

The Big Brain Activity Book

For Cognitive Needs

Free Bonus 1: Fun and Easy Games



A J Martin

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How to Use this Activity Book

This book is designed to engage, entertain and assist with cognitive function. Specially created for those that would like some help with memory and brain stimulation through simple, fun games and activities.

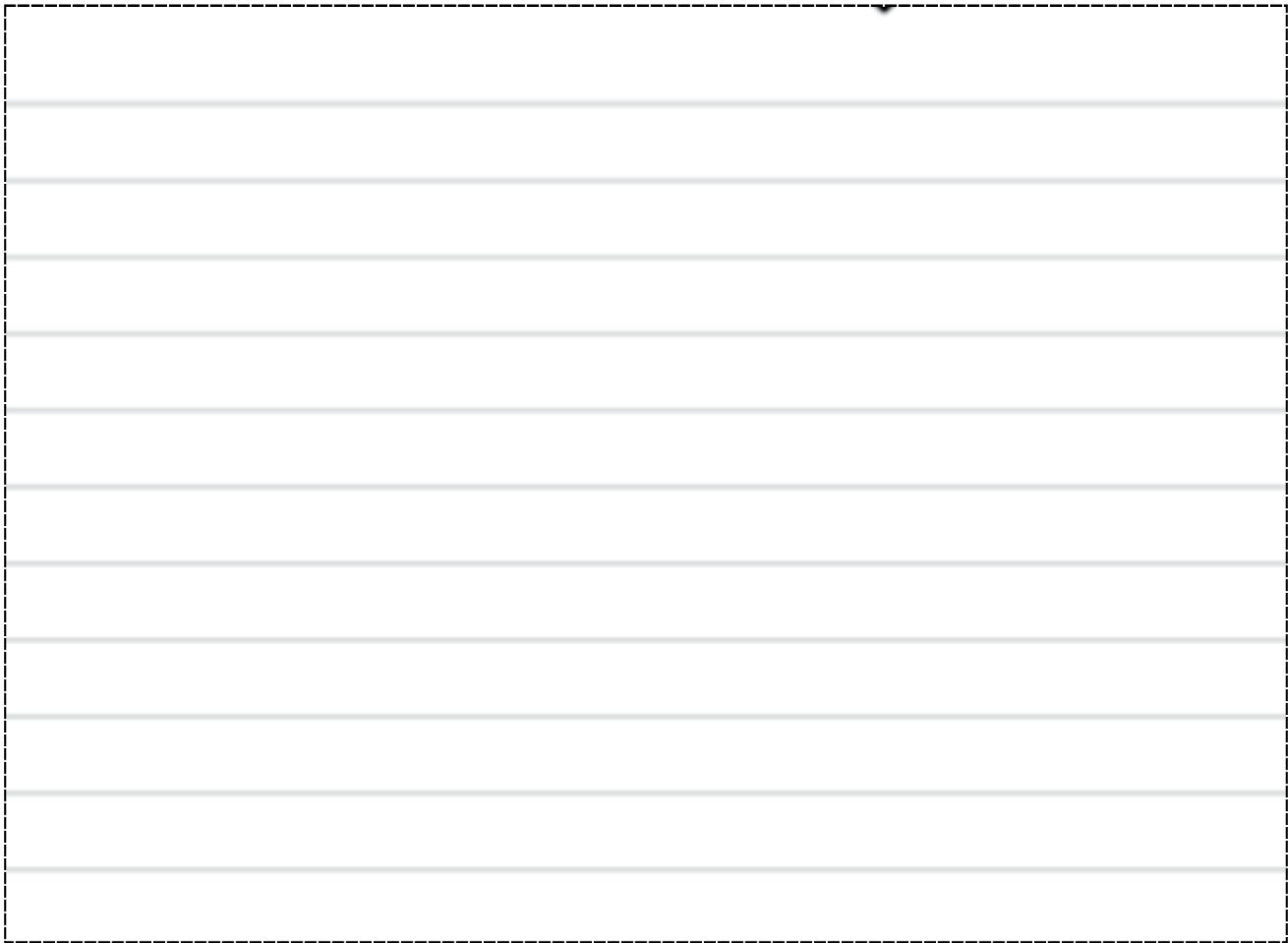
It is meant to be used either individually, enjoying the activities and brain teasers, or with loved ones to create memories.

Activities for 2 or more are included to foster a sense of family, love and connection. One specific activity, for writing memories, can be used to open up a discussion and create a lasting legacy.

Personalize It!

What is your biggest accomplishment?

