

## RP SUNRISE OPTIMIST, APRIL 1, 2025

### VOL 9 - ISSUE 19

#### 14 MEMBERS' PRESENT

Janet Aliano, Connie Circo, Tom Circo, Gerry Eftink, Pete Kerckhoff, Renee Kerckhoff, Alan Klein, Jim Kopetsky, Tom O'Connor, Joe O'Neal, Ed Russell, Mike Sanders, Richard Sanders, Denise Woolf

### Oratorical and Essay Contest Presentations

**Essay Winners** – Elly Dillon and Kendyll Gethers are the club's 1<sup>st</sup> and 2<sup>nd</sup> place winners. Elly read her winning essay titled, "How Optimism has Paved My Way to Success! Students were presented with a 1<sup>st</sup> and 2<sup>nd</sup> place Medal and a check for their winning essays. Elly will now advance to the WEMO District level competition on May 17<sup>th</sup> for a chance to win a \$2500 scholarship.



Essay Winners L to R: Mike Sanders, Elly Dillon, Denise Woolf (Chair), Kendyll Gethers

**Oratorical Winners** - Vanessa Diaz, our first-place oratorical winner, delivered her speech titled "How Optimism Has Got Me Through Trying Times" to members on April 1<sup>st</sup>. Jaxon Fines and Ian Haneberg secured second and third place, respectively. Vanessa and Jaxon will now advance to the Regional District Contest in Adrian on April 13<sup>th</sup>. Should one of them win, they will progress to the WEMO District on May 17<sup>th</sup> in Osage Beach, MO.



Mike Sanders Pictured with Oratorical winners. L to R: Mike Sanders, Vanessa Diaz, Ian Haneberg and Jaxon Fines

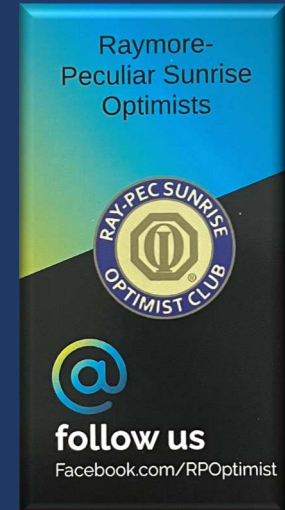


Scan QR code to hear Vanessa Diaz 1<sup>st</sup> Place Oratorical Speech

### You are Invited!

The next level of competition in the Oratorical Contest is at Regional. Our 1<sup>st</sup> and 2<sup>nd</sup> place Contest winners, Vanessa Diaz and Jaxon Fines will have an opportunity to compete against other winners in the region attempting to earn a chance to compete at WEMO District on May 17<sup>th</sup> at Osage Beach, MO.

Cheer them on in Adrian at 2pm on Sunday, April 13<sup>th</sup> at the Optimist Club Building, Located at 317 S. Old 71 Hwy.



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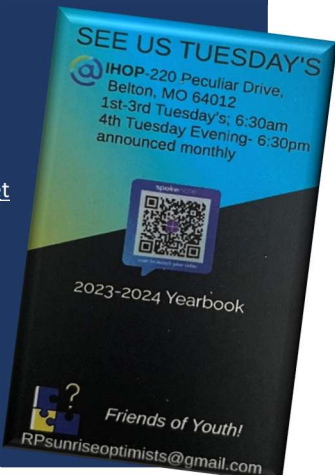
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## THE OPTIMIST CREED

### Promise Yourself

To be **SO STRONG** that nothing can disturb your peace of mind.

To talk *health, happiness and prosperity* to every person you meet.

To make all your friends feel that **THERE IS SOMETHING IN THEM.**

To look at the **sunny side** of everything and make your optimism come true.

To think only of the best, to **work** only for the best and to expect only the best.

To be just as enthusiastic about the **success** of others as you are about your own.

To forget the mistakes of the past and press on to the **GREATER ACHIEVEMENTS** of the future.

To wear a cheerful countenance *at all times* and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have **NO TIME TO CRITICIZE OTHERS.**

To be too large for worry, to noble for anger, to strong for fear and **too happy** to permit the presence of trouble.

## Upcoming Meetings & Events

You will see your Optimist friends at these events!

**Tuesday, April 8<sup>th</sup>:** Sheriff's Department 6:30 am

**Sunday, April 13<sup>th</sup>:** Oratorical Regional Contest –

Optimist at 317 S. Old 71 Hwy; 2pm

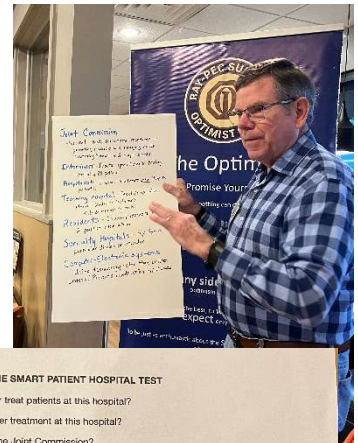
**Sunday, April 27<sup>th</sup>:** Excellence in Education Banquet!

High School Patio Commons 6pm. RSVP: Denise

Woolf or Joe O'Neal if you are attending.

## The Smart Patient Hospital Test

Alan Klein delivered a concise presentation on becoming informed patients by outlining several criteria for selecting a hospital. He provided members with a "Smart Patient Hospital Test" handout, which included a series of Yes/No questions designed to help individuals choose a hospital that best meets their personal requirements. Thanks, Alan for helping members with better health



THE SMART PATIENT HOSPITAL TEST	
Y/N	Does your primary care doctor treat patients at this hospital?
Y/N	Will your health insurance cover treatment at this hospital?
Y/N	Is the hospital accredited by the Joint Commission? <a href="http://www.jointcommission.org">www.jointcommission.org</a> or call (830-792-5000)
Y/N	Does the hospital employ full-time intensivists and full-time hospitalists?
Y/N	Is it a teaching hospital affiliated with a major medical university?
Y/N	If residents participate in patient care are they adequately supervised by the attending physicians?
Y/N	Does the hospital specialize in your specific condition?
Y/N	Does the staff use a computerized system to enter patient orders and prescriptions?
Y/N	Has your primary care doctor or their family ever been treated at this hospital for a problem as an in-patient?
Y/N	Does the hospital look generally clean and well kept? Trust your instincts.

decisions!



## VFW Presentation Thanking Vietnam Vets for their Service

On the evening of March 25<sup>th</sup>, members hosted guests at Nonna's Trattoria in Raymore. Among the attendees were Vietnam Veterans, who received a complimentary meal courtesy of VFW Auxiliary Post 8220 in honor of National Vietnam Veterans Day, celebrated on March 29<sup>th</sup>.

