



Podiatric Medical Association

Advocating for Virginia's Podiatrists and the Public

2026 ANNUAL MEETING



AUGUST 20 - 22, 2026

Marriott Virginia Beach Oceanfront | Virginia Beach, Virginia

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CONFERENCE INFORMATION

General sessions for Doctors of Podiatric Medicine will begin at 7:00 am on Thursday, August 20, and the meeting will adjourn at 4:30 pm on Saturday, August 22.

PROGRAM OBJECTIVES:

Attendees of the Virginia Podiatric Medical Association's Summer Scientific Seminar will:

- Evaluate current evidence-based approaches for the diagnosis and surgical management of common and complex foot and ankle conditions, including trauma, deformity, instability, Charcot arthropathy, and tendon disorders.
- Apply evidence-based strategies for managing high-risk patients, diabetic foot complications, peripheral neuropathy, wound care, and perioperative medical considerations to reduce complications and optimize healing.
- Implement current best practices for coding, documentation, compliance, and evaluation and management (E/M) services to support accurate reimbursement and regulatory compliance.
- Assess advances in sports medicine and biomechanics, including running shoe technology, management of pediatric athletes, and rehabilitation principles, to improve treatment planning for active patients.
- Recognize appropriate diagnostic and treatment options for lower extremity dermatologic and nail disorders using evidence-based clinical algorithms to improve patient care.
- Integrate current research findings, expert recommendations, and evolving clinical guidelines into podiatric practice to enhance surgical outcomes, patient safety, and overall quality of care.

INTENDED AUDIENCE:

The intended audience for this activity includes Doctors of Podiatric Medicine, Podiatric Medical Residents, Podiatric Medical Students, and Podiatric Medical Assistants.

EXHIBITS & RAFFLES:

We extend our sincere appreciation to companies that have supported this conference. All refreshments will be served in the exhibit area. Exhibits will be open with breakfast on Thursday morning and close after Saturday's morning break. At registration, attendees will be given a "Play to Win" game card. Visit the vendors to get a signature from each one. We will raffle off two Bose Bluetooth speakers! The raffle will be held after the lunch break on Saturday.

***NEW** Product Theater Raffle! Attend the Vertex Lunch & Learn on Friday for a chance to win an Amazon gift card!

COCKTAIL RECEPTION:

Meeting attendees and their guests are invited to join us on Friday evening from 5:30 - 6:45 pm for a Cocktail Reception with our Platinum sponsor, Arthrex. The reception will be held on the Seaside Terrace on the 2nd floor.

Get in touch!

VPMA | www.VPMA.org

Susan McConnell | Executive Director

804.622.8139 | smcconnell@ramdocs.org



SERVICES CORPORATION

CONFERENCE INFORMATION

CREDIT CLAIM INSTRUCTIONS:

To record attendance, DPMs will be required to sign in twice each day. Failure to follow the procedure may result in non-certification of continuing education hours. Attendees may claim continuing education contact hours only for those contact hours actually attended.

The Virginia Podiatric Medical Association has been approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Virginia Podiatric Medical Association has approved this activity for a maximum of 25 continuing education contact hours.

In order to receive your CE credits, scan the QR code to complete the surveys. Complete one survey each day. Certificates will be emailed to attendees. Printed evaluation forms are available at the registration desk upon request.



THURSDAY



FRIDAY



SATURDAY

Seminar Co-Chairs:

Luke Vetti, DPM
Ushita Patel, DPM

Director of Continuing Education:

David Pontell, DPM

Faculty:

Bryan Barbato, DPM
Brandon Blanken, DPM
John Cancian, MD
Anthony Cavallo, DPM
Michael Chung, DPM
Rhonda Cornell, DPM
Corine Creech, DPM
Mayar Fahim, DPM
Lisa Grant-McDonald, DPM

George Lane, DPM
Jeffrey Lehrman, DPM
Bradley Levitt, DPM
Collin Messerly, DPM
Andrew Meyr, DPM
Jason Miller, DPM
Andrew Puckett, DPM
Sallie Randolph, DPM

Annie Samuel, DPM
Robert Toomey, DPM
Dyane Tower, DPM
Tracey Vlahovic, DPM
Jeremy Walters, DPM
Jacob Wynes, DPM
Irisa Ye, DPM
Jeffery Zimmerman, DPM

Each faculty member is required to disclose any relevant financial relationships held with organizations whose product or service is being discussed during their lecture and any commercial contributor to the activity.

