



VPMA 2026 Summer Conference
Thursday, August 20 – Saturday, August 22, 2026
Marriott Virginia Beach Oceanfront - Virginia Beach, Virginia

Thursday, August 20, 2026

7:00 am	Registration Opens Seaside Prefunction	
7:00 am – 9:00 am	Breakfast with Exhibitors Ballroom DE	
7:30 am – 10:30 am	Session #1	Ballrooms ABC
7:30 am - 8:00 am	Superficial and Deep Spring Ligament Reconstruction in Flatfoot Repair <i>Brandon Blanken, DPM Precision Orthopedics and Sports Medicine</i>	
8:00 am - 8:30 am	Primary Ankle Fusion for Complex Ankle Fractures <i>Brandon Blanken, DPM Precision Orthopedics and Sports Medicine</i>	
8:30 am - 9:00 am	Custom 3D Printed Implants <i>Andrew Puckett, DPM Chief of Podiatry/Fellowship Director VA Western New York Healthcare System</i>	
9:00 am – 9:30 am	Surgical Repair of Neglected Achilles Tendon Rupture <i>Andrew Puckett, DPM Chief of Podiatry/Fellowship Director VA Western New York Healthcare System</i>	
9:30 am - 10:30 am	Midfoot Trauma <i>Bob Toomey, DPM Potomac Podiatry Group</i>	
10:00 am – 10:30 am	TBD <i>Bob Toomey, DPM Potomac Podiatry Group</i>	
10:30 am - 11:00 am	Refreshment Break	
11:00 am – 12:30 pm	Session #2	Ballrooms ABC
11:00 am -11:30 am	The High-Risk Patient: Mitigating Complications <i>Anthony Cavallo, DPM Podiatric Surgeon at Sentara Foot and Ankle Specialists, Assistant Professor - Department of Podiatry ODU/EVMS Podiatric Surgery Residency Program</i>	
11:30 am – 12:00 pm	Orthobiologics in Foot and Ankle Surgery – Is It All voodoo? <i>Anthony Cavallo, DPM Podiatric Surgeon at Sentara Foot and Ankle Specialists, Assistant Professor - Department of Podiatry ODU/EVMS Podiatric Surgery Residency Program</i>	
12:00 – 12:30 pm	Operative versus Non-operative Treatment of Ankle Fractures <i>Bryan Barbato, DPM Atlantic Foot & Ankle</i>	
12:30 – 1:30 pm	Buffet Lunch	

1:30 pm – 3:30 pm	Session #3	Ballrooms ABC
1:30 pm - 2:00 pm	MIS Bunion Surgery: Innovation or Illness? <i>Jeremy Walters, DPM Physician President Sports Medicine Orthopedic Center, Associate Professor Old Dominion University</i>	
2:00 pm – 2:30 pm	AI in Podiatry: Hype, Threat or Tool? <i>Jeremy Walters, DPM Physician President Sports Medicine Orthopedic Center, Associate Professor Old Dominion University</i>	
2:30 pm - 3:00 pm	The Evolution of Road Running Shoe Design, Technology, & Function <i>George Lane, DPM SynergyHealth Foot and Ankle</i>	
3:00 pm – 3:30 pm	Super Shoes: What We Understand and What We Don't <i>George Lane, DPM SynergyHealth Foot and Ankle</i>	
3:30 pm - 4:00 pm	Refreshment Break	
4:00 pm – 6:00 pm	Session #4	Ballrooms ABC
4:00 pm – 4:30 pm	MIS Tailors Bunion <i>Michael Chung, DPM Department Lead, Sentara Foot and Ankle Specialists</i>	
4:30 pm – 5:00 pm	My Worst Case Ever: Hallux IP Fusion <i>Michael Chung, DPM Department Lead, Sentara Foot and Ankle Specialists</i>	
5:00 pm – 6:00 pm	Resident Presentations (ODU/EVMS)	

Evening on your own

Friday, August 21, 2026

6:00 am	Registration Opens Seaside Prefunction	
6:30 am – 8:30 am	Breakfast with Vendors Ballroom DE	
7:00 am – 10:00 am	Session #5	Ballrooms ABC
7:00 am – 8:00 am	The Clinical Blueprint: Simplifying Lower Extremity Skin Disorders with Algorithms <i>Tracey Vlahovic, DPM Professor, Podiatric Physician</i> <i>Bay Area Foot Care</i>	
	The Clinical Blueprint: Simplifying Lower Extremity Nail Disorders with Algorithms <i>Tracey Vlahovic, DPM Professor, Podiatric Physician</i> <i>Bay Area Foot Care</i>	
8:00 am – 9:00 am	Choosing Evaluation and Management Levels the Right Way <i>Jeffrey Lehrman, DPM, CPC Principal, Lehrman Consulting LLC</i>	
9:00 am - 10:00 am	Coding, Compliance, and Documentation for Foot Care in Palmetto World <i>Jeffrey Lehrman, DPM, CPC Principal, Lehrman Consulting LLC</i>	
10:00 am - 10:30 am	Refreshment Break	
10:30 am - Noon	Session #6	Ballrooms ABC
10:30 am -11:00 am	Transverse Tibial Bone Transport: What is it? <i>Bradley Levitt, DPM Director, Old Dominion University Podiatric Residency</i> <i>Bayview Physicians</i>	
11:00 am - 11:30 am	Foot Wounds: What are my Options? <i>Bradley Levitt, DPM Director, Old Dominion University Podiatric Residency</i> <i>Bayview Physicians</i>	
11:30 am – 12:00 pm	3D implants for Charcot <i>Bradley Levitt, DPM Director, Old Dominion University Podiatric Residency</i> <i>Bayview Physicians</i>	
12:00 pm - 1:00 pm	Buffet Lunch	
1:00 pm – 3:00 pm	Session #7	Ballrooms ABC
1:00 pm – 1:30 pm	Where We Are as A Profession in 2026 <i>Andrew J. Meyr, DPM Professor, Department of Surgery, Temple University School of Podiatric Medicine</i>	
1:30 pm – 2:00 pm	Perioperative Radiographic Assessment of the Hallux Valgus Deformity <i>Andrew J. Meyr, DPM Professor, Department of Surgery, Temple University School of Podiatric Medicine</i>	
2:00 pm – 3:00 pm	The Pediatric Athlete Pitfalls <i>Jason Miller, DPM Premier Orthopaedics</i>	
3:00 pm - 3:30 pm	Refreshment Break	