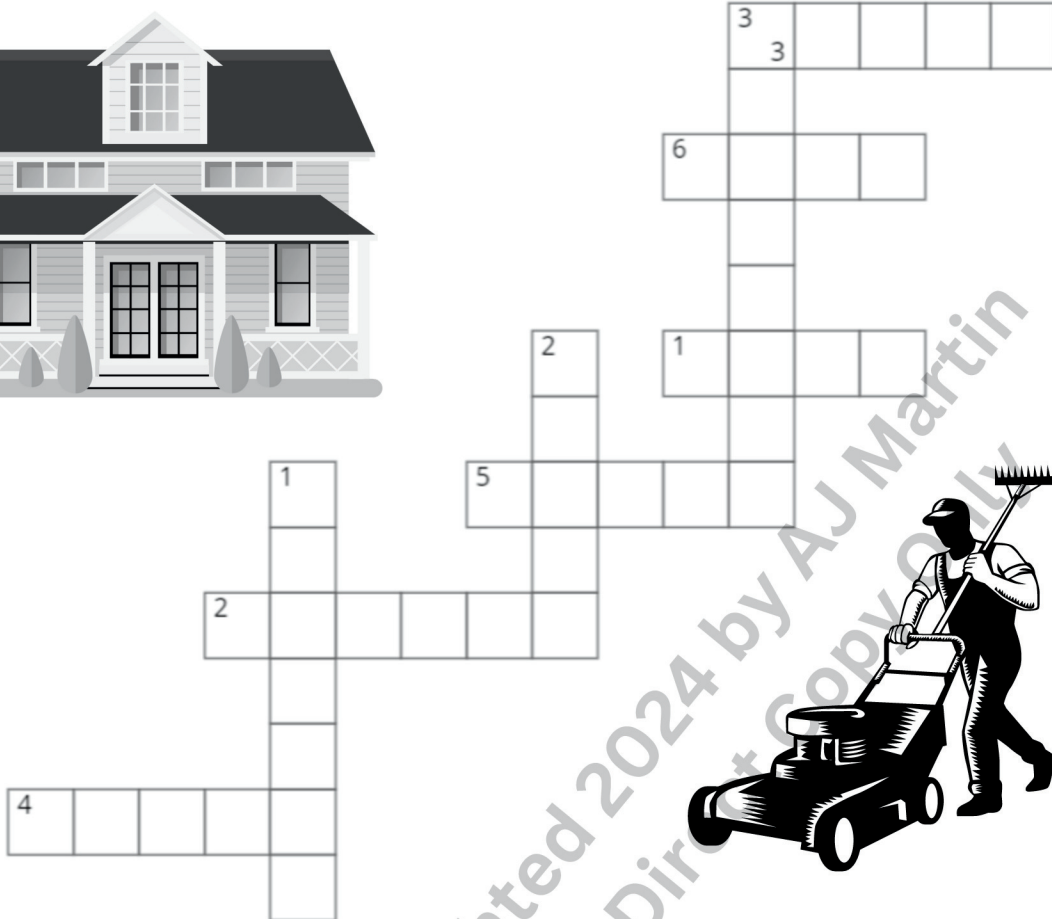
Use the space below to write down your biggest accomplishment or something you are very proud of or thankful for!



Signed by: _____

Crossword

Household Words



Across:

1. Used for cleaning hands or body.
2. Container often used for carrying water.
3. Place to store books or items.
4. Tool for shaving hair.
5. Moist towelettes for quick cleaning.
6. Place for washing hands or dishes.

Down:

