

2025 Foundations Program  
Full Day Supply List

**Michael King – Full Day Class – Week 1**

<b>Supplies</b>	<b>Check</b>
Notebook	
Pen	
Sketchbook	
Drawing materials	
Scissors	
Magazine	
<b>Acrylic or Oil Paint (at minimum bring):</b>	
White	
Black	
Red	
Blue	
Yellow	
Brushes – various sizes and shapes	
Palette	
Container for water or thinner (must be odorless thinner)	
Paper towels	
Masking tape	
<b>Painting supports for exercises (for Acrylic or Oil):</b>	
Sinoart Canvas Pads (available at OPUS). These sheets can be cut to size and are great for quick studies and exercises.	
You can also use small canvases or canvas boards (2 – 16x20 or 7 – 8x10)	
<b>Also please bring:</b>	
5 of your own paintings (or images of paintings) for the self-analysis section	
A few printed reference images	

**Lalita Hamill – Full Day Class – Week 2**

<b>Supplies</b>	<b>Check</b>
5 x 8" x 10" greyscale reference photographs	
Pen	
Paper	
Digital Camera (phone camera is fine)	

**Mark Anthony – Full Day Class – Week 3**

<b>Supplies</b>	<b>Check</b>
18"x24" Drawing Quality Paper	
1 Straight Edge - 24"	
HB and 2B Pencil	
Steadler Mars - Kneadable Eraser	
<b>References Optional:</b>	
Albinus on Anatomy - Dover	

**Andrew McDermott – Full Day Class – Week 4**

<b>Supplies (Bring whatever supplies you have! Below are some suggestions)</b>	<b>Check</b>
<b>Water soluble Oils or acrylic paint (choose one medium only):</b>	
White	
Black	
+ colors of your choice (ex. Red, Yellow, Blue)	
Canvas, or watercolor paper	
Brushes – assorted sizes and shapes	
Palette	
<b>Reference Material</b>	
To be supplied by Instructor	
<b>Miscellaneous</b>	
Notebook/Drawing Pad	
Pencils	
Paper towel	
Containers for water	

**Dominique Walker – Full Day Class – Week 5**

<b>Supplies</b>	<b>Check</b>
<b>Acrylic, oil or watercolour:</b>	
Cerulean blue- process blue	
Magenta red – process red	
Cad yellow lemon- process yellow	
Titanium White	
Black, or Paynes Grey	
<b>material supplies:</b>	
Drawing Pencil preferably 4B to 8B	
Eraser	
Paint Brushes Please include a large flat brush, at least one-inch or above, in addition to whatever you normally use	
Glazing medium. Only if you already have some	
Paper sheets for drawing on, preferably white however newsprint will do	
Canvas boards or Canvas to experiment on. Minimum size around 8 x 10 Previously painted canvas that has been gessoed white is ok. If very textured, please sand lightly.	
<b>Wishes:</b>	
Clamp on Lamp. If you have a small-ish clamp-on-the-edge of a table kind of lamp, you may wish to bring it. One per table would be awesome	
Small yogurt container with lid	
Canvas to do finished work on, if you feel you want to start on a finished work. As to size, you may be sharing a table, so judge accordingly	

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**Gaye Adams – Full Day Class – Week 6**

<b>Supplies</b>	<b>Check</b>
<b>Acrylic or oil paint in the following colours:</b>	
Titanium White	
Ultramarine Blue	
Pthalo Blue	
Alizarin Crimson	
Cadmium Red Light	
Transparent earth red	
Cadmium Yellow Light	
Yellow Ochre	
<b>The following brushes:</b>	
Several well shaped flats $\frac{1}{4}$ - $\frac{3}{4}$ inch widths	
Small palette knife	
One or two smaller brushes for detail	
Gamsol solvent for oil painters (or other high quality odorless mineral spirits)	
Paper towels	
11X14" disposable palette on block, or glass palette – you will need mixing space!	
2 x 6" x 8" supports, either panel or canvas	
Tabletop easel	

**Paul Chizik – Full Day Class – Week 7**

<b>Supply</b>	<b>Check</b>
Canvas 11" x 14" - no ground colour applied on the gesso	
Rags, soft cotton or flannel	
Paint medium cup holder.	
Palette	
Palette knife	
Mineral spirits	
Linseed oil	
Small handheld mirror	
<b>Required Paint Colours – Student or Artist Quality</b>	
Cerulean blue	
Cobalt blue	
Yellow ochre	
Cadmium yellow light	
Alizarin crimson	
Cadmium red light	
Raw umber	
Burnt sienna	
Ivory black	
Titanium white	
Veridian Green	
<b>Required Brushes – Hog Hair</b>	

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-# 2, 4, 6, 8, 10 Round and Filbert	
Some fine synthetic or sable brushes for detail OPTIONAL	
If you have flat brushes, bring them along	

**Kit Bell – Full Day Class – Week 8**

<b>Supplies</b>	<b>Check</b>
<b>Acrylics are recommended for this class because of the quick drying time. This class involves laying. The same techniques will work in oils but the layers will not dry quickly enough to progress with a painting in one day:</b>	
yellow	
Red	
Blue	
Titanium white	
Synthetic brushes in a variety of sizes	
3 small supports – canvas or board 8x10, 9x12 or 12x16	
Palette	
Containers for water	
Spray bottle	
Paper towels	
Apron or paint shirt	
Gloss medium	
Portable easel if you have one	
Small sketch book and pencil	
Reference photos	
Two of your artworks for critique by Kit Bell	

**Liza Visagie – Full Day Class – Week 9**

<b>Supplies</b>	<b>Check</b>
Rags, soft cotton or flannel	
Paint medium cup holder	
Palette	
Palette knife	
Mineral spirits	
Linseed oil	
Small handheld mirror	
<b>Oil paints in the following colours in student or artist quality:</b>	
Cerulean blue	
Cobalt blue	
Yellow ochre	
Cadmium yellow light	
Alizarin crimson	
Cadmium red light	
Raw umber	
Light Red or Venetian Red	

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Burnt sienna	
Ivory black	
Titanium white	
#2, #4, #6, #8, #10 round and filbert hog hair brushes	
Smaller synthetic or sable brushes for detail, OPTIONAL	
Flat brushes if you already have them	
1 x canvas either 8" 10", 9" x 12" or 10" x 12" in size	

**Leanne Christie – Full Day Class – Week 10**

Supplies	Check
1 x ultra fine black sharpies	
1 x colour sharpie (in any colour)	
Cheap Legal-sized notebook or stack of plain paper. Recommended 100 pages/sheets minimum.	
Collection of printed or cut out reference images. Digital images OK but must be easy to access and navigate during class.	
Consumption diary - (See the student preparation section for explanation of this or email <a href="mailto:leanne@leannemchristie.com">leanne@leannemchristie.com</a> )	
2 most recent completed works – Requirement: One that you are happy with and one that you are not happy with but don't know why.  <i>If you are brand new and don't have completed works then choose from what is hanging in the Federation Gallery or go online and choose 2 works from another artist - <u>again choosing one that you like and one that you don't.</u></i>	
Portable painting kit	
Substrate no smaller than 100sq inches	