3:30 pm – 5:00 pm	Session #8	Ballrooms ABC
3:30 pm - 4:00 pm	The Impact of Soft Tissue Balancing in Cavus Reconstruction <i>Jacob Wynes, DPM</i>	
4:00 pm - 4:30 pm	Hosting a Good Host: What Should we be Thinking about with Charcot? <i>Jacob Wynes, DPM</i>	
4:30 pm - 5:00 pm	What's New in Foot and Ankle <i>Collin Messerly, DPM Town Center Orthopaedics</i>	
5:00 pm – 5:30 pm	Lateral Ankle Instability <i>Collin Messerly, DPM Town Center Orthopaedics</i>	

5:30 – 6:45 PM

COCKTAIL RECEPTION

Sponsored by Arthrex

Saturday, August 22, 2026

6:00 am	Registration Opens Seaside Prefunction	
6:30 am – 8:00 am	Breakfast with Vendors Ballrooms DE	
7:00 am – 10:00 am	Session #9	Ballrooms ABC
7:00 am - 8:00 am	Resident Session (Inova)	
8:00 am - 8:30 am	Managing GLP-1 Medications in the Perioperative Setting <i>Rhonda Cornell, DPM Podiatric Surgeon</i> <i>Integrated Foot and Ankle Specialists</i>	
8:30 am - 9:00 am	Sunlight to Surgery: Vitamin D Levels in your Surgical Patients <i>Rhonda Cornell, DPM Podiatric Surgeon</i> <i>Integrated Foot and Ankle Specialists</i>	
9:00 am – 9:30 am	MIS Approach to the Midfoot <i>Corine Creech, DPM Section Chief Inova Fairfax Medical Campus</i>	
9:30 am – 10:00 am	Fine Tuning Fluoroscopy in MIS surgery <i>Corine Creech, DPM Section Chief Inova Fairfax Medical Campus</i>	
10:00 am - 10:30 am	Refreshment Break with Vendors	
10:30 am – 12:00 pm	Session #10	Ballrooms ABC
10:30 am -11:30 am	Current Treatment Protocols for Diabetic Peripheral Neuropathy <i>Mark Mendezoon, DPM</i>	
11:30 am – 12:00 pm	APMA Update <i>Dyane E. Tower, DPM, MPH, MS, CAE</i> <i>Vice President, Clinical Affairs & Medical Director American Podiatric Medical Association</i>	
12:00 pm - 1:00 pm	Lunch Annual Meeting of the Membership (Ballrooms ABC) Non-Member Seating (Ballrooms DE)	
1:00 pm – 3:30 pm	Session #11	Ballrooms ABC
1:30 pm - 2:00 pm	Osteochondral Defects of the Talus <i>John Cancian, MD</i>	
2:00 pm – 2:30 pm	TBD <i>John Cancian, MD</i>	
2:30 pm – 3:00 pm	Transitioning to Minimally Invasive First MTPJ Arthrodesis: Technique, Rationale, and Outcomes <i>Jeffery Zimmerman, DPM Berks Foot & Ankle Surgical Associates; Reading Hospital Tower Health</i>	
3:00 pm – 3:30 pm	Modern Minimally Invasive Strategies for Retrocalcaneal Pain <i>Jeffery Zimmerman, DPM Berks Foot & Ankle Surgical Associates; Reading Hospital Tower Health</i>	
3:30 pm - 3:45 pm	Refreshment Break Seaside Prefunction	
3:45 pm – 5:00 pm	Session #12	Ballrooms ABC
3:45 pm - 4:15 pm	The Nonunion Microenvironment: Why Bone Fails to Heal <i>Lisa Grant-McDonald, DPM Doctors Grant Foot & Ankle</i>	

4:15 pm - 4:45 pm

The Septic Fusion: Principles, Pitfalls, and Salvage
Lisa Grant-McDonald, DPM | Doctors Grant Foot & Ankle

4:45 pm - 5:00 pm

Q&A Session | Final Remarks | Adjourn

Evening on Own / Free Day Sunday
