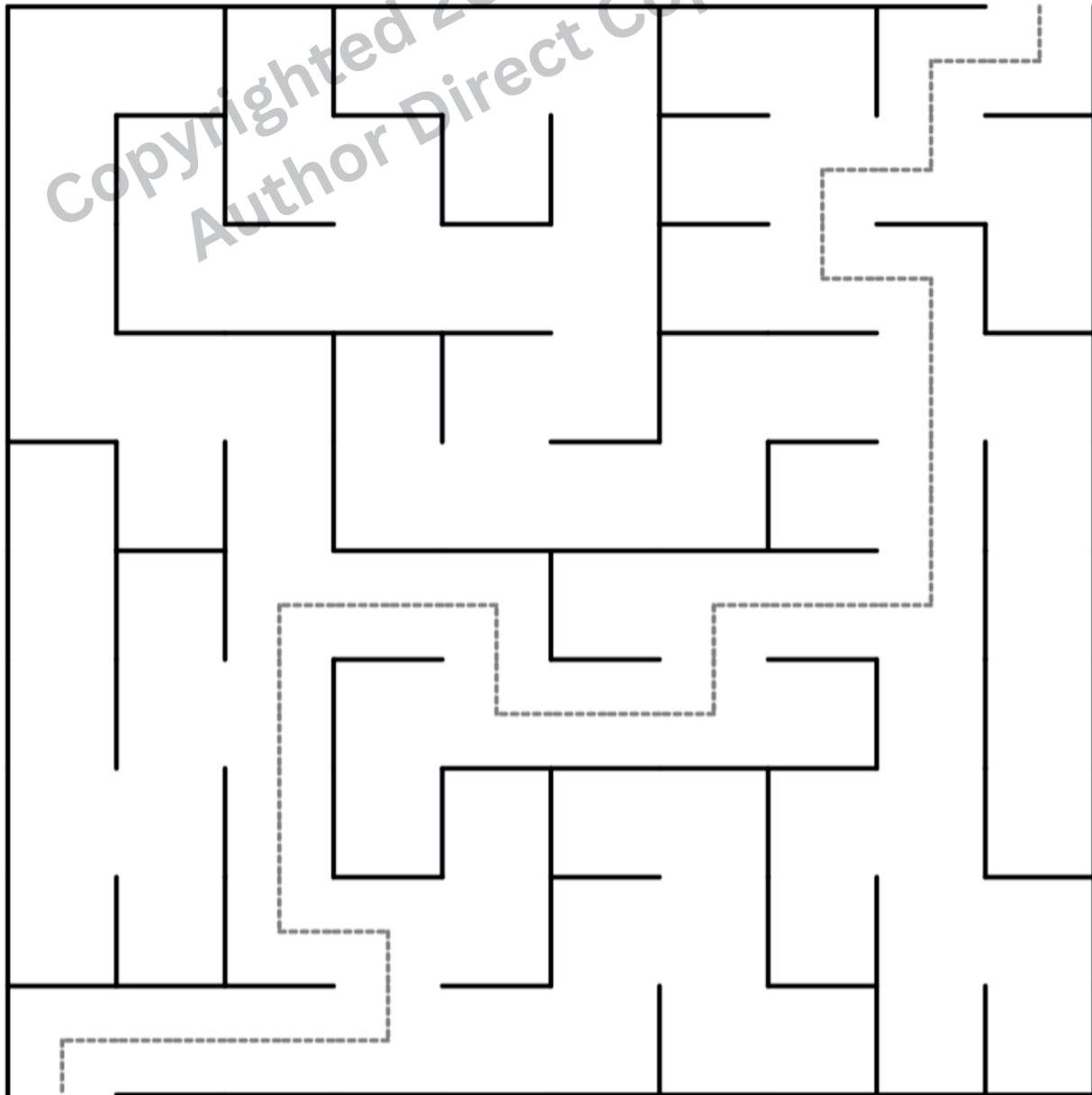
PHONE
CLOCK

Maze

Help the Mama Cat find
her kittens!