1. Clothes that need washing.
2. Warm, layered blanket for the bed.
3. Tool for cutting paper or fabric.

Crossword Solution

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Word Search

Household Words



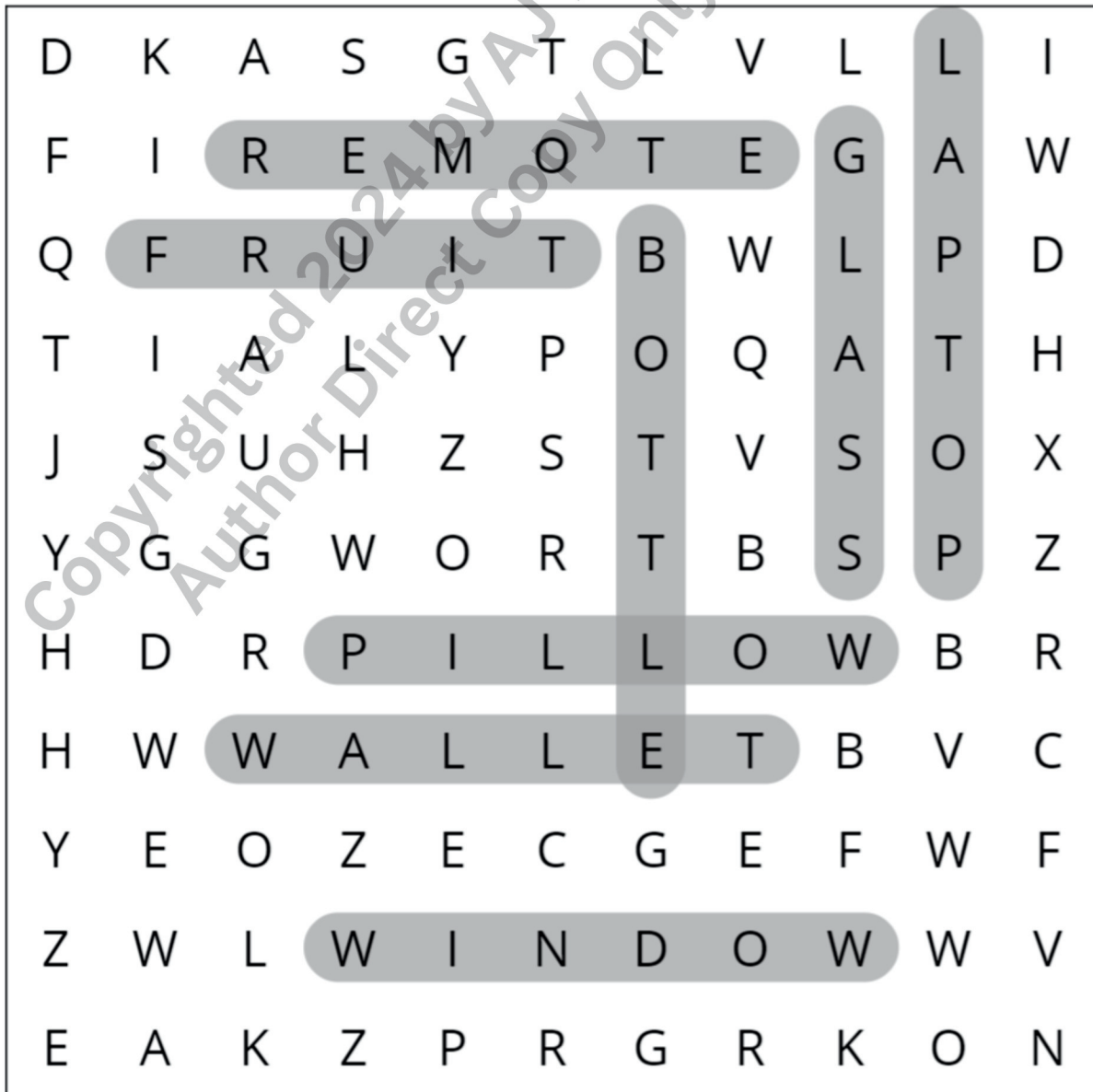
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F	I	R	E	M	O	T	E	G	A	W
Q	F	R	U	I	T	B	W	L	P	D
T	I	A	L	Y	P	O	Q	A	T	H
J	S	U	H	Z	S	T	V	S	O	X
Y	G	G	W	O	R	T	B	S	P	Z
H	D	R	P	I	L	L	O	W	B	R
H	W	W	A	L	L	E	T	B	V	C
Y	E	O	Z	E	C	G	E	F	W	F
Z	W	L	W	I	N	D	O	W	W	V
E	A	K	Z	P	R	G	R	K	O	N