The Virginia Podiatric Medical Association has accepted an unrestricted educational grant from Sagis Diagnostics.

Thursday, August 20, 2026

7:00 am	Registration Opens Seaside Prefunction	
7:00 am – 9:00 am	Breakfast with Exhibitors Ballroom DE	
7:30 am – 10:30 am	Session #1	Ballrooms ABC
7:30 am - 8:00 am	Superficial and Deep Spring Ligament Reconstruction in Flatfoot Repair <i>Brandon Blanken, DPM Precision Orthopedics and Sports Medicine</i>	
8:00 am - 8:30 am	Primary Ankle Fusion for Complex Ankle Fractures <i>Brandon Blanken, DPM Precision Orthopedics and Sports Medicine</i>	
8:30 am - 9:00 am	Custom 3D Printed Implants <i>Andrew Puckett, DPM Chief of Podiatry/Fellowship Director VA Western New York Healthcare System</i>	
9:00 am – 9:30 am	Surgical Repair of Neglected Achilles Tendon Rupture <i>Andrew Puckett, DPM Chief of Podiatry/Fellowship Director VA Western New York Healthcare System</i>	
9:30 am - 10:00 am	Midfoot Trauma <i>Bob Toomey, DPM Potomac Podiatry Group</i>	
10:00 am – 10:30 am	Practice Building for the Young Podiatrist <i>Bob Toomey, DPM Potomac Podiatry Group</i>	
10:30 am - 11:00 am	Refreshment Break with Exhibitors Ballroom DE	
11:00 am – 12:30 pm	Session #2	Ballrooms ABC
11:00 am -11:30 am	The High-Risk Patient: Mitigating Complications <i>Anthony Cavallo, DPM Podiatric Surgeon at Sentara Foot and Ankle Specialists Assistant Professor, Department of Podiatry ODU/EVMS Podiatric Surgery Residency Program</i>	
11:30 am – 12:00 pm	Orthobiologics in Foot and Ankle Surgery – Is It All Voodoo? <i>Anthony Cavallo, DPM Podiatric Surgeon at Sentara Foot and Ankle Specialists Assistant Professor, Department of Podiatry ODU/EVMS Podiatric Surgery Residency Program</i>	
12:00 pm – 12:30 pm	Operative versus Non-operative Treatment of Ankle Fractures <i>Bryan Barbato, DPM Atlantic Foot & Ankle</i>	
12:30 pm – 1:30 pm	Buffet Lunch Ballroom DE	
1:30 pm – 3:30 pm	Session #3	Ballrooms ABC
1:30 pm - 2:00 pm	MIS Bunion Surgery: Innovation or Illness? <i>Jeremy Walters, DPM Physician President, Sports Medicine Orthopedic Center Associate Professor Old Dominion University</i>	
2:00 pm – 2:30 pm	AI in Podiatry: Hype, Threat or Tool? <i>Jeremy Walters, DPM Physician President, Sports Medicine Orthopedic Center Associate Professor Old Dominion University</i>	

2:30 pm - 3:00 pm	The Evolution of Road Running Shoe Design, Technology, & Function <i>George Lane, DPM SynergyHealth Foot and Ankle</i>	
3:00 pm – 3:30 pm	Super Shoes: What We Understand and What We Don't <i>George Lane, DPM SynergyHealth Foot and Ankle</i>	
3:30 pm - 4:00 pm	Refreshment Break Ballroom DE	
4:00 pm – 6:00 pm	Session #4	Ballrooms ABC
4:00 pm – 4:30 pm	MIS Tailors Bunion <i>Michael Chung, DPM Department Lead, Sentara Foot and Ankle Specialists</i>	
4:30 pm – 5:00 pm	My Worst Case Ever: Hallux IP Fusion <i>Michael Chung, DPM Department Lead, Sentara Foot and Ankle Specialists</i>	
5:00 pm – 5:30 pm	Resident Presentations ODU/EVMS A Journey Through a Complex Charcot Reconstruction and Limb Salvage <i>Mayar Fahim, DPM</i> Tale of the Midnight Talus <i>Annie Samuel, DPM</i>	