Maze Solution



Missing Vowels

Fill in the missing vowels for the outside words!



Tr _ _ s

Gr _ ss

R _ v _ r

Cl _ _ d

P _ nd

Str _ _ m

R _ cks

B _ sh _ s

G _ rd _ n

Fl _ w _ r

B _ _ s

B _ rds

L _ _ v _ s

_ ns _ cts

F _ nc _

Pl _ nts

Br _ dg _

P _ t _ _

P _ bbl _

H _ lls

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Missing Vowels Solution



Trees

River

Pond

Rocks

Garden

Bees

Leaves

Fence

Bridge

Pebble

Grass

Cloud

Stream

Bushes

Flower

Birds

Insects

Plants

Patio

Hills

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Easy Sudoku

Goal: Fill in the grid so that each row, each column, and each 3x3 box contains the numbers 1 to 9.

Fill in the blanks: Look for missing numbers that can only fit in one place. Start with easy spots and work your way to harder ones.

You cannot repeat any number in a row, column, or 3x3 box.

		3		2			8	
	2	5		6			9	
8				4				7
		4	2		8			
	5				3	2		4
2	6					3		
4					5		6	9
	9		4					
	3			1				2

Sudoku Solution

9	4	3	5	2	7	6	8	1
7	2	5	8	6	1	4	9	3
8	1	6	3	4	9	5	2	7
3	7	4	2	5	8	9	1	6
1	5	8	6	9	3	2	7	4
2	6	9	1	7	4	3	5	8
4	8	2	7	3	5	1	6	9
6	9	1	4	8	2	7	3	5
5	3	7	9	1	6	8	4	2

Boxes and Dots Game

Directions:

- Player 1 connects 2 dots with a line
- Player 2 connects 2 dots with a line
- Players take turns connecting dots with a line

Goal:

- Connect lines so boxes cannot be created

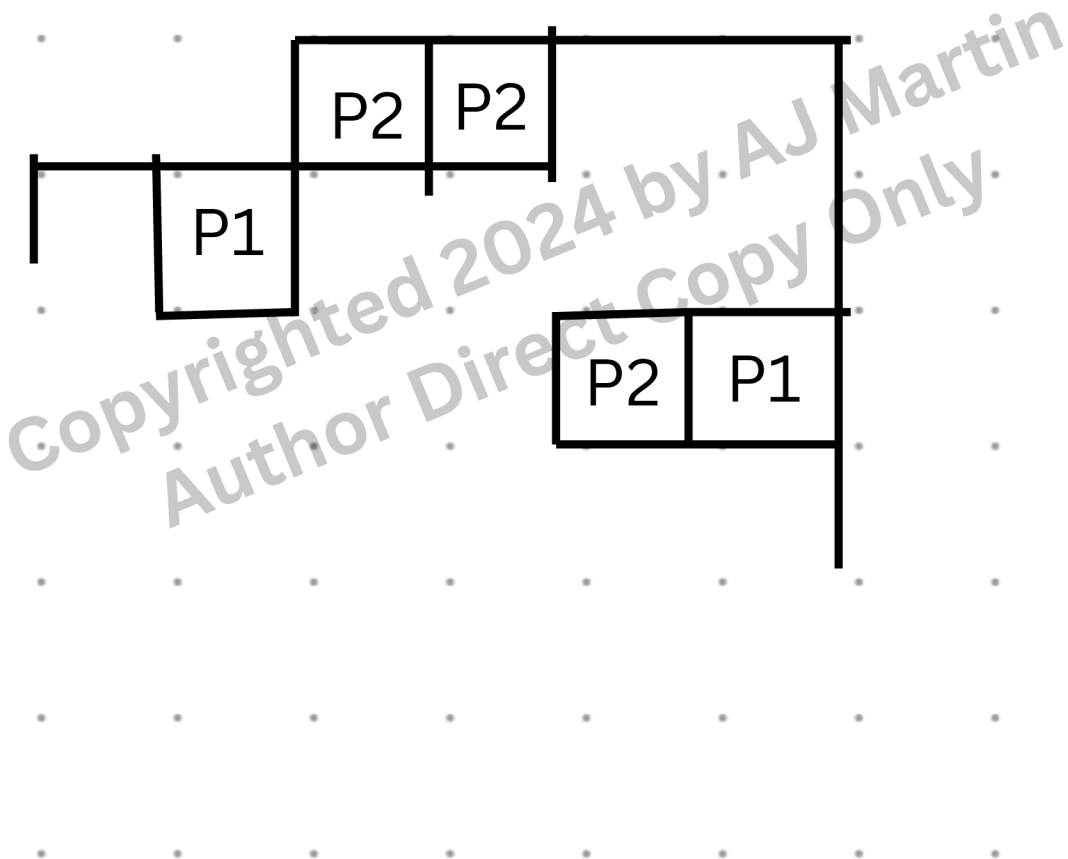
Outcome:

- Each time you see an opportunity to make a box, make one and put your initials in the box

Winner:

- Person with the most connected boxes wins!

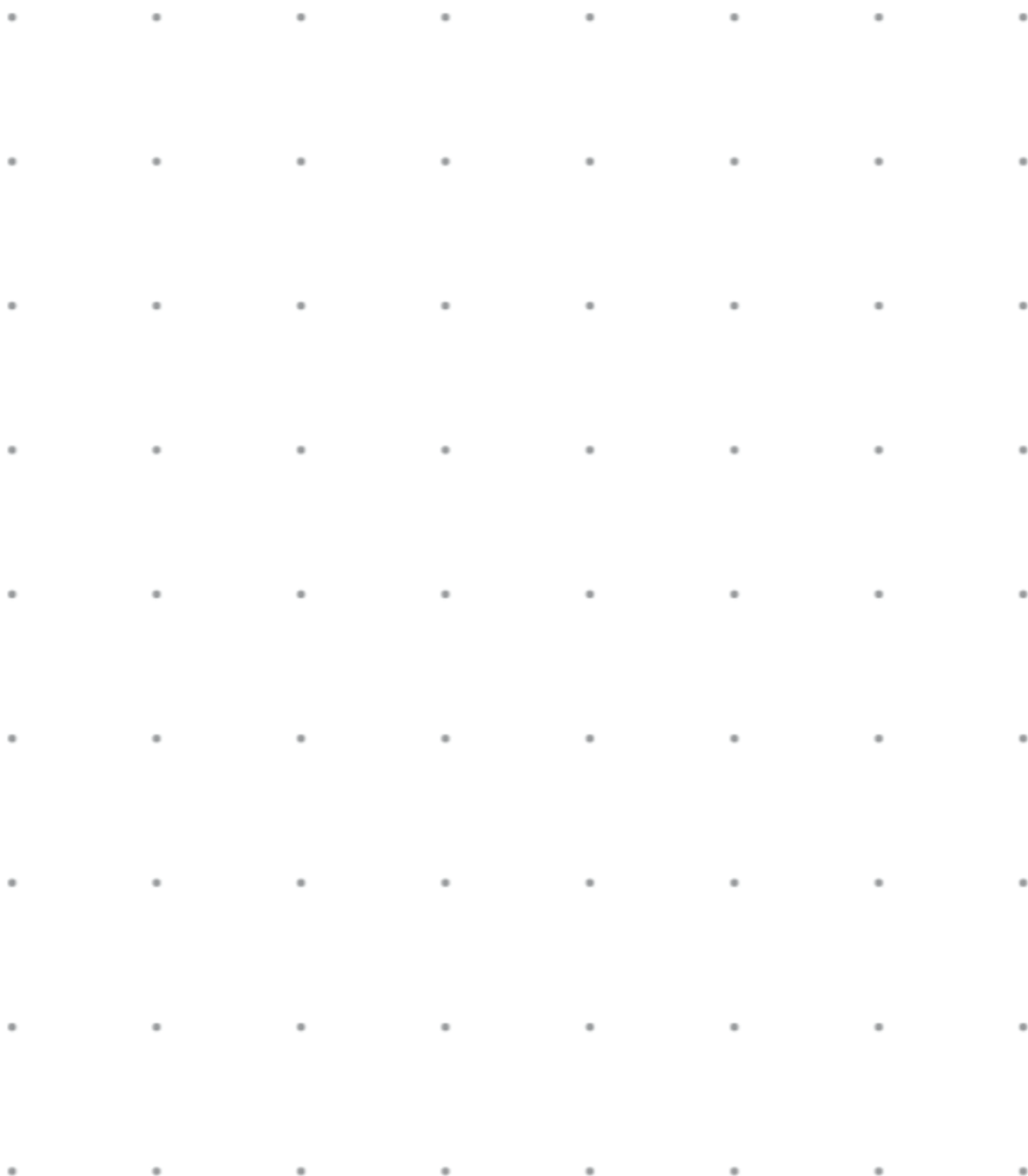
Example:



Boxes and Dots Game

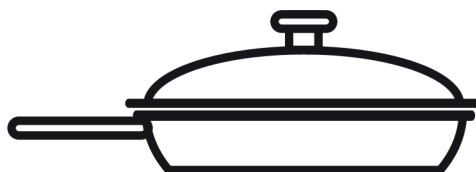
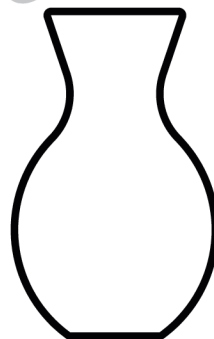
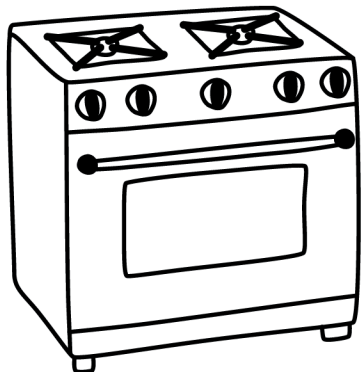
Game for two (2) players!

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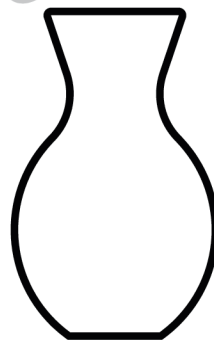
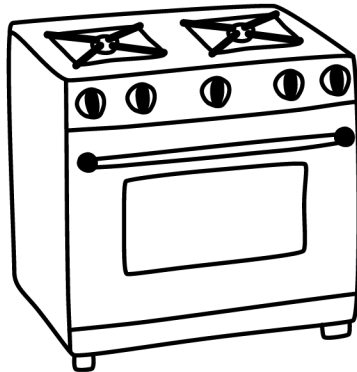
Match

Match each item on one column to an item on the other!



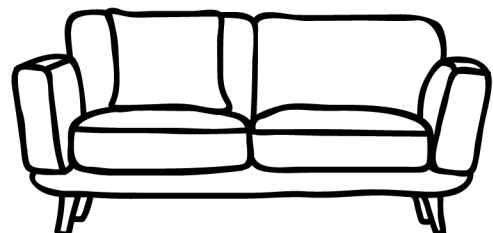
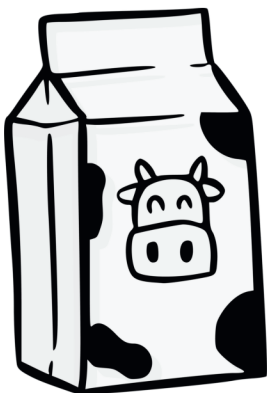
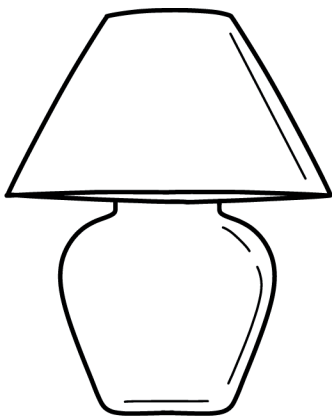
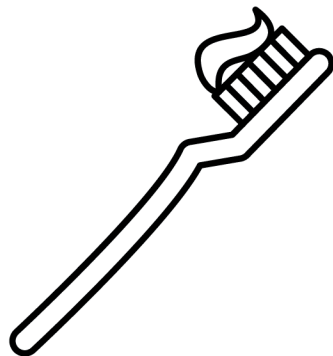
Match Solution

Match each item on one column to an item on the other!