FRUIT
BOTTLE
REMOTE

GLASS
WINDOW
LAPTOP

PILLOW
WALLET

Word Search Solution



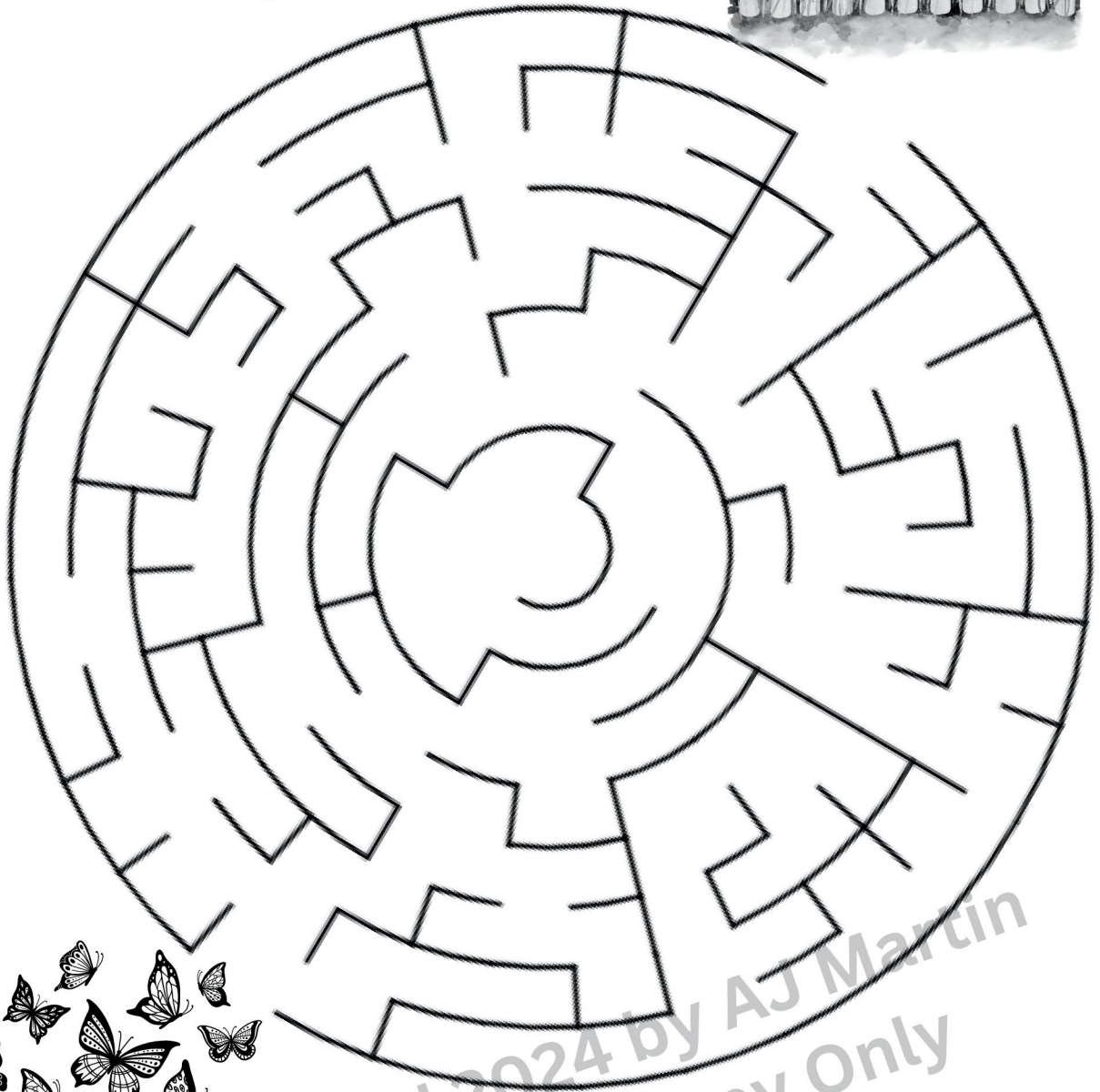
FRUIT
BOTTLE
REMOTE

GLASS
WINDOW
LAPTOP

PILLOW
WALLET

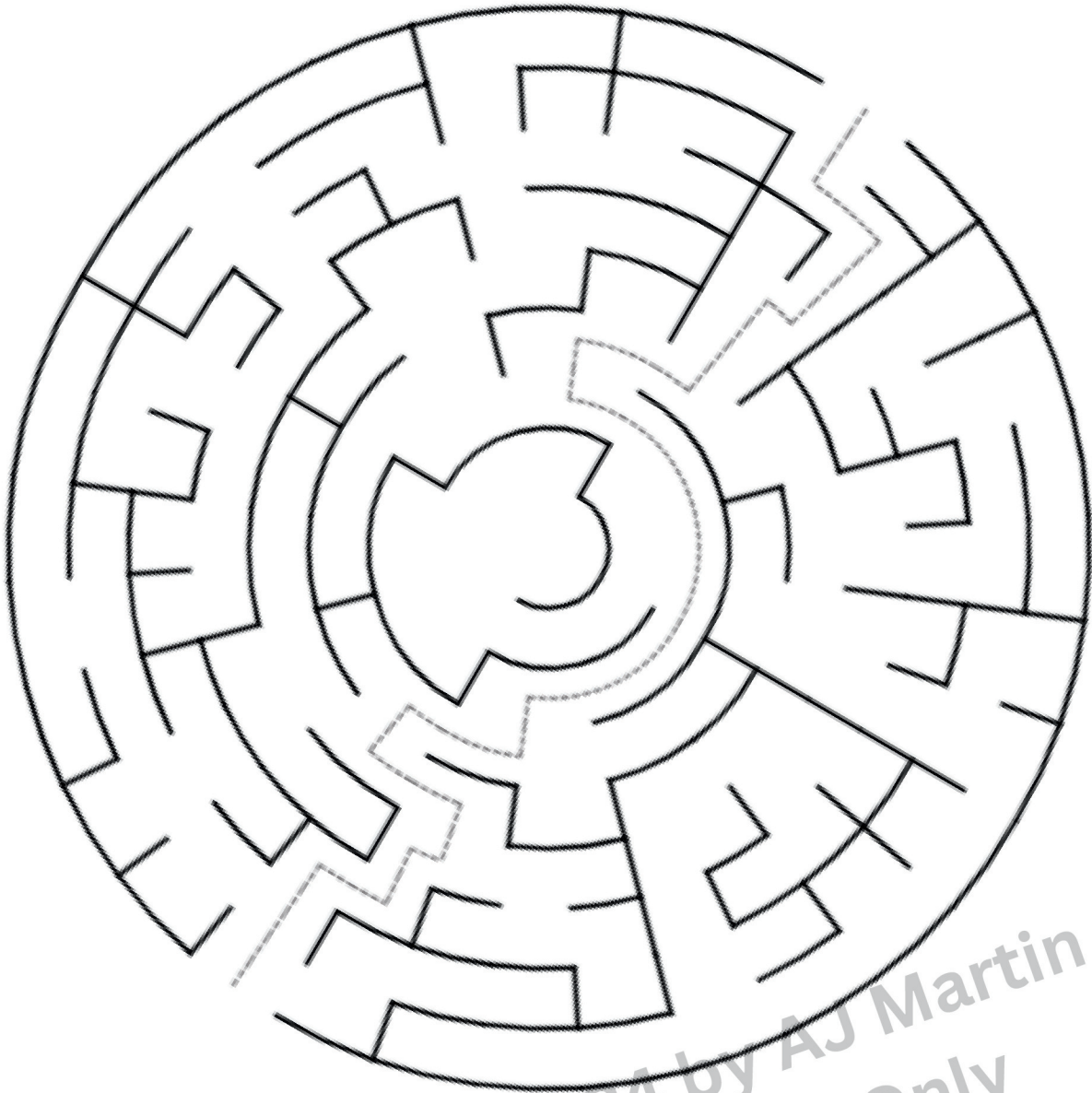
Maze

Help the butterflies to
the flower garden!