Evening on your own



Friday, August 21, 2026

6:30 am	Registration Opens Seaside Prefunction	
6:30 am – 8:30 am	Breakfast with Exhibitors Ballroom DE	
7:00 am – 10:00 am	Session #5	Ballrooms ABC
7:00 am – 7:30 am	The Impact of Soft Tissue Balancing in Cavus Reconstruction <i>Jacob Wynes, DPM UM Faculty Physicians</i>	
7:30 am – 8:00 am	Hosting a Good Host: What Should we be Thinking about with Charcot? <i>Jacob Wynes, DPM UM Faculty Physicians</i>	
8:00 am – 9:00 am	Choosing Evaluation and Management Levels the Right Way <i>Jeffrey Lehrman, DPM, CPC Principal, Lehrman Consulting LLC</i>	
9:00 am - 10:00 am	Coding, Compliance, and Documentation for Foot Care in Palmetto World <i>Jeffrey Lehrman, DPM, CPC Principal, Lehrman Consulting LLC</i>	
10:00 am - 10:30 am	Refreshment Break with Exhibitors Ballroom DE	
10:30 am – 12:00 pm	Session #6	Ballrooms ABC
10:30 am -11:00 am	Transverse Tibial Bone Transport: What is it? <i>Bradley Levitt, DPM Director, Old Dominion University Podiatric Residency</i> <i>Bayview Physicians</i>	
11:00 am - 11:30 am	Foot Wounds: What are My Options? <i>Bradley Levitt, DPM Director, Old Dominion University Podiatric Residency</i> <i>Bayview Physicians</i>	
11:30 am – 12:00 pm	3D Implants for Charcot <i>Bradley Levitt, DPM Director, Old Dominion University Podiatric Residency</i> <i>Bayview Physicians</i>	
12:00 pm - 1:00 pm	Buffet Lunch with Exhibitors Ballroom D&E or The Role of Suzetrigine in Acute Pain Management Kaye Room Product Theater Sponsored by Vertex Pharmaceuticals	
1:00 pm – 3:00 pm	Session #7	Ballrooms ABC
1:00 pm – 1:30 pm	What's New in Foot and Ankle <i>Collin Messerly, DPM Town Center Orthopaedics</i>	
1:30 pm – 2:00 pm	Lateral Ankle Instability <i>Collin Messerly, DPM Town Center Orthopaedics</i>	
2:00 pm – 3:00 pm	The Pediatric Athlete Pitfalls <i>Jason Miller, DPM Premier Orthopaedics</i>	
3:00 pm - 3:30 pm	Refreshment Break with Exhibitors Ballroom DE	

3:30 pm – 5:00 pm	Session #8	Ballrooms ABC
3:30 pm - 4:00 pm	Evolution of the Human Bipedal Gait <i>Luke Vetti, DPM Synergy Health Food & Ankle</i>	
4:00 pm - 4:30 pm	The Clinical Blueprint: Simplifying Lower Extremity Skin Disorders with Algorithms <i>Tracey Vlahovic, DPM Professor, Podiatric Physician</i> <i>Bay Area Foot Care</i>	
4:30 pm - 5:00 pm	The Clinical Blueprint: Simplifying Lower Extremity Nail Disorders with Algorithms <i>Tracey Vlahovic, DPM Professor, Podiatric Physician</i> <i>Bay Area Foot Care</i>	

5:00 PM – 6:15 PM
COCKTAIL RECEPTION
Meeting attendees and their guests
Seaside Terrace (2nd Floor Marriott)
With our platinum sponsor, Arthrex