Picture Perfect Recall

Look at the pictures for one minute. On the next page, write down as many of the items as you can remember.



Picture Perfect Recall Item Sheet

The worksheet features a decorative border with a scalloped outer edge and a row of dots just inside. The central area is a rectangle with horizontal lines for writing. A faint watermark is visible across the page.

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Picture Perfect Recall Solution

Iron
Toothbrush
Books
Lamp
Shoe
Computer/laptop
Milk carton
Dog/puppy
Wine glass
Sofa

Favorite Reflections



My favorite
childhood
memory is...

Favorite Reflections



My favorite
childhood
memory is...

Favorite Reflections



My favorite
childhood
memory is...

Coloring



What Am I Hints

Read each clue and guess what
the word is!



1. I open up when the weather's wet.
2. I come in handy when it's raining.
3. I keep you dry but don't wear clothes.



What Am I?

U

What Am I Hints Solution

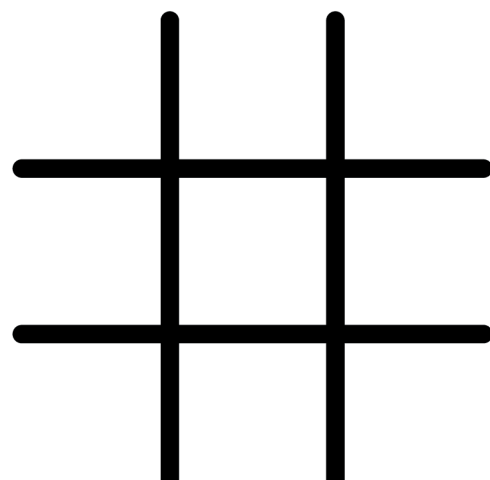
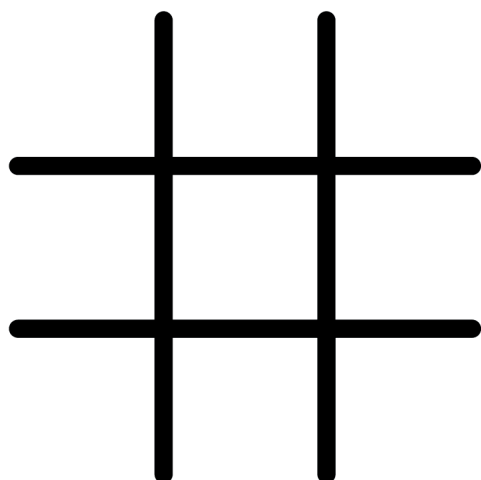
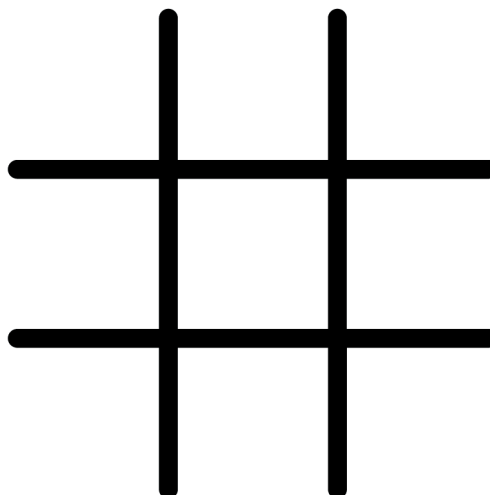
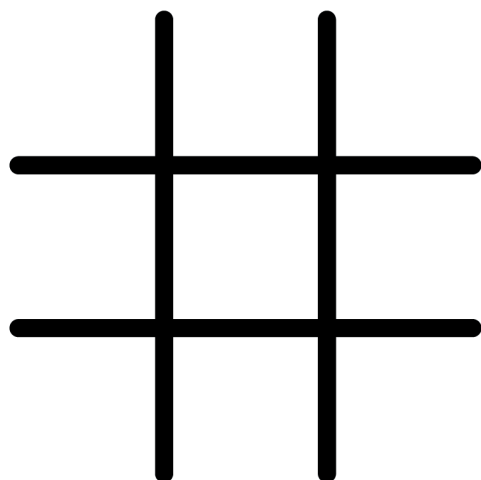
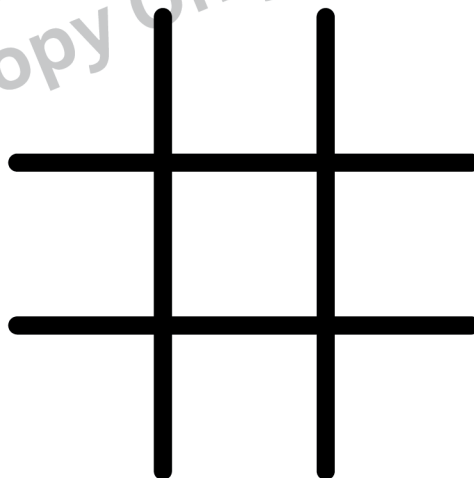
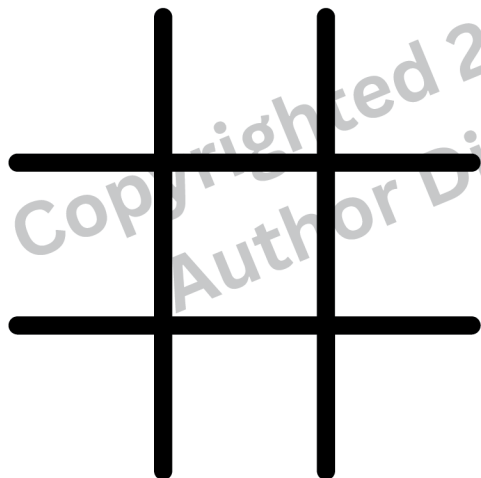