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Maze Solution



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Easy Sudoku

Goal: Fill in the grid so that each row, each column, and each 3x3 box contains the numbers 1 to 9.

Fill in the blanks: Look for missing numbers that can only fit in one place. Start with easy spots and work your way to harder ones.

You cannot repeat any number in a row, column, or 3x3 box.

			5			9	1	
8		5			3			7
	1	7					2	5
				3	7	2	9	
	2				1	7		3
	7	8			6			
1			3		2			
				4		5		
6		2				1		

Sudoku Solution

2	6	3	5	7	4	9	1	8
8	9	5	2	1	3	6	4	7
4	1	7	6	8	9	3	2	5
5	4	1	8	3	7	2	9	6
9	2	6	4	5	1	7	8	3
3	7	8	9	2	6	4	5	1
1	5	4	3	6	2	8	7	9
7	3	9	1	4	8	5	6	2
6	8	2	7	9	5	1	3	4

Boxes and Dots Game

Directions:

- Player 1 connects 2 dots with a line
- Player 2 connects 2 dots with a line
- Players take turns connecting dots with a line

Goal:

- Connect lines so boxes cannot be created

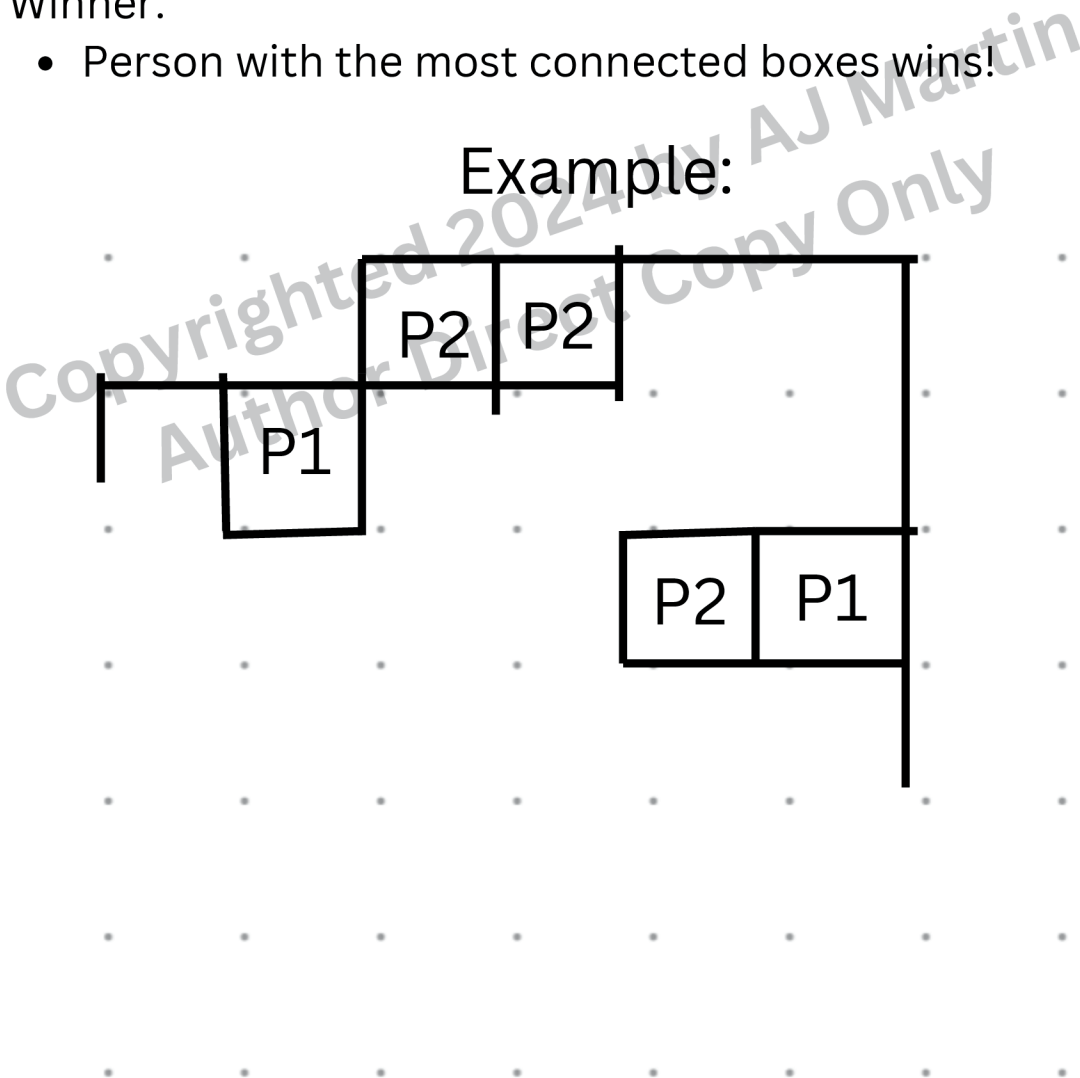
Outcome:

- Each time you see an opportunity to make a box, make one and put your initials in the box

Winner:

- Person with the most connected boxes wins!