Saturday, August 22, 2026

7:00 am	Registration Opens Seaside Prefunction	
7:00 am – 9:00 am	Breakfast with Exhibitors Ballrooms DE	
7:45 am – 10:00 am	Session #9	Ballrooms ABC
7:45 am - 8:00 am	Resident Presentation Inova Patient Specific Instrumentation for Correction of Complex Congenital Midfoot Deformity <i>Irisa Ye, DPM</i>	
8:00 am - 8:30 am	Where We Are as A Profession in 2026 <i>Andrew J. Meyr, DPM Professor, Department of Surgery</i> <i>Temple University School of Podiatric Medicine</i>	
8:30 am – 8:50 am	Sunlight to Surgery: Vitamin D Levels in your Surgical Patients <i>Rhonda Cornell, DPM Podiatric Surgeon</i> <i>Integrated Foot and Ankle Specialists</i>	
8:50 am – 9:10 am	Managing GLP-1 Medications in the Perioperative Setting <i>Rhonda Cornell, DPM Podiatric Surgeon</i> <i>Integrated Foot and Ankle Specialists</i>	
9:10 am – 9:40 am	MIS Approach to the Midfoot <i>Corine Creech, DPM Section Chief Inova Fairfax Medical Campus</i>	
9:40 am – 10:10 am	Fine Tuning Fluoroscopy in MIS Surgery <i>Corine Creech, DPM Section Chief Inova Fairfax Medical Campus</i>	
10:10 am - 10:40 am	Refreshment Break with Exhibitors Ballroom DE	
10:40 am – 12:10 pm	Session #10	Ballrooms ABC
10:40 am -11:40 am	Current Treatment Protocols for Diabetic Peripheral Neuropathy <i>Sallee Randolph, DPM</i> <i>APMA has designated an unrestricted educational grant from Medtronic to support this program.</i>	
11:40 am – 12:10 pm	APMA Update <i>Dyane E. Tower, DPM, MPH, MS, CAE</i> <i>Vice President, Clinical Affairs & Medical Director</i> <i>American Podiatric Medical Association</i>	
12:10 pm - 1:10 pm	Buffet Lunch Seaside Prefunction Annual Meeting of the Membership (Ballrooms ABC) Non-Member Seating (Seaside Terrace & Miller Room)	
1:10 pm – 3:10 pm	Session #11	Ballrooms ABC
1:10 pm - 1:40 pm	Mind the Gap: Modern Minimally Invasive Strategies for Talar OCDs <i>John Cancian, MD</i> <i>Orthopaedic Foot & Ankle Surgeon Cancian Enterprises</i>	
1:40 pm - 2:10 pm	Heal the Heel: Modern Strategies for Calcaneus Fractures <i>John Cancian, MD</i> <i>Orthopaedic Foot & Ankle Surgeon Cancian Enterprises</i>	

2:10 pm – 2:40 pm	Transitioning to Minimally Invasive First MTPJ Arthrodesis: Technique, Rationale, and Outcomes <i>Jeffery Zimmerman, DPM Berks Foot & Ankle Surgical Associates</i> <i>Reading Hospital Tower Health</i>	
2:40 pm – 3:10 pm	Modern Minimally Invasive Strategies for Retrocalcaneal Pain <i>Jeffery Zimmerman, DPM Berks Foot & Ankle Surgical Associates</i> <i>Reading Hospital Tower Health</i>	
3:10 pm - 3:25 pm	Refreshment Break Seaside Prefunction	
3:25 pm – 4:30 pm	Session #12	Ballrooms ABC
3:25 pm - 3:55 pm	The Nonunion Microenvironment: Why Bone Fails to Heal <i>Lisa Grant-McDonald, DPM Doctors Grant Foot & Ankle</i>	
3:55 pm - 4:25 pm	The Septic Fusion: Principles, Pitfalls, and Salvage <i>Lisa Grant-McDonald, DPM Doctors Grant Foot & Ankle</i>	
4:25 pm - 4:30 pm	Q&A Session Final Remarks ADJOURN	



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