Umbrella



Tic Tac Toe

Game for two (2) players!



Relaxing Themes

Trace:



Draw:

Scrambled Puzzle

Unscramble the household
words!

ATBEL

= _____

HCUCO

= _____

IGREFD

= _____

RTTOSAE

= _____

ONWDWI

= _____

TOELCS

= _____

TESLOW

= _____

PETACR

= _____

OILPLW

= _____

METOER

= _____

Scramble Solution

ATBEL	= TABLE
HCUCO	= COUCH
IGREFD	= FRIDGE
RTTOSAE	= TOASTER
ONWDWI	= WINDOW
TOELCS	= CLOSET
TESLOW	= TOWELS
PETACR	= CARPET
OILPLW	= PILLOW
METOER	= REMOTE

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Sprinkles of Sunshine

Trace the saying, then write it
below!

When one door closes, another opens.

Where there's a will, there's a way.

Every cloud has a silver lining.

**Happiness is not a destination; it's a
way of life.**

Good things come to those who wait.

Your feedback is greatly appreciated!

Please feel free to visit my website and let me know if you enjoyed these games!

If you would like more of these, please visit my website at www.martinpublishing.org or see all my Big Brain Activity Books for Cognitive Needs on Amazon!



martinpublishing.org



AJ Martin Books

The Big Brain Activity Book for Cognitive Needs Series

currently available on Amazon:

A Fun & Easy Walk Down Memory Lane
A Christian Spiritual Journey (Also in Spanish!)
Relaxing Reflections
Christmas Fun, Made Easy
New Year, New Joy
Thansgiving Traditions

By: A.J. Martin