Example:



Boxes and Dots Game

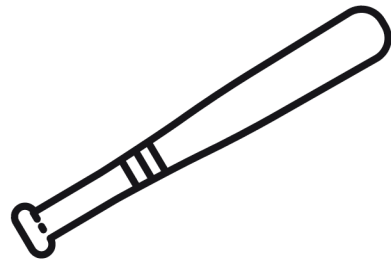
Game for two (2) players!

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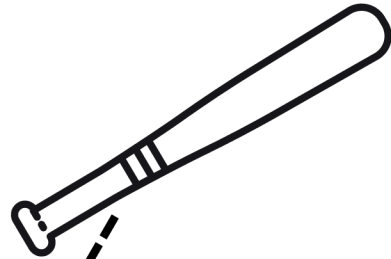
Match

Match each item on one column to an item on the other!



Match Solution

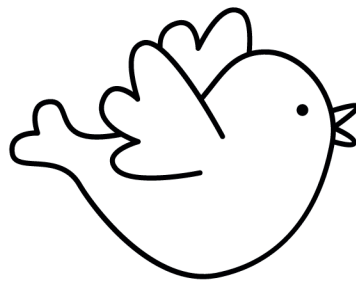
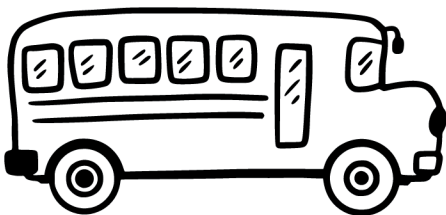
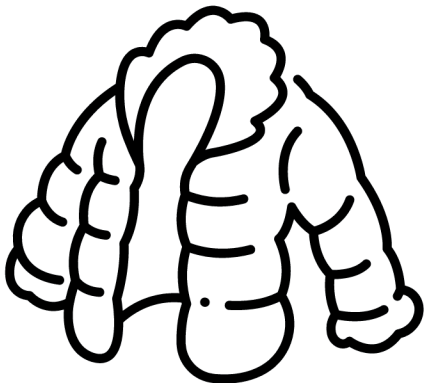
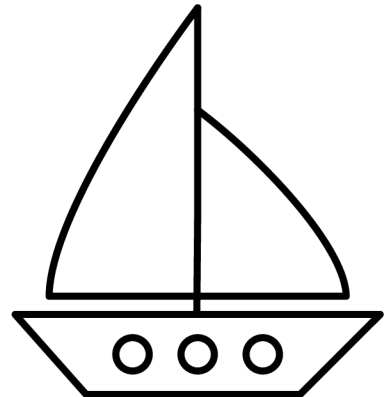
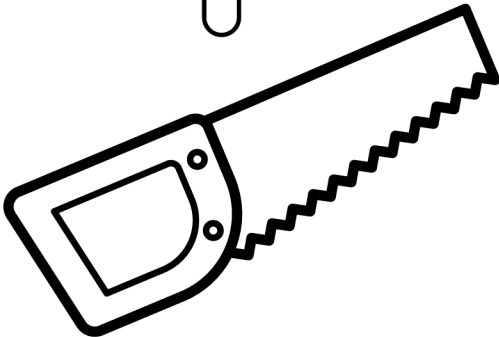
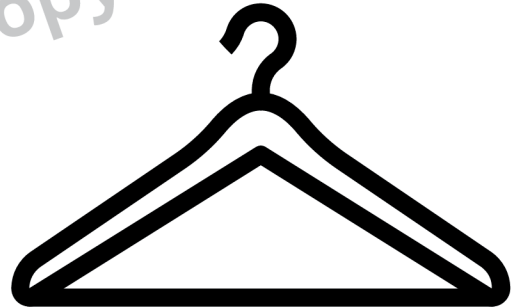
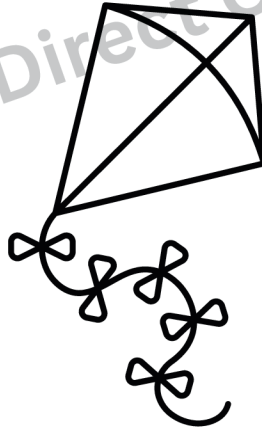
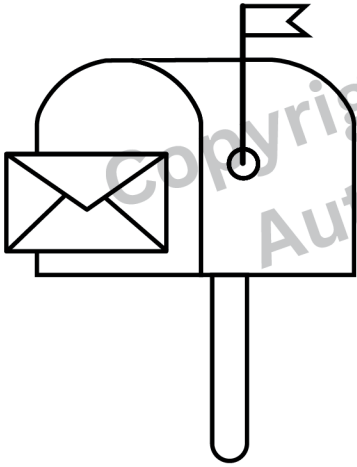
Match each item on one column to an item on the other!



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Picture Perfect Recall

Look at the pictures for one minute. On the next page, write down as many of the items as you can remember.



Picture Perfect Recall Item Sheet

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The form consists of a large rectangular area with horizontal lines for writing, enclosed within a decorative border. The border features a scalloped outer edge and a dotted inner edge. The writing area contains 15 horizontal lines.

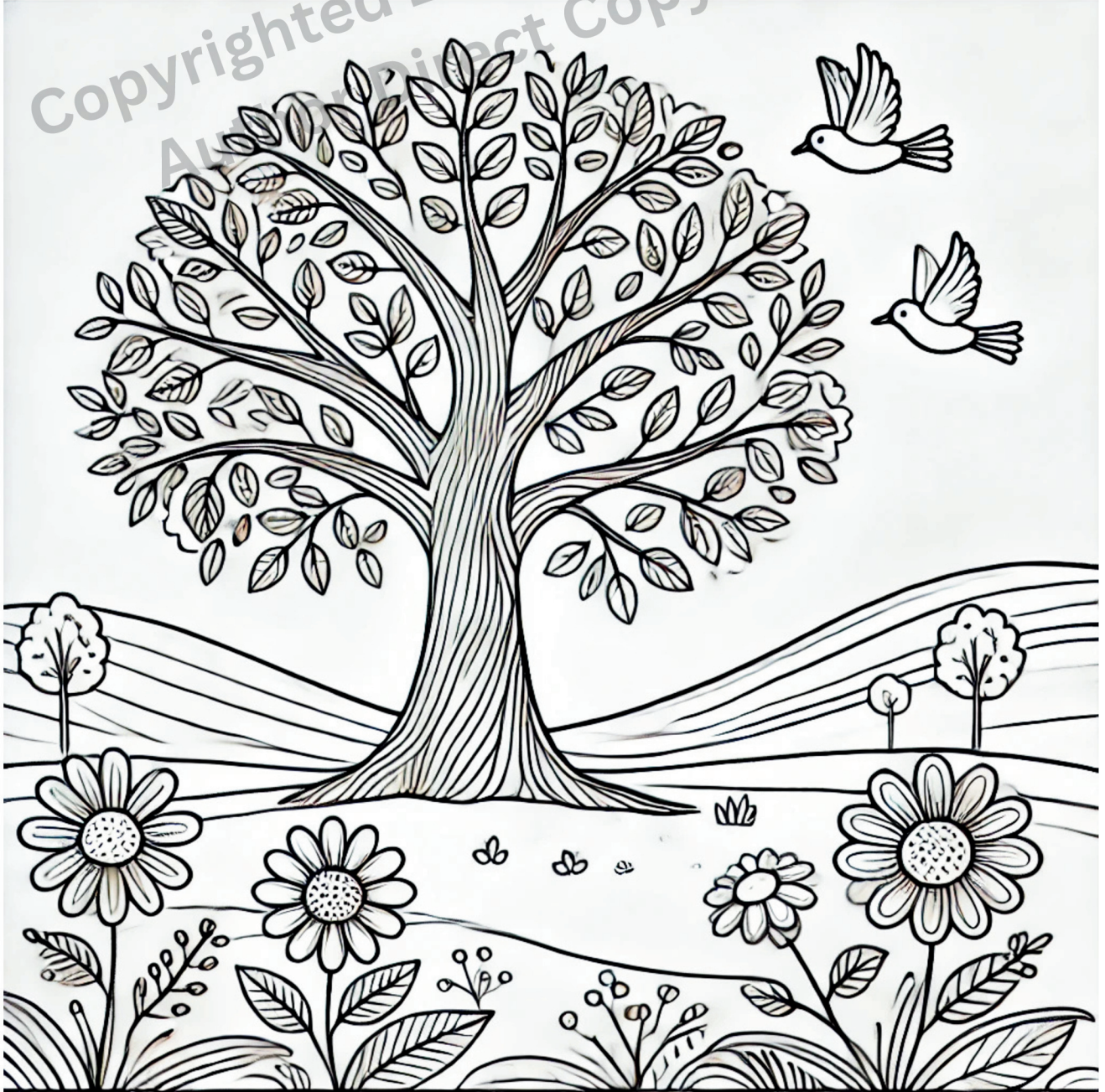
Picture Perfect Recall

Solution



Coloring

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What Am I Hints

Read each clue and guess what
the word is!



1. have bristles but no hair.
2. I visit you twice a day, usually morning and night.
3. I help keep your smile bright.



What Am I?

T

What Am I Hints Solution



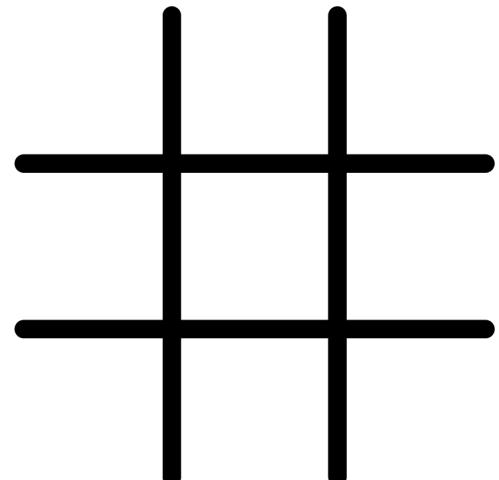
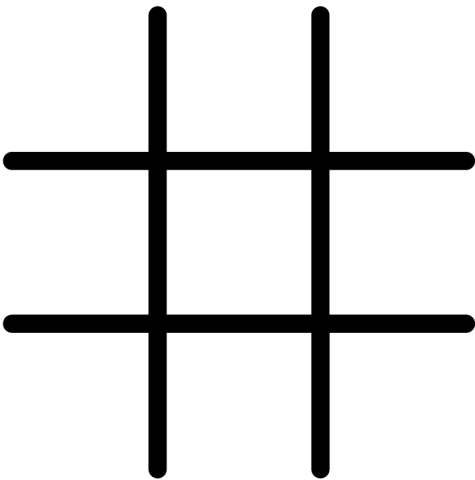
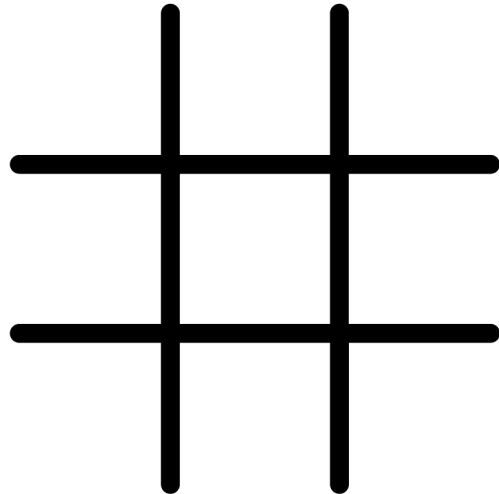
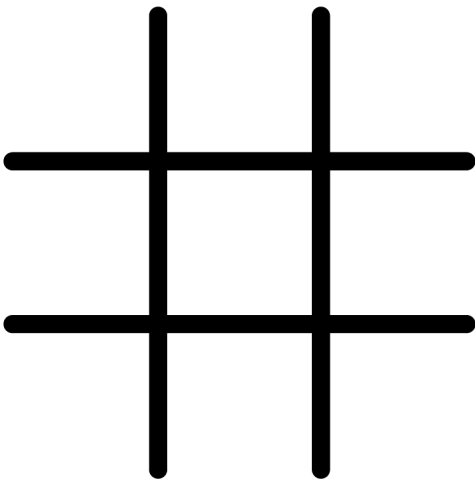
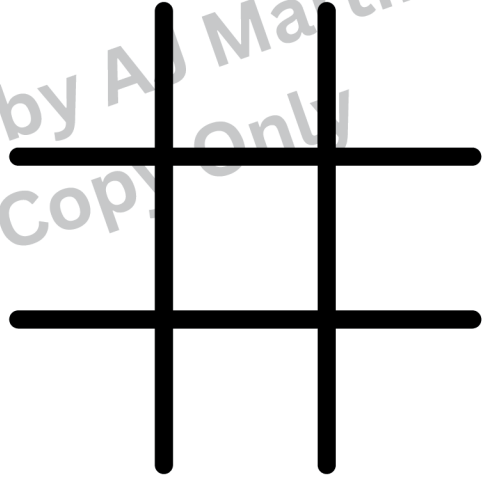
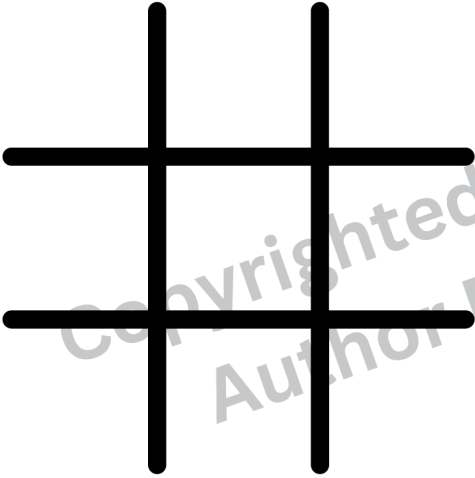
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Toothbrush



Tic Tac Toe

Game for two (2) players!



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Relaxing Themes

Trace:



Draw:

Scrambled Puzzle

Unscramble the household
words!

HCRIA

= _____

OTSEV

= _____

EOVN

= _____

SLDBNI

= _____

RRMIRO

= _____

ARDWRE

= _____

UNTACRI

= _____

MUAUVC

= _____

EDLACN

= _____

APML

= _____

Scramble Puzzle Solution

HCRIA	= CHAIR
OTSEV	= STOVE
EOVN	= OVEN
SLDBNI	= BLINDS
RRMIRO	= MIRROR
ARDWRE	= DRAWER
UNTACRI	= CURTAIN
MUAUVC	= VACUUM
EDLACN	= CANDLE
APML	= LAMP

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Sprinkles of Sunshine

Trace the saying, then write it
below!

Every day is a new beginning.

Believe you can, and you're
halfway there.

The sun always shines after the rain.

Keep your face to the sunshine,
and you cannot see a shadow.

The best is yet to come.

Your feedback is greatly appreciated!

Please feel free to visit my website and let me know if you enjoyed these games!

If you would like more of these, please visit my website or see all my Big Brain Activity Books for Cognitive Needs on Amazon!



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AJ Martin Books

The Big Brain Activity Book for Cognitive Needs Series

currently available on Amazon:

A Fun & Easy Walk Down Memory Lane
A Christian Spiritual Journey (Also in Spanish!)
Relaxing Reflections
Christmas Fun, Made Easy
New Year, New Joy
Thansgiving Traditions

By: A.J. Martin